

**OAKLAND COUNTY HIGH SCHOOL
INDOOR TRACK & FIELD CHAMPIONSHIPS
GIRLS RECORDS 1990 - 2009**

LONG JUMP	Mwanza Russell	Southfield	17' 11 ½"	1995
HIGH JUMP	Bettie Wade	Farmington	5' 4"	2004
	Lourenie Louissiant	Southfield	5' 4"	2005
SHOT PUT	Ashley Lawrence	Troy	43' 2"	2006
POLE VAULT	Casey Bolton	Clarkston	8' 6"	2003
60M HURDES	Bridgette Owens	Southfield	8.67	2009
60M DASH	Lauren Drayton	Troy	7.86	2007
DISTANCE MEDLEY	Grace Green Francesca Adamski Julia Dinverno Michelle Moriset	Troy	12:43.32	2009
MILE RUN	Mo Kuhta	Clarkston	5:18.5	2003
3200M RELAY	Elizabeth Gorz Anne Oltman Lauren Witt Lyndsay Smith	Clarkston	10:04.2	2003
3200M RUN	Mo Kuhta	Clarkston	11:28.34	2004
800M RELAY	Shayaun Whitaker Rachel Armstrong Brittany Officer Leslie Aririguzo	W. Bloomfield	1:51.65	2008
1600M RELAY	Sam Hsieh Anna Dinverno Katrina Drayton Grace Green	Troy	4:12.7	2006

BOLD = MEET RECORD

**OAKLAND COUNTY HIGH SCHOOL
INDOOR TRACK & FIELD CHAMPIONSHIPS
BOYS RECORDS 1990 - 2009**

LONG JUMP	Jon Hall	Pontiac Central	22' 6 ½"	1998
HIGH JUMP	Elvin Jones	Ferndale	6' 9"	1996
SHOT PUT	Brian Ottney	Troy	56' 6 ½"	1997
POLE VAULT	Kyle Johns	Lake Orion	13' 3"	2007
60M HIGH HURDES	Travon Johnson	Southfield	8.27	2009
60M DASH	Ross Weaver	Southfield	6.91	2005
DISTANCE MEDLEY	James Yau Tom Judy Brian Murphy Mike Atchoo	Troy	10:43.86	2009
MILE RUN	Justin Switzer	W. Kettering	4:23.96	2004
3200M RELAY	Troy Brinkman Adam Wagner Andy Gillett Nick Gillett	Troy	8:19.3	2000
3200M RUN	Andrew Bauer	Lahser	9:43.8	2001
800M RELAY	Lerome Delk Ross Weaver Derrick Hunter Lyndon Johnson	Southfield	1:31.52	2005
1600M RELAY	Philip Burks Fabian MacIntosh Ross Weaver Derek Hunter	Southfield	3:32.94	2004

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