

Race Date
August 04, 2013

Walled Lake Superhero 5K

Age Group Results

Walk/Run

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bryant Synkowiak	Troy	28	605	1	18:18	5:54/M

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jessica Jarrad	Howell	31	373	7	22:50	7:22/M

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1	Rob Schilke	Saline	24	563	51	29:52	9:38/M
2	Steven Arterburn	Davison	19	168	61	32:01	10:20/M
3	Robert Hunter	Canton	23	371	75	33:27	10:47/M
4	Griffin Kozak	Livonia	16	597	89	34:55	11:16/M
5	Noah Kelly	Oxford	12	475	101	36:41	11:50/M
6	Evan Kelly	Oxford	7	477	102	36:45	11:51/M
7	Tyler Berezak	Plymouth	7	171	106	36:56	11:55/M
8	Jacob Curlee	Novi	18	187	109	36:58	11:55/M
9	Stephen Lozen	Canton	24	487	111	37:12	12:00/M
10	Derek Anderson	Canton	24	28	129	40:12	12:58/M
11	Che' Hamm	Waterford	11	276	135	43:29	14:02/M
12	Liam Kelly	Oxford	10	476	140	45:09	14:34/M
13	Brian Gould	Plymouth	22	238	142	45:57	14:49/M
14	Willaim Riegel-Green	Royal Oak	12	560	148	47:48	15:25/M
15	Thomas Key	Howell	19	479	157	51:53	16:44/M

Female 25 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chelsea Bijansky	Commerce Twp	23	173	22	25:41	8:17/M
2	Dana Bijansky	New Hudson	24	172	23	25:42	8:17/M
3	Maddie Breen	Wixom	19	177	24	25:52	8:21/M
4	Lisa Bober	Novi	25	595	43	29:02	9:22/M
5	Haylie Kozak	Livonia	15	599	47	29:47	9:36/M
6	Courtney Quinn	Walled Lake	17	608	49	29:48	9:37/M
7	Victoria Linson	Commerce Township	18	609	50	29:52	9:38/M
8	Colleen Corrigan	Wixom	18	617	53	29:59	9:40/M
9	Samantha Mabbitt	Southfield	19	489	60	32:01	10:20/M
10	Christina Smith	Canton	25	572	71	33:02	10:39/M
11	Samantha Smith	Farmington Hills	25	594	74	33:24	10:46/M
12	Jenny Bush	Plymouth	25	178	86	34:52	11:15/M
13	Charloote Pawlowski		10	550	105	36:55	11:55/M
14	Jessica Bailey	Novi	17	169	108	36:57	11:55/M
15	Jaylin Herskovitz	Berkley	16	365	112	37:22	12:03/M
16	Andie Dumas	Franklin	17	196	115	38:35	12:27/M
17	Elyse Dumas	Franklin	19	195	117	38:49	12:31/M
18	Sarah Slaughter	Plymouth	19	569	119	38:51	12:32/M
19	Keri Hamilton	Belleville	24	275	125	39:32	12:45/M
20	Jessica Holt	Pinckney	24	367	130	40:40	13:07/M
21	Whitney Glowe	Walled Lake	25	233	132	41:16	13:19/M
22	Megan Godzinski	Livonia	22	234	143	45:57	14:49/M

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23	Alissa Gould	Plymouth	21	237	145	46:02	14:51/M
24	Jena Gyorki	Dearborn Heights	25	239	146	47:45	15:24/M
25	Laniya Davis	Wixom	12	191	151	48:16	15:34/M
26	Jordan Key	Howell	11	480	156	51:53	16:44/M
27	Jill Ciampa	Walled Lake	15	183	163	56:52	18:21/M

Male 26 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Horwath	Novi	30	368	5	22:20	7:12/M
2	Jamie Jurkowski	Detroit	38	469	9	23:31	7:35/M
3	Wayne Lupo	Novi	32	488	12	24:24	7:52/M
4	Shawn Rusch	Walled Lake	27	600	16	24:55	8:02/M
5	Justin Loos	Canton	28	486	18	25:08	8:06/M
6	Frank Shinkonis	South Lyon	39	565	30	26:56	8:41/M
7	Nick Flasck	Sterling Heights	33	199	32	27:31	8:53/M
8	Chris Cryderman	White Lake	26	611	33	27:50	8:59/M
9	Tim Weir	Farmington	30	584	35	28:12	9:06/M
10	Sean Beacome	Farmington	39	613	36	28:13	9:06/M
11	Jeff Jarrell	Walled Lake	33	374	37	28:15	9:07/M
12	Scott Genord		32	224	69	32:36	10:31/M
13	Robert Hadous	Canton	32	247	78	34:01	10:58/M
14	Patrick Stackpoole	Farmington Hills	32	575	82	34:23	11:05/M
15	Randy St. Laurent	Walled Lake	38	573	87	34:54	11:15/M
16	Timo Gensel	Walled Lake	39	624	88	34:54	11:15/M
17	Naoya Akabane	Wixom	33	2	92	34:56	11:16/M
18	Chris Bishop	Mason	39	175	104	36:50	11:53/M
19	Derek Wozniak	Garden City	30	589	107	36:57	11:55/M
20	Kristopher St. Laurent	Warren	31	574	113	37:26	12:05/M
21	Phil Norris	White Lake	26	612	120	38:53	12:33/M
22	Anthony Munafa	Wolverine Lake	38	540	131	40:53	13:11/M
23	Will Keathley	Jackson	38	472	159	55:26	17:53/M

Female 26 to 39

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1	Lisa Simkus	Sterling Heights	35	567	13	24:34	7:55/M
2	Karen Delbeke	Clarkston	31	192	17	25:05	8:05/M
3	Tammy Hess	Dearborn Heights	31	591	20	25:17	8:09/M
4	Julie Glissman	Walled Lake	32	230	21	25:31	8:14/M

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5	Aleisha Scott	Warren	34	564	25	25:56	8:22/M
6	Jenni Kammer	Brighton	32	470	26	26:16	8:28/M
7	Karissa Fry	Waterford	31	217	29	26:54	8:41/M
8	Kristen Donnay	West Bloomfield	38	193	31	27:16	8:48/M
9	Joann Orourke	Waterford	36	546	38	28:23	9:09/M
10	Becki Reppke	Walled Lake	33	553	41	28:39	9:15/M
11	Kristina Cockerill	Fowlerville	34	185	46	29:24	9:29/M
12	Katie Simmermon	Novi	26	568	52	29:55	9:39/M
13	Sharon Chapp	Wolverine Lake	31	181	56	30:19	9:47/M
14	Kelly Nyquist	Northville	37	543	57	30:34	9:52/M
15	Melinda Moreno	Northville	38	534	65	32:26	10:28/M
16	Erica Siimon	Northville	33	566	66	32:26	10:28/M
17	Lindsay West	Warren	31	585	67	32:30	10:29/M
18	Dana Hullinger	Commerce	27	369	70	32:42	10:33/M
19	Andery Richert	Novi	38	557	73	33:17	10:44/M
20	Felician Militello	Commerce Township	39	622	76	33:46	10:54/M
21	Rachel Rich	Northville	33	556	79	34:02	10:59/M
22	Elisha Woodley	Plymouth	34	588	80	34:07	11:00/M
23	Trystyn McCarthy	Novi	28	604	84	34:28	11:07/M
24	Casey Mogridge	Novi	28	494	85	34:28	11:07/M
25	Laura Laichalk	Livonia	33	482	90	34:56	11:16/M
26	Sylvia Ricci	Novi	33	555	91	34:56	11:16/M
27	Erica Wade	Novi	28	581	94	35:22	11:25/M
28	Mallory Fisher	Novi	28	198	95	35:40	11:30/M
29	Caryn Cart	Farmington	27	180	96	35:58	11:36/M
30	Stephanie Belcher	Livonia	30	170	97	36:15	11:42/M
31	Affaf Arabbo	Birmingham	39	167	98	36:23	11:44/M
32	Kristin Reeser	Canton	27	552	99	36:27	11:45/M
33	Katharine Morgan	Waterford	34	536	100	36:40	11:50/M
34	Jennifer Bishop	Mason	34	176	103	36:50	11:53/M
35	Jeannette Pawlowski		35	549	110	37:05	11:58/M
36	Meghan McNamara	West Bloomfield	33	491	114	37:45	12:11/M
37	Jan Larente	Canton	35	483	121	39:05	12:36/M
38	Michelle Walder	Walled Lake	37	582	124	39:22	12:42/M
39	Kelli Kaska	White Lake	32	471	126	39:45	12:49/M
40	Julie Hammer	Sterling Heights	30	285	128	40:06	12:56/M
41	Jennifer Rhodes	Grayslake	26	554	133	41:27	13:22/M
42	Stacey Roten	Farmington Hills	34	615	137	44:22	14:19/M
43	Jenny Wood	Walled Lake	34	586	141	45:46	14:46/M
44	Breanna Gould	Plymouth	26	235	144	46:02	14:51/M
45	Kelley Kowaleski	Canton	26	481	149	48:02	15:30/M
46	Aimee Harvey	Farmington Hills	30	363	152	48:31	15:39/M

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47	Amber Keathley	Jackson	34	473	158	55:25	17:53/M
48	Nicole Heinz	Walled Lake	37	610	160	55:35	17:56/M
49	Danielle Alexander	South Lyon	35	14	161	55:36	17:56/M
50	Katie Kozak	Livonia	39	598	162	55:52	18:01/M
51	Jennifer Garer	Walled Lake	32	618	164	57:03	18:24/M
52	Amy Mueller	Farmington Hills	38	537	166	1:14:13	23:56/M

Male 40 and over

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1	Doug Goodhue	Milford	71	602	2	20:01	6:27/M
2	Andrew Chinariad	Wolverine Lake	47	620	3	20:22	6:34/M
3	Ted Mastrucci	Howell	46	592	4	22:16	7:11/M
4	John McInnis	Northville	49	601	6	22:24	7:14/M
5	Atsushi Fujino	Commerce Twp	40	222	8	22:52	7:23/M
6	David McWilliams	Commerce Twp	46	492	10	23:41	7:38/M
7	Cosimo Carfagna	Beverly Hills	49	179	11	24:21	7:51/M
8	Ronald Foon	Birmingham	68	200	14	24:40	7:57/M
9	Mike O'Connor	Waterford	43	544	19	25:15	8:09/M
10	Greg Smith	Linden	47	570	28	26:54	8:41/M
11	Erik Wood	Walled Lake	40	587	44	29:19	9:27/M
12	Christopher Crawford	Novi	44	186	45	29:20	9:28/M
13	Jason Kozak	Livonia	40	596	48	29:48	9:37/M
14	Christopher Leidy	Brighton	40	484	55	30:13	9:45/M
15	Donald Daley	Royal Oak	52	188	62	32:16	10:25/M
16	James Jurkowski	Commerce Township	40	410	63	32:23	10:27/M
17	Scott Herskovitz	Berkley	45	364	72	33:11	10:42/M
18	Tony Norris	Commerce Twp	51	542	77	33:52	10:55/M
19	Jason Richert	Novi	42	558	81	34:19	11:04/M
20	Eric Mueller	Farmington Hills	40	538	167	1:14:16	23:57/M

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1	Traci Rink	Birmingham	46	561	15	24:41	7:58/M
2	Heidi Norris	Commerce Twp	44	541	27	26:45	8:38/M
3	Kathy Fox	Walled Lake	42	616	34	27:59	9:02/M
4	Suzanne Hollyer	Wolverine Lake	45	619	39	28:24	9:10/M
5	Susan Loos	Canton	61	485	40	28:28	9:11/M
6	Darlene Ciampa	Walled Lake	44	182	42	28:51	9:18/M

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7	Lisa Joachimi	Commerce	43	375	54	30:00	9:41/M
8	Kathleen Smith	Farmington Hills	49	593	58	30:35	9:52/M
9	Leslie Smith	Linden	46	571	59	31:35	10:11/M
10	Patricia Greenwood	Farmington Hills	50	607	64	32:26	10:28/M
11	Jennifer Lilly	Ferndale	99	623	68	32:33	10:30/M
12	Tracey Dace	Commerce Township	46	590	83	34:25	11:06/M
13	Stephanie Rose	Commerce	41	562	93	35:13	11:22/M
14	Marcia Polselli	Bloomfield Hills	48	551	116	38:39	12:28/M
15	Beth Dumas	Franklin	49	194	118	38:49	12:31/M
16	Janice Hanlon	Milford	58	289	122	39:08	12:37/M
17	Rona Avery	West Bloomfield	50	606	123	39:22	12:42/M
18	Sheryl Walsh	Novi	60	583	127	39:58	12:54/M
19	Lu Alcock	Ferndale	52	10	134	41:27	13:22/M
20	Kelly Riegel-Green	Royal Oak	41	559	136	43:30	14:02/M
21	Sheila Crawford	Novi	45	614	138	44:30	14:21/M
22	Mary Kelly	Oxford	45	474	139	45:09	14:34/M
23	Barb Parisi	Trenton	57	548	147	47:47	15:25/M
24	Kimberly Bingham	Highland	49	174	150	48:10	15:32/M
25	Anna Moreno	Waterford	48	535	153	50:08	16:10/M
26	Martha James	Plymouth	51	372	154	50:32	16:18/M
27	Carla Key	Howell	53	478	155	51:52	16:44/M
28	Terri Garner	White Lake	99	621	165	57:04	18:25/M