

Coldwater Run for an Instrumental Lifelong Experience

July 25, 2009

Results By Michigan Running Foundation

[To Mens Results](#)

5k Run

[To Walk Results](#)

Overall Female Open

Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Loretta Tobolske-Horn		37	8	20:49.6	6:43/M

Female 10 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Madde Horn		10	39	27:30.0	8:52/M
2	Molly English		8	75	53:19.0	17:12/M

Female 11 to 13

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Olivia Carman		11	62	36:13.0	11:41/M

Female 16 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jaycie Littley		16	9	21:07.2	6:49/M
2	Jacey Hercules		16	67	39:52.2	12:52/M
3	Margaret Geider		16	71	46:17.4	14:56/M

Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Quartny Thornberry		24	13	22:54.4	7:23/M
2	Jennifer Lefresne		24	35	25:50.5	8:20/M
3	Hannah Reed		20	36	26:17.0	8:29/M

4	Ashleigh Preston	23	41	28:27.0	9:11/M
5	Michelle Wilson	24	56	33:23.0	10:46/M
6	Jessica Frazee	19	59	35:03.6	11:18/M
7	Dawn Grzadziel	19	60	35:04.9	11:19/M
8	Cera Reed	19	72	48:23.1	15:36/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mandy Carpenter		29	27	24:27.8	7:53/M
2	Molly Weber		26	34	25:39.0	8:16/M
3	Megan Januszka		28	50	30:35.1	9:52/M
4	Julianne Bobilya		25	57	33:54.7	10:56/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Regina Schinker		38	29	24:55.8	8:02/M
2	Tricia Rzepka		35	30	25:06.3	8:06/M
3	Katrina Porter		34	33	25:28.0	8:13/M
4	Danielle Kelly		35	53	31:09.8	10:03/M
5	Alice Christopher		38	54	31:40.3	10:13/M
6	Linda Ferguson		30	63	38:55.4	12:33/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Valerie Wuori		48	28	24:37.6	7:56/M
2	Nancy Yager		45	31	25:07.6	8:06/M
3	Lee Gordon		46	37	26:50.9	8:39/M
4	Tracey Cade		43	64	38:56.3	12:34/M
5	Anne English		48	74	52:59.8	17:05/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Laurie Failing		50	55	32:34.7	10:30/M
2	Lauri Hart		52	65	39:04.5	12:36/M

Female 60 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Helen Guisinger		60	44	28:44.4	9:16/M
2	Carol Parker		60	73	50:44.6	16:22/M

Overall Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dale Hool		49	1	17:53.8	5:46/M

Male 10 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ryan Kestner		10	40	27:53.0	9:00/M
2	Woody Douglas English		9	47	29:32.4	9:32/M

Male 11-13

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Riley Horn		13	5	19:17.9	6:13/M
2	Logan Kestner		13	22	23:25.7	7:33/M

Male 14-15

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nathan Waite		14	3	18:40.1	6:01/M
2	Graham Rowe-Bultnick		15	6	19:58.3	6:26/M
3	Sabeek Pradhan		14	23	23:37.6	7:37/M
4	Chris Hercules		14	66	39:48.5	12:50/M

Male 16-18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Derek Pyles		18	4	19:05.2	6:09/M
2	Eric Hercules		18	17	23:04.7	7:26/M
3	Clayton Rzepka		16	18	23:09.5	7:28/M
4	Joshua Drzewicki		17	45	29:02.1	9:22/M
5	Jordan Smith		16	70	46:17.1	14:56/M

Male 19-24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chris Thornberry		24	2	18:23.4	5:56/M
2	David Fourg		19	7	20:20.8	6:34/M
3	Aaron Preston		24	10	21:20.6	6:53/M
4	Mike Barnes		24	15	22:55.4	7:24/M
5	Cody Leonard		24	16	23:03.3	7:26/M
6	Peter Carman		19	20	23:20.7	7:32/M
7	Zach Carman		22	42	28:31.1	9:12/M
8	James Reed		23	48	29:32.7	9:32/M
9	Sean Hercules		20	51	30:57.4	9:59/M

Male 25-29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rivan Frazee		25	11	21:35.7	6:58/M
2	Jason Mead		25	19	23:15.2	7:30/M
3	Aaron Decker		28	38	27:16.4	8:48/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nathan Johnson		36	12	22:10.8	7:09/M
2	Leo Wilson		32	14	22:54.7	7:23/M
3	Derek Horn		38	21	23:25.4	7:33/M
4	Troy Burger		39	24	23:40.1	7:38/M
5	Ryan Murray		30	32	25:26.7	8:12/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Fred Pyles		40	25	24:05.9	7:46/M
2	Jim Cade		46	26	24:26.1	7:53/M
3	Mary Nowak		40	43	28:39.9	9:15/M
4	Bill Milnes		41	46	29:14.9	9:26/M
5	Rodney Ferguson		40	49	30:04.9	9:42/M
6	Lance Johnson		49	52	30:59.9	10:00/M
7	Ken Delaney		46	58	34:46.7	11:13/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Woodrow English		56	68	43:30.0	14:02/M

Male 60 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Larry Parker		70	69	43:42.1	14:06/M

Male no age given

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John C Wilkins		99	61	35:05.4	11:19/M

5k Walk**Overall Female Open Winners**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jill Cropper		25	1	34:53.9	11:15/M

Female 0-99

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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1	Ramona Hercules	53	2	36:39.7	11:49/M
2	Robin Brigham	53	3	38:40.0	12:28/M
3	Cheryl Aguilar	43	4	43:04.2	13:54/M
4	Carol Eggers	67	5	43:45.8	14:07/M
5	Barbara Swain	46	6	44:56.3	14:30/M
6	Rachael Swick	24	7	47:48.2	15:25/M
7	Crystal Preston	21	8	48:23.3	15:36/M
8	Elizabeth Preston	25	9	48:23.6	15:36/M
9	Ashley English	27	11	50:40.3	16:21/M
10	Janice Reed	48	13	50:44.9	16:22/M
11	Michelle Milnes	38	14	51:10.6	16:30/M
12	Barbara Rosene	61	15	51:26.3	16:35/M
13	Pattie Walter	56	16	51:29.1	16:36/M
14	Pam Smith	43	17	51:29.7	16:36/M
15	Sheila Taylor	40	18	52:30.7	16:56/M
16	Colleen Knight	50	19	52:31.0	16:56/M
17	Mary Weage	18	21	53:07.6	17:08/M
18	Ann Hams	23	23	53:08.8	17:08/M

Overall Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mark Preston		37	10	48:23.9	15:36/M

Male 0-99

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Scott English		35	12	50:40.7	16:21/M
2	Michael English		25	20	53:02.0	17:06/M
3	Elroy Vannuys		20	22	53:08.1	17:08/M
