

Men's Pump N Run Results						
Age Group	Name	Bib Number	Bench Reps	Time Subtracted	5K Time	Adjusted 5K Time
0-19	Davila, Kohl	111	21	10.5	23:54	13:24
20-29	Fano, Dominic	113	10	5	18:55	13:55
20-29	LaBeau, James	88	30	15	20:39	5:39
20-29	Serafinas, Adam	115	16	8	27:38	19:38
20-29	Valencia, Alex	116	8	4	21:35	17:35
30-39	Francisco, TJ	107	23	11.5	23:24	11:54
30-39	Medina, Edward	112	20	10	24:17	14:17
30-39	Skaltsounis, Andrew	108	6	3	20:37	17:37
30-39	Swain, Richard	100	21	10.5	21:29	10:59
30-39	Womack, Mike	102	0	0	23:52	23:52
40-49	Oleksinski, Jim	96	30	15	20:01	5:01
40-49	Cybulski, Joe	87	4	2	29:15	27:15
50-59	Guitar, Marvin	90	22	11	20:57	9:57
50-59	Hanafee, Gary	91	4	2	27:40	25:40
60-99	Dewey, Dan	98	22	11	30:34	19:34
60-99	Seguin, Bruce	89	22	11	19:23	8:23
Women's Pump N Run Results						
Age Group	Name	Bib Number	Bench Reps	Time Subtracted	5K Time	Adjusted 5K Time
20-29	Morrison, Jennifer	97	0	0	27:53	27:53
30-39	Koselansky, Christine	109	19	9:30	23:11	13:43
40-49	Hendricks, Barbara	106	4	2	26:46	24:46
40-49	Diane Storrs	95	21	10:30	26:19	15:49
50-59	Clark, Kathleen	94	26	13	23:57	10:57
50-59	Lixey, Susie	104	10	5	28:17	23:17