

COMPLETED EVENTS

Compiled Results

City Auto Women's 800m B Final

Results

PLACE	ATHLETE	RESULT	400	800	LN/POS
1	Ersula Farrow Garden State TC	2:05.33	1:02.98 -	2:05.33 1:02.36	2
			PI: 4	PI: 1 ↑3	
2	Rachel Pocratsky District TC/Under Armour	2:05.40	1:02.84 -	2:05.40 1:02.57	3
			PI: 2	PI: 2	
3	Carsyn Johnson Colorado Springs TC	2:05.90	1:02.80 -	2:05.90 1:03.10	8
			PI: 1	PI: 3 ↓-2	
4	Bailey Goggans Unattached	2:06.07	1:02.85 -	2:06.07 1:03.22	5
			PI: 3	PI: 4 ↓-1	
5	Annette Melcher Colorado Springs TC	2:07.37	1:03.07 -	2:07.37 1:04.30	6
			PI: 5	PI: 5	
6	Amaya Turner Unattached	2:09.54	1:03.22 -	2:09.54 1:06.32	9
			PI: 6	PI: 6	
7	Lindsey Putman Colorado Springs TC	2:10.06	1:04.04 -	2:10.06 1:06.03	11
			PI: 9	PI: 7 ↑2	
8	Maria Marascia CPTC-Tracksmith	2:11.76	1:04.47 -	2:11.76 1:07.29	10
			PI: 10	PI: 8 ↑2	
9	Rachael Walters Atlanta TC	2:12.13	1:03.59 -	2:12.13 1:08.54	4
			PI: 8	PI: 9 ↓-1	
10	Brianna Stratz Atlanta TC	2:12.14	1:03.39 -	2:12.14 1:08.75	7
			PI: 7	PI: 10 ↓-3	
DNS	Natalie Zidd Unattached				12
DNS	Julia Rizk District TC/Under Armour				1

City Auto Women's 800m Final

Results

200m Splits 400m Splits 100m Splits

PLACE	ATHLETE	RESULT	200	400	600	800	LN/POS
1	Ce'Aira Brown HOKA One One	2:00.31	29.03 - Pl: 1	58.41 29.39 Pl: 1 ⇔	1:28.86 30.45 Pl: 1 ⇔	2:00.31 31.46 Pl: 1 ⇔	4
2	Kaela Edwards adidas	2:00.39	29.09 - Pl: 2	58.94 29.86 Pl: 2 ⇔	1:29.25 30.31 Pl: 2 ⇔	2:00.39 31.14 Pl: 2 ⇔	5
3	Hannah Segrave New Balance	2:02.35	29.34 - Pl: 4	59.43 30.09 Pl: 3 ↑1	1:30.08 30.66 Pl: 3 ⇔	2:02.35 32.27 Pl: 3 ⇔	3
4	Sammy Watson adidas	2:02.79	29.55 - Pl: 5	59.86 30.32 Pl: 5 ⇔	1:31.09 31.24 Pl: 4 ↑1	2:02.79 31.70 Pl: 4 ⇔	6
5	Sophia Gorriaran Unattached	2:02.97	30.92 - Pl: 8	1:00.73 29.82 Pl: 8 ⇔	1:31.48 30.76 Pl: 6 ↑2	2:02.97 31.49 Pl: 5 ↑1	8
6	Jazmine Fray District TC/Under Armour	2:04.22	29.30 - Pl: 3	59.85 30.55 Pl: 4 ↓-1	1:31.28 31.43 Pl: 5 ↓-1	2:04.22 32.95 Pl: 6 ↓-1	1
7	Julia Rizk District TC/Under Armour	2:04.33					9
8	Dana Mecke Colorado Springs TC	2:05.44	29.69 - Pl: 6	1:00.37 30.68 Pl: 6 ⇔	1:32.12 31.75 Pl: 7 ↓-1	2:05.44 33.33 Pl: 7 ⇔	2
9	Kenyetta Iyevable HOKA NJNYTC	2:06.85	29.76 - Pl: 7	1:00.70 30.95 Pl: 7 ⇔	1:32.72 32.02 Pl: 8 ↓-1	2:06.85 34.14 Pl: 8 ⇔	7

On Running Women's 1500m Final

Results

400m from Start 400m from Finish 100m

PLACE	ATHLETE	RESULT	400	800	1200	1500	HEAT	LN/POS
1	Cory McGee New Balance	4:03.64 MR PB	1:05.00 - Pl: 2	2:09.72 1:04.72 Pl: 1	3:14.75 1:05.04 Pl: 2	4:03.64 48.89 Pl: 1	1 (1)	1
				↑1	↓-1	↑1		
2	Emma Coburn New Balance	4:03.82 PB	1:04.99 - Pl: 1	2:09.91 1:04.92 Pl: 2	3:14.54 1:04.64 Pl: 1		1 (2)	3
				↓-1	↑1			
3	Emily Lipari adidas	4:08.66					1 (3)	5
4	Yolanda Ngarambe Atlanta TC	4:08.81	1:05.87 - Pl: 4	2:11.90 1:06.04 Pl: 6	3:19.00 1:07.11 Pl: 6 ⇌	4:08.81 49.82 Pl: 2	1 (4)	2
				↓-2		↑4		
5	Amy-Eloise Neale Reebok	4:09.44	1:06.61 - Pl: 9	2:12.60 1:05.99 Pl: 10	3:19.58 1:06.99 Pl: 8	4:09.44 49.86 Pl: 3	1 (5)	9
				↓-1	↑2	↑5		
6	Megan Mansy HOKA NJNYTC	4:09.82	1:06.50 - Pl: 8	2:12.46 1:05.96 Pl: 9	3:19.33 1:06.88 Pl: 7	4:09.82 50.49 Pl: 4	1 (6)	7
				↓-1	↑2	↑3		
7	Lauren Johnson Unattached	4:10.31	1:06.11 - Pl: 6	2:10.88 1:04.78 Pl: 4	3:17.31 1:06.43 Pl: 3	4:10.31 53.01 Pl: 5	1 (7)	6
				↑2	↑1	↓-2		
8	Leah Falland On Athletics Club	4:11.25	1:06.82 - Pl: 11	2:12.02 1:05.21 Pl: 7	3:18.27 1:06.26 Pl: 4	4:11.25 52.99 Pl: 6	1 (8)	10
				↑4	↑3	↓-2		
9	Alicia Monson On Athletics Club	4:12.12 PB	1:06.66 - Pl: 10	2:12.98 1:06.32 Pl: 11	3:21.38 1:08.40 Pl: 10	4:12.12 50.75 Pl: 7	1 (9)	12
				↓-1	↑1	↑3		
10	Taylor Werner Unattached	4:13.53 PB	1:06.08 - Pl: 5	2:11.57 1:05.50 Pl: 5 ⇌	3:18.52 1:06.95 Pl: 5 ⇌	4:13.53 55.01 Pl: 8	1 (10)	8
						↓-3		
11	Danielle Aragon HOKA NJNYTC	4:14.25	1:08.59 - Pl: 4	2:18.42 1:09.84 Pl: 3	3:25.89 1:07.48 Pl: 3 ⇌	4:14.25 48.36 Pl: 1	2 (1)	1
				↑1		↑2		
12	Emily Oren On Athletics Club	4:14.77 PB	1:08.36 - Pl: 2	2:18.11 1:09.75 Pl: 1	3:25.52 1:07.41 Pl: 1 ⇌	4:14.77 49.25 Pl: 2	2 (2)	9
				↑1		↓-1		
13	Elly Henes Unattached	4:15.14	1:08.63 - Pl: 5	2:18.25 1:09.63 Pl: 2	3:25.69 1:07.44 Pl: 2 ⇌	4:15.14 49.46 Pl: 3	2 (3)	5
				↑3		↓-1		
14	Gabrielle Jennings Unattached	4:15.56 PB	1:08.98 - Pl: 8	2:18.79 1:09.82 Pl: 5	3:26.11 1:07.32 Pl: 5 ⇌	4:15.56 49.45 Pl: 4	2 (4)	8
				↑3		↑1		
15	Josette Norris Reebok Boston TC	4:15.83	1:08.15 - Pl: 5	2:18.50 1:10.35 Pl: 5	3:26.01 1:07.51 Pl: 5	4:15.83 49.82 Pl: 5	2 (5)	2

Heat-by-Heat

Heat 1

PL	ATHLETE	MARK	LN/POS
1 (1)	Cory McGee New Balance	4:03.64	1
2 (2)	Emma Coburn New Balance	4:03.82	3
3 (3)	Emily Lipari adidas	4:08.66	5
4 (4)	Yolanda Ngarambe Atlanta TC	4:08.81	2
5 (5)	Amy-Eloise Neale Reebok	4:09.44	9
6 (6)	Megan Mansy HOKA NJNYTC	4:09.82	7
7 (7)	Lauren Johnson Unattached	4:10.31	6
8 (8)	Leah Falland On Athletics Club	4:11.25	10
9 (9)	Alicia Monson On Athletics Club	4:12.12	12
10 (10)	Taylor Werner Unattached	4:13.53	8
11 (16)	Marisa Howard Unattached	4:16.31	11
12 (17)	Katie Mackey Elevated Performance	4:16.40	4
DNF	Ce'Aira Brown HOKA One One		13

Heat 2

PL	ATHLETE	MARK	LN/POS
1 (11)	Danielle Aragon HOKA NJNYTC	4:14.25	1
2 (12)	Emily Oren On Athletics Club	4:14.77	9
3 (13)	Elly Henes Unattached	4:15.14	5
4 (14)	Gabrielle Jennings Unattached	4:15.56	8
5 (15)	Josette Norris Reebok Boston TC	4:15.83	2
6 (18)	Tori Gerlach Reebok Boston TC	4:18.77	3
7 (19)	Megan Malasarte Atlanta TC	4:22.22	6
8 (20)	Tricia Terry Team Green	4:23.24	10
9 (21)	Molly Sughroue Colorado Springs TC	4:23.50	4
10 (22)	Carina Gillespie Colorado Springs TC	4:24.61	11
11 (23)	Alicia Douglas	4:27.02	7

Ponce Law Women's 5000m Final

Results

<u>400m from Start</u>	400m from Finish	1000m Splits	100m Splits
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PLACE	ATHLETE	RESULT	LN/POS
1	Hannah Everson U.S Air Force/WCAP	15:31.97 MR PB	2
2	Natosha Rogers Hanson's/Brooks	15:34.75	5
3	Sara Sutherland Saucony	15:46.26	13
4	Maddie Alm Unattached	15:49.39 SB	10
5	Annie Rodenfels ASICS GTC Elite	15:49.53 PB	7
6	Anne-Marie Blaney Hanson's/Brooks	15:52.42	9
7	Olivia Pratt Hanson's/Brooks	16:02.60	12
8	MacKenzie Caldwell Unattached	16:04.36 PB	21
9	Emma Spencer Tracksmith Hare AC	16:04.95 PB	20
10	Jessica Drop Unattached	16:08.27	11
11	Valerie Constien Unattached	16:12.62	3
12	Maddie Ivy Elevated Performance	16:13.62	18
13	Tristin Van Ord Zap Endurance/On	16:14.81 PB	26
14	Kaylee Bogina Unattached	16:17.35 PB	23
15	Hiruni Wijayaratne Sri Lanka	16:17.51 PB	24
16	Christine Thorne Elevated Performance	16:32.17	19
17	Maor Tiyouri Israel	16:34.36	17
18	Jessica Watychowicz Colorado Springs TC	16:42.44	6
19	Judi Jones Unattached	16:54.26	22
20	Ericka Randazzo Nashville TC	17:31.58	27
21	Katie Ruhlman Unattached	18:19.50	28
DNF	Jenna Hinkle HOKA One One/Aggies		15
DNF	Hannah Wishart Nashville TC		29
DNF	Yolanda Ngarambe Atlanta TC		30
DNF	Samantha Palmer Unattached		31

Masters W 1500m Enroute Final

Results

PLACE	ATHLETE	RESULT	LN/POS
1	Julie Marcado Unattached	5:12.54	1
2	Emily Noble Atlanta TC	5:14.56	3
3	Judy Stobbe Central Park TC	5:28.15	2

Masters Women's Mile Final

Results

1/4 Mile 100m

PLACE	ATHLETE	RESULT	1/4 MILE	1/2 MILE	3/4 MILE	MILE	LN/POS
1	Julie Marcado Unattached	5:33.39	1:23.94 -	2:49.28 1:25.34	4:12.54 1:23.27	5:33.39 1:20.85	1
			Pl: 1	Pl: 1 ⇔	Pl: 1 ⇔	Pl: 1 ⇔	
2	Emily Noble Atlanta TC	5:37.51	1:24.01 -	2:49.39 1:25.38	4:12.64 1:23.25	5:37.51 1:24.88	3
			Pl: 2	Pl: 2 ⇔	Pl: 2 ⇔	Pl: 2 ⇔	
3	Judy Stobbe Central Park TC	5:54.12	1:24.34 -	2:49.74 1:25.41	4:17.65 1:27.91	5:54.12 1:36.48	2
			Pl: 3	Pl: 3 ⇔	Pl: 3 ⇔	Pl: 3 ⇔	

Masters M 1500m Enroute Final

Results

PLACE	ATHLETE	RESULT	LN/POS
1	Jeremy Neff Unattached	4:19.32	2
2	Stewart Ellington Unattached	4:25.34	1
3	Dan King Unattached	4:38.39	7
4	Chip Owens Unattached	4:38.91	4
5	Doug Cross Unattached	4:41.28	9
6	Dale Flanders Unattached	5:04.92	8
7	Francis Burdett Unattached	5:09.33	5
	Nick Morgan Unattached		3
	Bernard Henry Unattached		6

Masters Men's Mile Final

Results

1/4 Mile 100m

PLACE	ATHLETE	RESULT	1/4 MILE	1/2 MILE	3/4 MILE	MILE	LN/POS
1	Jeremy Neff Unattached	4:37.65	4:36.42 - Pl: 7				2
2	Stewart Ellington Unattached	4:45.39	1:10.19 - Pl: 1	2:20.72 1:10.53 Pl: 1 ⇔	3:32.34 1:11.63 Pl: 1 ⇔	4:45.39 1:13.05 Pl: 1 ⇔	1
3	Dan King Unattached	4:57.27	1:12.44 - Pl: 2	2:27.55 1:15.11 Pl: 2 ⇔	3:42.97 1:15.43 Pl: 2 ⇔	4:57.27 1:14.31 Pl: 2 ⇔	7
4	Chip Owens Unattached	4:58.97	1:12.76 - Pl: 3	2:27.86 1:15.11 Pl: 3 ⇔	3:43.76 1:15.90 Pl: 3 ⇔	4:58.97 1:15.22 Pl: 3 ⇔	4
5	Doug Cross Unattached	4:59.53	1:12.92 - Pl: 4	2:28.16 1:15.24 Pl: 4 ⇔	3:45.37 1:17.21 Pl: 4 ⇔	4:59.53 1:14.16 Pl: 4 ⇔	9
6	Dale Flanders Unattached	5:25.84	4:02.20 - Pl: 6	5:25.00 1:22.80 Pl: 6 ⇔			8
7	Francis Burdett Unattached	5:29.74	1:19.14 - Pl: 5	2:46.56 1:27.42 Pl: 5 ⇔	4:10.59 1:24.04 Pl: 5 ⇔	5:29.74 1:19.16 Pl: 5 ⇔	5
DNS	Bernard Henry Unattached						6
DNS	Nick Morgan Unattached						3

City Auto Men's 800m Final

Results

200m Splits 400m Splits 100m Splits

PLACE	ATHLETE	RESULT	HEAT	LN/POS
1	Michael Saruni adidas	1:46.13 SB	1 (1)	3
2	Quamel Prince District TC/Under Armour	1:46.42 SB	1 (2)	5
3	Robert Downs Diadora	1:46.56	1 (3)	1
4	Erik Sowinski Brooks Beasts	1:46.99	1 (4)	6
5	Alex Amankwah District TC/Under Armour	1:47.11	1 (5)	2
6	Edose Ibadin District TC/Under Armour	1:47.21	1 (6)	4
7	Vincent Crisp District TC/Under Armour	1:49.17	1 (7)	7
8	James Gilreath Team Green	1:49.50	2 (1)	5
9	Darius Kipyego Unattached	1:49.98	2 (2)	3
10	Edward Kemboi Atlanta TC	1:50.30	2 (3)	4
11	Cameron Laverty Unattached	1:52.27	2 (4)	6
12	Brandon Phillips Unattached	1:54.81	2 (5)	2
13	Michael Twist Unattached	1:54.96	2 (6)	8
DNF	John Lewis Unattached		1	9
DNS	Carlton Orange Unattached		1	8
DNS	Charles Shimukowa Unattached		2	7

Heat-by-Heat

Heat 1

PL	ATHLETE	MARK	LN/POS
1 (1)	Michael Saruni adidas	1:46.13	3
2 (2)	Quamel Prince District TC/Under Armour	1:46.42	5
3 (3)	Robert Downs Diadora	1:46.56	1
4 (4)	Erik Sowinski Brooks Beasts	1:46.99	6
5 (5)	Alex Amankwah District TC/Under Armour	1:47.11	2
6 (6)	Edose Ibadin District TC/Under Armour	1:47.21	4
7 (7)	Vincent Crisp District TC/Under Armour	1:49.17	7
DNF	John Lewis Unattached		9
DNS	Carlton Orange Unattached		8

Heat 2

PL	ATHLETE	MARK	LN/POS
1 (8)	James Gilreath Team Green	1:49.50	5
2 (9)	Darius Kipyego Unattached	1:49.98	3
3 (10)	Edward Kemboi Atlanta TC	1:50.30	4
4 (11)	Cameron Laverty Unattached	1:52.27	6
5 (12)	Brandon Phillips Unattached	1:54.81	2
6 (13)	Michael Twist Unattached	1:54.96	8
DNS	Charles Shimukowa Unattached		7

On Running Men's 1500m Final

Results

400m from Start 400m from Finish 100m

PLACE	ATHLETE	RESULT	400	800	1200	1500	HEAT	LN/POS
1	Oliver Hoare On Athletics Club	3:34.63 TSR PB	57.16 - Pl: 1	1:55.34 58.19 Pl: 1 ⇔	2:53.02 57.69 Pl: 1 ⇔	3:34.63 41.61 Pl: 1 ⇔	1 (1)	4
2	Sam Prakel adidas	3:36.54 PB	59.05 - Pl: 7	2:11.89 1:12.84 Pl: 4 ↑3	3:09.06 57.18 Pl: 2 ↑2		1 (2)	3
3	Tripp Hurt Unattached	3:36.83 PB	58.60 - Pl: 5	2:12.68 1:14.08 Pl: 7 ↓-2	3:09.24 56.57 Pl: 3 ↑4		1 (3)	11
4	Willy Fink District TC/Under Armour	3:37.16 PB	58.84 - Pl: 6	2:11.69 1:12.85 Pl: 3 ↑3	3:09.36 57.68 Pl: 5 ↓-2		1 (4)	2
5	Morgan McDonald Under Armour	3:37.42 PB	58.23 - Pl: 3	2:12.28 1:14.05 Pl: 5 ↓-2	3:10.02 57.75 Pl: 6 ↓-1		1 (5)	7
6	Joe Klecker On Athletics Club	3:37.55 PB	59.22 - Pl: 8	2:12.46 1:13.25 Pl: 6 ↑2	3:09.26 56.80 Pl: 4 ↑2		1 (6)	10
7	Graham Crawford HOKA NJNYTC	3:37.64	59.85 - Pl: 11	2:13.07 1:13.22 Pl: 9 ↑2	3:10.18 57.12 Pl: 7 ↑2		1 (7)	8
8	Dillon Maggard HOKA One One	3:40.03	59.49 - Pl: 9	2:13.37 1:13.89 Pl: 10 ↓-1	3:11.03 57.66 Pl: 9 ↑1		1 (8)	6
9	Cameron Griffith Adidas/Tinman Elite	3:40.28			3:40.28 - Pl: 10		2 (1)	2
10	Ryan Adams Unattached	3:40.47	1:00.01 - Pl: 3	2:00.09 1:00.08 Pl: 3 ⇔	2:58.89 58.81 Pl: 2 ↑1	3:40.47 41.58 Pl: 1 ↑1	2 (2)	3
11	Isaac Updike HOKA NJNYTC	3:41.59 PB	59.34 - Pl: 1	1:59.71 1:00.38 Pl: 1 ⇔	2:58.66 58.95 Pl: 1 ⇔	3:41.59 42.94 Pl: 2 ↓-1	2 (3)	1
12	Carlos Villarreal On Athletics Club	3:42.48	58.40 - Pl: 4	2:12.89 1:14.50 Pl: 8 ↓-4	3:13.74 1:00.85 Pl: 11 ↓-3		1 (9)	5
13	Jake Edwards Columbus Running Co.	3:43.03	59.78 - Pl: 2	2:00.02 1:00.24 Pl: 2 ⇔	2:59.57 59.56 Pl: 3 ↓-1	3:43.03 43.46 Pl: 3 ⇔	2 (4)	13
14	Kendall Muhammad Unattached	3:43.90 PB	1:00.22 - Pl: 4	2:00.29 1:00.08 Pl: 4 ⇔	2:59.69 59.40 Pl: 4 ⇔	3:43.90 44.22 Pl: 4 ⇔	2 (5)	6
15	Matt Giannino Unattached	3:44.15	1:00.67 - Pl: 6	2:00.84 1:00.17 Pl: 6	3:00.05 59.22 Pl: 5	3:44.15 44.10 Pl: 5	2 (6)	8

Heat-by-Heat

Heat 1

PL	ATHLETE	MARK	LN/POS
1 (1)	Oliver Hoare On Athletics Club	3:34.63	4
2 (2)	Sam Prkel adidas	3:36.54	3
3 (3)	Tripp Hurt Unattached	3:36.83	11
4 (4)	Willy Fink District TC/Under Armour	3:37.16	2
5 (5)	Morgan McDonald Under Armour	3:37.42	7
6 (6)	Joe Klecker On Athletics Club	3:37.55	10
7 (7)	Graham Crawford HOKA NJNYTC	3:37.64	8
8 (8)	Dillon Maggard HOKA One One	3:40.03	6
9 (12)	Carlos Villarreal On Athletics Club	3:42.48	5
10 (16)	Abraham Alvarado Atlanta TC	3:44.57	1
11 (17)	Nick Willis Tracksmith	3:45.27	9
12 (18)	Nick Harris Unattached	3:45.74	12
	Quamel Prince District TC/Under Armour		13

Heat 2

PL	ATHLETE	MARK	LN/POS
1 (9)	Cameron Griffith Adidas/Tinman Elite	3:40.28	2
2 (10)	Ryan Adams Unattached	3:40.47	3
3 (11)	Isaac Updike HOKA NJNYTC	3:41.59	1
4 (13)	Jake Edwards Columbus Running Co.	3:43.03	13
5 (14)	Kendall Muhammad Unattached	3:43.90	6
6 (15)	Matt Giannino Unattached	3:44.15	8
7 (19)	Avery Bartlett Atlanta TC	3:55.40	5
8 (20)	Dylan Lowry Unattached	3:56.00	9
9 (21)	Cayce Reese Unattached	4:00.38	10
10 (22)	Erick Kigen Unattached	4:02.86	11
	Ian Ritchie		4

Men's 1500m Enroute Final

Results

PLACE	ATHLETE	RESULT	LN/POS
1	Kasey Knevelbaard Unattached	3:43.07	7
2	Kieren Tuntivate Thailand	3:43.53 PB	2
3	Brian Barraza Adidas/Tinman Elite	3:43.73 PB	3
4	Jacob Dumford District TC/Under Armour	3:43.91	4
5	Mason Ferlic Nike	3:44.27	8
6	Joey Berriatua Adidas/Tinman Elite	3:44.40 PB	12
7	Rheinhardt Harrison Unattached	3:46.02	13
8	Alex Rogers Reebok Boston TC	3:46.88	6
9	Eric Holt Unattached	3:48.15	9
10	Colin O'Mara Unattached	3:53.61	11
11	Albert Velikonja Unattached	3:54.99	14
12	John Minen Unattached	3:57.07	15
	Robert Domanic Reebok Boston TC		1
	Obsa Ali Asics		5
	Brandon Lasater Atlanta TC		10
	John Lewis Unattached		16

Lever Men's Mile Final

Results

1/4 Mile 100m

PLACE	ATHLETE	RESULT	1/4 MILE	1/2 MILE	3/4 MILE	MILE	LN/POS
1	Kieren Tuntivate Thailand	3:57.87 WL PB	1:01.85 - Pl: 7	2:01.92 1:00.08 Pl: 6 ↑1	3:02.24 1:00.32 Pl: 5 ↑1	3:57.87 55.63 Pl: 1 ↑4	2
2	Kasey Knevelbaard Unattached	3:58.08 PB	1:01.54 - Pl: 6	2:02.02 1:00.49 Pl: 7 ↓-1	3:02.63 1:00.61 Pl: 6 ↑1	3:58.08 55.46 Pl: 2 ↑4	7
3	Brian Barraza Adidas/Tinman Elite	3:59.09 PB	1:01.13 - Pl: 3	2:01.00 59.87 Pl: 3 ⇔	3:01.84 1:00.84 Pl: 1 ↑2	3:59.09 57.26 Pl: 3 ↓-2	3
4	Mason Ferlic Nike	3:59.45 PB					8
5	Jacob Dumford District TC/Under Armour	3:59.61 PB	1:01.25 - Pl: 5	2:01.19 59.94 Pl: 4 ↑1	3:02.17 1:00.98 Pl: 4 ⇔	3:59.61 57.45 Pl: 4 ⇔	4
6	Joey Berriatua Adidas/Tinman Elite	4:00.72 PB	1:00.88 - Pl: 2	2:00.76 59.88 Pl: 2 ⇔	3:02.05 1:01.29 Pl: 3 ↓-1	4:00.72 58.67 Pl: 5 ↓-2	12
7	Rheinhardt Harrison Unattached	4:01.34	1:02.09 - Pl: 8	2:02.55 1:00.47 Pl: 8 ⇔	3:03.99 1:01.45 Pl: 7 ↑1	4:01.34 57.35 Pl: 6 ↑1	13
8	Alex Rogers Reebok Boston TC	4:03.86	4:02.50 - Pl: 10				6
9	Eric Holt Unattached	4:07.07	1:00.86 - Pl: 1	2:00.69 59.83 Pl: 1 ⇔	3:01.99 1:01.31 Pl: 2 ↓-1	4:07.07 1:05.08 Pl: 7 ↓-5	9
10	Albert Velikonja Unattached	4:11.47	1:02.36 - Pl: 9	2:03.68 1:01.33 Pl: 9 ⇔	3:08.86 1:05.19 Pl: 9 ⇔	4:11.47 1:02.61 Pl: 8 ↑1	14
11	Colin O'Mara Unattached	4:13.58 PB					11
12	John Minen Unattached	4:15.68 SB	1:01.13 - Pl: 4	2:01.69 1:00.56 Pl: 5 ↓-1	3:06.18 1:04.50 Pl: 8 ↓-3	4:15.68 1:09.51 Pl: 9 ↓-1	15
	Robert Domanic Reebok Boston TC						1
	Obsa Ali Asics						5
DNF	Brandon Lasater Atlanta TC						10
DNF	John Lewis Unattached						16

Ponce Law Men's 5000m Final

Results

400m from Start 400m from Finish 1000m Splits 100m Splits

PLACE	ATHLETE	RESULT	LN/POS
1	Farah Abdulkarim Unattached	13:37.57 MR PB	7
2	Ben Flanagan Reebok Boston TC	13:38.98 PB	1
3	Abdisamed Abdi Hanson's/Brooks	13:42.18	9
4	Johnathan Reniewicki Unattached	13:44.28 PB	12
5	Zach Panning Hanson's/Brooks	13:44.54	6
6	Joe Stilin Zap Endurance/On	13:45.29	3
7	Christian Noble Unattached	13:48.68 PB	13
8	Alan Peterson Unattached	13:53.04 PB	14
9	Ian Lamere Hanson's/Brooks	13:54.70 PB	15
10	Ben Kendell Hanson's/Brooks	13:57.26 PB	4
11	Eduardo Garcia ASICS GTC Elite	14:20.37	18
12	Matt Cooper Elevated Performance	14:25.50	16
13	Judson Greer Tinman Junior Elite	14:28.70	20
14	Steven Martinez Unattached	14:42.91	19
15	Mark Huizar Unattached	14:44.03	25
16	Nate Guthals Kansas City Smoke	14:45.58 PB	22
17	Jack Scherer Tinman Junior Elite	14:45.88	24
18	Nick French Unattached	14:48.21 PB	27
19	Matt Crowe Unattached	14:50.21	28
20	August Pappas Unattached	15:00.12	21
21	Charlie Lawrence Unattached	15:19.44	23
22	Andrew Benvoksky Red Cedar RC	15:27.65	17
23	Dan Harper Boston AA	15:28.81	26
	Reed Fischer Adidas/Tinman Elite		2
	Ricardo Estremera Quanta Race		5

Elliptigo Girls' 3200m Final

Results


400m Splits 1000m Splits 100m Splits

PLACE	ATHLETE	RESULT	LN/POS
1	Jenna Hutchins Unattached [JR]	9:49.83 MR	1
2	Natalie Cook Unattached [JR]	10:16.07	2
3	Mia Prok Unattached [FR]	10:20.18	12
4	Lucca Fulkerson Unattached [SR]	10:20.48	6
5	Lily Cridge Unattached [SO]	10:30.07	4
6	Angie Allen Unattached [SR]	10:35.00	9
7	Carmen Alder Unattached [SR]	10:36.58	3
8	Faith Duncan Unattached [SR]	10:42.59	11
9	Madison Shults Unattached [SO]	10:47.32	13
10	Eva Klingbeil Unattached [JR]	10:47.76	15
11	Ciara O'Shea Unattached [SO]	10:48.66	7
12	Miranda Lorsbach Unattached [JR]	10:49.06	16
13	Anna Weirich Unattached	10:49.10	14
14	Vanessa Alder Unattached [SO]	10:52.00	23
15	Kiley Murphy Unattached [SO]	10:52.28	25
16	Kaitlyn Vanderkolk Unattached [SR]	10:59.15	8
17	Morgan Boonshaft Unattached [FR]	10:59.98	24
18	Allison Newman Unattached [SR]	11:07.85	10
19	Marilyn McCarthy Unattached	11:11.98	17
20	Molly Kuzma Unattached [SR]	11:15.63	20
21	Ann-Marie Braese Unattached	11:18.74	22
22	Meadow Millett Unattached [SR]	11:20.01	19
23	Scarlet Fetterolf Unattached [SR]	11:32.30	18
24	Presley Miles Unattached [SR]	11:42.43	5
25	Lydia Randolph Unattached	11:42.46	26
	Anna Banovac Unattached [SR]		21

Elliptigo Boys' 3200m Final

Results

400m Splits 1000m Splits 100m Splits

PLACE	ATHLETE	RESULT	LN/POS
1	Jackson Braddock Unattached [SR]	8:54.02 MR	1
2	Izaiah Steury Unattached [JR]	8:57.17	3
3	Jimmy Mullarkey Unattached	9:14.06	23
4	Zane Bergen Unattached [JR]	9:15.78	6
5	James Overberg Unattached	9:16.07	17
6	Lukas Haug Unattached [SR]	9:17.11	8
7	Kevin Vanderkolk Unattached [SR]	9:17.75	4
8	Ansel Tucker Unattached [SR]	9:21.66	5
9	Will Cahill Unattached	9:22.67	20
10	Miles Phillips Unattached	9:22.75	21
11	Collin Mayfield Unattached [SR]	9:23.30	12
12	Ian Noble Unattached [SR]	9:24.74	10
13	Coleman Cronk Unattached [SR]	9:27.56	16
14	Joquin Herrera Unattached [SR]	9:28.00	14
15	Curtis Volf Unattached [SR]	9:28.18	15
16	Grady Rauba Unattached [SR]	9:28.85	13
17	Xander Black Unattached [SR]	9:28.86	7
18	Griffin Staude Unattached	9:29.71	19
19	Hunter Griffin Unattached [SR]	9:40.83	11
20	Brady Barton Unattached [SR]	9:40.88	9
21	Keegan Smith Unattached [FR]	9:49.06	18
22	William Holleman Unattached	10:07.15	24
DNF	Patrick Perrier Unattached		25
DNF	Ben Weisel Unattached		26
DNF	Joshua Galindo Unattached		27
DNS	 Jack Scherer USA Tinman Junior Elite		2
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