

4th and 1

5K Run/Walk

Age Group Results

June 02, 2012

Results by: Michigan Running Foundation

Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Kat Keiffer	92	21	8	22:24.8	7:14/M

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Jake Spencer	142	15	1	18:15.6	5:53/M

Female Master Winners

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Julia Bryce	79	59	45	32:39.9	10:32/M

Male Master Winners

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Kevin Rabineau	137	55	2	18:49.2	6:04/M

Male 12 and under

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Brendan Mumby	153	9	16	24:21.6	7:51/M
2	Spencer Lee	119	11	23	26:01.4	8:24/M
3	Caleb Wood	117	12	53	33:55.0	10:56/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Sandy Kellu	152	18	62	47:26.7	15:18/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Cameron Lee	120	16	20	24:43.0	7:58/M
2	Nick Robinson	104	16	49	33:28.5	10:48/M
3	Montrell Waters	136	18	61	46:21.8	14:57/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Stefani Wagner	116	28	18	24:32.6	7:55/M
2	Liz RabidouX	124	24	22	25:50.7	8:20/M
3	Samantha Lurie	98	26	24	26:12.9	8:27/M
4	Rebecca Champagne	81	21	26	26:58.4	8:42/M
5	Heather Herrema	89	29	28	27:20.2	8:49/M
6	Kelly Baas	129	29	29	28:05.8	9:04/M
7	Nitza Gallardo	141	24	30	28:10.6	9:05/M
8	Teddy Eisenhut	85	24	31	28:11.0	9:05/M
9	Erin Miter	118	23	32	28:11.5	9:05/M
10	Brooke Artibee	74	24	35	28:39.7	9:15/M
11	Amy Cavyahan	123	29	36	29:11.4	9:25/M
12	Catherine Hanson	132	28	38	29:31.7	9:31/M
13	Sarah Toman	114	26	39	29:47.5	9:36/M
14	Jessica Moyer	100	27	40	30:56.5	9:59/M
15	Christine Drayton	84	27	41	30:56.7	9:59/M
16	Linnet Bailey	125	25	44	32:20.9	10:26/M
17	Emily Muysenberg	101	23	50	33:33.3	10:49/M
18	Rebecca Lelaidier	95	25	56	36:34.0	11:48/M
19	Jayne Bisard	75	29	57	36:34.1	11:48/M
20	Heidi Elston	150	23	60	40:29.3	13:04/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Yonas Aberra	127	27	4	21:11.8	6:50/M
2	Colin Keiffer	149	26	5	21:13.4	6:51/M
3	Mike Weidel	131	23	7	21:56.4	7:05/M
4	Kevin Bisard	76	28	21	25:33.5	8:15/M
5	Justin Garwood	87	23	33	28:14.2	9:06/M
6	Blake Johnson	151	25	37	29:14.3	9:26/M
7	Corey Smith	110	27	43	32:13.8	10:24/M
8	Cole Thelen	111	27	51	33:33.9	10:49/M
9	Brad Sheaffer	109	26	52	33:37.4	10:51/M
10	Dean Douglas	83	27	55	34:35.0	11:09/M
11	Joseph Young	126	27	58	36:52.2	11:54/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Elena Llinas	96	30	13	23:50.8	7:41/M
2	Tosha Newman	102	30	27	27:08.6	8:45/M
3	Lisa Byington	80	36	34	28:38.1	9:14/M
4	Jessica Evangelista	86	30	54	34:00.2	10:58/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Miguel Salazar	108	31	3	20:15.0	6:32/M
2	Richard Bryce	128	32	6	21:18.6	6:52/M
3	Paul Vance	148	34	9	23:17.4	7:31/M
4	Mitch Herrema	88	31	12	23:49.3	7:41/M
5	Josh Thornhill	113	32	15	24:13.3	7:49/M
6	Chad Stambaugh	140	36	42	31:14.2	10:05/M
7	Matt Wiktorski	138	31	46	33:04.8	10:40/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
--------------	-------------	---------------	------------	----------------	-------------------	-------------

1	Lynda Pike	122	47	65	52:31.7	16:56/M
---	------------	-----	----	----	---------	---------

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Mark Middaugh	130	47	14	24:04.0	7:46/M
2	Christopher Mumby	154	40	17	24:21.9	7:51/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Jane Martineau	147	54	48	33:10.1	10:42/M
2	Marci Hooper	90	57	59	37:27.0	12:05/M
3	Laureen Thornhill	144	57	63	47:26.8	15:18/M
4	Vera Saade	106	53	64	52:31.2	16:56/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Carl Parker	145	52	10	23:29.8	7:35/M
2	Brent Shepard	143	55	11	23:40.9	7:38/M
3	Allen Martineau	146	54	25	26:33.9	8:34/M
4	Daniel Pike	121	57	66	52:37.3	16:58/M
5	Nick Saade	107	57	67	52:38.7	16:59/M

Male 70 to 79

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Bill Keller	139	71	19	24:33.5	7:55/M

Female no age given

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Soniya Long	97	99	47	33:06.7	10:41/M
