

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****Women 60 Meter Dash****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

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Meet: %	7.37	2021	Yanique Dayle, Ohio State		
Michigan: #	7.37	2/27/2015	Cindy Ofili		
Stadium: ^	7.26	2/23/2019	Lakayla Harris, Nebraska		
Name		Year	School	Prelims	H#
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Preliminaries

1	Bates, BreeAna	SO	Michigan	7.46Q	1	
2	Williams, Shanice		Flying Angel	7.57Q	2	7.567
3	Hearn, Hanna	SR	Michigan	7.57Q	4	7.570
4	Davis, Alyson	JR	Eastern Michigan	7.74Q	3	
5	Henderson, Trinity	FR	Michigan	7.78q	2	
6	Reevie, Morgan	FR	Western Ontario	7.84q	4	
7	Mason, Brittni		Unattached	7.85q	4	
8	Keast, Taya	JR	Western Ontario	7.86q	2	7.853
9	Parchman, Alexis	SO	Bowling Green	7.86	3	7.855
10	Gosha-Foreman, Paris	FR	Toledo	7.86	1	7.858
11	Anthony, Taylor	JR	John Carroll	7.87	1	
12	Reevie, Olivia	FR	Western Ontario	7.90	4	
13	Haywood, Meyah	JR	Toledo	7.91	4	
14	Ragland, Jimesha	SO	Toledo	7.93	3	
15	Carey, Micah	SR	Detroit Mercy	7.99	3	
16	Favors, Kelis	FR	Detroit Mercy	8.00	1	
17	Hamnett, Amelia	FR	Western Ontario	8.02	2	
18	Edmunds, Alex	JR	Western Ontario	8.06	3	
19	Sackey, Amaria	FR	Windsor	8.22	2	
20	Floris, Emma	SR	Windsor	8.27	1	
21	Drake, Morgan		Windsor	8.31	4	
22	Robitaille, Riley	FR	Windsor	8.35	2	8.341
23	Fritzley, Emily	SO	Windsor	8.35	1	8.342
24	Clark, Jada	FR	Detroit Mercy	8.40	3	
25	Sashegyi, Isabel	JR	Windsor	8.62	4	

Women 60 Meter Dash

=====					
Meet: %	7.37	2021	Yanique Dayle, Ohio State		
Michigan: #	7.37	2/27/2015	Cindy Ofili		
Stadium: ^	7.26	2/23/2019	Lakayla Harris, Nebraska		
Name		Year	School	Finals	
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Finals

1	Bates, BreeAna	SO	Michigan	7.36%	
2	Williams, Shanice		Flying Angel	7.54	
3	Hearn, Hanna	SR	Michigan	7.55	
4	Davis, Alyson	JR	Eastern Michigan	7.76	
5	Mason, Brittni		Unattached	7.81	
6	Henderson, Trinity	FR	Michigan	7.82	
7	Keast, Taya	JR	Western Ontario	7.84	
8	Reevie, Morgan	FR	Western Ontario	7.87	

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****Women 200 Meter Dash**

=====				
Meet: %	24.14	2018	Nadia Williams, Toledo	
Michigan: #	23.65	2/26/2016	Cindy Ofili	
Stadium: ^	22.80	2/23/2019	Anavia Battle, Ohio State	
Name	Year	School	Finals	H#
=====				
1 Holman, Ziyah	JR	Michigan	24.14%	1
2 Henderson, Trinity	FR	Michigan	24.65	2
3 Harvey, Kilani	JR	Eastern Michigan	25.07	1
4 Knowles, Mone	SR	Detroit Mercy	25.33	1
5 Keast, Taya	JR	Western Ontario	25.34	4
6 Parchman, Alexis	SO	Bowling Green	25.43	2
7 Cernej-Garcia, Tiffany	SR	Eastern Michigan	25.47	2
8 Mulligan, Tianna	SR	Bowling Green	25.58	2
9 Stersic, Delaney	NA	UNAT-Michigan	26.05	5
10 Gosha-Foreman, Paris	FR	Toledo	26.16	4
11 Favors, Kelis	FR	Detroit Mercy	26.22	4
12 Jones, Khamani	FR	Toledo	26.26	4
13 Reeve, Olivia	FR	Western Ontario	26.27	5
14 Floris, Emma	SR	Windsor	26.30	4
15 Worthy, Laryah	FR	Toledo	26.34	4
16 Soule, Meredith	FR	Michigan	26.96	6
17 Robitaille, Riley	FR	Windsor	27.13	6
18 Hamnett, Amelia	FR	Western Ontario	27.14	5
19 Logan, Clare	FR	Toledo	27.18	6
20 Fritzley, Emily	SO	Windsor	27.47	5
21 Meyers, Rori	FR	Windsor	27.74	5
22 Johnson, Kennedy	SO	Michigan	28.01	6
23 Sashegyi, Isabel	JR	Windsor	28.57	6
24 Sackey, Amaria	FR	Windsor	29.48	6
-- Kisor, Ashley	FR	Bowling Green	DQ	5 Out of Lane

Women 400 Meter Dash

=====				
Meet: %	53.38	2021	Ziyah Holman, Michigan	
Michigan: #	52.23	2/10/2023	Savannah Sutherland	
Stadium: ^	52.14	2/23/2019	Alexis Holmes, Penn State	
Name	Year	School	Finals	H#
=====				
1 Stersic, Delaney	NA	UNAT-Michigan	57.93	1
26.286 (26.286)		57.921 (31.635)		
2 Mulligan, Tianna	SR	Bowling Green	58.12	1
26.912 (26.912)		58.120 (31.209)		
3 Soule, Meredith	FR	Michigan	59.55	2
27.483 (27.483)		59.546 (32.063)		
4 Francis, Emma	JR	Central Michigan	59.59	2
28.256 (28.256)		59.584 (31.328)		
5 Tomman, Taylor	SR	Detroit Mercy	1:00.76	2
28.573 (28.573)		1:00.751 (32.178)		
6 Kisor, Ashley	FR	Bowling Green	1:01.86	1
28.226 (28.226)		1:01.854 (33.628)		
7 McQuinn, Cora	FR	Western Ontario	1:02.63	2
29.324 (29.324)		1:02.626 (33.302)		
8 Rife, Jaci	JR	Central Michigan	1:03.14	2
29.134 (29.134)		1:03.135 (34.002)		

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****....Women 400 Meter Dash**

9	Peebles, Gracelyn	FR Detroit Mercy	1:03.29	3
	28.546 (28.546)	1:03.283 (34.737)		
10	Johnson, Kennedy	SO Michigan	1:04.16	3
	29.007 (29.007)	1:04.160 (35.153)		
11	Patterson, Mackenzie	JR Detroit Mercy	1:08.17	3
	31.930 (31.930)	1:08.162 (36.232)		

Women 600 Meter Run

=====				
	Meet: % 1:29.43	2008	Geena Gall, Michigan	
	Michigan: # 1:26.50	2/26/2023	Aurora Rynda	
	Stadium: ^ 1:29.26	1/22/2022	Ziyah Holman, Michigan	
	Name	Year School	Finals	H#
=====				
1	Stephens, Nikki	SR Michigan	1:30.60	1
	28.480 (28.480)	58.411 (29.932)	1:30.592 (32.181)	
2	Knelsen, Hallee	SO Western Ontario	1:33.02	1
	29.703 (29.703)	1:00.807 (31.104)	1:33.011 (32.204)	
3	Best, Izzy	FR Bowling Green	1:37.35	1
	29.809 (29.809)	1:02.361 (32.552)	1:37.345 (34.984)	
4	Burkey, Raegan	SO Bowling Green	1:38.72	2
	30.467 (30.467)	1:03.433 (32.966)	1:38.719 (35.286)	
5	Handy, Kaitlyn	FR Windsor	1:38.83	2
	31.020 (31.020)	1:03.858 (32.838)	1:38.824 (34.966)	
6	Hansen, Kiera	FR Eastern Michigan	1:44.80	2
	31.231 (31.231)	1:06.488 (35.258)	1:44.800 (38.312)	
--	Gall, Amber	SR Michigan	DNF	1
	28.239 (28.239)	58.231 (29.993)	1:45.250 (47.019)	

Women 800 Meter Run

=====				
	Meet: % 2:02.83	2020	Melissa Bishop-Nriagu, Nike	
	Michigan: # 2:02.89	2/5/2022	Aurora Rynda	
	Stadium: ^ 2:02.11	2/1/2020	Shannon Osika, NIKE	
	Name	Year School	Finals	H#
=====				
1	Lenneman, Alsu	VNTC/Ypsilan	2:12.05	1
	31.655 (31.655)	1:05.309 (33.654)	1:39.807 (34.498)	2:12.045 (32.238)
2	Clark, Krystal	SO Toledo	2:13.42	1
	31.513 (31.513)	1:04.985 (33.472)	1:39.442 (34.458)	2:13.414 (33.972)
3	Swider, Gabby	SR Michigan	2:13.79	1
	29.137 (29.137)	1:04.729 (35.592)	1:39.241 (34.512)	2:13.781 (34.540)
4	Fountain, Emma	SO Central Michigan	2:13.92	1
	30.869 (30.869)	1:04.637 (33.768)	1:39.196 (34.560)	2:13.913 (34.717)
5	Shuble, Katerina	JR Bowling Green	2:14.16	2
	32.217 (32.217)	1:05.561 (33.344)	1:39.616 (34.055)	2:14.160 (34.544)
6	Sullivan, Sarah-Rose	SO Toledo	2:14.21	1
	31.244 (31.244)	1:04.879 (33.635)	1:39.431 (34.552)	2:14.201 (34.770)
7	Arnold, Josie	SR Detroit Mercy	2:14.93	1
	31.636 (31.636)	1:05.279 (33.643)	1:39.705 (34.426)	2:14.921 (35.216)
8	Gourrier, Alexis	SR Central Michigan	2:15.39	1
	31.404 (31.404)	1:05.089 (33.685)	1:40.606 (35.518)	2:15.385 (34.779)
9	Rettelle, Maija	SR Central Michigan	2:15.83	2
	31.283 (31.283)	1:04.473 (33.191)	1:40.288 (35.815)	2:15.827 (35.540)

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****....Women 800 Meter Run**

10 Turner, Anya	JR Central Michigan	2:16.22	2	
31.452 (31.452)	1:04.739 (33.288)	1:40.208 (35.469)		2:16.216 (36.009)
11 Daughters, Eleni	SR Michigan	2:17.10	1	
31.767 (31.767)	1:04.997 (33.230)	1:40.054 (35.058)		2:17.100 (37.046)
12 Burkholder, Mackenna	Unattached	2:18.10	2	
32.279 (32.279)	1:05.920 (33.641)	1:41.646 (35.726)		2:18.096 (36.451)
13 Fisher, Hannah	FR Oakland	2:18.63	2	
32.130 (32.130)	1:05.980 (33.850)	1:42.060 (36.080)		2:18.624 (36.565)
14 Denomme, Kate	JR Western Ontario	2:19.17	3	
33.092 (33.092)	1:08.270 (35.178)	1:44.207 (35.937)		2:19.169 (34.962)
15 Jackson, Abby	FR Oakland	2:19.44	2	
32.007 (32.007)	1:06.198 (34.191)	1:42.224 (36.026)		2:19.431 (37.208)
16 Munderloh, Libby	FR Central Michigan	2:22.67	3	
32.730 (32.730)	1:08.031 (35.302)	1:44.576 (36.546)		2:22.668 (38.092)
17 Witham, Audrey	JR Toledo	2:22.84	2	
31.512 (31.512)	1:05.199 (33.687)	1:42.620 (37.421)		2:22.836 (40.216)
18 Olla, Joelle	FR Windsor	2:24.28	3	
34.121 (34.121)	1:10.817 (36.696)	1:48.504 (37.688)		2:24.280 (35.776)
19 Godlewski, Agatha	JR Windsor	2:26.97	3	
33.955 (33.955)	1:10.600 (36.646)	1:48.096 (37.496)		2:26.962 (38.866)
20 Rice, Olivia	SR Oakland	2:27.45	3	
34.322 (34.322)	1:10.384 (36.062)	1:48.121 (37.737)		2:27.450 (39.329)
21 Williams, Sadie	FR Eastern Michigan	2:30.02	3	
34.364 (34.364)	1:11.090 (36.726)	1:49.823 (38.734)		2:30.016 (40.193)

Women 1 Mile Run

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Meet: %	4:41.01	2018	Becca Addison, Saucony	
Michigan: #	4:32.46	2/23/2019	Hannah Meier	
Stadium: ^	4:27.69	1/13/2018	Nicole Sifuentes, Saucony	
Name	Year	School	Finals	H#
=====				
1 Pattison, Sydney		Stridewise	4:46.06	1
35.828 (35.828)	1:11.208 (35.381)	1:47.106 (35.898)		2:23.531 (36.425)
2:59.642 (36.112)	3:35.698 (36.056)	4:11.047 (35.350)		4:46.056 (35.010)
2 Hewitt, Chloe		London Western	4:51.12	1
35.979 (35.979)	1:11.849 (35.870)	1:47.787 (35.938)		2:24.269 (36.482)
3:00.875 (36.607)	3:37.866 (36.992)	4:14.320 (36.454)		4:51.117 (36.798)
3 Coutts, Chloe		SO Western Ontario	4:58.92	1
35.847 (35.847)	1:11.542 (35.696)	1:47.428 (35.886)		2:23.748 (36.320)
3:00.422 (36.674)	3:39.246 (38.824)	4:19.107 (39.861)		4:58.918 (39.811)
4 Hill, Leah		UNAT-Michigan	5:00.02	1
36.854 (36.854)	1:13.734 (36.880)	1:51.082 (37.348)		2:29.019 (37.937)
3:07.126 (38.107)	3:45.488 (38.362)	4:23.435 (37.948)		5:00.013 (36.578)
5 Mansi, Yasmine		SO Michigan	5:03.20	1
36.199 (36.199)	1:12.438 (36.239)	1:49.634 (37.196)		2:28.236 (38.602)
3:07.573 (39.338)	3:48.264 (40.692)	4:26.822 (38.558)		5:03.200 (36.379)
6 Gibbins, Jessie		FR Central Michigan	5:08.44	2
39.879 (39.879)	1:19.666 (39.788)	1:58.216 (38.550)		2:36.082 (37.866)
3:14.399 (38.317)	3:52.878 (38.479)	4:31.558 (38.681)		5:08.434 (36.877)
7 Hinkelman, Brooke		JR Oakland	5:09.66	1
36.506 (36.506)	1:13.828 (37.322)	1:52.323 (38.495)		2:32.138 (39.816)
3:10.865 (38.727)	3:50.924 (40.060)	4:30.534 (39.610)		5:09.659 (39.125)

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****....Women 1 Mile Run**

8 Johnson, Thea	Unattached	5:10.21	2	
39.111 (39.111)	1:17.320 (38.209)	1:56.294 (38.975)	2:35.451 (39.157)	
3:13.486 (38.036)	3:52.615 (39.129)	4:31.938 (39.323)	5:10.208 (38.270)	
9 Boyer, Jordyn	JR Toledo	5:11.97	2	
38.774 (38.774)	1:17.115 (38.342)	1:56.086 (38.972)	2:35.763 (39.677)	
3:13.934 (38.172)	3:53.568 (39.634)	4:33.520 (39.952)	5:11.966 (38.447)	
10 Lasceski, Lauren	JR Central Michigan	5:13.22	1	
37.626 (37.626)	1:15.123 (37.497)	1:53.990 (38.867)	2:33.696 (39.706)	
3:12.975 (39.279)	3:53.476 (40.501)	4:33.825 (40.350)	5:13.220 (39.395)	
11 Nolan, Grace	JR Oakland	5:14.32	1	
37.424 (37.424)	1:14.563 (37.139)	1:53.934 (39.371)	2:33.070 (39.136)	
3:13.073 (40.004)	4:34.764 (1:21.691)	5:14.311 (39.547)	5:14.389 (0.079)	
12 Jenkins, Grace	FR Central Michigan	5:21.98	2	
40.287 (40.287)	1:19.952 (39.665)	1:59.578 (39.626)	2:40.040 (40.462)	
3:21.461 (41.422)	4:03.657 (42.196)	4:45.832 (42.176)	5:21.978 (36.147)	
13 Perkins, Lauren	SR Windsor	5:23.37	1	
36.717 (36.717)	1:13.210 (36.493)	1:51.084 (37.875)	2:30.456 (39.372)	
3:11.183 (40.728)	3:54.249 (43.067)	4:38.564 (44.315)	5:23.362 (44.799)	
14 Muir, Kayla	FR Eastern Michigan	5:23.50	2	
39.640 (39.640)	1:19.491 (39.851)	1:59.977 (40.487)	2:41.177 (41.200)	
3:23.135 (41.958)	4:05.448 (42.314)	4:46.796 (41.348)	5:23.500 (36.704)	
15 Sherman, Allison	SR Detroit Mercy	5:23.61	2	
40.607 (40.607)	1:20.567 (39.960)	2:01.374 (40.807)	2:42.210 (40.837)	
3:23.902 (41.692)	4:05.198 (41.296)	5:23.608 (1:18.410)	5:23.719 (0.112)	
16 Wright, Evie	SO Detroit Mercy	5:24.13	2	
40.007 (40.007)	1:20.331 (40.324)	2:00.098 (39.768)	2:40.866 (40.768)	
3:21.910 (41.044)	4:03.922 (42.013)	4:45.574 (41.652)	5:24.128 (38.554)	
17 Bennett, Annie	SO Central Michigan	5:28.23	2	
40.316 (40.316)	1:21.112 (40.796)	2:01.012 (39.900)	2:42.757 (41.746)	
3:24.618 (41.861)	4:07.593 (42.976)	4:48.909 (41.316)	5:28.230 (39.321)	
18 Murray, Kaitlin	SR Detroit Mercy	5:32.12	2	
40.942 (40.942)	1:21.467 (40.525)	2:01.941 (40.474)	2:43.629 (41.689)	
3:25.814 (42.185)	4:08.114 (42.300)	4:51.120 (43.006)	5:32.118 (40.998)	
19 Rocheleau, Ainsley	FR Windsor	5:33.81	2	
40.752 (40.752)	1:21.370 (40.618)	2:01.478 (40.108)	2:43.156 (41.679)	
3:24.464 (41.309)	4:06.653 (42.189)	4:50.058 (43.406)	5:33.802 (43.744)	
20 Robertson, Riley	SO Bowling Green	5:36.23	2	
41.954 (41.954)	1:22.901 (40.947)	2:05.376 (42.475)	2:49.041 (43.665)	
3:32.803 (43.762)	4:16.495 (43.692)	4:58.740 (42.245)	5:36.226 (37.487)	
21 Pizzo, Nina	SO Detroit Mercy	5:37.23	2	
42.802 (42.802)	1:23.707 (40.905)	2:05.832 (42.125)	2:48.593 (42.761)	
3:31.371 (42.778)	4:14.592 (43.221)	4:57.081 (42.489)	5:37.228 (40.147)	
22 Storey, Sarah	FR Central Michigan	5:39.54	2	
41.405 (41.405)	1:21.921 (40.516)	2:03.884 (41.963)	2:47.870 (43.986)	
3:32.115 (44.245)	4:15.887 (43.772)	4:58.738 (42.851)	5:39.531 (40.793)	
23 Evans, Lilly	FR Central Michigan	5:43.48	2	
41.464 (41.464)	1:22.098 (40.634)	2:03.393 (41.295)	2:45.119 (41.726)	
3:27.832 (42.713)	4:12.219 (44.387)	4:57.083 (44.864)	5:43.472 (46.389)	

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****Women 3000 Meter Run**

=====						
Meet: %	9:17.07	2018	Nicole Sifuentes, Saucony			
Michigan: #	8:58.69	1/20/2018	Erin Finn			
Stadium: ^	8:58.69	1/20/2018	Erin Finn, Michigan			
Name		Year	School	Finals		
=====						
1	Thompson, Marisa		Unattached	9:47.65		
	39.233 (39.233)		1:18.758 (39.525)	1:58.313 (39.555)	2:37.753 (39.440)	
	3:17.509 (39.757)		3:57.152 (39.643)	4:36.481 (39.329)	5:16.091 (39.610)	
	5:56.551 (40.460)		6:36.181 (39.630)	7:16.235 (40.054)	7:56.136 (39.901)	
	8:36.036 (39.900)		9:13.343 (37.307)	9:47.649 (34.307)		
2	Jordan, Erika		SO Western Ontario	9:48.68		
	37.856 (37.856)		1:15.239 (37.383)	1:55.069 (39.830)	2:33.984 (38.915)	
	3:13.117 (39.133)		3:52.065 (38.948)	4:31.282 (39.217)	5:10.754 (39.472)	
	5:50.298 (39.544)		6:30.030 (39.732)	7:08.721 (38.691)	7:48.043 (39.322)	
	8:28.548 (40.505)		9:09.535 (40.987)	9:48.671 (39.136)		
3	Vining, Emily		JR Toledo	9:49.08		
	37.236 (37.236)		1:16.710 (39.474)	1:55.224 (38.514)	2:34.330 (39.106)	
	3:13.347 (39.017)		3:52.649 (39.302)	4:31.997 (39.348)	5:11.765 (39.768)	
	5:51.363 (39.598)		6:30.740 (39.377)	7:10.816 (40.076)	7:51.163 (40.347)	
	8:32.654 (41.491)		9:13.800 (41.146)	9:49.072 (35.272)		
4	Schulz, Jenna		London Western	9:55.33		
	39.154 (39.154)		1:17.357 (38.203)	1:56.567 (39.210)	2:35.920 (39.353)	
	3:15.481 (39.561)		3:55.426 (39.945)	4:36.039 (40.613)	5:16.638 (40.599)	
	5:56.986 (40.348)		6:37.435 (40.449)	7:18.051 (40.616)	7:58.454 (40.403)	
	8:38.695 (40.241)		9:17.368 (38.673)	9:55.330 (37.962)		
5	Deighan, Haley		FR UNAT-Michigan	10:00.47		
	37.738 (37.738)		1:16.343 (38.605)	1:54.933 (38.590)	2:33.781 (38.848)	
	3:12.740 (38.960)		3:51.873 (39.133)	4:31.535 (39.662)	5:11.286 (39.752)	
	5:51.163 (39.877)		6:31.991 (40.828)	7:13.296 (41.305)	7:55.414 (42.118)	
	8:37.888 (42.474)		9:19.799 (41.911)	10:00.463 (40.665)		
6	Tolson, Rylee		UNAT-Michigan	10:12.03		
	37.725 (37.725)		1:16.254 (38.529)	1:56.526 (40.272)	2:36.826 (40.300)	
	3:16.333 (39.507)		3:56.653 (40.321)	4:38.327 (41.674)	5:21.241 (42.914)	
	6:05.261 (44.020)		6:48.997 (43.736)	7:31.973 (42.976)	8:14.293 (42.320)	
	8:54.553 (40.260)		9:34.915 (40.362)	10:12.023 (37.109)		
7	Bonnema, Abby		UNAT-Michigan	10:15.56		
	38.716 (38.716)		1:17.024 (38.308)	1:56.863 (39.839)	2:37.003 (40.140)	
	3:16.728 (39.725)		3:57.006 (40.278)	4:38.010 (41.004)	5:19.161 (41.151)	
	6:00.710 (41.549)		6:42.689 (41.979)	7:25.314 (42.625)	8:08.127 (42.813)	
	8:51.270 (43.143)		9:34.557 (43.287)	10:15.559 (41.003)		
8	DeSarbo, Natalie		SO Michigan	10:20.15		
	39.321 (39.321)		1:17.590 (38.269)	1:57.083 (39.493)	2:37.345 (40.262)	
	3:17.204 (39.859)		3:57.873 (40.669)	4:39.130 (41.257)	5:20.832 (41.702)	
	6:03.084 (42.252)		6:46.145 (43.061)	7:29.205 (43.060)	8:12.526 (43.321)	
	8:56.448 (43.922)		9:39.792 (43.344)	10:20.146 (40.354)		
9	Nagelhout, Anna		SR Unattached	10:21.41		
	38.570 (38.570)		1:16.901 (38.331)	1:56.302 (39.401)	2:36.376 (40.074)	
	3:16.105 (39.729)		3:56.880 (40.775)	4:38.030 (41.150)	5:19.462 (41.432)	
	6:01.955 (42.493)		6:44.638 (42.683)	7:28.052 (43.414)	8:11.945 (43.893)	
	8:55.250 (43.305)		9:39.124 (43.874)	10:21.409 (42.286)		
10	Jenkins, Kate		FR Central Michigan	10:43.93		
	39.908 (39.908)		1:18.390 (38.482)	1:58.071 (39.681)	2:39.524 (41.453)	
	3:20.483 (40.959)		4:02.168 (41.685)	4:44.494 (42.326)	5:27.402 (42.908)	
	6:11.261 (43.859)		6:55.762 (44.501)	7:41.169 (45.407)	8:27.328 (46.159)	
	9:13.657 (46.329)		9:59.113 (45.456)	10:43.923 (44.810)		

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****....Women 3000 Meter Run**

-- Michael, Gabrielle	FR Michigan	DNF		
39.563 (39.563)	1:17.888 (38.325)	1:57.272 (39.384)	2:37.503 (40.231)	
3:18.035 (40.533)	4:00.248 (42.213)	4:43.776 (43.528)	5:28.139 (44.363)	
-- Nagel, Ashlyn	FR Central Michigan	DNF		
40.079 (40.079)	1:20.510 (40.432)	2:03.551 (43.041)	2:48.257 (44.707)	
3:33.841 (45.584)	4:20.305 (46.464)	5:06.865 (46.561)	5:53.365 (46.500)	
6:39.477 (46.112)				
-- Steigerwald, Claire	SR Toledo	DNF		
36.391 (36.391)	1:16.127 (39.736)	1:54.555 (38.428)	2:33.393 (38.838)	
3:12.334 (38.941)	3:51.476 (39.142)	4:31.246 (39.771)	5:11.250 (40.004)	

Women 60 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Meet: %	8.03	2012	Tiffany Porter, Adidas
Michigan: #	7.89	3/11/2016	Cindy Ofili
Stadium: ^	8.13	1/31/2020	Cindy Ofili, Adidas
Name	Year	School	Prelims H#

Preliminaries

1	Gazaway, Angel	SR Eastern Michigan	8.41Q	2
2	Wade, Alysse	SR Eastern Michigan	8.62Q	3
3	Mayanja, Theresa	SR Michigan	8.71Q	1
4	Bates, Mayson	SO Toledo	8.70q	2
5	Goddard, Audrey	FR Western Ontario	8.76q	1
6	Moehling, Alexia	JR Toledo	8.79q	3
7	Bobb, Mikeisha	Centro Scuol	8.81q	1
8	Chapman, Paige	SR Michigan	8.94q	2
9	Hallman, Naomi	JR Oakland	8.95	1
10	Gervais, Jenna	SR Western Ontario	9.16	2
11	Schaub, Emily	SR Oakland	9.18	2
12	Jackson, Lilly	FR Windsor	9.31	3
13	Mendenhall, Katherine	JR Bowling Green	9.32	2
14	Krauth, Alexa	JR Detroit Mercy	9.43	1
15	Deng, Nyechuor	FR Western Ontario	9.61	2
16	Meyers, Rori	FR Windsor	9.63	1
17	Miles, Emon	FR Oakland	9.64	3
18	Scott, Maleah	SO Eastern Michigan	9.80	3
--	Lucas, Jenna	FR Bowling Green	DQ	1 Out of Lane

Women 60 Meter Hurdles

Meet: %	8.03	2012	Tiffany Porter, Adidas
Michigan: #	7.89	3/11/2016	Cindy Ofili
Stadium: ^	8.13	1/31/2020	Cindy Ofili, Adidas
Name	Year	School	Finals

Finals

1	Wade, Alysse	SR Eastern Michigan	8.50	
2	Gazaway, Angel	SR Eastern Michigan	8.57	
3	Moehling, Alexia	JR Toledo	8.69	
4	Bobb, Mikeisha	Centro Scuol	8.71	
5	Bates, Mayson	SO Toledo	8.78	
6	Chapman, Paige	SR Michigan	8.91	8.904
7	Goddard, Audrey	FR Western Ontario	8.91	8.910

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****Women 4x400 Meter Relay**

=====					
Meet: %	3:53.29	1994	Ferris State		
Michigan: #	3:32.46	2/11/2023			
		Stephens, Holman, Sutherland, Rynda			
Stadium: ^	3:36.36	2/3/2018	Minnesota, Minnesota		
		V Larson, E Egwim, R Schow, T Markland			
School			Finals		
=====					
1 Toledo			4:06.88		
1) Worthy, Laryah FR		2) Johnson, Shianne JR			
3) Logan, Clare FR		4) Jones, Khamani FR			
1:03.178 (1:03.178)	2:02.290 (59.112)	3:02.556 (1:00.266)	4:06.879 (1:04.324)		
2 Detroit Mercy			4:20.51		
1) Tomman, Taylor SR		2) Arnold, Josie SR			
3) Peebles, Gracelyn FR		4) Favors, Kelis FR			
1:02.627 (1:02.627)	2:03.512 (1:00.886)	3:10.770 (1:07.258)	4:20.509 (1:09.739)		
3 Detroit Mercy 'B'			4:37.63		
1) Knowles, Mone SR		2) Krauth, Alexa JR			
3) Madden, Zoe JR		4) Patterson, Mackenzie JR			
1:09.520 (1:09.520)	2:13.183 (1:03.664)	3:29.946 (1:16.764)	4:37.627 (1:07.681)		

Women High Jump

=====					
1.47, 1.53, 1.58, 1.63, 1.68, 1.71, 1.74 +3cm					
Meet: %	1.90m	2018	Alyx Treasure, Canada		
Michigan: #	1.93m	1/23/1999	Nicole Forrester		
Stadium: ^	1.90m	2/16/2018	Alyx Treasure, Canada		
Name		Year School	Finals		
=====					
1 Newman, Gabi		FR Michigan	1.63m	5-04.25	
1.47 1.53 1.58 1.63 1.68					
PPP PPP O O XXX					
2 Johannink, Tara		JR Western Ontario	1.58m	5-02.25	
1.47 1.53 1.58 1.63					
O O O XXX					
2 Logan, Clare		FR Toledo	1.58m	5-02.25	
1.47 1.53 1.58 1.63					
PPP O O XXX					
2 Vandegriff, Alyssa		JR Central Michigan	1.58m	5-02.25	
1.47 1.53 1.58 1.63					
PPP O O XXX					
5 Bates, Mayson		SO Toledo	J1.58m	5-02.25	
1.47 1.53 1.58 1.63					
O XO O XXX					
5 Selkirk, Robin		SO Western Ontario	J1.58m	5-02.25	
1.47 1.53 1.58 1.63					
O XO O XXX					
7 Ward, Nina		SR Eastern Michigan	J1.58m	5-02.25	
1.47 1.53 1.58 1.63					
O O XO XXX					
7 Mendenhall, Katherine		JR Bowling Green	J1.58m	5-02.25	
1.47 1.53 1.58 1.63					
PPP O XO XXX					
9 Englund, Makenna		FR Toledo	J1.58m	5-02.25	
1.47 1.53 1.58 1.63					
O XO XO XXX					

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****....Women High Jump**

10	Clark, Jada	FR	Detroit Mercy	1.53m	5-00.25
	1.47 1.53 1.58				
	O O XXX				
11	Banks, Alex	SR	Windsor	J1.53m	5-00.25
	1.47 1.53 1.58				
	O XO XXX				
--	Wheeler, Chevonne	SR	Eastern Michigan	NH	
	1.47				
	XXX				

Women Pole Vault

3.36, 3.51, 3.66, 3.81, 3.91, 4.01, 4.11 +10cm					
Meet: % 4.31m 2/18/2022 Sophia Franklin, Michigan Sta					
Michigan: # 4.36m 2/22/2022 Jessica Mercier					
Stadium: ^ 4.45m 1/20/2018 Victoria Hoggard, Arkansas					
	Name	Year	School	Finals	
1	Visscher, Cate	SR	Michigan	3.91m	12-10.00
	3.36 3.51 3.66 3.81 3.91 4.01				
	PPP PPP O O XXO XXX				
2	Lane, Maura	JR	Eastern Michigan	3.66m	12-00.00
	3.36 3.51 3.66 3.81				
	PPP XO XO XXX				
3	Flynn, Morgan	JR	Michigan	3.51m	11-06.25
	3.36 3.51 3.66				
	O O XXX				
4	Kralik, Ema	SR	Windsor	J3.51m	11-06.25
	3.36 3.51 3.66				
	XXO O XXX				
5	Van Der Linden, Fleur	SO	Eastern Michigan	3.36m	11-00.25
	3.36 3.51				
	O XXX				
--	Korytkowski, Shelby	SO	Central Michigan	NH	
	3.36				
	XXX				
--	Griffin, Sarah	SO	Central Michigan	NH	
	3.36				
	XXX				

Women Long Jump

Meet: % 6.25m 2000 Brandi Bentley, Michigan					
Michigan: # 6.38m 3/1/2013 Erin Busbee					
Stadium: ^ 6.19m 2/1/2020 Anna Keefer, North Carolina					
	Name	Year	School	Finals	
1	Carey, Micah	SR	Detroit Mercy	5.82m	19-01.25
	FOUL 5.61m 5.16m 5.43m FOUL 5.82m				
2	Woods, Antonia	JR	Eastern Michigan	5.53m	18-01.75
	FOUL FOUL 5.25m 5.05m 5.49m 5.53m				
3	Joseph-Guevara, Nyla	SO	Eastern Michigan	5.50m	18-00.50
	FOUL 5.40m 5.34m 5.50m 5.35m 5.12m				
4	Buffen, Kyra	JR	Eastern Michigan	5.48m	17-11.75
	5.43m 5.44m 5.44m FOUL 5.48m 5.30m				

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****....Women Long Jump**

5 Caddell, Sydney	SO Toledo	5.20m	17-00.75
5.00m 5.03m 5.07m 5.09m 5.13m 5.20m			
6 Rife, Jaci	JR Central Michigan	5.01m	16-05.25
5.00m 5.01m 4.62m 4.82m FOUL FOUL			
7 Madden, Zoe	JR Detroit Mercy	4.99m	16-04.50
4.99m FOUL 4.81m 4.68m 4.93m 4.99m			
8 Leskauskaite, Dominyka	SR Oakland	4.83m	15-10.25
4.64m 4.60m FOUL FOUL 4.63m 4.83m			
9 Cesar, Sariah	FR Windsor	4.48m	14-08.50
FOUL 4.14m FOUL 4.42m 4.48m 4.24m			

Women Triple Jump

Meet: % 12.75m 2008 Casey Taylor, Michigan					
Michigan: # 13.13m 1/28/2023 Riley Ammenhauser					
Stadium: ^ 13.69m 1/22/2022 Tori Franklin, Nike/NYAC					
Name	Year	School	Finals		
1 Vidamour, Chloe		Windsor	11.15m	36-07.00	
11.15m 11.08m FOUL 11.06m 11.11m 10.83m					
2 Joseph-Guevara, Nyla		SO Eastern Michigan	11.11m	36-05.50	
10.35m FOUL 10.79m 10.53m 10.85m 11.11m					
3 Leskauskaite, Dominyka		SR Oakland	10.97m	36-00.00	
10.75m 10.57m FOUL 10.50m 10.68m 10.97m					
4 Parchman, Alexis		SO Bowling Green	10.64m	34-11.00	
10.19m 10.30m 10.47m 10.37m 10.40m 10.64m					
5 Caddell, Sydney		SO Toledo	9.95m	32-07.75	
9.95m FOUL 9.77m 9.48m 9.77m FOUL					

Women Shot Put

Meet: % 17.77m 2018 Brittany Crew, Club SISU Throws					
Michigan: # 16.76m 3/14/2003 April Phillips					
Stadium: ^ 17.88m 2/23/2019 Sade Olatoye, Ohio State					
Name	Year	School	Finals	H#	
1 Neal, Zaresha		SR Bowling Green	16.76m	55-00.00	2
FOUL 14.67m 16.76m 15.39m FOUL 15.75m					
2 Jemison, Corinne		JR Michigan	15.96m	52-04.50	2
14.85m FOUL 15.61m 15.96m FOUL 15.44m					
3 Jackson, Opal		FR Michigan State	15.43m	50-07.50	2
14.67m FOUL FOUL FOUL 15.43m FOUL					
4 Pallett, Valadian		SO Michigan State	13.80m	45-03.50	2
13.80m FOUL FOUL FOUL FOUL FOUL					
5 Cadwell, Miranda		SR Eastern Michigan	13.59m	44-07.00	2
13.25m FOUL FOUL 13.59m FOUL FOUL					
6 Mclean, Emily		FR Central Michigan	13.34m	43-09.25	2
FOUL 13.22m FOUL 13.23m 13.34m 12.94m					
7 Emberton, Reagan		JR Bowling Green	13.18m	43-03.00	2
FOUL 13.12m FOUL FOUL FOUL 13.18m					
8 Baker, Kami		FR Bowling Green	12.90m	42-04.00	1
10.86m 12.90m FOUL FOUL FOUL 12.38m					
9 St. John, Adele		SR Western Ontario	12.76m	41-10.50	1
12.76m 12.19m 11.75m FOUL FOUL 12.26m					

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****....Women Shot Put**

10	Whitted, Ebonie	SR Bowling Green	12.68m	41-07.25	2
	FOUL FOUL 12.68m				
11	Anderson, Lane	FR Bowling Green	11.69m	38-04.25	2
	11.69m FOUL FOUL				
12	Mayanja, Theresa	SR Michigan	11.64m	38-02.25	1
	11.06m 11.43m 11.64m				
13	Sands, Liv	SO Western Ontario	11.63m	38-02.00	2
	FOUL FOUL 11.63m				
14	Barnaby, Joanna	FR Windsor	11.34m	37-02.50	1
	11.34m 11.12m FOUL				
15	Kistulinec, Kristyn	SO Windsor	11.31m	37-01.25	1
	11.11m 11.31m FOUL				
16	Smith, Kayla	SR Detroit Mercy	11.02m	36-02.00	1
	10.50m 11.02m 11.00m				
17	McNamara, Clare	JR Michigan	10.41m	34-02.00	1
	FOUL 10.41m FOUL				
18	Wheeler, Chevonne	SR Eastern Michigan	10.32m	33-10.25	1
	10.07m 10.32m 10.07m				
19	Williams, Faith	FR Detroit Mercy	8.52m	27-11.50	1
	FOUL 7.83m 8.52m				
--	Johnson, Aleah	FR Eastern Michigan	FOUL		1
	FOUL FOUL FOUL				

Women Weight Throw

=====					
Meet: %	20.86m	2013	Beth Rohl, Michigan		
Michigan: #	20.21m	2/28/2020	Brianna Nelson		
Stadium: ^	24.07m	2/22/2019	Sade Olatoye, Ohio State		
Name	Year	School	Finals		
=====					
1	Pallett, Valadian	SO Michigan State	18.91m	62-00.50	
	18.68m 18.32m 17.84m	FOUL 18.91m 18.77m			
2	Cadwell, Miranda	SR Eastern Michigan	17.95m	58-10.75	
	16.92m 17.35m 17.76m	17.95m 16.25m 17.38m			
3	Smith, Kayla	SR Detroit Mercy	15.87m	52-01.00	
	FOUL 14.48m 14.39m	14.99m 15.54m 15.87m			
4	Emberton, Reagan	JR Bowling Green	15.37m	50-05.25	
	15.37m FOUL FOUL	15.04m FOUL FOUL			
5	Johnson, Aleah	FR Eastern Michigan	15.30m	50-02.50	
	FOUL 15.30m 15.14m	14.61m FOUL 14.94m			
6	Brent, Isabella	SO Eastern Michigan	15.22m	49-11.25	
	14.76m 14.89m 15.22m	13.08m 14.29m 14.16m			
7	Woolcock, Safeya	SO Eastern Michigan	15.18m	49-09.75	
	13.60m 14.09m 14.34m	15.18m 14.85m 13.98m			
8	St. John, Adele	SR Western Ontario	14.55m	47-09.00	
	FOUL FOUL 14.55m	FOUL 14.16m 14.43m			
9	Kavanagh, Claire	FR Central Michigan	11.42m	37-05.75	
	FOUL 11.42m 10.47m	10.27m 10.85m FOUL			
10	Williams, Faith	FR Detroit Mercy	10.03m	32-11.00	
	8.90m 10.03m 9.96m				
--	Sands, Liv	SO Western Ontario	FOUL		
	FOUL FOUL FOUL				
--	Turner, Jacqueline	SO Windsor	FOUL		
	FOUL FOUL FOUL				

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****....Women Weight Throw**

-- Yungeberg, Emma FR Michigan FOUL
 FOUL FOUL FOUL
 -- Baker, Kami FR Bowling Green FOUL
 FOUL FOUL FOUL

Men 60 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

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=====
Meet: % 6.60 2009 Adam Harris, Michigan
Michigan: # 6.60 2009 Adam Harris
Stadium: ^ 6.64 2/23/2019 Nick Gray, Ohio State
Name Year School Prelims H#
=====
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Preliminaries

1	Bassham, Dante	SR	Detroit Mercy	6.71Q	1
2	Letts, Brandon		Centro Scuola	6.84Q	3
3	Simpson, Kaleb	JR	Eastern Michigan	6.85Q	2
4	Williams, Nicholas	SO	Western Ontario	6.92q	2
5	Williamson, Almighty	JR	Eastern Michigan	7.00q	3
6	Martin, Kyle	JR	Eastern Michigan	7.02q	1
7	Manouchehr, Dominik		Unattached	7.08q	1
8	Kwaiser, Tate	SO	Detroit Mercy	7.11q	3
9	Gage, George	SO	Eastern Michigan	7.15	2
10	Jones, Logan		Centro Scuola	7.16	3
11	May, Tanner		Unattached	7.23	2
12	Cowell-Miller, Aidan	FR	Western Ontario	7.28	3
13	McEvers, Reese	FR	Eastern Michigan	7.30	1
14	Senecal, Zach	SR	Windsor	7.32	3 7.315
15	Jones, Simon	JR	Detroit Mercy	7.32	3 7.317
16	Clarke, Caleb	SO	Western Ontario	7.35	2
17	Desilets, Emmanuel		London Western	7.38	1 7.371
18	Holmes, Dahndray	SR	Eastern Michigan	7.38	2 7.372
19	Isaac, Anthony	SO	Windsor	7.40	1
20	Toole, Joseph	JR	Detroit Mercy	7.52	2

Men 60 Meter Dash

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=====
Meet: % 6.60 2009 Adam Harris, Michigan
Michigan: # 6.60 2009 Adam Harris
Stadium: ^ 6.64 2/23/2019 Nick Gray, Ohio State
Name Year School Finals
=====
```

Finals

1	Bassham, Dante	SR	Detroit Mercy	6.66
2	Letts, Brandon		Centro Scuola	6.76
3	Simpson, Kaleb	JR	Eastern Michigan	6.89
4	Williams, Nicholas	SO	Western Ontario	6.99
5	Manouchehr, Dominik		Unattached	7.02
6	Martin, Kyle	JR	Eastern Michigan	7.04
7	Kwaiser, Tate	SO	Detroit Mercy	7.15

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****Men 200 Meter Dash**

=====				
Meet: %	21.11	2018	Riak Reese, Kent State	
Michigan: #	20.99	2007	Adam Harris	
Stadium: ^	20.48	2/23/2019	Nick Gray, Ohio State	
Name		Year School	Finals	H#
=====				
1 Koerner, Jacob		SO Michigan	21.57	1
2 Clark, Garrett		JR John Carroll	21.63	1
3 Major, Eilijah		SO Detroit Mercy	21.92	1
4 Alramahi, Basheer		FR John Carroll	22.08	3
5 Jones, Logan		Centro Scuola	22.25	1
6 Horner, Dustin		FR John Carroll	22.75	4
7 Clarke, Caleb		SO Western Ontario	22.86	4
8 Gage, George		SO Eastern Michigan	22.90	2
9 Ononogbo, Victor		SO John Carroll	23.11	3
10 Gast, Tyler		FR John Carroll	23.12	3
11 Richmond, Kelston		FR Michigan	23.19	3
12 Doyle, Mick		JR John Carroll	23.24	3
13 May, Tanner		Unattached	23.25	2
14 Cowell-Miller, Aidan		FR Western Ontario	23.33	4
15 Isaac, Anthony		SO Windsor	23.52	1
16 Senecal, Zach		SR Windsor	24.05	4
17 Jones, Alan		Unattached	24.06	4
18 Toole, Joseph		JR Detroit Mercy	24.53	1

Men 400 Meter Dash

=====				
Meet: %	47.00	2018	Phillip Osei, Unattached	
Michigan: #	46.04	2/26/2023	Dubem Amene	
Stadium: ^	45.82	2/23/2019	Izaiah Brown, Rutgers	
Name		Year School	Finals	H#
=====				
1 Talley, Antonio		FR Detroit Mercy	49.77	1
23.637 (23.637)		49.770 (26.134)		
2 Di Florio, Alexander		Centro Scuol	50.49	1
23.331 (23.331)		50.488 (27.157)		
3 Flake, Josh		FR Eastern Michigan	50.61	1
23.687 (23.687)		50.608 (26.921)		
4 Richmond, Kelston		FR Michigan	50.65	2
23.505 (23.505)		50.641 (27.136)		
5 Barhite, William		SO Unattached	50.82	2
23.271 (23.271)		50.816 (27.545)		
6 Hellonen, Davis		SR Detroit Mercy	51.32	2
23.619 (23.619)		51.313 (27.694)		
7 Belanger, Dylen		FR Western Ontario	52.17	3
24.763 (24.763)		52.167 (27.405)		
8 Coleman, Carvin		JR Detroit Mercy	52.24	2
23.958 (23.958)		52.236 (28.278)		
9 McKenzie, Jay		SO Detroit Mercy	52.32	3
24.955 (24.955)		52.319 (27.365)		
10 Denison, Jacob		SR Detroit Mercy	52.46	3
24.311 (24.311)		52.459 (28.149)		
11 Mackey, Sam		SR Unattached	52.72	2
24.028 (24.028)		52.715 (28.688)		
12 Jones, Alan		Unattached	53.87	3
24.915 (24.915)		53.869 (28.955)		

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****Men 600 Meter Run**

=====				
Meet: %	1:19.55	2004	Brandon Jiles, Eastern Michiga	
Michigan: #	1:15.87	2/26/2022	Miles Brown	
Stadium: ^	1:16.98	1/15/2022	Miles Brown, Michigan	
Name		Year School	Finals	H#
=====				
1 Harrell III, William		JR Oakland	1:21.19	1
25.136 (25.136)		52.690 (27.554)	1:21.189 (28.499)	
2 Fogarty, JJ		FR Western Ontario	1:21.55	1
25.177 (25.177)		52.696 (27.519)	1:21.549 (28.854)	
3 Edgar, James		SO Western Ontario	1:21.68	2
25.018 (25.018)		52.851 (27.833)	1:21.679 (28.828)	
4 Duckman, Josh		SO Western Ontario	1:21.80	1
25.801 (25.801)		52.893 (27.092)	1:21.798 (28.906)	
5 Fox, Ben		London Western	1:22.24	1
26.174 (26.174)		53.072 (26.898)	1:22.235 (29.164)	
6 Adeli, Kevin		SR Western Ontario	1:22.53	2
25.851 (25.851)		53.594 (27.743)	1:22.530 (28.937)	
7 Toney, Cole		FR Unattached	1:24.10	2
25.562 (25.562)		53.372 (27.810)	1:24.093 (30.722)	
8 Clarke, Winston		SO Western Ontario	1:24.43	1
25.705 (25.705)		53.491 (27.786)	1:24.421 (30.930)	
9 Kariuki, Patrick		FR Windsor	1:31.09	2
27.981 (27.981)		58.327 (30.346)	1:31.084 (32.757)	
-- Cundy, Joshua		SO Oakland	DQ	2 Out of Lane
23.124 (23.124)		52.986 (29.862)	1:23.028 (30.042)	

Men 800 Meter Run

=====				
Meet: %	1:49.79	2021	Nick Miller, Ohio State	
Michigan: #	1:47.37	2/12/2022	Miles Brown	
Stadium: ^	1:48.24	2/23/2019	Domenic Perretta, Penn State	
Name		Year School	Finals	H#
=====				
1 Vennemann, Linus		JR Eastern Michigan	1:52.25	1
26.929 (26.929)		55.011 (28.082)	1:23.179 (28.168)	1:52.248 (29.069)
2 Rzentkowski, Adam		SR Supah Silly TC	1:53.79	1
27.253 (27.253)		55.218 (27.966)	1:24.445 (29.227)	1:53.786 (29.342)
3 Peterson, Sam		FR Eastern Michigan	1:54.70	2
26.913 (26.913)		55.448 (28.535)	1:24.822 (29.374)	1:54.696 (29.874)
4 Gilbert, Owen		FR Unattached	1:56.71	1
27.112 (27.112)		54.830 (27.718)	1:24.704 (29.874)	1:56.707 (32.004)
5 Zartman, Hunter		SO Michigan State	1:58.37	1
27.306 (27.306)		55.780 (28.474)	1:26.274 (30.494)	1:58.370 (32.097)
6 Shackelford, Rickey		U of M Club	1:59.75	2
27.062 (27.062)		55.574 (28.513)	1:25.650 (30.076)	1:59.745 (34.095)
7 DeGrace, Brayden		SR Windsor	1:59.80	2
27.366 (27.366)		55.783 (28.418)	1:25.828 (30.045)	1:59.800 (33.972)
8 Otten, Josh		FR Detroit Mercy	2:01.34	2
28.239 (28.239)		58.099 (29.860)	1:29.654 (31.555)	2:01.339 (31.686)
9 Kuiper, Clay		FR Central Michigan	2:02.84	2
28.458 (28.458)		57.928 (29.470)	1:31.705 (33.777)	2:02.833 (31.129)
10 Bonner, Isaiah		SO Detroit Mercy	2:03.06	2
28.681 (28.681)		59.150 (30.469)	1:31.395 (32.245)	2:03.056 (31.661)
11 Nohr, Nathan		SR Unattached	2:08.62	2
27.738 (27.738)		56.506 (28.768)	1:30.376 (33.870)	2:08.619 (38.244)

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****....Men 800 Meter Run**

-- Sweningson, Grant	FR Eastern Michigan	DNF	2	
25.746 (25.746)	56.213 (30.467)	1:12.203 (15.990)	1:30.674 (18.471)	
-- Messer, Brady	FR Eastern Michigan	DNF	1	
26.628 (26.628)	54.464 (27.836)	2:06.483 (1:12.020)		

Men 1 Mile Run

=====				
Meet: %	3:58.07	2005	Nick Willis, Michigan	
Michigan: #	3:55.11	2005	Nate Brannen	
Stadium: ^	3:57.11	1/14/2023	Hobbs Kessler, VNTC	
Name	Year	School	Finals	H#
=====				
1 Hough, Riley	FR	Unattached	4:06.95	1
30.898 (30.898)	1:01.098 (30.200)	1:32.199 (31.101)	2:03.771 (31.572)	
2:34.189 (30.418)	3:05.055 (30.866)	3:36.170 (31.115)	4:06.947 (30.777)	
2 Rzentkowski, Adam	SR	Supah Silly TC	4:08.16	1
30.642 (30.642)	1:00.804 (30.162)	1:31.941 (31.137)	2:03.480 (31.539)	
2:33.641 (30.161)	3:04.519 (30.878)	3:36.173 (31.654)	4:08.160 (31.987)	
3 Ohrling, Erik	SR	Western Ontario	4:09.89	1
31.817 (31.817)	1:02.325 (30.508)	1:33.680 (31.355)	2:05.142 (31.462)	
2:36.182 (31.040)	3:07.317 (31.135)	3:38.803 (31.486)	4:09.888 (31.085)	
4 Cherry, Tim	FR	Unattached	4:10.53	1
31.665 (31.665)	1:01.990 (30.325)	1:33.576 (31.586)	2:05.332 (31.756)	
2:37.787 (32.455)	3:10.154 (32.367)	3:41.171 (31.017)	4:10.527 (29.356)	
5 Hancock, Michael	JR	Michigan	4:11.19	1
31.496 (31.496)	1:01.338 (29.842)	1:32.683 (31.345)	2:04.249 (31.566)	
2:36.638 (32.389)	3:08.181 (31.543)	3:39.664 (31.483)	4:11.182 (31.519)	
6 Zuercher, Eddie	JR	Eastern Michigan	4:11.29	1
32.203 (32.203)	1:02.798 (30.595)	1:34.411 (31.613)	2:05.968 (31.557)	
2:37.195 (31.227)	3:09.298 (32.103)	3:40.503 (31.205)	4:11.290 (30.787)	
7 Liss-Riordan, Myles	FR	Michigan	4:12.19	1
31.547 (31.547)	1:01.992 (30.445)	1:33.325 (31.333)	2:04.912 (31.587)	
2:36.869 (31.957)	3:07.871 (31.002)	3:39.236 (31.365)	4:12.187 (32.951)	
8 Sanders, Justin	SO	Western Ontario	4:14.72	1
32.336 (32.336)	1:02.995 (30.659)	1:34.704 (31.709)	2:06.460 (31.756)	
2:38.666 (32.206)	3:10.932 (32.266)	3:43.499 (32.567)	4:14.720 (31.221)	
9 Gedris, James	SR	Michigan	4:15.51	1
32.478 (32.478)	1:03.247 (30.769)	1:34.925 (31.678)	2:06.389 (31.464)	
2:38.080 (31.692)	3:09.719 (31.639)	3:41.959 (32.240)	4:15.507 (33.548)	
10 Mutai, Dennis	SO	Toledo	4:15.83	1
31.792 (31.792)	1:01.545 (29.753)	1:32.950 (31.405)	2:35.722 (1:02.772)	
3:08.737 (33.015)	3:42.066 (33.329)	4:15.830 (33.764)	4:16.120 (0.291)	
11 Spamer, Jack	JR	Michigan	4:16.47	1
32.742 (32.742)	1:02.926 (30.184)	1:34.096 (31.170)	2:05.759 (31.663)	
2:38.407 (32.648)	3:10.785 (32.378)	3:43.262 (32.477)	4:16.464 (33.202)	
12 Swart, Caleb	JR	Unattached	4:17.49	2
34.278 (34.278)	1:04.725 (30.447)	1:36.648 (31.923)	2:09.497 (32.849)	
2:41.708 (32.211)	3:13.738 (32.030)	3:45.278 (31.540)	4:17.488 (32.210)	
13 Zeleke, Matthew		Unattached	4:17.93	2
32.992 (32.992)	1:04.087 (31.096)	1:36.519 (32.433)	2:08.714 (32.195)	
2:41.057 (32.344)	3:13.373 (32.316)	3:45.588 (32.216)	4:17.925 (32.337)	
14 Burke, John	SR	Detroit Mercy	4:18.05	2
34.263 (34.263)	1:05.485 (31.222)	1:37.749 (32.264)	2:10.243 (32.494)	
2:42.760 (32.517)	3:14.982 (32.222)	3:46.357 (31.376)	4:18.046 (31.689)	

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****....Men 1 Mile Run**

15 Mawhinney, Luke	SR Windsor	4:18.74	2	
34.053 (34.053)	1:04.726 (30.673)	1:36.888 (32.162)	2:09.090 (32.202)	
2:41.566 (32.476)	3:14.502 (32.936)	3:46.683 (32.182)	4:18.732 (32.049)	
16 Hill, Adam	JR Oakland	4:19.11	2	
32.920 (32.920)	1:03.831 (30.911)	1:36.193 (32.363)	2:08.504 (32.311)	
2:41.180 (32.677)	3:14.262 (33.082)	3:47.192 (32.931)	4:19.105 (31.913)	
17 Lambers, Parker	FR Unattached	4:19.33	1	
31.820 (31.820)	1:01.497 (29.677)	1:33.882 (32.385)	2:05.824 (31.942)	
2:38.267 (32.443)	3:11.567 (33.300)	3:45.687 (34.120)	4:19.323 (33.636)	
18 Sweningson, Grant	FR Eastern Michigan	4:19.39	2	
33.765 (33.765)	1:04.643 (30.878)	1:37.034 (32.391)	2:09.294 (32.260)	
2:41.924 (32.630)	3:14.747 (32.823)	3:47.421 (32.674)	4:19.389 (31.968)	
19 Koyanagi, Kyle	SR Western Ontario	4:19.95	1	
32.132 (32.132)	1:02.489 (30.357)	1:34.098 (31.609)	2:05.897 (31.799)	
2:37.744 (31.848)	3:10.174 (32.430)	3:43.488 (33.314)	4:19.941 (36.453)	
20 Taverna, Joey	FR Central Michigan	4:21.69	2	
33.763 (33.763)	1:04.325 (30.562)	1:36.728 (32.403)	2:09.517 (32.789)	
2:42.560 (33.043)	3:16.230 (33.670)	3:49.510 (33.280)	4:21.689 (32.179)	
21 Fredricks, Jason	FR Central Michigan	4:22.58	2	
33.495 (33.495)	1:04.328 (30.833)	1:36.796 (32.468)	2:09.769 (32.973)	
2:42.427 (32.658)	3:15.737 (33.310)	3:48.938 (33.201)	4:22.577 (33.639)	
22 McArdle, Brady	FR Unattached	4:23.53	2	
33.281 (33.281)	1:03.979 (30.698)	1:36.308 (32.330)	2:08.864 (32.556)	
2:41.081 (32.217)	3:14.010 (32.930)	3:47.835 (33.825)	4:23.528 (35.693)	
23 Florence, John	JR Michigan	4:24.27	1	
32.028 (32.028)	1:02.491 (30.463)	1:34.063 (31.572)	2:05.509 (31.446)	
2:37.643 (32.134)	3:11.053 (33.410)	3:46.749 (35.696)	4:24.261 (37.512)	
24 Taylor, Joshuah	FR Toledo	4:24.76	2	
33.398 (33.398)	1:05.067 (31.669)	1:37.118 (32.051)	2:10.239 (33.121)	
2:43.668 (33.429)	3:17.310 (33.642)	3:50.778 (33.468)	4:24.756 (33.978)	
25 Kuiper, Clay	FR Central Michigan	4:25.24	2	
33.916 (33.916)	1:05.560 (31.644)	1:37.702 (32.142)	2:10.946 (33.244)	
2:44.507 (33.561)	3:19.555 (35.048)	3:52.802 (33.247)	4:25.239 (32.437)	
26 Fougner, Hunter	SO Central Michigan	4:27.12	3	
34.069 (34.069)	1:07.131 (33.062)	1:40.715 (33.584)	2:14.718 (34.004)	
2:47.978 (33.260)	3:21.895 (33.918)	3:55.782 (33.887)	4:27.116 (31.334)	
27 Marrow, Noah	FR Unattached	4:27.70	2	
33.401 (33.401)	1:04.723 (31.322)	1:37.465 (32.742)	2:10.702 (33.237)	
2:44.285 (33.583)	3:19.158 (34.873)	3:53.480 (34.322)	4:27.695 (34.215)	
28 White, Carson	SO Central Michigan	4:27.90	3	
33.586 (33.586)	1:06.464 (32.879)	1:40.467 (34.003)	2:14.185 (33.718)	
2:47.627 (33.443)	3:21.610 (33.983)	3:55.690 (34.080)	4:27.900 (32.210)	
29 Leitner, Ethan	FR Central Michigan	4:28.77	3	
33.943 (33.943)	1:06.589 (32.646)	1:40.307 (33.718)	2:13.871 (33.565)	
2:47.386 (33.515)	3:21.776 (34.391)	3:56.151 (34.375)	4:28.769 (32.618)	
30 Goosen, Gabe	JR Central Michigan	4:29.90	3	
34.617 (34.617)	1:07.897 (33.280)	1:41.823 (33.926)	2:16.312 (34.489)	
2:49.966 (33.654)	3:24.925 (34.959)	3:58.924 (34.000)	4:29.891 (30.967)	
31 Graves, Ethan	FR Windsor	4:29.91	3	
33.758 (33.758)	1:06.816 (33.058)	1:40.598 (33.782)	2:14.497 (33.899)	
2:48.423 (33.926)	3:23.149 (34.727)	3:57.204 (34.055)	4:29.907 (32.704)	
32 Chipman, Blake	FR Central Michigan	4:32.34	2	
33.393 (33.393)	1:04.983 (31.590)	1:37.585 (32.602)	2:10.571 (32.986)	
2:44.065 (33.494)	3:19.184 (35.119)	3:55.128 (35.944)	4:32.334 (37.206)	

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****....Men 1 Mile Run**

33 DeBoer, Jacob	JR Unattached	4:32.88	2	
32.700 (32.700)	1:03.634 (30.934)	1:36.036 (32.402)	2:11.353 (35.318)	
2:45.607 (34.254)	3:21.450 (35.843)	3:57.527 (36.077)	4:32.875 (35.348)	
34 Joyce, Connor	SO Detroit Mercy	4:33.08	3	
34.808 (34.808)	1:07.679 (32.871)	1:42.416 (34.738)	2:16.726 (34.310)	
2:51.539 (34.813)	3:26.863 (35.324)	4:01.275 (34.412)	4:33.073 (31.798)	
35 Gallo, Xavier	SO Toledo	4:35.64	3	
34.542 (34.542)	1:07.764 (33.222)	1:42.160 (34.396)	2:15.863 (33.703)	
2:49.745 (33.882)	3:24.849 (35.104)	4:00.177 (35.328)	4:35.633 (35.456)	
36 Neri, Nicholas	SR Windsor	4:37.56	3	
35.044 (35.044)	1:08.138 (33.094)	1:41.946 (33.808)	2:16.152 (34.206)	
2:51.030 (34.878)	3:27.039 (36.009)	4:04.717 (37.678)	4:37.553 (32.837)	
37 Porter, Steven	SO Central Michigan	4:38.54	3	
34.697 (34.697)	1:07.766 (33.069)	1:42.335 (34.569)	2:17.147 (34.812)	
2:52.244 (35.097)	3:27.081 (34.837)	4:02.406 (35.326)	4:38.533 (36.127)	
38 Burr, Josiah	SO Detroit Mercy	4:40.87	3	
33.371 (33.371)	1:06.879 (33.508)	1:41.840 (34.962)	2:16.634 (34.794)	
2:51.901 (35.267)	3:28.048 (36.147)	4:04.730 (36.682)	4:40.865 (36.135)	
39 Schwab, Ryan	SR Detroit Mercy	4:40.90	3	
34.979 (34.979)	1:08.139 (33.160)	1:42.613 (34.474)	2:17.581 (34.968)	
2:52.821 (35.240)	3:29.078 (36.257)	4:05.561 (36.483)	4:40.893 (35.332)	
40 Kleinsmith, Adam	FR Windsor	4:50.72	3	
34.548 (34.548)	1:07.783 (33.235)	1:42.039 (34.256)	2:16.531 (34.492)	
2:51.991 (35.460)	3:29.807 (37.816)	4:09.282 (39.475)	4:50.716 (41.434)	
-- Belanger, Harrison	FR Western Ontario	DNF	1	
30.416 (30.416)	1:00.552 (30.136)	1:31.655 (31.104)		

Men 3000 Meter Run

=====				
Meet: %	7:57.21	1988	Brad Barquist, Michigan	
Michigan: #	7:44.90	2004	Nick Willis	
Stadium: ^	7:58.06	1/16/2021	Tom Brady, Michigan	
Name	Year	School	Finals	
=====				
1 Scheele, Marcel	SR	Western Ontario	8:27.69	
33.241 (33.241)	1:07.327 (34.086)	1:41.150 (33.823)	2:14.105 (32.955)	
2:46.668 (32.563)	3:19.934 (33.266)	3:53.505 (33.571)	4:26.381 (32.876)	
5:00.173 (33.792)	5:34.633 (34.460)	6:09.308 (34.675)	6:44.273 (34.965)	
7:19.539 (35.266)	7:54.269 (34.730)	8:27.685 (33.416)		
2 Losey, Cooper	SR	Toledo	8:30.05	
32.855 (32.855)	1:07.352 (34.497)	1:41.533 (34.181)	2:15.305 (33.772)	
2:49.118 (33.813)	3:23.150 (34.032)	3:57.521 (34.371)	4:31.845 (34.324)	
5:06.527 (34.682)	5:41.253 (34.726)	6:15.578 (34.325)	6:49.853 (34.275)	
7:24.060 (34.207)	7:57.492 (33.432)	8:30.043 (32.551)		
3 Loucks, Ethan	SR	Western Ontario	8:33.30	
32.617 (32.617)	1:06.746 (34.129)	1:40.375 (33.629)	2:13.185 (32.811)	
2:46.322 (33.137)	3:19.409 (33.087)	3:53.209 (33.800)	4:27.064 (33.855)	
5:01.652 (34.588)	5:36.856 (35.204)	6:12.252 (35.396)	6:48.025 (35.773)	
7:23.827 (35.802)	7:58.581 (34.754)	8:33.291 (34.711)		
4 Royce, Mark	SO	Western Ontario	8:38.38	
32.751 (32.751)	1:06.989 (34.238)	1:40.568 (33.580)	2:13.332 (32.764)	
2:46.772 (33.440)	3:20.278 (33.506)	3:54.886 (34.608)	4:29.857 (34.971)	
5:05.231 (35.374)	5:40.894 (35.663)	6:16.505 (35.611)	6:52.589 (36.084)	
7:28.918 (36.329)	8:04.414 (35.496)	8:38.371 (33.957)		

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****....Men 3000 Meter Run**

5	Hrivnak, Jonathon	SR Toledo	8:38.98		
	33.010 (33.010)	1:07.240 (34.230)	1:41.257 (34.017)	2:14.617 (33.360)	
	2:48.725 (34.108)	3:22.991 (34.266)	3:57.191 (34.200)	4:31.677 (34.486)	
	5:06.261 (34.584)	5:40.923 (34.663)	6:15.184 (34.261)	6:50.928 (35.744)	
	7:26.812 (35.884)	8:03.156 (36.344)	8:38.978 (35.823)		
6	Howles, Geoff	JR Toledo	8:46.13		
	32.830 (32.830)	1:07.034 (34.204)	1:40.726 (33.692)	2:13.794 (33.068)	
	2:47.053 (33.259)	3:20.049 (32.996)	3:53.914 (33.865)	4:28.695 (34.781)	
	5:03.713 (35.018)	5:39.937 (36.224)	6:16.159 (36.222)	6:53.026 (36.867)	
	7:31.084 (38.058)	8:09.459 (38.375)	8:46.126 (36.668)		
7	Risko, Josh	FR Bowling Green	9:04.33		
	33.938 (33.938)	1:08.630 (34.692)	1:44.188 (35.558)	2:20.268 (36.080)	
	2:56.787 (36.519)	3:33.193 (36.406)	4:09.797 (36.604)	4:47.063 (37.266)	
	5:24.241 (37.178)	6:02.169 (37.928)	6:39.826 (37.657)	7:17.474 (37.648)	
	7:55.054 (37.580)	8:31.070 (36.016)	9:04.322 (33.253)		
8	Gagliardi, Christian	JR Bowling Green	9:18.38		
	33.322 (33.322)	1:07.742 (34.420)	1:42.483 (34.741)	2:18.273 (35.790)	
	2:54.921 (36.648)	3:32.275 (37.354)	4:10.068 (37.793)	4:48.584 (38.516)	
	5:27.534 (38.950)	6:06.623 (39.089)	6:46.036 (39.413)	7:25.029 (38.993)	
	8:04.524 (39.495)	8:42.781 (38.257)	9:18.377 (35.597)		
--	Ohrling, Erik	SR Western Ontario	DNF		
	32.139 (32.139)	1:06.382 (34.243)	1:40.103 (33.721)	2:13.049 (32.946)	
	2:46.015 (32.966)	3:19.178 (33.163)	3:52.712 (33.534)	4:26.280 (33.568)	
	8:26.300 (4:00.020)	8:50.049 (23.749)	9:37.908 (47.859)		
--	Lafleur, Matt	SO Unattached	DNF		
	34.067 (34.067)	1:08.940 (34.873)	1:44.467 (35.527)	2:20.099 (35.632)	
	2:56.224 (36.125)	3:32.140 (35.916)	4:09.119 (36.979)	4:46.197 (37.078)	
	5:24.035 (37.838)	6:02.272 (38.237)			

Men 60 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Meet: %	7.68	2/18/2022	Joshua Zeller, Michigan		
Michigan: #	7.64	2007	Jeff Porter		
Stadium: ^	7.68	2/18/2022	Joshua Zeller, Michigan		
Name		Year	School	Prelims	H#

Preliminaries

1	Williamson, Almighty	JR Eastern Michigan	8.04Q	2	
2	Wylie, Payne	SR Eastern Michigan	8.16Q	1	
3	Collins, Alex	SO Western Ontario	8.26q	1	
4	Norkey, Payton	SR Detroit Mercy	8.49q	2	8.484
5	Wright, Adam	FR Michigan	8.49q	2	8.486
6	Blain, Ayden	FR Western Ontario	8.71q	1	
7	Baumchen, Gabriel	JR Detroit Mercy	8.96q	2	
8	Cameron, Quinn	SO Western Ontario	9.09q	2	
9	Duncan, Avery	JR Detroit Mercy	9.19	1	
10	Maxey, Nathan	SO Windsor	9.20	1	

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****Men 60 Meter Hurdles**

=====				
Meet: %	7.68	2/18/2022	Joshua Zeller, Michigan	
Michigan: #	7.64	2007	Jeff Porter	
Stadium: ^	7.68	2/18/2022	Joshua Zeller, Michigan	
Name		Year School		Finals
=====				

Finals

1	Williamson, Almighty	JR Eastern Michigan	8.01	8.004
2	Wylie, Payne	SR Eastern Michigan	8.01	8.009
3	Collins, Alex	SO Western Ontario	8.34	
4	Norkey, Payton	SR Detroit Mercy	8.52	
5	Blain, Ayden	FR Western Ontario	8.55	
6	Cameron, Quinn	SO Western Ontario	8.93	
7	Baumchen, Gabriel	JR Detroit Mercy	8.99	

Men 4x400 Meter Relay

=====				
Meet: %	3:09.95	1985	Eastern Michigan	
Michigan: #	3:05.61	2005	Tiller, Davis, Davidson, Steverson	
Stadium: ^	3:07.46	2/23/2019	Iowa, Iowa	
			C Hofacker, A Woodard, C Thompson, M Harris	
School				Finals
=====				

1	Detroit Mercy		3:25.73	
1)	Talley, Antonio FR	2)	Norkey, Payton SR	
3)	Major, Eilijah SO	4)	Hellonen, Davis SR	
	51.208 (51.208)		1:41.996 (50.788)	2:34.521 (52.526)
				3:25.723 (51.202)
2	Detroit Mercy 'B'		3:37.75	
1)	Kwaiser, Tate SO	2)	Bassham, Dante SR	
3)	Otten, Josh FR	4)	Bonner, Isaiah SO	
	53.339 (53.339)		1:47.253 (53.915)	2:43.281 (56.028)
				3:37.746 (54.466)

Men High Jump

=====														
1.75, 1.80, 1.85, 1.90, 1.95, 2.00 +5cm														
Meet: %	2.21m	1991	Dan Redden, Michigan											
Michigan: #	2.24m		Royce/Lattany											
Stadium: ^	2.23m	2/22/2019	Mayson Conner, Nebraska											
Name		Year School												Finals
=====														
1	Hugh-Plott, Alex	SR Oakland											2.20m	7-02.50
	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00	2.05	2.10	2.17	2.20	2.22	
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	O	XO	XXX	
2	Lanfear, Daniel	SR Detroit Mercy											2.00m	6-06.75
	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00	2.05					
	PPP	PPP	PPP	PPP	PPP	O	O	O	XXX					
3	Narusch, Salvatore	SR Oakland											1.95m	6-04.75
	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00						
	PPP	PPP	PPP	PPP	PPP	O	O	XXX						
4	Bartlett, Cody	SO Detroit Mercy											J1.95m	6-04.75
	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00						
	PPP	PPP	PPP	PPP	PPP	O	XO	XXX						
5	Kellier, Cai	SR Windsor											1.85m	6-00.75
	1.65	1.70	1.75	1.80	1.85	1.90								
	PPP	PPP	PPP	O	O	XXX								

Results

1	Haddock Jr., Eric	JR Eastern Michigan	6.88m	22-07.00
	6.78m 6.88m FOUL 6.53m 6.66m 6.86m			
2	Thompson, Alexander	JR Eastern Michigan	6.66m	21-10.25
	PASS FOUL 6.66m PASS FOUL 6.56m			
3	Zaborney, Zachary	SR Detroit Mercy	6.50m	21-04.00
	6.36m 6.50m 6.33m 6.48m 6.45m 6.41m			
4	Holmes, Dahndray	SR Eastern Michigan	6.39m	20-11.75
	6.39m FOUL FOUL 6.37m 4.74m FOUL			

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****....Men Long Jump**

5	McPhee, Ian	SO Windsor	6.38m	20-11.25
	FOUL FOUL 6.38m FOUL 6.15m FOUL			
6	Eding, Evan	JR Detroit Mercy	6.20m	20-04.25
	6.20m FOUL 6.03m 5.35m FOUL FOUL			
7	McEvers, Reese	FR Eastern Michigan	5.51m	18-01.00
	5.35m 5.51m 5.37m PASS 5.42m 5.23m			

Men Triple Jump

Meet: % 16.66m 2/18/2022 Donald Scott, Adidas
 Michigan: # 16.02m 2007 Michael Whitehead
 Stadium: ^ 17.06m 1/13/2018 Donald Scott, Unattached

Name	Year	School	Finals
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1	Sadler, Richie	SR Eastern Michigan	14.82m	48-07.50
	14.82m FOUL 14.31m 14.29m PASS PASS			
2	Haddock Jr., Eric	JR Eastern Michigan	14.38m	47-02.25
	FOUL 14.38m FOUL FOUL FOUL FOUL			
3	Minton, Corey	SR John Carroll	14.09m	46-02.75
	13.78m FOUL FOUL FOUL FOUL 14.09m			
4	Zaborney, Zachary	SR Detroit Mercy	13.40m	43-11.75
	13.34m 13.19m 13.37m 13.27m 13.29m 13.40m			
5	Holmes, Dahndray	SR Eastern Michigan	13.16m	43-02.25
	13.01m FOUL FOUL 13.16m 12.92m FOUL			

Men Shot Put

Meet: % 19.45m 2021 Andrew Liskowitz, Unattached
 Michigan: # 21.02m 2/29/2020 Andrew Liskowitz
 Stadium: ^ 20.29m 1/18/2020 Andrew Liskowitz, Michigan

Name	Year	School	Finals
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1	Forist, Zane	FR Michigan	17.07m	56-00.00
	16.76m 17.07m 16.82m 16.85m 17.03m 16.59m			
2	Edwards, Seth	SR Western Ontario	15.76m	51-08.50
	FOUL 15.07m FOUL FOUL 15.76m FOUL			
3	Panhuis, Christian	SR Western Ontario	15.31m	50-02.75
	13.57m 14.37m 14.60m FOUL 14.71m 15.31m			
4	Stephenson, Newlyn	SR Eastern Michigan	14.55m	47-09.00
	14.06m 14.55m FOUL FOUL 13.51m 14.17m			

Men Weight Throw

Meet: % 24.05m 2/18/2022 Joe Ellis, Unattached
 Michigan: # 23.64m 2018 Joe Ellis
 Stadium: ^ 24.05m 2/18/2022 Joe Ellis, Unattached

Name	Year	School	Finals
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1	Ellis, Joe	Great Britain	23.92m	78-05.75
	22.95m 23.92m 23.17m 22.63m 23.31m 22.85m			
2	Stephenson, Newlyn	SR Eastern Michigan	22.61m	74-02.25
	20.93m 20.82m 20.90m 22.61m 21.88m 22.47m			
3	Winter, Eli	JR Michigan	19.42m	63-08.75
	18.57m 18.14m 18.06m 18.93m 19.42m 18.70m			

2023 Silverston Invitational - 2/17/2023**U-M Indoor Track - Ann Arbor, MI****Results****....Men Weight Throw**

4	Panhuis, Christian	SR Western Ontario	17.42m	57-02.00
	17.02m	FOUL 15.88m 16.84m 17.42m	FOUL	
5	Steslicki, Jake	NA UNAT-Michigan	17.03m	55-10.50
	17.03m 16.92m 16.62m 17.03m	FOUL 16.76m		
6	Knieper, Andrew	SO Eastern Michigan	12.64m	41-05.75
	12.64m 12.16m	FOUL FOUL FOUL 10.03m		