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 Roy Griak Cross Invitational - Women's Maroon Division II

Les Bolstad Golf Course, University of Minnesota  
 September 24, 2016  
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1.	93	U-Mary	(23:25.5	117:07.4	2:02.2)				
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1	1	1954 Alexis Zeis JR	22:10.2	5	37	1949 Jaiden Schuette SO	24:12.4		
2	4	1946 Ida Narbuvoll SO	22:43.6	6	( 76)	1936 Rebekkah Bond JR	25:01.6		
3	23	1951 Kaycie Stewart JR	23:58.3	7	( 79)	1943 Emma Hafdahl FR	25:04.5		
4	28	1942 Kate Fox FR	24:02.9						
2.	95	Minnesota-Duluth	(23:27.2	117:15.9	1:55.4)				
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1	2	1758 Emilee Trost JR	22:25.0	5	43	1747 Sarah Harrison FR	24:20.4		
2	3	1743 Breanna Colbenson SR	22:34.6	6	( 84)	1741 Meaghan Borrowski FR	25:07.2		
3	22	1754 Amber Seidenkranz JR	23:56.1	7	( 88)	1757 Megan Stuart SO	25:12.3		
4	25	1750 Abigail Moore JR	23:59.8						
3.	122	Northern Michigan	(23:48.8	119:03.6	1:35.0)				
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1	6	1804 Kameron Burmeister JR	23:03.6	5	55	1815 Alexis Smith FR	24:38.6		
2	13	1802 Caroline Brisbois JR	23:26.7	6	( 57)	1812 Sophie McDonald SO	24:40.0		
3	18	1809 Vivian Hett JR	23:49.7	7	( 86)	1816 Katelyn Smith FR	25:08.6		
4	30	1806 Abby Fifarek SO	24:05.0						
4.	149	UC-Colo. Spgs.	(23:57.8	119:48.9	1:21.9)				
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1	10	1931 Aubrey Till SO	23:21.7	5	60	1928 Katie Novak JR	24:43.6		
2	12	1925 Heather Bates JR	23:25.5	6	( 70)	1933 Makenzie Urban JR	24:52.8		
3	29	1934 Kayla Wooten FR	24:03.9	7	( 87)	1929 Christine Mujica SO	25:11.6		
4	38	1930 Natalie Polei SO	24:14.2						
5.	209	UC San Diego	(24:17.7	121:28.1	1:08.5)				
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1	15	1914 Karina Carstens SO	23:32.6	5	59	1913 Merin Arft JR	24:41.1		
2	32	1924 Ella Verhees JR	24:07.8	6	(123)	1915 Raélene Dearmas JR	25:44.4		
3	49	1923 Skylar Thiel JR	24:30.2	7	(131)	1917 Christa Kloha SO	25:51.1		
4	54	1921 Kristin Semancsin JR	24:36.4						
6.	210	Western Washington	(24:16.4	121:22.0	1:23.6)				
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1	14	2038 Brittany Grant SR	23:29.9	5	71	2042 Sara Taferre JR	24:53.5		
2	26	2041 Lillianna Stelling JR	24:00.1	6	( 66)	2039 Maddy Hutchison JR	24:55.1		
3	41	2037 Sophia Galvez FR	24:18.2	7	(130)	2040 Sofia Marikis SR	25:50.6		
4	58	2043 Shawna Troupe JR	24:40.3						
7.	220	Pittsburg St.	(24:19.7	121:38.5	1:22.8)				
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1	11	1855 Hannah DeVries SR	23:24.0	5	63	1861 Christina Metzger JR	24:46.8		
2	46	1865 Katren Rienbolt SO	24:24.2	6	( 66)	1866 Quinnlyn Walcott SO	24:48.7		
3	48	1857 Ashton Henson SO	24:28.8	7	(119)	1863 Jordan Puvogel SO	25:39.1		
4	52	1856 Carlin Greene JR	24:34.7						
8.	261	Run N Fun	(24:28.3	122:21.3	2:05.4)				
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1	17	1877 Lauren Rice	23:42.0	4	56	1870 Colette Celichowski	24:39.4		
2	21	1873 Laura Jacobs	23:55.0	5	127	1872 Kylie Green	25:47.4		
3	40	1869 Taylor Berg	24:17.5						
9.	280	Wis.-Parkside	(24:28.5	122:22.4	2:28.9)				
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1	7	1997 Moriah Palmer SR	23:04.4	5	111	2004 Jill Zimmerman SO	25:33.3		
2	44	1999 Lindsay Rogers SR	24:22.3	6	(124)	2003 Haley Willis JR	25:44.5		
3	50	1992 Amanda Johnson SO	24:33.2	7	(146)	1988 Sarah Englund SR	26:04.0		
4	68	1998 Hollie Poehler FR	24:49.2						
10.	310	MSU-Moorhead	(24:31.2	122:35.7	2:46.6)				
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1	5	1783 Molly Montonye SR	22:50.8	5	116	1784 Kathryn Sistrunk FR	25:37.4		
2	24	1785 Makenzie Smith SR	23:59.3	6	(140)	1786 Alicia Swenson SO	26:01.6		
3	53	1780 Marissa Carlson SO	24:34.8	7	(159)	1788 Jenna Wegscheid FR	26:19.5		
4	112	1782 Mindy Kraft JR	25:33.4						

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11.	338	Humboldt State	(24:50.6	124:12.6	0:51.2)				
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1	45	1661 Kori Gilley SR	24:23.0	5	89	1663 Niki Hemminger SR	25:14.2		
2	61	1662 Tatiana Gillick SO	24:44.6	6	(97)	1666 Annie Roberts JR	25:20.3		
3	62	1660 Megan Alfi SR	24:45.8	7	(106)	1664 Andie Ledesma JR	25:27.1		
4	81	1665 Catie Ledesma SR	25:05.0						
12.	388	Colo. Christian	(24:57.1	124:45.4	1:57.2)				
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1	27	1582 Kayla Davis FR	24:02.0	5	138	1588 Rebekah McCabe FR	25:59.2		
2	42	1583 Brooke Genovese SR	24:19.0	6	(199)	1590 Mikayla Prah1 FR	27:24.0		
3	64	1591 Hannah Struttman JR	24:47.1	7	(216)	1586 Lauren Linscott JR	27:59.4		
4	117	1589 Mandee Middleton SO	25:38.1						
13.	404	Winona State	(25:02.1	125:10.3	1:28.7)				
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1	31	1972 Raissa Hansen JR	24:07.2	5	115	1975 Amanda Kaiser SR	25:35.9		
2	73	1974 Heidi Hujik SR	24:57.2	6	(125)	1971 McKenzie Fortier JR	25:44.8		
3	78	1976 Hannah Lewis JR	25:02.5	7	(147)	1970 McKenzie Carper JR	26:05.2		
4	107	1969 Olivia Anger FR	25:27.5						
14.	411	Minnesota State	(25:03.2	125:15.7	1:00.5)				
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1	47	1724 Erin Baker JR	24:24.6	5	104	1727 Josie Braaten SO	25:25.1		
2	69	1722 Megan Allen JR	24:49.9	6	(129)	1728 Allyson Daines SO	25:49.7		
3	90	1736 Megan Serratore SO	25:14.2	7	(136)	1735 Lily Paul SO	25:57.7		
4	101	1731 Haley Kruger JR	25:21.9						
15.	439	Black Hills St.	(25:05.3	125:26.4	2:32.1)				
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1	16	465 Christine Thorn SR	23:36.9	5	153	466 Kelsey Van Den Hemel FR	26:09.0		
2	75	458 Nicole Allerdings FR	25:00.7	6	(166)	463 Cailey Roth SO	26:23.5		
3	93	464 Shelby Stoltz SR	25:17.7	7	(174)	461 Savannah Huntley SO	26:39.8		
4	102	462 Tori Moore SO	25:22.1						
16.	460	U of Manitoba	(25:11.6	125:58.0	2:31.8)				
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1	19	1912 Julia Zrinyi	23:51.0	5	164	1902 Belinda Guerra	26:22.8		
2	67	1908 Rebekah Sass	24:49.0	6	(171)	1905 Mikala Mann	26:29.2		
3	92	1909 Taylor Sprague	25:16.6	7	(218)	1906 Sarah Millns	28:01.6		
4	118	1911 Erin Tramley	25:38.6						
17.	460	Midwestern St.	(25:14.2	126:10.8	0:59.7)				
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1	51	1693 Bridget Reilly SO	24:34.5	5	113	1697 Valeska Vitt FR	25:34.2		
2	83	1696 Sara Smith SO	25:06.2	6	(157)	1692 Ana Lopez SR	26:11.8		
3	105	1695 Leticia Shaban SR	25:26.6	7	(165)	1691 Brandi Hobson SR	26:23.2		
4	108	1694 Michelle Reives SO	25:29.3						
18.	462	Sioux Falls	(25:13.6	126:07.7	1:24.2)				
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1	39	1884 Rachel Huffman SR	24:15.4	5	120	1886 Jordin Kopplow SR	25:39.6		
2	95	1883 Kiana Hein JR	25:19.3	6	(141)	1887 Laura Kunz JR	26:01.9		
3	98	1879 Montana Belford FR	25:20.6	7	(172)	1888 Tenley Schwartz JR	26:33.1		
4	110	1881 Becca Goertzen SO	25:32.8						
19.	480	Northern State	(25:10.3	125:51.1	3:08.4)				
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1	8	1821 Dakotah Bullen SR	23:12.6	5	161	1828 Sami Shields FR	26:21.0		
2	80	1826 Paige Larson SO	25:04.6	6	(163)	1820 Courtney Brandt SR	26:21.8		
3	103	1823 Lindsey Gast JR	25:24.5	7	(201)	1829 Hanna Wahl SO	27:25.0		
4	128	1827 Madison Leapaldt FR	25:48.4						
20.	495	Colorado Mesa	(25:17.4	126:27.0	1:55.2)				
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1	33	1594 Alexia Chapman SR	24:08.5	5	145	1599 Maya Wilson FR	26:03.7		
2	36	1597 Lauren Lipski JR	24:11.9	6	(178)	1598 Callie Trautner FR	26:46.0		
3	139	1593 Ashlyn Brent FR	26:00.3	7	(223)	1596 Reanna Jereb SR	28:09.3		
4	142	1592 Melissa Anderson SO	26:02.6						
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21.	513	Morningside	(25:20.6	126:42.7	2:15.4)				
1	20	1777 Tiffany Shepherd SR	23:53.7	5	154	1778 Cassie Warner SO	26:09.1		
2	65	1774 Michelle Mumm JR	24:47.8	6	(185)	1776 Destiny Scar FR	26:58.9		
3	122	1771 Natalie Lambert FR	25:43.2	7	(206)	1772 Megan Maaske SO	27:38.1		
4	152	1769 Alex George FR	26:08.9						
22.	532	St Cloud State	(25:19.6	126:37.8	2:53.1)				
1	9	2036 Sam Sunstrom SR	23:18.8	5	158	2033 Rachel Sakry SR	26:11.9		
2	100	2029 Chrissy Lofgren FR	25:20.8	6	(175)	2028 McKenzie Holt JR	26:40.0		
3	132	2035 Autum Shurbert-Hetze FR	25:52.0	7	(183)	2030 Zia Matti JR	26:52.0		
4	133	2032 Kaylee Roelike SR	25:54.3						
23.	618	Wisconsin Track Club	(25:46.2	128:50.6	2:47.8)				
1	35	2005 Rachel Anderson	24:11.5	5	186	2013 Anna Keller	26:59.3		
2	91	2016 Lauren McKay	25:15.1	6	(217)	2006 Kayla Bauhs	28:00.0		
3	137	2023 Stephanie Rink	25:58.2	7	(220)	2017 Aubre Miller	28:06.6		
4	169	2014 Paola Lonchamp	26:26.5						
24.	627	Metro State	(25:59.3	129:56.1	3:36.8)				
1	34	1687 Erica Ruiz JR	24:09.3	5	211	1683 Jessie Chappa FR	27:46.1		
2	74	1686 Sabrina Rautter SO	24:58.6	6	(215)	1685 Idalee Nunez FR	27:57.5		
3	99	1688 Rachel Shimabukuro JR	25:20.7						
4	209	1684 Brittney Kocman FR	27:41.4						
25.	662	Dordt	(25:53.0	129:24.7	1:01.2)				
1	94	1620 Audrey Brooks JR	25:18.6	5	160	1622 Erica De Schiffart FR	26:19.8		
2	114	1623 Erika Douma JR	25:34.6	6	(167)	1631 Miranda Moss JR	26:24.1		
3	143	1617 Erin Bandstra FR	26:03.1	7	(177)	1629 Annechiena Knevelbaard SO	26:45.5		
4	151	1637 Justine Van Zee SR	26:08.6						
26.	753	Nova Southeastern	(26:18.4	131:31.6	2:07.5)				
1	77	1849 Anabel Knoll SO	25:02.4	5	190	1847 Jessica Germany SO	27:09.9		
2	134	1851 Allison Porter FR	25:56.2	6	(198)	1852 Janelle Shiptofsky SO	27:21.3		
3	173	1853 Morgan Will FR	26:35.2	7	(225)	1848 Tori Hritsko FR	28:13.4		
4	179	1846 Stephanie De La Guarda JR	26:47.9						
27.	818	Iowa State Running Club	(26:47.0	133:54.9	3:45.5)				
1	85	1667 Katlyn Ableidinger	25:07.4	5	240	1672 Lorena Temple	28:52.9		
2	109	1671 Zoe Pritchard	25:31.9	6	(254)	1669 Joanna Gramer	30:10.7		
3	184	1668 Anna Baker	26:58.0	7	(265)	1670 Anne Leners	31:24.6		
4	200	1673 Anna Toot	27:24.7						
28.	827	Chadron State	(26:34.3	132:51.4	1:36.4)				
1	121	1581 Margaret Vinton SR	25:39.6	5	194	1575 Taylor Allison JR	27:16.0		
2	144	1578 Kiya Passero FR	26:03.2	6	(203)	1576 Callie Johnson JR	27:34.1		
3	176	1579 Venessa Sawyers FR	26:41.9	7	(213)	1577 Dominique Oden FR	27:51.6		
4	192	1580 Savannah Silbaugh FR	27:10.7						
29.	886	SW Minnesota St.	(26:59.3	134:56.2	3:08.0)				
1	82	1896 Hannah Palmeter SR	25:05.5	5	226	1895 Jen Keohen JR	28:13.5		
2	180	1894 Kayla Jansky FR	26:48.3	6	(228)	1889 McKenzie Besel JR	28:16.7		
3	191	1897 Savannah Ramirez JR	27:10.4	7	(247)	1892 Lexi Grathwohl FR	29:22.3		
4	207	1898 Kristen Weber SO	27:38.5						
30.	947	Northwestern (Iowa)	(27:17.3	136:26.2	2:11.6)				
1	135	1838 Sarah Lunn JR	25:57.7	5	222	1840 Sam Sinclair JR	28:09.3		
2	150	1833 Breanna Harthoorn FR	26:07.8	6	(231)	1837 Kelsey Lang FR	28:24.3		
3	219	1839 Wesley Milligan FR	28:02.8	7	(237)	1834 Alexandria Helmink SO	28:41.8		
4	221	1831 Alicia Darling SO	28:08.6						

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31.	961	Minnesota Running Club	(27:13.4	136:07.0	1:39.8)				
1	155	1701 Evelyn Frenz	26:09.2	5	212	1710 Lucy Kwiatkowski	27:49.0		
2	193	1713 Maddie Powell	27:13.6	6	(214)	1715 Madeline Smith	27:55.9		
3	197	1714 Natalie Rademacher	27:19.9	7	(230)	1717 Anna Truong	28:19.3		

4	204	1702	Maxine Fusaro		27:35.3								
32.	987		Minot State	(28:34.0	142:49.8	7:01.7)							
1	96	1765	Jana Warrick JR		25:20.1	4	264	1763	Stephanie Huether SO		31:21.0		
2	156	1766	Emily Westlake JR		26:09.5	5	266	1764	Taylor Novak SO		32:21.8		
3	205	1761	Patience Alberston JR		27:37.4								
33.	1020		Johnson County CC	(27:44.1	138:40.4	3:02.9)							
1	149	1676	Emily Ellis SO		26:06.6	5	243	1681	Emily Williams SO		29:09.5		
2	162	1675	Yulissa Dellatorre FR		26:21.2	6	(249)	1677	Keziah McNair SO		29:40.7		
3	232	1678	Andrea Parra SO		28:28.1	7	(256)	1674	Alexis Almlöff SO		30:21.2		
4	234	1679	Jessalyn Rivet-Tissot FR		28:35.0								
34.	1039		Bemidji State	(27:46.7	138:53.5	2:52.2)							
1	170	1562	Vanessa Lopez SR		26:28.0	5	246	1560	Autumn Huju SO		29:20.2		
2	182	1563	Sarone Paulzine SO		26:51.5	6	(259)	1564	Julia Welciek FR		30:33.3		
3	202	1559	Jane Austin SR		27:25.3	7	(263)	1558	Courtney Anderson SO		31:11.7		
4	239	1561	Madison Kealy JR		28:48.5								
35.	1042		Grand View	(27:51.0	139:15.0	2:59.9)							
1	148	1651	Maren Jeppson FR		26:05.4	5	242	1655	Christa Nordgren JR		29:05.3		
2	188	1658	Michelle Thayer JR		27:06.9	6	(244)	1657	Hannah Sobaski SR		29:10.3		
3	229	1653	Hayley Leonard SR		28:18.9	7	(253)	1654	Sarah McMurtry FR		29:58.2		
4	235	1650	Michaela Barretta FR		28:38.5								
36.	1044		Graceland	(28:08.5	140:42.4	4:49.9)							
1	126	1649	Kami Tabor FR		25:44.8	5	260	1643	Marina Flores JR		30:34.7		
2	187	1641	Kalee Dowell FR		27:06.1	6	(267)	1647	Kylie Malmborg FR		33:53.7		
3	233	1648	Elizabeth Straub FR		28:30.5	7	(269)	1642	Taylor Farnsworth SO		34:08.5		
4	238	1644	Madeline Glodowski FR		28:46.3								
37.	1093		Concordia-St. Paul	(28:04.1	140:20.3	2:06.2)							
1	181	1605	Ruth Lindberg SO		26:49.2	5	241	1608	Rachel Thaemert SR		28:55.4		
2	208	1607	Erin Spatenka SR		27:40.4	6	(258)	1606	Courtney Ramsay SO		30:31.3		
3	227	1601	Tasha Bennett FR		28:14.5	7	(261)	1602	Lydia Carr FR		30:46.0		
4	236	1603	Jordan Gray JR		28:40.8								
38.	1120		Wayne St. (Neb.)	(29:21.1	146:45.5	8:27.2)							
1	168	866	Andrea Desimone SR		26:26.1	4	248	870	Josephine Peitz FR		29:32.2		
2	210	869	Alexis Oswald FR		27:43.5	5	270	871	Sarah Post SO		34:53.3		
3	224	868	Jamie Larsen FR		28:10.4								
39.	1144		North Iowa Area CC	(28:54.3	144:31.4	3:12.2)							
1	189	1795	Kendra Schmidt SO		27:09.2	4	252	1790	Cassandra Bonsall FR		29:52.5		
2	195	1792	Amy Fullerton FR		27:18.4	5	257	1793	Keisha Gonzague FR		30:21.4		
3	251	1791	Guadalupe Diaz SO		29:49.9								
40.	1208		Cardinal Stritch	(29:31.1	147:35.1	3:38.2)							
1	196	1569	Amberly Melendez FR		27:19.1	5	262	1568	MacKenzie McDonald		30:57.3		
2	245	1572	Natalie Renfroe		29:16.7	6	(268)	1567	Princess Agi		34:06.3		
3	250	1573	Isabella Sakai		29:46.7								
4	255	1571	Marleigh Petras		30:15.3								

**Roy Griak Invitational - Maroon Division Women's Division II**  
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**6 Kilometers**

Place	Tea	No.	Name	Grade	Team	Rank	1k	Rank	1 Mile	Rank	3k	Time	Pace
1	1	1954	Alexis Zeis	JR	U-Mary	3	3:31	2	5:40	1	10:41	22:10.2	5:57
2	1	1758	Emilee Trost	JR	Minnesota-Duluth	2	3:31	3	5:40	2	10:42	22:25.0	6:01
3	2	1743	Breanna Colbenson	SR	Minnesota-Duluth	1	3:30	4	5:40	4	10:48	22:34.6	6:04
4	2	1946	Ida Narbuvooll	SO	U-Mary	5	3:31	1	5:39	3	10:46	22:43.6	6:06
5	1	1783	Molly	SR	MSU-	78	3:44	41	5:59	14	11:06	22:50.8	6:08

			Montonye Moorhead										
6	1	1804	Kameron Burmeister	JR	Northern Michigan	17	3:37	12	5:51	10	11:02	23:03.6	6:12
7	1	1997	Moriah Palmer	SR	Wis.-Parkside	6	3:32	6	5:44	6	10:57	23:04.4	6:12
8	1	1960	Hannah Olson		Unattached	14	3:36	13	5:51	16	11:07	23:07.8	6:13
9	1	1821	Dakotah Bullen	SR	Northern State	10	3:34	9	5:46	8	10:59	23:12.6	6:14
10	1	2036	Sam Sunstrom	SR	St Cloud State	28	3:39	21	5:53	13	11:05	23:18.8	6:16
11	1	1931	Aubrey Till	SO	UC-Colo. Spgs.	9	3:34	7	5:46	5	10:55	23:21.7	6:16
12	1	1855	Hannah DeVries	SR	Pittsburg St.	12	3:34	10	5:47	11	11:05	23:24.0	6:17
13	2	1925	Heather Bates	JR	UC-Colo. Spgs.	4	3:31	5	5:43	7	10:58	23:25.5	6:17
14	2	1802	Caroline Brisbois	JR	Northern Michigan	57	3:43	35	5:58	19	11:16	23:26.7	6:18
15	1	2038	Brittany Grant	SR	Western Washington	7	3:33	8	5:46	9	11:02	23:29.9	6:19
16	1	1914	Karina Carstens	SO	UC San Diego	22	3:38	18	5:53	15	11:06	23:32.6	6:19
17	1	465	Christine Thorn	SR	Black Hills St.	8	3:33	11	5:47	12	11:05	23:36.9	6:21
18	1	1877	Lauren Rice		Run N Fun	105	3:47	63	6:02	17	11:10	23:42.0	6:22
19	3	1809	Vivian Hett	JR	Northern Michigan	62	3:43	53	6:01	34	11:24	23:49.7	6:24
20	1	1912	Julia Zrinyi		U of Manitoba	52	3:42	46	6:00	20	11:17	23:51.0	6:24
21	1	1777	Tiffany Shepherd	SR	Morningside	53	3:42	51	6:01	35	11:24	23:53.7	6:25
22	2	1873	Laura Jacobs		Run N Fun	84	3:45	52	6:01	25	11:19	23:55.0	6:25
23	3	1754	Amber Seidenkranz	JR	Minnesota-Duluth	43	3:41	37	5:58	33	11:22	23:56.1	6:26
24	3	1951	Kaycie Stewart	JR	U-Mary	75	3:44	43	6:00	30	11:21	23:58.3	6:26
25	2	1785	Makenzie Smith	SR	MSU-Moorhead	147	3:52	116	6:13	66	11:38	23:59.3	6:27
26	4	1750	Abigail Moore	JR	Minnesota-Duluth	30	3:40	24	5:55	22	11:18	23:59.8	6:27
27	2	2041	Lillianna Stelling	JR	Western Washington	16	3:37	19	5:53	18	11:16	24:00.1	6:27
28	1	1582	Kayla Davis	FR	Colo. Christian	37	3:41	31	5:57	26	11:20	24:02.0	6:27
29	4	1942	Kate Fox	FR	U-Mary	59	3:43	36	5:58	31	11:21	24:02.9	6:27
30	3	1934	Kayla Wooten	FR	UC-Colo. Spgs.	20	3:38	27	5:56	43	11:27	24:03.9	6:28
31	4	1806	Abby Fifarek	SO	Northern Michigan	61	3:43	61	6:02	42	11:27	24:05.0	6:28
32	1	1972	Raissa Hansen	JR	Winona State	15	3:37	23	5:54	24	11:19	24:07.2	6:29
33	2	1924	Ella Verhees	JR	UC San Diego	23	3:38	20	5:53	28	11:20	24:07.8	6:29
34	1	1594	Alexia Chapman	SR	Colorado Mesa	38	3:41	34	5:58	37	11:25	24:08.5	6:29
35	1	1687	Erica Ruiz	JR	Metro State	81	3:45	68	6:03	67	11:38	24:09.3	6:29
36	1	2005	Rachel Anderson		Wisconsin Track Club	190	3:56	153	6:18	80	11:44	24:11.5	6:30
37	2	1597	Lauren Lipski	JR	Colorado Mesa	63	3:43	50	6:01	36	11:25	24:11.9	6:30
38	5	1949	Jaiden Schuette	SO	U-Mary	55	3:43	44	6:00	38	11:25	24:12.4	6:30
39	4	1930	Natalie Polei	SO	UC-Colo.	82	3:45	70	6:03	45	11:27	24:14.2	6:31

					Spgs.								
40	1	1884	Rachel Huffman	SR	Sioux Falls	25	3:39	22	5:53	32	11:21	24:15.4	6:31
41	3	1869	Taylor Berg		Run N Fun	142	3:52	122	6:14	71	11:40	24:17.5	6:31
42	3	2037	Sophia Galvez	FR	Western Washington	79	3:44	76	6:05	57	11:34	24:18.2	6:32
43	2	1583	Brooke Genovese	SR	Colo. Christian	34	3:40	30	5:57	21	11:17	24:19.0	6:32
44	5	1747	Sarah Harrison	FR	Minnesota-Duluth	49	3:42	38	5:59	41	11:27	24:20.4	6:32
45	2	1999	Lindsay Rogers	SR	Wis.-Parkside	184	3:55	142	6:17	86	11:45	24:22.3	6:33
46	1	1661	Kori Gilley	SR	Humboldt State	19	3:37	17	5:53	29	11:21	24:23.0	6:33
47	2	1865	Katren Rienbolt	SO	Pittsburg St.	93	3:46	71	6:03	50	11:31	24:24.2	6:33
48	1	1724	Erin Baker	JR	Minnesota State	92	3:46	89	6:07	73	11:41	24:24.6	6:33
49	1	1659	Camille Shiflett	SR	Harrier Track Club	40	3:41	78	6:05	54	11:32	24:26.7	6:34
50	3	1857	Ashton Henson	SO	Pittsburg St.	67	3:43	56	6:02	53	11:32	24:28.8	6:34
51	3	1923	Skylar Thiel	JR	UC San Diego	24	3:39	26	5:56	39	11:26	24:30.2	6:35
52	3	1992	Amanda Johnson	SO	Wis.-Parkside	177	3:55	139	6:17	84	11:44	24:33.2	6:36
53	1	1693	Bridget Reilly	SO	Midwestern St.	18	3:37	16	5:53	23	11:18	24:34.5	6:36
54	4	1856	Carlin Greene	JR	Pittsburg St.	96	3:46	77	6:05	59	11:35	24:34.7	6:36
55	3	1780	Marissa Carlson	SO	MSU-Moorhead	146	3:52	115	6:12	60	11:35	24:34.8	6:36
56	4	1921	Kristin Semancsin	JR	UC San Diego	26	3:39	28	5:56	40	11:27	24:36.4	6:36
57	5	1815	Alexis Smith	FR	Northern Michigan	134	3:51	124	6:14	83	11:44	24:38.6	6:37
58	4	1870	Colette Celichowski		Run N Fun	151	3:53	123	6:14	72	11:40	24:39.4	6:37
59	6	1812	Sophie McDonald	SO	Northern Michigan	48	3:42	40	5:59	52	11:31	24:40.0	6:37
60	4	2043	Shawna Troupe	JR	Western Washington	42	3:41	58	6:02	61	11:36	24:40.3	6:38
61	5	1913	Merin Arft	JR	UC San Diego	27	3:39	32	5:57	44	11:27	24:41.1	6:38
62	5	1928	Katie Novak	JR	UC-Colo. Spgs.	102	3:47	100	6:09	93	11:46	24:43.6	6:38
63	2	1662	Tatiana Gillick	SO	Humboldt State	13	3:36	15	5:52	56	11:34	24:44.6	6:39
64	3	1660	Megan Alfi	SR	Humboldt State	117	3:48	95	6:08	79	11:43	24:45.8	6:39
65	5	1861	Christina Metzger	JR	Pittsburg St.	51	3:42	39	5:59	46	11:29	24:46.8	6:39
66	3	1591	Hannah Struttman	JR	Colo. Christian	208	3:59	180	6:24	122	11:58	24:47.1	6:39
67	2	1774	Michelle Mumm	JR	Morningside	66	3:43	64	6:02	62	11:36	24:47.8	6:40
68	6	1866	Quinnlyn Walcott	SO	Pittsburg St.	73	3:44	66	6:03	69	11:38	24:48.7	6:40
69	2	1908	Rebekah Sass		U of Manitoba	68	3:43	67	6:03	63	11:36	24:49.0	6:40
70	4	1998	Hollie Poehler	FR	Wis.-Parkside	185	3:55	146	6:18	85	11:45	24:49.2	6:40
71	2	1722	Megan Allen	JR	Minnesota State	106	3:47	92	6:08	78	11:43	24:49.9	6:40
72	6	1933	Makenzie Urban	JR	UC-Colo. Spgs.	166	3:54	147	6:18	123	11:58	24:52.8	6:41

73	5	2042	Sara Taferre	JR	Western Washington	44	3:42	60	6:02	58	11:35	24:53.5	6:41
74	1	2026	Erin Valgardson		WOA-Rad	39	3:41	48	6:00	90	11:46	24:53.8	6:41
75	6	2039	Maddy Hutchison	JR	Western Washington	35	3:40	25	5:55	48	11:30	24:55.1	6:42
76	2	1974	Heidi Hujik	SR	Winona State	70	3:43	73	6:03	92	11:46	24:57.2	6:42
77	2	1686	Sabrina Rautter	SO	Metro State	31	3:40	45	6:00	68	11:38	24:58.6	6:42
78	2	458	Nicole Allerdings	FR	Black Hills St.	64	3:43	62	6:02	65	11:37	25:00.7	6:43
79	6	1936	Rebekkah Bond	JR	U-Mary	163	3:54	148	6:18	132	12:00	25:01.6	6:43
80	1	1849	Anabel Knoll	SO	Nova Southeastern	130	3:50	118	6:13	97	11:49	25:02.4	6:43
81	3	1976	Hannah Lewis	JR	Winona State	108	3:48	101	6:09	98	11:49	25:02.5	6:43
82	7	1943	Emma Hafdahl	FR	U-Mary	164	3:54	149	6:18	129	12:00	25:04.5	6:44
83	2	1826	Paige Larson	SO	Northern State	118	3:48	107	6:10	105	11:52	25:04.6	6:44
84	4	1665	Catie LeDesma	SR	Humboldt State	21	3:38	47	6:00	74	11:41	25:05.0	6:44
85	1	1896	Hannah Palmeter	SR	SW Minnesota St.	11	3:34	14	5:52	51	11:31	25:05.5	6:44
86	2	1696	Sara Smith	SO	Midwestern St.	47	3:42	55	6:01	49	11:30	25:06.2	6:44
87	6	1741	Meaghan Borrowski	FR	Minnesota-Duluth	107	3:47	103	6:09	100	11:50	25:07.2	6:45
88	1	1667	Katlyn Ableidinger		Iowa State Running Club	144	3:52	137	6:16	108	11:54	25:07.4	6:45
89	7	1816	Katelyn Smith	FR	Northern Michigan	136	3:51	125	6:14	95	11:47	25:08.6	6:45
90	7	1929	Christine Mujica	SO	UC-Colo. Spgs.	112	3:48	106	6:10	117	11:57	25:11.6	6:46
91	7	1757	Megan Stuart	SO	Minnesota-Duluth	110	3:48	102	6:09	103	11:52	25:12.3	6:46
92	8	1940	Katelynn Engh	SR	U-Mary	77	3:44	49	6:00	55	11:33	25:13.7	6:46
93	5	1663	Niki Hemminger	SR	Humboldt State	120	3:48	96	6:08	88	11:46	25:14.2	6:47
94	3	1736	Megan Serratore	SO	Minnesota State	91	3:46	88	6:07	96	11:48	25:14.2	6:47
95	1	1566	Janine Zajac		Bison Track & Field Club	131	3:51	121	6:14	115	11:56	25:14.6	6:47
96	2	2016	Lauren McKay		Wisconsin Track Club	193	3:57	152	6:18	111	11:55	25:15.1	6:47
97	3	1909	Taylor Sprague		U of Manitoba	114	3:48	97	6:08	99	11:49	25:16.6	6:47
98	9	1944	Jackie Harmon	SO	U-Mary	172	3:55	170	6:21	142	12:04	25:16.8	6:47
99	3	464	Shelby Stoltz	SR	Black Hills St.	123	3:49	109	6:11	121	11:57	25:17.7	6:48
100	1	1620	Audrey Brooks	JR	Dordt	86	3:45	81	6:06	87	11:45	25:18.6	6:48
101	2	1883	Kiana Hein	JR	Sioux Falls	56	3:43	75	6:04	91	11:46	25:19.3	6:48
102	1	1765	Jana Warrick	JR	Minot State	36	3:40	65	6:02	112	11:55	25:20.1	6:48
103	6	1666	Annie Roberts	JR	Humboldt State	32	3:40	57	6:02	82	11:44	25:20.3	6:48
104	3	1879	Montana Belford	FR	Sioux Falls	90	3:46	85	6:07	94	11:47	25:20.6	6:48

105	3	1688	Rachel Shimabukuro	JR	Metro State	103	3:47	128	6:15	139	12:03	25:20.7	6:48
106	2	2029	Chrissy Lofgren	FR	St Cloud State	257	4:06	236	6:35	167	12:15	25:20.8	6:48
107	8	1814	Sophie Schimpl	JR	Northern Michigan	176	3:55	159	6:19	145	12:05	25:21.8	6:49
108	4	1731	Haley Kruger	JR	Minnesota State	104	3:47	112	6:11	133	12:00	25:21.9	6:49
109	4	462	Tori Moore	SO	Black Hills St.	109	3:48	94	6:08	64	11:37	25:22.1	6:49
110	8	1752	Caitlan Richard	SR	Minnesota-Duluth	101	3:47	117	6:13	130	12:00	25:22.5	6:49
111	9	1818	Hanna Torvi	FR	Northern Michigan	211	3:59	183	6:24	159	12:11	25:22.6	6:49
112	3	1823	Lindsey Gast	JR	Northern State	119	3:48	108	6:11	107	11:53	25:24.5	6:49
113	5	1727	Josie Braaten	SO	Minnesota State	100	3:47	93	6:08	77	11:43	25:25.1	6:50
114	3	1695	Leticia Shaban	SR	Midwestern St.	46	3:42	82	6:06	76	11:42	25:26.6	6:50
115	7	1664	Andie LeDesma	JR	Humboldt State	87	3:45	90	6:07	101	11:51	25:27.1	6:50
116	4	1969	Olivia Anger	FR	Winona State	29	3:40	33	5:57	47	11:29	25:27.5	6:50
117	4	1694	Michelle Reives	SO	Midwestern St.	95	3:46	99	6:09	104	11:52	25:29.3	6:51
118	2	1671	Zoe Pritchard		Iowa State Running Club	148	3:52	136	6:16	125	11:59	25:31.9	6:51
119	4	1881	Becca Goertzen	SO	Sioux Falls	72	3:44	83	6:07	113	11:56	25:32.8	6:52
120	5	2004	Jill Zimmerman	SO	Wis.-Parkside	201	3:58	173	6:22	127	11:59	25:33.3	6:52
121	4	1782	Mindy Kraft	JR	MSU-Moorhead	233	4:02	212	6:29	164	12:14	25:33.4	6:52
122	5	1697	Valeska Vitt	FR	Midwestern St.	127	3:49	144	6:17	135	12:02	25:34.2	6:52
123	2	1623	Erika Douma	JR	Dordt	174	3:55	168	6:21	144	12:04	25:34.6	6:52
124	5	1975	Amanda Kaiser	SR	Winona State	74	3:44	79	6:05	118	11:57	25:35.9	6:52
125	5	1784	Kathryn Sistrunk	FR	MSU-Moorhead	231	4:02	210	6:28	161	12:12	25:37.4	6:53
126	4	1589	Mandee Middleton	SO	Colo. Christian	283	4:09	256	6:38	191	12:24	25:38.1	6:53
127	4	1911	Erin Tramley		U of Manitoba	133	3:51	120	6:13	116	11:56	25:38.6	6:53
128	7	1863	Jordan Puvogel	SO	Pittsburg St.	65	3:43	54	6:01	70	11:39	25:39.1	6:53
129	5	1886	Jordin Kopplow	SR	Sioux Falls	58	3:43	74	6:04	89	11:46	25:39.6	6:53
130	1	1581	Margaret Vinton	SR	Chadron State	54	3:43	80	6:05	110	11:54	25:39.6	6:53
131	9	1740	Maria Berg	FR	Minnesota-Duluth	76	3:44	72	6:03	81	11:44	25:42.4	6:54
132	8	1862	Piper Misse	FR	Pittsburg St.	41	3:41	42	5:59	75	11:41	25:43.2	6:54
133	3	1771	Natalie Lambert	FR	Morningside	135	3:51	138	6:16	137	12:03	25:43.2	6:54
134	8	1926	Kelly Devlin	SO	UC-Colo. Spgs.	121	3:48	119	6:13	138	12:03	25:44.4	6:55
135	6	1915	Raélene deArmas	JR	UC San Diego	99	3:47	131	6:15	148	12:07	25:44.4	6:55
136	6	2003	Haley Willis	JR	Wis.-Parkside	202	3:58	177	6:23	147	12:06	25:44.5	6:55
137	6	1971	McKenzie Fortier	JR	Winona State	71	3:44	69	6:03	106	11:53	25:44.8	6:55



138	1	1649	Kami Tabor	FR	Graceland	296	4:11	275	6:43	219	12:34	25:44.8	6:55
139	5	1872	Kylie Green		Run N Fun	154	3:53	126	6:14	126	11:59	25:47.4	6:56
140	4	1827	Madison Leapaldt	FR	Northern State	183	3:55	154	6:19	140	12:03	25:48.4	6:56
141	10	1744	Melissa Drenckhahn	FR	Minnesota-Duluth	69	3:43	86	6:07	102	11:51	25:48.9	6:56
142	6	1728	Allyson Daines	SO	Minnesota State	171	3:54	178	6:23	176	12:20	25:49.7	6:56
143	7	2040	Sofia Marikis	SR	Western Washington	111	3:48	110	6:11	128	11:59	25:50.6	6:56
144	7	1917	Christa Kloha	SO	UC San Diego	83	3:45	84	6:07	109	11:54	25:51.1	6:57
145	3	2035	Autum Shurbert-Hetze	FR	St Cloud State	259	4:06	234	6:35	171	12:19	25:52.0	6:57
146	10	1810	Shayla Huebner	FR	Northern Michigan	316	4:14	292	6:46	227	12:38	25:52.2	6:57
147	4	2032	Kaylee Roelike	SR	St Cloud State	258	4:06	239	6:35	205	12:29	25:54.3	6:57
148	2	1851	Allison Porter	FR	Nova Southeastern	137	3:51	141	6:17	136	12:02	25:56.2	6:58
149	1	1838	Sarah Lunn	JR	Northwestern (Iowa)	227	4:01	204	6:28	168	12:15	25:57.7	6:58
150	7	1735	Lily Paul	SO	Minnesota State	88	3:46	104	6:09	156	12:10	25:57.7	6:58
151	3	2023	Stephanie Rink		Wisconsin Track Club	199	3:58	190	6:26	163	12:14	25:58.2	6:58
152	11	1803	Jaylee Brown	SR	Northern Michigan	246	4:05	222	6:31	178	12:20	25:59.0	6:59
153	5	1588	Rebekah McCabe	FR	Colo. Christian	269	4:07	242	6:35	190	12:24	25:59.2	6:59
154	3	1593	Ashlyn Brent	FR	Colorado Mesa	179	3:55	184	6:24	182	12:21	26:00.3	6:59
155	1	1616	Amanda Wolff	SO	Dickinson St.	170	3:54	155	6:19	134	12:01	26:00.9	6:59
156	6	1786	Alicia Swenson	SO	MSU-Moorhead	277	4:09	249	6:36	175	12:19	26:01.6	6:59
157	6	1887	Laura Kunz	JR	Sioux Falls	97	3:47	111	6:11	119	11:57	26:01.9	6:59
158	4	1592	Melissa Anderson	SO	Colorado Mesa	128	3:50	132	6:16	149	12:08	26:02.6	7:00
159	3	1617	Erin Bandstra	FR	Dordt	212	4:00	202	6:27	183	12:21	26:03.1	7:00
160	2	1578	Kiya Passero	FR	Chadron State	60	3:43	91	6:08	146	12:05	26:03.2	7:00
161	5	1599	Maya Wilson	FR	Colorado Mesa	132	3:51	135	6:16	143	12:04	26:03.7	7:00
162	7	1988	Sarah Englund	SR	Wis.-Parkside	209	3:59	192	6:26	174	12:19	26:04.0	7:00
163	12	1801	Kieren Becker	JR	Northern Michigan	243	4:04					26:04.1	7:00
164	9	1932	Abigail Topper	JR	UC-Colo. Spgs.	162	3:53	160	6:19	150	12:08	26:04.1	7:00
165	7	1970	McKenzie Carper	JR	Winona State	113	3:48	113	6:12	160	12:11	26:05.2	7:00
166	1	1651	Maren Jeppson	FR	Grand View	350	4:21	321	6:57	246	12:46	26:05.4	7:00
167	1	1676	Emily Ellis	SO	Johnson County CC	158	3:53	163	6:20	162	12:14	26:06.6	7:01
168	2	1833	Breanna Harthoorn	FR	Northwestern (Iowa)	204	3:58	198	6:27	151	12:09	26:07.8	7:01
169	4	1637	Justine Van Zee	SR	Dordt	178	3:55	165	6:20	120	11:57	26:08.6	7:01
170	4	1769	Alex George	FR	Morningside	220	4:00	216	6:30	208	12:29	26:08.9	7:01
171	5	466	Kelsey Van Den Hemel	FR	Black Hills St.	140	3:52	129	6:15	154	12:10	26:09.0	7:01
172	5	1778	Cassie	SO	Morningside	219	4:00	219	6:31	211	12:30	26:09.1	7:01

				Warner									
173	1	1701	Evelyn Frenz		Minnesota Running Club	255	4:06	263	6:39	235	12:41	26:09.2	7:01
174	2	1766	Emily Westlake	JR	Minot State	228	4:01	215	6:30	184	12:22	26:09.5	7:01
175	6	1692	Ana Lopez	SR	Midwestern St.	50	3:42	59	6:02	124	11:58	26:11.8	7:02
176	5	2033	Rachel Sakry	SR	St Cloud State	261	4:06	240	6:35	213	12:31	26:11.9	7:02
177	2	1957	Kylie Herlihy	SR	Unattached	180	3:55	174	6:22	169	12:18	26:16.1	7:03
178	7	1788	Jenna Wegscheid	FR	MSU-Moorhead	273	4:08	248	6:36	186	12:22	26:19.5	7:04
179	5	1622	Erica De Schiffart	FR	Dordt	213	4:00	191	6:26	173	12:19	26:19.8	7:04
180	5	1828	Sami Shields	FR	Northern State	152	3:53	130	6:15	152	12:10	26:21.0	7:05
181	2	1675	Yulissa DellaTorre	FR	Johnson County CC	80	3:45	114	6:12	158	12:11	26:21.2	7:05
182	8	1732	Jaylynn Lauer	FR	Minnesota State	229	4:02	228	6:33	225	12:36	26:21.5	7:05
183	6	1820	Courtney Brandt	SR	Northern State	138	3:51	150	6:18	172	12:19	26:21.8	7:05
184	5	1902	Belinda Guerra		U of Manitoba	175	3:55	167	6:21	203	12:28	26:22.8	7:05
185	7	1691	Brandi Hobson	SR	Midwestern St.	126	3:49	157	6:19	166	12:15	26:23.2	7:05
186	6	463	Cailey Roth	SO	Black Hills St.	124	3:49	134	6:16	177	12:20	26:23.5	7:05
187	6	1631	Miranda Moss	JR	Dordt	222	4:01	201	6:27	187	12:22	26:24.1	7:05
188	1	866	Andrea DeSimone	SR	Wayne St. (Neb.)	195	3:57	199	6:27	210	12:30	26:26.1	7:06
189	4	2014	Paola Lonchamp		Wisconsin Track Club	85	3:45	98	6:09	153	12:10	26:26.5	7:06
190	8	1991	Rebecca Jasutis	FR	Wis.-Parkside	203	3:58	176	6:23	157	12:10	26:27.7	7:06
191	9	1730	Josie Heeren	FR	Minnesota State	157	3:53	161	6:20	165	12:15	26:27.7	7:06
192	1	1562	Vanessa Lopez	SR	Bemidji State	141	3:52	158	6:19	188	12:24	26:28.0	7:06
193	6	1905	Mikala Mann		U of Manitoba	224	4:01	229	6:33	242	12:45	26:29.2	7:07
194	10	1938	Savannah Childers	SO	U-Mary	159	3:53	151	6:18	131	12:00	26:29.8	7:07
195	10	1927	Molly Klotz	JR	UC-Colo. Spgs.	181	3:55	185	6:24	196	12:26	26:32.0	7:08
196	11	1755	Natalie Stauber	SR	Minnesota-Duluth	125	3:49	162	6:20	199	12:27	26:32.2	7:08
197	7	1888	Tenley Schwartz	JR	Sioux Falls	240	4:04	250	6:36	222	12:35	26:33.1	7:08
198	13	1819	Maddie Walters	SO	Northern Michigan	226	4:01	209	6:28	192	12:25	26:35.0	7:08
199	3	1853	Morgan Will	FR	Nova Southeastern	215	4:00	226	6:32	224	12:36	26:35.2	7:08
200	9	1994	Maddy Kammerer	FR	Wis.-Parkside	242	4:04	223	6:31	197	12:26	26:37.1	7:09
201	7	461	Savannah Huntley	SO	Black Hills St.	168	3:54	187	6:25	194	12:26	26:39.8	7:10
202	6	2028	Mckenzie Holt	JR	St Cloud State	265	4:07	230	6:34	198	12:26	26:40.0	7:10
203	3	1579	Venessa Sawyers	FR	Chadron State	98	3:47	140	6:17	180	12:21	26:41.9	7:10
204	10	1734	Bobbi Patrick	FR	Minnesota State	167	3:54	172	6:22	216	12:33	26:43.9	7:11

205	12	1751	Brittany Platt	SR	Minnesota-Duluth	187	3:56	195	6:26	189	12:24	26:44.7	7:11
206	7	1629	Annechiena Knevelbaard	SO	Dordt	206	3:59	194	6:26	181	12:21	26:45.5	7:11
207	6	1598	Callie Trautner	FR	Colorado Mesa	139	3:52	166	6:21	207	12:29	26:46.0	7:11
208	4	1846	Stephanie De La Guarda	JR	Nova Southeastern	196	3:57	205	6:28	206	12:29	26:47.9	7:12
209	2	1894	Kayla Jansky	FR	Minnesota St.	45	3:42	105	6:10	170	12:18	26:48.3	7:12
210	10	2000	Rebecca Sennett	FR	Wis.-Parkside	207	3:59	189	6:25	179	12:20	26:48.4	7:12
211	1	1605	Ruth Lindberg	SO	Concordia-St. Paul	299	4:11	286	6:44	233	12:40	26:49.2	7:12
212	2	1563	Sarone Paulzine	SO	Bemidji State	189	3:56	203	6:27	215	12:31	26:51.5	7:13
213	7	2030	Zia Matti	JR	St Cloud State	263	4:06	244	6:36	229	12:38	26:52.0	7:13
214	8	1632	Rebekah Olson	SR	Dordt	266	4:07	265	6:40	237	12:44	26:52.9	7:13
215	11	1725	Mariah Betzler	JR	Minnesota State	194	3:57	217	6:30	214	12:31	26:53.5	7:13
216	2	1614	Jade Sheffield	FR	Dickinson St.	267	4:07	247	6:36	220	12:34	26:54.5	7:14
217	8	460	Abbie Fredrick	FR	Black Hills St.	145	3:52	156	6:19	185	12:22	26:57.7	7:14
218	3	1668	Anna Baker		Iowa State Running Club	260	4:06	261	6:39	243	12:45	26:58.0	7:14
219	8	1781	Mackenzie Foltz	SO	MSU-Moorhead	302	4:11	284	6:44	239	12:45	26:58.6	7:15
220	6	1776	Destiny Scar	FR	Morningside	221	4:01	218	6:31	212	12:30	26:58.9	7:15
221	5	2013	Anna Keller		Wisconsin Track Club	197	3:57	181	6:24	209	12:29	26:59.3	7:15
222	1	1967	Marissa Kuik	FR	Waldorf	214	4:00	224	6:32	226	12:37	26:59.4	7:15
223	14	1805	Clara Churchill	SO	Northern Michigan	287	4:10	277	6:43	262	12:53	27:02.8	7:16
224	9	1787	Samantha Swenson	SO	MSU-Moorhead	278	4:09	254	6:37	230	12:39	27:04.6	7:16
225	8	1918	Ashley Larson	FR	UC San Diego	115	3:48	143	6:17	193	12:25	27:06.0	7:17
226	2	1641	Kalee Dowell	FR	Graceland	319	4:15	310	6:53	288	13:09	27:06.1	7:17
227	2	1658	Michelle Thayer	JR	Grand View	353	4:21	324	6:57	270	12:57	27:06.9	7:17
228	9	1630	Kelsey Lewis	SR	Dordt	169	3:54	164	6:20	155	12:10	27:07.1	7:17
229	1	1795	Kendra Schmidt	SO	North Iowa Area CC	236	4:03	232	6:34	231	12:39	27:09.2	7:17
230	5	1847	Jessica Germany	SO	Nova Southeastern	155	3:53	182	6:24	218	12:34	27:09.9	7:18
231	15	1807	Shannon Flynn	SR	Northern Michigan	247	4:05	237	6:35	240	12:45	27:10.0	7:18
232	3	1897	Savannah Ramirez	JR	Minnesota St.	286	4:10	270	6:41	248	12:47	27:10.4	7:18
233	4	1580	Savannah Silbaugh	FR	Chadron State	149	3:53	197	6:27	232	12:40	27:10.7	7:18
234	8	1979	Anna Rogahn	FR	Winona State	129	3:50	145	6:17	204	12:28	27:11.5	7:18
235	9	1978	Erin Matthew	SR	Winona State	192	3:57	186	6:25	221	12:34	27:11.6	7:18
236	3	1611	Brittney Grove	SO	Dickinson St.	274	4:08	258	6:38	269	12:56	27:12.5	7:18
237	2	1713	Maddie		Minnesota Running	253	4:05	251	6:36	247	12:46	27:13.6	7:19

			Powell			Club							
238	12	1739	Carisa Weyenberg	FR	Minnesota State	94	3:46	87	6:07	114	11:56	27:14.7	7:19
239	4	1613	Ashly Kraenzel	JR	Dickinson St.	188	3:56	206	6:28	217	12:33	27:15.6	7:19
240	5	1575	Taylor Allison	JR	Chadron State	161	3:53	171	6:21	202	12:27	27:16.0	7:19
241	2	1792	Amy Fullerton	FR	North Iowa Area CC	248	4:05	262	6:39	252	12:48	27:18.4	7:20
242	1	1569	Amberly Melendez	FR	Cardinal Stritch	343	4:20	335	7:01	304	13:18	27:19.1	7:20
243	10	1980	Maria Sabourin	SO	Winona State	143	3:52	196	6:27	253	12:49	27:19.5	7:20
244	3	1714	Natalie Rademacher		Minnesota Running Club	250	4:05	272	6:41	266	12:54	27:19.9	7:20
245	6	1852	Janelle Shiptofsky	SO	Nova Southeastern	235	4:03	238	6:35	245	12:46	27:21.3	7:21
246	13	1746	Anna Hall	FR	Minnesota-Duluth	254	4:05	264	6:39	264	12:53	27:23.3	7:21
247	6	1590	Mikayla Prael	FR	Colo. Christian	300	4:11	297	6:48	279	13:01	27:24.0	7:21
248	4	1673	Anna Toot		Iowa State Running Club	165	3:54	179	6:23	201	12:27	27:24.7	7:22
249	7	1829	Hanna Wahl	SO	Northern State	288	4:10	282	6:44	259	12:52	27:25.0	7:22
250	3	1559	Jane Austin	SR	Bemidji State	238	4:04	267	6:40	258	12:51	27:25.3	7:22
251	14	1748	Taylor Hebner	FR	Minnesota-Duluth	191	3:56	221	6:31	238	12:45	27:25.7	7:22
252	8	2027	Maria Hauer	JR	St Cloud State	262	4:06	246	6:36	261	12:52	27:26.6	7:22
253	10	1621	Olivia Couch	FR	Dordt	289	4:10	268	6:40	257	12:51	27:31.4	7:23
254	6	1576	Callie Johnson	JR	Chadron State	116	3:48	188	6:25	223	12:36	27:34.1	7:24
255	16	1811	Hannah Lonergan	SO	Northern Michigan	251	4:05	241	6:35	241	12:45	27:34.5	7:24
256	11	1638	Jordyn Visscher	SR	Dordt	234	4:03	243	6:35	251	12:47	27:34.7	7:24
257	15	1749	Katelyn Kammer	SO	Minnesota-Duluth	239	4:04	245	6:36	263	12:53	27:35.1	7:24
258	4	1702	Maxine Fusaro		Minnesota Running Club	249	4:05	253	6:37	244	12:46	27:35.3	7:24
259	11	1984	Katie Vergeront	JR	Winona State	279	4:09	274	6:43	275	12:58	27:37.0	7:25
260	3	1761	Patience Alberston	JR	Minot State	264	4:07	281	6:44	285	13:05	27:37.4	7:25
261	7	1772	Megan Maaske	SO	Morningside	210	3:59	214	6:30	234	12:40	27:38.1	7:25
262	4	1898	Kristen Weber	SO	SW Minnesota St.	290	4:10	285	6:44	276	12:59	27:38.5	7:25
263	2	1607	Erin Spatenka	SR	Concordia-St. Paul	303	4:11	289	6:45	278	13:00	27:40.4	7:26
264	4	1684	Brittney Kocman	FR	Metro State	205	3:59	225	6:32	236	12:42	27:41.4	7:26
265	17	1813	Kalina Pfannenstiel	SO	Northern Michigan	294	4:11	300	6:49	283	13:05	27:41.7	7:26
266	2	869	Alexis Oswald	FR	Wayne St. (Neb.)	232	4:02	255	6:37	268	12:55	27:43.5	7:27
267	12	1985	Hope Willenbrink	SO	Winona State	173	3:55	175	6:22	228	12:38	27:44.3	7:27
268	8	1775	Mattea	FR	Morningside	237	4:03	260	6:39	271	12:57	27:44.3	7:27

Roslansky													
269	5	1683	Jessie Chappa	FR	Metro State	280	4:09	294	6:47	292	13:11	27:46.1	7:27
270	8	1882	Mariah Hahne	FR	Sioux Falls	295	4:11	287	6:45	265	12:53	27:46.3	7:27
271	9	1768	Morgan Applegarth	SO	Morningside	217	4:00	231	6:34	256	12:50	27:47.9	7:28
272	5	1710	Lucy Kwiatkowski		Minnesota Running Club	314	4:14	307	6:52	301	13:13	27:49.0	7:28
273	1	1610	Karen Mayfield	SR	Dakota State	270	4:07	269	6:41	273	12:58	27:50.2	7:28
274	7	1577	Dominique Oden	FR	Chadron State	89	3:46	133	6:16	200	12:27	27:51.6	7:29
275	12	1628	Kenedie Kats	FR	Dordt	230	4:02	233	6:34	260	12:52	27:54.3	7:30
276	6	1715	Madeline Smith		Minnesota Running Club	310	4:13	293	6:46	281	13:02	27:55.9	7:30
277	6	1685	Idalee Nunez	FR	Metro State	281	4:09	295	6:47	293	13:12	27:57.5	7:30
278	7	1586	Lauren Linscott	JR	Colo. Christian	301	4:11	299	6:48	291	13:11	27:59.4	7:31
279	6	2006	Kayla Bauhs		Wisconsin Track Club	313	4:14	306	6:52	296	13:12	28:00.0	7:31
280	7	1906	Sarah Millns		U of Manitoba	198	3:57	213	6:30	255	12:49	28:01.6	7:32
281	3	1839	Wesley Milligan	FR	Northwestern (Iowa)	309	4:13	309	6:53	295	13:12	28:02.8	7:32
282	7	2017	Aubre Miller		Wisconsin Track Club	315	4:14	315	6:55	312	13:20	28:06.6	7:33
283	4	1831	Alicia Darling	SO	Northwestern (Iowa)	331	4:17	328	6:58	316	13:22	28:08.6	7:33
284	5	1840	Sam Sinclair	JR	Northwestern (Iowa)	322	4:15	317	6:56	308	13:19	28:09.3	7:34
285	7	1596	Reanna Jereb	SR	Colorado Mesa	200	3:58	220	6:31	249	12:47	28:09.3	7:34
286	3	868	Jamie Larsen	FR	Wayne St. (Neb.)	223	4:01	235	6:35	267	12:54	28:10.4	7:34
287	13	1626	Annika Henckel	JR	Dordt	298	4:11	298	6:48	286	13:05	28:11.2	7:34
288	13	1723	Katie Anderson	FR	Minnesota State	216	4:00	227	6:33	250	12:47	28:12.0	7:34
289	8	2012	Sara kaiser		Wisconsin Track Club	293	4:10	290	6:45	284	13:05	28:12.3	7:34
290	7	1848	Tori Hritsko	FR	Nova Southeastern SW	186	3:56	211	6:29	254	12:49	28:13.4	7:35
291	5	1895	Jen Keohen	JR	Minnesota St.	330	4:17	312	6:54	290	13:11	28:13.5	7:35
292	3	1601	Tasha Bennett	FR	Concordia-St. Paul	323	4:15	305	6:52	298	13:12	28:14.5	7:35
293	6	1889	McKenzie Besel	JR	SW Minnesota St.	345	4:20	326	6:58	303	13:17	28:16.7	7:36
294	3	1653	Hayley Leonard	SR	Grand View	356	4:22	330	6:59	315	13:22	28:18.9	7:36
295	7	1717	Anna Truong		Minnesota Running Club	271	4:07	273	6:42	306	13:19	28:19.3	7:36
296	11	2002	Chloe Volkman	FR	Wis.-Parkside	276	4:08	283	6:44	280	13:01	28:23.3	7:37
297	9	1885	Mattisen Kelley	SO	Sioux Falls	275	4:08	278	6:44	297	13:12	28:24.1	7:38
298	6	1837	Kelsey Lang	FR	Northwestern (Iowa)	326	4:16	327	6:58	311	13:20	28:24.3	7:38
299	8	1903	Gillian Hayek		U of	252	4:05	266	6:40	287	13:06	28:27.3	7:38

				Manitoba											
300	3	1678	Andrea Parra	SO	Johnson County CC	182	3:55	200	6:27	274	12:58	28:28.1	7:39		
301	3	1648	Elizabeth Straub	FR	Graceland	324	4:15	323	6:57	317	13:24	28:30.5	7:39		
302	9	2025	Tegan Twombly		Wisconsin Track Club	307	4:13	302	6:50	305	13:18	28:30.6	7:39		
303	18	1799	Caroline Arlasky	SO	Northern Michigan	332	4:17	332	7:00	324	13:32	28:31.2	7:39		
304	4	1679	Jessalyn Rivet-Tissot	FR	Johnson County CC	218	4:00	259	6:38	282	13:05	28:35.0	7:40		
305	8	1709	Allyx Kvasnicka		Minnesota Running Club	284	4:09	301	6:49	313	13:20	28:36.2	7:41		
306	14	1627	Miranda Hulstein	JR	Dordt	306	4:12	304	6:51	299	13:13	28:36.5	7:41		
307	10	1880	Keegan Day	SO	Sioux Falls	153	3:53	193	6:26	272	12:57	28:37.5	7:41		
308	4	1650	Michaela Barretta	FR	Grand View	363	4:25	354	7:09	329	13:36	28:38.5	7:41		
309	9	1719	Sarah Ward		Minnesota Running Club	268	4:07	279	6:44	289	13:10	28:38.6	7:41		
310	4	1603	Jordan Gray	JR	Concordia-St. Paul	344	4:20	344	7:02	323	13:30	28:40.8	7:42		
311	7	1834	Alexandria Helmink	SO	Northwestern (Iowa)	305	4:12	311	6:53	314	13:22	28:41.8	7:42		
312	15	1633	Britta Provart	JR	Dordt	358	4:22	346	7:03	326	13:33	28:42.4	7:42		
313	10	1707	Ali Johnson		Minnesota Running Club	335	4:18	337	7:01	319	13:27	28:45.9	7:43		
314	4	1644	Madeline Glodowski	FR	Graceland	325	4:16	325	6:57	321	13:28	28:46.3	7:44		
315	4	1561	Madison Kealy	JR	Bemidji State	292	4:10	303	6:51	310	13:19	28:48.5	7:44		
316	5	1672	Lorena Temple		Iowa State Running Club	311	4:13	308	6:53	309	13:19	28:52.9	7:45		
317	12	1989	Danielle Gassie	FR	Wis.-Parkside	245	4:05	257	6:38	300	13:13	28:54.9	7:46		
318	5	1608	Rachel Thaemert	SR	Concordia-St. Paul	373	4:29	365	7:15	340	13:45	28:55.4	7:46		
319	11	1952	Jacey Wilson	FR	U-Mary	225	4:01	252	6:37	277	13:00	29:01.3	7:48		
320	16	1742	Megan Cihasky	FR	Minnesota-Duluth	241	4:04	271	6:41	294	13:12	29:03.8	7:48		
321	5	1655	Christa Nordgren	JR	Grand View	370	4:28	366	7:17	346	13:50	29:05.3	7:49		
322	9	1910	Tamara Toews		U of Manitoba	339	4:19	343	7:02	327	13:34	29:08.3	7:49		
323	10	2019	Maleta Moulsoff		Wisconsin Track Club	349	4:21	357	7:09	347	13:50	29:08.6	7:49		
324	5	1681	Emily Williams	SO	Johnson County CC	256	4:06	291	6:46	307	13:19	29:09.5	7:50		
325	8	1832	Katrina Engebretson	FR	Northwestern (Iowa)	351	4:21	348	7:04	335	13:41	29:09.7	7:50		
326	6	1657	Hannah Sobaski	SR	Grand View	364	4:26	362	7:12	344	13:48	29:10.3	7:50		
327	2	1572	Natalie Renfroe		Cardinal Stritch	340	4:20	336	7:01	328	13:35	29:16.7	7:52		
328	9	1836	Alyssa Krohn	FR	Northwestern (Iowa)	352	4:21	347	7:03	325	13:33	29:18.9	7:52		
329	5	1560	Autumn Huju	SO	Bemidji State	318	4:14	313	6:55	345	13:49	29:20.2	7:53		
330	7	1892	Lexi Grathwohl	FR	SW Minnesota St. Minnesota	354	4:21	350	7:05	343	13:47	29:22.3	7:53		

331	11	1720	Stefani Weimholt		Running Club	336	4:18	342	7:02	334	13:41	29:24.5	7:54
332	17	1760	Chritine Young	FR	Minnesota-Duluth	308	4:13	318	6:56	320	13:28	29:24.8	7:54
333	11	2022	Alison Reinhoffer		Wisconsin Track Club	285	4:09	296	6:48			29:28.3	7:55
334	2	1968	Marissa Widener	FR	Waldorf	347	4:21	352	7:08	342	13:46	29:28.9	7:55
335	10	1835	Krista Hovland	SO	Northwestern (Iowa)	337	4:19	341	7:02	322	13:29	29:29.7	7:55
336	4	870	Josephine Peitz	FR	Wayne St. (Neb.)	360	4:22	356	7:09	337	13:44	29:32.2	7:56
337	12	2011	Maggie Heinemann		Wisconsin Track Club	327	4:16	334	7:01	341	13:46	29:33.9	7:56
338	13	2015	Sam Marz		Wisconsin Track Club	312	4:13	320	6:56	318	13:26	29:35.5	7:57
339	14	1738	Hillary Swanson	FR	Minnesota State	297	4:11	316	6:55	339	13:44	29:38.4	7:57
340	14	2020	Zoe Panos		Wisconsin Track Club	338	4:19	329	6:59	331	13:38	29:40.2	7:58
341	6	1677	Keziah McNair	SO	Johnson County CC	304	4:12	339	7:02	338	13:44	29:40.7	7:58
342	10	1899	Quinn Anderson		U of Manitoba	291	4:10	288	6:45	302	13:15	29:42.6	7:59
343	3	1573	Isabella Sakai		Cardinal Stritch	342	4:20	340	7:02	333	13:41	29:46.7	8:00
344	3	1791	Guadalupe Diaz	SO	North Iowa Area CC	376	4:30	375	7:24	362	14:12	29:49.9	8:01
345	4	1790	Cassandra Bonsall	FR	North Iowa Area CC	377	4:32	377	7:28	368	14:20	29:52.5	8:01
346	9	2034	Ally Schwark	FR	St Cloud State	272	4:07	276	6:43	332	13:40	29:52.9	8:01
347	12	1703	Maria Gilbert		Minnesota Running Club	365	4:26	363	7:14	353	13:57	29:54.9	8:02
348	15	2010	Cierra Hauptert		Wisconsin Track Club	320	4:15	314	6:55	336	13:43	29:57.5	8:03
349	7	1654	Sarah McMurtry	FR	Grand View	371	4:28	367	7:17	349	13:52	29:58.2	8:03
350	10	1789	Whitney Welder	FR	MSU-Moorhead	317	4:14	322	6:57	330	13:38	30:03.9	8:04
351	3	1959	Melissa Martens	SR	Unattached			331	7:00	348	13:51	30:07.6	8:05
352	6	1669	Joanna Gramer		Iowa State Running Club	321	4:15	333	7:00	351	13:56	30:10.7	8:06
353	13	1705	Mandy Hansen		Minnesota Running Club	333	4:18	345	7:03	355	13:58	30:13.7	8:07
354	16	1618	Courtney Bloemhof	SO	Dordt	380	4:34	372	7:22	357	14:04	30:14.5	8:07
355	4	1571	Marleigh Petras		Cardinal Stritch	357	4:22	361	7:11	359	14:06	30:15.3	8:07
356	7	1674	Alexis Almloff	SO	Johnson County CC	348	4:21	353	7:08	356	14:01	30:21.2	8:09
357	5	1793	Keisha Gonzague	FR	North Iowa Area CC	282	4:09	319	6:56	352	13:56	30:21.4	8:09
358	6	1606	Courtney Ramsay	SO	Concordia-St. Paul	361	4:23	351	7:06	350	13:54	30:31.3	8:12
359	6	1564	Julia Welciek	FR	Bemidji State	367	4:26	369	7:18	370	14:24	30:33.3	8:12
360	5	1643	Marina Flores	JR	Graceland	346	4:21	359	7:10	360	14:08	30:34.7	8:13
361	16	2009	Amber Ducheny		Wisconsin Track Club	362	4:24	364	7:14	363	14:15	30:43.0	8:15
362	7	1602	Lydia Carr	FR	Concordia-St. Paul	355	4:22	355	7:09	361	14:12	30:46.0	8:16

363	1	1964	Geneva Espinoza	JR	Valley City State	368	4:26	370	7:18	366	14:16	30:47.1	8:16
364	14	1706	Sophie Held		Minnesota Running Club	375	4:30	373	7:23	371	14:29	30:53.5	8:18
365	8	1604	Paxton Huberty	FR	Concordia-St. Paul	382	4:41	382	7:38	375	14:36	30:55.4	8:18
366	5	1568	MacKenzie McDonald		Cardinal Stritch	341	4:20	338	7:01	354	13:58	30:57.3	8:19
367	17	2024	Joie Ross		Wisconsin Track Club	329	4:17	358	7:10	364	14:16	31:06.4	8:21
368	7	1558	Courtney Anderson	SO	Bemidji State	378	4:33	378	7:28	373	14:32	31:11.7	8:23
369	15	1733	Becca Ohotto	JR	Minnesota State	328	4:17	349	7:04	358	14:04	31:13.5	8:23
370	17	1624	Brianna Enerson	JR	Dordt	379	4:33	371	7:22	365	14:16	31:15.5	8:24
371	4	1763	Stephanie Huether	SO	Minot State	334	4:18	360	7:10	367	14:19	31:21.0	8:25
372	7	1670	Anne Leners		Iowa State Running Club	359	4:22	368	7:17	369	14:23	31:24.6	8:26
373	8	1557	Amanda Anderson	JR	Bemidji State	366	4:26	376	7:26	374	14:34	31:35.7	8:29
374	15	1716	Elizabeth Tagatz		Minnesota Running Club	384	4:48	384	7:49	378	14:59	31:38.0	8:30
375	8	1652	Karina Johnson	SO	Grand View	381	4:34	381	7:34	376	14:45	31:41.3	8:30
376	16	1712	Sophia Peterson		Minnesota Running Club	369	4:27	374	7:24	372	14:31	31:41.6	8:31
377	5	1764	Taylor Novak	SO	Minot State	372	4:29	379	7:30	377	14:54	32:21.8	8:41
378	17	1708	Alee Kunshier		Minnesota Running Club	388	4:54	386	8:08	382	15:49	33:10.6	8:54
379	3	1966	Charley Buddenhagen	JR	Waldorf	374	4:29	380	7:32	379	15:00	33:48.5	9:05
380	6	1647	Kylie Malmberg	FR	Graceland	385	4:51	385	8:02	381	15:48	33:53.7	9:06
381	18	1700	April Feist		Minnesota Running Club	387	4:54	387	8:09	383	15:49	33:59.4	9:08
382	6	1567	Princess Agi		Cardinal Stritch	389	5:01	388	8:16	384	16:00	34:06.3	9:09
383	7	1642	Taylor Farnsworth	SO	Graceland	390	5:02	391	8:17	385	16:01	34:08.5	9:10
384	19	1718	Alexis Valencia		Minnesota Running Club	391	5:02	392	8:18	386	16:06	34:19.0	9:13
385	20	1698	Mackenzie Bauer		Minnesota Running Club	392	5:03	390	8:17	387	16:07	34:43.0	9:19
386	5	871	Sarah Post	SO	Wayne St. (Neb.)	386	4:52	389	8:17	389	16:22	34:53.3	9:22
387	9	1609	Holly Werning	FR	Concordia-St. Paul	383	4:47	383	7:48	380	15:44	35:09.5	9:26
388	21	1699	Emily Davis		Minnesota Running Club	393	5:03	393	8:18	388	16:12	35:43.5	9:35
389	10	1600	Erika Bahr	FR	Concordia-St. Paul	396	5:18	394	8:49	390	17:34	38:09.0	10:14
390	22	1704	Paige Hagen		Minnesota Running Club Minnesota	395	5:13	396	8:51	392	17:50	40:06.7	10:46



391	23	1711	Vessa Pearsall		Running Club	394	5:13	395	8:50	391	17:49	40:07.0	10:46
392	8	1640	Vianey Castillo	FR	Graceland	397	5:41	397	9:21	393	18:43	40:25.0	10:51
	9	1867	Cassidy Westhoff	FR	Pittsburg St.	33	3:40	29	5:56	27	11:20		
	18	1753	Elizabeth Schlafke	FR	Minnesota-Duluth	122	3:49	127	6:14	141	12:03		
	8	1680	Colleen Russell	FR	Johnson County CC	160	3:53	169	6:21	195	12:26		
	19	1745	Paige Du Bois	FR	Minnesota-Duluth	156	3:53	207	6:28				
	20	1759	Kathryn Webb	FR	Minnesota-Duluth	150	3:53	208	6:28				
	6	1762	Samantha Huether	SR	Minot State	244	4:04	280	6:44				