

**2013 WESTERN INTERNATIONAL-39th Annual****Sat. Sept 21 at Thames Valley GC, London**

09/21/2013

**28th year at Thames Valley GC*****Event # 2 MENS 8K Run***

START @ 11:00AM

Conditions:rain, 17°c, course slow

MEET RECORD:Aaron Hendrixx Guelph Gryphons :24:56.00 22Sep2012

COURSE RECORD:Aaron Hendrixx Guelph Gryphons :24:56.00 22-Sep2012

POINTS RECORD:Eastern Mich Eagles 25 pts [1-4-5-7-8] 22Sep07

TEAM TIME RECORD:GUELPH 127:26 [total of 5] avg 25:30 for 5 2012

PLACE	TEAM	POINTS	SCORERS	DISPLACERS
1	LAVAL ROUGE ET OR	68	4-7-9-20-28	63
2	OAKLAND GRIZZLIES	106	8-12-15-32-39	81-82
3	QUEEN'S GAELS	107	2-5-6-46-48	50-66
4	WINDSOR LANCERS	111	3-19-27-29-33	34-35
5	LAKEHEAD T'WOLVES	125	11-14-18-30-52	53-68
6	GUELPH GRYPHONS	153	1-16-22-45-69	72-89
7	MCMASTER MARAUDERS	158	17-23-31-43-44	54-59
8	GENESE0 KNIGHTS	160	13-26-38-41-42	55-61
9	WESTERN MUSTANGS	220	21-25-36-65-73	78-87
10	WAYNE STATE WARRIORS	272	37-49-57-58-71	79-83
11	TORONTO VARSITY BLUE	273	24-51-60-64-74	77-99
12	LAURIER GOLDEN HAWKS	314	10-62-67-85-90	92-107
13	WATERLOO WARRIORS	415	47-70-94-95-109	111-112
14	YORK LIONS	417	40-88-91-97-101	
15	MCGILL	445	75-80-84-102-104	108
16	BROCK BADGERS	453	56-76-100-105-116	
17	NIPISSING LAKERS	508	86-93-106-110-113	114-118
18	CONCORDIA STINGERS	529	96-98-103-115-117	

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE GRADE	TEAM	PLACE ON TEAM	TIME
1	1	64	Yves Sikubwabo	E2	GUELPH GRYPHONS	1	25:17
2	2	205	Jeff Archer	E4	QUEEN'S GAELS	1	25:26
3	3	317	Nick Falk	E5	WINDSOR LANCERS	1	25:30
4	4	106	Jean-Daniel Labranche	E2	LAVAL ROUGE ET OR	1	25:34
5	5	207	David Cashin	E3	QUEEN'S GAELS	2	25:36
6	6	214	Tyson Loney	E5	QUEEN'S GAELS	3	25:41
7	7	107	Maxime Lapierre	E5	LAVAL ROUGE ET OR	2	25:44
8	8	183	Michael Cox	2	OAKLAND GRIZZLIES	1	25:45
9	9	109	Benjamin Raymond	E2	LAVAL ROUGE ET OR	3	25:46
10	10	99	Adam Cornwall	E3	LAURIER GOLDEN HAWKS	1	25:47
11	11	73	Connor McGuire	SR	LAKEHEAD T'WOLVES	1	25:48
12	12	181	Andrew Bowman	1	OAKLAND GRIZZLIES	2	25:51
13	13	43	Cohen Miles-Rath	JR	GENESE0 KNIGHTS	1	25:52
14	14	70	Dominique Aulagnon	JR	LAKEHEAD T'WOLVES	2	25:55
15	15	182	Jacob Bowman	1	OAKLAND GRIZZLIES	3	25:55
16	16	60	Stephen Holmes	E5	GUELPH GRYPHONS	2	25:57
17	17	150	Blair Morgan	E3	MCMASTER MARAUDERS	1	25:58
18	18	76	Kevin Tree	SO	LAKEHEAD T'WOLVES	3	25:58
19	19	316	Josh Bolton	E3	WINDSOR LANCERS	2	26:02
20	20	104	Alexandre Ricard	E2	LAVAL ROUGE ET OR	4	26:04
21	21	295	Kevin Blackney	E4	WESTERN MUSTANGS	1	26:04
22	22	57	Drew Anderson	E3	GUELPH GRYPHONS	3	26:04
23	23	147	Gabe Ghiglione	E2	MCMASTER MARAUDERS	2	26:05

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24	24	235	Sacha Smart	E2	TORONTO VARSITY BLUE	1	26:08
25	25	301	Phil Parrot-Migas	E3	WESTERN MUSTANGS	2	26:10
26	26	44	Ryan Moynihan	JR	GENESE0 KNIGHTS	2	26:11
27	27	324	Dave Meloche	E4	WINDSOR LANCERS	3	26:11
28	28	108	Anthony Larouche	E5	LAVAL ROUGE ET OR	5	26:11
29	29	325	Michael Pesce	E3	WINDSOR LANCERS	4	26:18
30	30	71	Chris Brown	SR	LAKEHEAD T'WOLVES	4	26:19
31	31	151	Paul Rochus	R	MCMaster MARAUDERS	3	26:21
32	32	185	George O'Connor	2	OAKLAND GRIZZLIES	4	26:22
33	33	326	Alex Ullman	E2	WINDSOR LANCERS	5	26:25
34	34	323	Taylor McArthur	E2	WINDSOR LANCERS	6	26:27
35	35	321	Nick MacMackin	R	WINDSOR LANCERS	7	26:29
36	36	294	Chris Balestrini	E3	WESTERN MUSTANGS	3	26:30
37	37	280	Irvin Wyche	SO	WAYNE STATE WARRIORS	1	26:33
38	38	36	Chaz` Abad	SR	GENESE0 KNIGHTS	3	26:33
39	39	189	Bryce Stroede	1	OAKLAND GRIZZLIES	5	26:34
40	40	342	Suraj Sharma	E2	YORK LIONS	1	26:35
41	41	348	Patrick Wortner		GENESE0 KNIGHTS	4	26:36
42	42	349	Brendan Wortner		GENESE0 KNIGHTS	5	26:38
43	43	142	Eric Barry	E4	MCMaster MARAUDERS	4	26:38
44		319	Joe Kagumba	E1	WINDSOR LANCERS	8	26:38
45	44	143	Nick Belore	R	MCMaster MARAUDERS	5	26:41
46	45	62	Adam Rowles	E2	GUELPH GRYPHONS	4	26:41
47	46	211	Alex Hutton	E3	QUEEN'S GAELS	4	26:42
48	47	257	Michael Stewart	E3	WATERLOO WARRIORS	1	26:42
49	48	215	Alex Wilkie	R	QUEEN'S GAELS	5	26:43
50	49	275	Eddie Komph	SO	WAYNE STATE WARRIORS	2	26:44
51	50	204	Evan Andrin	E2	QUEEN'S GAELS	6	26:47
52	51	238	Jake Woloshyn	E5	TORONTO VARSITY BLUE	2	26:48
53	52	72	Ben Jones	FR	LAKEHEAD T'WOLVES	5	26:49
54		318	Jeremy Hick	R	WINDSOR LANCERS	9	26:49
55	53	74	Mason Quarrell	FR	LAKEHEAD T'WOLVES	6	26:53
56	54	145	Luke Charbonneau	E2	MCMaster MARAUDERS	6	26:53
57	55	41	Matthew Jorgensen	FR	GENESE0 KNIGHTS	6	26:55
58	56	13	Mike Van Bakel	E4	BROCK BADGERS	1	26:55
59	57	274	Nicholas Jackson	SR	WAYNE STATE WARRIORS	3	26:56
60	58	271	Ruben Cardenas	SO	WAYNE STATE WARRIORS	4	26:59
61	59	149	Ivan Meizinger	E1	MCMaster MARAUDERS	7	27:01
62	60	232	Chris Moyer	E2	TORONTO VARSITY BLUE	3	27:02
63	61	347	John Panus		GENESE0 KNIGHTS	7	27:03
64	62	100	Elliot De Lange	E2	LAURIER GOLDEN HAWKS	2	27:03
65	63	105	Jean-Simon Fournier-Dufour	E5	LAVAL ROUGE ET OR	6	27:05
66	64	236	Alexey Strokach	E5	TORONTO VARSITY BLUE	4	27:06
67		39	Declan Dwyer-Mcnulty	FR	GENESE0 KNIGHTS	8	27:08
68		146	Patrick Deane	R	MCMaster MARAUDERS	8	27:09
69	65	302	Shane Roberts	E2	WESTERN MUSTANGS	4	27:10
70		37	Michael Borini	FR	GENESE0 KNIGHTS	9	27:10
71	66	210	Chris Fitzgibbon	E2	QUEEN'S GAELS	7	27:11
72	67	103	Abdhu Zaghlol	E3	LAURIER GOLDEN HAWKS	3	27:11
73	68	77	Tyler White	SO	LAKEHEAD T'WOLVES	7	27:12
74		353	Alex Kramer	FR	GENESE0 KNIGHTS	10	27:15
75		153	Derek VanSchepen	E1	MCMaster MARAUDERS	9	27:16
76	69	61	Brandon Kirkup	R	GUELPH GRYPHONS	5	27:17
77	70	250	Daniel Fournier	R	WATERLOO WARRIORS	2	27:18
78		38	Liam Cody	SR	GENESE0 KNIGHTS	11	27:18
79	71	279	Kevin Salter	FR	WAYNE STATE WARRIORS	5	27:20

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80	72	63	Brayden Seneca	E2	GUELPH GRYPHONS	6	27:22
81	73	298	Seth Marcaccio	R	WESTERN MUSTANGS	5	27:23
82	74	228	Zain Ahmed	E4	TORONTO VARSITY BLUE	5	27:25
83	75	126	Vincent Parent-Pichette	E2	MCGILL	1	27:27
84	76	10	Sven Perleth	E1	BROCK BADGERS	2	27:29
85	77	229	Devonte Cummings	R	TORONTO VARSITY BLUE	6	27:31
86		75	Travis Roske	SR	LAKEHEAD T'WOLVES	8	27:31
87		144	Jordan Bierema	E4	MCMaster MARAUDERS	10	27:32
88	78	297	Lewis Kent	E2	WESTERN MUSTANGS	6	27:34
89	79	276	Andrew Nelson	FR	WAYNE STATE WARRIORS	6	27:34
90	80	124	Ben Forestell	R	MCGILL	2	27:37
91	81	188	Scott Stokan	1	OAKLAND GRIZZLIES	6	27:37
92	82	191	Alex West	1	OAKLAND GRIZZLIES	7	27:37
93		148	Jeramie Lai	R	MCMaster MARAUDERS	11	27:38
94		152	Jeff Tweedle	E1	MCMaster MARAUDERS	12	27:39
95	83	356	Kory Lohrmann		WAYNE STATE WARRIORS	7	27:40
96		315	Matt Hall	E1	WINDSOR LANCERS	10	27:42
97	84	128	Ian Richardson	E1	MCGILL	3	27:45
98	85	102	Ian Turnbull	E2	LAURIER GOLDEN HAWKS	4	27:45
99	86	164	Terry Doiron	E3	NIPISSING LAKERS	1	27:47
100		42	Tim Matteer	JR	GENESE0 KNIGHTS	12	27:47
101	87	296	Donovan Hacking	E3	WESTERN MUSTANGS	7	27:49
102	88	337	Harishan Karunenthiran	E2	YORK LIONS	2	27:49
103		293	Hunter Andrin	E3	WESTERN MUSTANGS	8	27:49
104	89	59	Tyler Hewlett	E2	GUELPH GRYPHONS	7	27:51
105	90	97	Brett Cameron	E4	LAURIER GOLDEN HAWKS	5	27:54
106		320	Paul Lamarra	E3	WINDSOR LANCERS	11	27:55
107		180	Ryan Beck	3	OAKLAND GRIZZLIES	8	27:56
108		209	Shane Favit	R	QUEEN'S GAELS	8	27:56
109		300	Triphon Moodie	E2	WESTERN MUSTANGS	9	27:57
110		273	Joey Gerow	SO	WAYNE STATE WARRIORS	8	27:59
111	91	343	James Tarling	E2	YORK LIONS	3	28:01
112		46	Chris Odin	FR	GENESE0 KNIGHTS	13	28:03
113		187	Chris Scott	1	OAKLAND GRIZZLIES	9	28:09
114	92	101	Sean Patterson	E3	LAURIER GOLDEN HAWKS	6	28:12
115		208	Jihoon Choi	R	QUEEN'S GAELS	9	28:14
116		45	Adam Murphy	FR	GENESE0 KNIGHTS	14	28:16
117	93	161	Jordan Cascagnette	R	NIPISSING LAKERS	2	28:22
118		213	Corbin Johnston	E1	QUEEN'S GAELS	10	28:26
119	94	252	Jason Laporta	E2	WATERLOO WARRIORS	3	28:31
120		190	Zack Thomas	1	OAKLAND GRIZZLIES	10	28:31
121	95	256	Ryan Santos	E2	WATERLOO WARRIORS	4	28:32
122	96	20	Francis Dumoulin	E2	CONCORDIA STINGERS	1	28:33
123		357	Sawyer Smith		WAYNE STATE WARRIORS	9	28:34
124	97	340	Sam Neal	E2	YORK LIONS	4	28:37
125	98	23	Nicholas Pevato	R	CONCORDIA STINGERS	2	28:45
126	99	234	Scott Peever	E1	TORONTO VARSITY BLUE	7	28:48
127		231	Brendan Hynes	E3	TORONTO VARSITY BLUE	8	28:55
128	100	11	Kelly Saul	E1	BROCK BADGERS	3	29:01
129		206	Jeff Mountjoy	E4	QUEEN'S GAELS	11	29:19
130		233	Connor Outhit	E4	TORONTO VARSITY BLUE	9	29:20
131	101	334	Brandon Belan	R	YORK LIONS	5	29:28
132	102	123	Christian Favreau	R	MCGILL	4	29:31
133		299	Andrew McColl	R	WESTERN MUSTANGS	10	29:36
134	103	21	Jameel Greenidge	1	CONCORDIA STINGERS	3	29:38

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135	104	125	Tsuby Kaneko	R	MCGILL	5	29:40
136		239	Galan Yousuf	E1	TORONTO VARSITY BLUE	10	29:49
137	105	12	Alastair Thompson	E3	BROCK BADGERS	4	29:49
138	106	162	Matt Chalmers	E2	NIPISSING LAKERS	3	29:51
139	107	98	Zack Caverson	2	LAURIER GOLDEN HAWKS	7	29:53
140	108	129	Cody Rountree	R	MCGILL	6	29:58
141	109	253	Spencer Leckie	E1	WATERLOO WARRIORS	5	30:08
142	110	166	Jordan Scott	E3	NIPISSING LAKERS	4	30:14
143		186	Dylan Oppenheiser	2	OAKLAND GRIZZLIES	11	30:24
144	111	248	Jesse Burt	R	WATERLOO WARRIORS	6	30:33
145	112	258	John-Paul Violante	R	WATERLOO WARRIORS	7	30:40
146	113	165	Kevin Durkee	E3	NIPISSING LAKERS	5	31:12
147	114	167	Bryan Stone	R	NIPISSING LAKERS	6	31:27
148	115	19	Alexandre Candau	E1	CONCORDIA STINGERS	4	31:28
149		255	Derek Ramos	R	WATERLOO WARRIORS	8	31:48
150	116	8	Bryan Cole	E4	BROCK BADGERS	5	31:49
151		254	Tianshi Ning	R	WATERLOO WARRIORS	9	31:53
152	117	22	Haile Kostin	R	CONCORDIA STINGERS	5	32:52
153		249	Hadi El-Shuyeb	E2	WATERLOO WARRIORS	10	33:40
154	118	163	Gabriel Doiron	R	NIPISSING LAKERS	7	33:57
155		251	Spencer Kelly	E1	WATERLOO WARRIORS	11	34:43
156		259	Andrew Wong	E1	WATERLOO WARRIORS	12	35:31

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**TEAM LAVAL ROUGE ET OR SCORI 68 PLACE: 1**

<b>OVERALL</b>							
<b>SCORE - PLACE</b>	<b>NAME</b>	<b>AGE</b>	<b>GR</b>	<b>BIB</b>	<b>TIME</b>	<b>Avg. Per KM</b>	<b>Avg. Per Mile</b>
4-4	Jean-Daniel Labranche		E2	106	25:34	3:12	5:09
7-7	Maxime Lapierre		E5	107	25:44	3:13	5:11
9-9	Benjamin Raymond		E2	109	25:46	3:14	5:12
20-20	Alexandre Ricard		E2	104	26:04	3:16	5:15
28-28	Anthony Larouche		E5	108	26:11	3:17	5:17
=====							
65-63	Jean-Simon Fournier-Dufour		E5	105	27:05	3:24	5:27
<b>Top 5 Total Time:</b>		129:19	<b>Top 5 Average Time:</b>		25:52		
<b>Top 5 Average per KM:</b>		3:14	<b>Top 5 Average Per MILE:</b>		5:13		
<b>1 - 5 Split:</b>		:37	<b>1 - 7 Split:</b>				
<b>Top 7 Total Time:</b>			<b>Top 7 Average Time:</b>				

**TEAM OAKLAND GRIZZLIES SCORI 106 PLACE: 2**

<b>OVERALL</b>							
<b>SCORE - PLACE</b>	<b>NAME</b>	<b>AGE</b>	<b>GR</b>	<b>BIB</b>	<b>TIME</b>	<b>Avg. Per KM</b>	<b>Avg. Per Mile</b>
8-8	Michael Cox		2	183	25:45	3:14	5:11
12-12	Andrew Bowman		1	181	25:51	3:14	5:13
15-15	Jacob Bowman		1	182	25:55	3:15	5:13
32-32	George O'Connor		2	185	26:22	3:18	5:19
39-39	Bryce Stroede		1	189	26:34	3:20	5:21
=====							
91-81	Scott Stokan		1	188	27:37	3:28	5:34
92-82	Alex West		1	191	27:37	3:28	5:34
=====							
107-107	Ryan Beck		3	180	27:56	3:30	5:38
113-113	Chris Scott		1	187	28:09	3:32	5:40
120-120	Zack Thomas		1	190	28:31	3:34	5:45
143-143	Dylan Oppenheiser		2	186	30:24	3:48	6:07
<b>Top 5 Total Time:</b>		130:27	<b>Top 5 Average Time:</b>		26:06		
<b>Top 5 Average per KM:</b>		3:16	<b>Top 5 Average Per MILE:</b>		5:15		
<b>1 - 5 Split:</b>		:49	<b>1 - 7 Split:</b>		1:52		
<b>Top 7 Total Time:</b>		185:41	<b>Top 7 Average Time:</b>		26:32		

**TEAM QUEEN'S GAELS SCORI 107 PLACE: 3**

<b>OVERALL</b>							
<b>SCORE - PLACE</b>	<b>NAME</b>	<b>AGE</b>	<b>GR</b>	<b>BIB</b>	<b>TIME</b>	<b>Avg. Per KM</b>	<b>Avg. Per Mile</b>
2-2	Jeff Archer		E4	205	25:26	3:11	5:07
5-5	David Cashin		E3	207	25:36	3:12	5:09
6-6	Tyson Loney		E5	214	25:41	3:13	5:10
47-46	Alex Hutton		E3	211	26:42	3:21	5:23
49-48	Alex Wilkie		R	215	26:43	3:21	5:23
=====							
51-50	Evan Andrin		E2	204	26:47	3:21	5:24
71-66	Chris Fitzgibbon		E2	210	27:11	3:24	5:29
=====							
108-108	Shane Favit		R	209	27:56	3:30	5:38
115-115	Jihoon Choi		R	208	28:14	3:32	5:41
118-118	Corbin Johnston		E1	213	28:26	3:34	5:44
129-129	Jeff Mountjoy		E4	206	29:19	3:40	5:54
<b>Top 5 Total Time:</b>		130:08	<b>Top 5 Average Time:</b>		26:02		
<b>Top 5 Average per KM:</b>		3:16	<b>Top 5 Average Per MILE:</b>		5:15		
<b>1 - 5 Split:</b>		1:17	<b>1 - 7 Split:</b>		1:45		
<b>Top 7 Total Time:</b>		184:06	<b>Top 7 Average Time:</b>		26:18		

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**TEAM WINDSOR LANCERS****SCORE 111****PLACE: 4**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
3-3	Nick Falk		E5	317	25:30	3:12	5:08
19-19	Josh Bolton		E3	316	26:02	3:16	5:15
27-27	Dave Meloche		E4	324	26:11	3:17	5:17
29-29	Michael Pesce		E3	325	26:18	3:18	5:18
33-33	Alex Ullman		E2	326	26:25	3:19	5:19
=====							
34-34	Taylor McArthur		E2	323	26:27	3:19	5:20
35-35	Nick MacMackin		R	321	26:29	3:19	5:20
=====							
44-44	Joe Kagumba		E1	319	26:38	3:20	5:22
54-54	Jeremy Hick		R	318	26:49	3:22	5:24
96-96	Matt Hall		E1	315	27:42	3:28	5:35
106-106	Paul Lamarra		E3	320	27:55	3:30	5:37
<b>Top 5 Total Time:</b>		130:26			<b>Top 5 Average Time:</b>	26:06	
<b>Top 5 Average per KM:</b>		3:16			<b>Top 5 Average Per MILE:</b>	5:15	
<b>1 - 5 Split:</b>		:55			<b>1 - 7 Split:</b>	:59	
<b>Top 7 Total Time:</b>		183:22			<b>Top 7 Average Time:</b>	26:12	

**TEAM LAKEHEAD T'WOLVES****SCORE 125****PLACE: 5**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
11-11	Connor McGuire		SR	73	25:48	3:14	5:12
14-14	Dominique Aulagnon		JR	70	25:55	3:15	5:13
18-18	Kevin Tree		SO	76	25:58	3:15	5:14
30-30	Chris Brown		SR	71	26:19	3:18	5:18
53-52	Ben Jones		FR	72	26:49	3:22	5:24
=====							
55-53	Mason Quarrell		FR	74	26:53	3:22	5:25
73-68	Tyler White		SO	77	27:12	3:24	5:29
=====							
86-86	Travis Roske		SR	75	27:31	3:27	5:33
<b>Top 5 Total Time:</b>		130:49			<b>Top 5 Average Time:</b>	26:10	
<b>Top 5 Average per KM:</b>		3:17			<b>Top 5 Average Per MILE:</b>	5:16	
<b>1 - 5 Split:</b>		1:01			<b>1 - 7 Split:</b>	1:24	
<b>Top 7 Total Time:</b>		184:54			<b>Top 7 Average Time:</b>	26:25	

**TEAM GUELPH GRYPHONS****SCORE 153****PLACE: 6**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Yves Sikubwabo		E2	64	25:17	3:10	5:06
16-16	Stephen Holmes		E5	60	25:57	3:15	5:14
22-22	Drew Anderson		E3	57	26:04	3:16	5:15
46-45	Adam Rowles		E2	62	26:41	3:21	5:23
76-69	Brandon Kirkup		R	61	27:17	3:25	5:30
=====							
80-72	Brayden Seneca		E2	63	27:22	3:26	5:31
104-89	Tyler Hewlett		E2	59	27:51	3:29	5:37
=====							
<b>Top 5 Total Time:</b>		131:16			<b>Top 5 Average Time:</b>	26:16	
<b>Top 5 Average per KM:</b>		3:17			<b>Top 5 Average Per MILE:</b>	5:17	
<b>1 - 5 Split:</b>		2:00			<b>1 - 7 Split:</b>	2:34	
<b>Top 7 Total Time:</b>		186:29			<b>Top 7 Average Time:</b>	26:39	

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**TEAM MCMMASTER MARAUDERS SCORI 158****PLACE: 7**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
17-17	Blair Morgan		E3	150	25:58	3:15	5:14
23-23	Gabe Ghiglione		E2	147	26:05	3:16	5:15
31-31	Paul Rochus		R	151	26:21	3:18	5:19
43-43	Eric Barry		E4	142	26:38	3:20	5:22
45-44	Nick Belore		R	143	26:41	3:21	5:23
=====							
56-54	Luke Charbonneau		E2	145	26:53	3:22	5:25
61-59	Ivan Meizinger		E1	149	27:01	3:23	5:27
=====							
68-68	Patrick Deane		R	146	27:09	3:24	5:28
75-75	Derek VanSchepen		E1	153	27:16	3:25	5:30
87-87	Jordan Bierema		E4	144	27:32	3:27	5:33
93-93	Jeramie Lai		R	148	27:38	3:28	5:34
94-94	Jeff Tweedle		E1	152	27:39	3:28	5:34
<b>Top 5 Total Time:</b>		131:43			<b>Top 5 Average Time:</b>	26:21	
<b>Top 5 Average per KM:</b>		3:18			<b>Top 5 Average Per MILE:</b>	5:18	
<b>1 - 5 Split:</b>		:43			<b>1 - 7 Split:</b>	1:03	
<b>Top 7 Total Time:</b>		185:37			<b>Top 7 Average Time:</b>	26:31	

**TEAM GENESEO KNIGHTS****SCORI 160****PLACE: 8**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
13-13	Cohen Miles-Rath		JR	43	25:52	3:14	5:13
26-26	Ryan Moynihan		JR	44	26:11	3:17	5:17
38-38	Chaz` Abad		SR	36	26:33	3:20	5:21
41-41	Patrick Wortner			348	26:36	3:20	5:22
42-42	Brendan Wortner			349	26:38	3:20	5:22
=====							
57-55	Matthew Jorgensen		FR	41	26:55	3:22	5:25
63-61	John Panus			347	27:03	3:23	5:27
=====							
67-67	Declan Dwyer-Mcnulty		FR	39	27:08	3:24	5:28
70-70	Michael Borini		FR	37	27:10	3:24	5:28
74-74	Alex Kramer		FR	353	27:15	3:25	5:29
78-78	Liam Cody		SR	38	27:18	3:25	5:30
100-100	Tim Matteer		JR	42	27:47	3:29	5:36
112-112	Chris Odin		FR	46	28:03	3:31	5:39
116-116	Adam Murphy		FR	45	28:16	3:32	5:42
<b>Top 5 Total Time:</b>		131:50			<b>Top 5 Average Time:</b>	26:22	
<b>Top 5 Average per KM:</b>		3:18			<b>Top 5 Average Per MILE:</b>	5:19	
<b>1 - 5 Split:</b>		:46			<b>1 - 7 Split:</b>	1:11	
<b>Top 7 Total Time:</b>		185:48			<b>Top 7 Average Time:</b>	26:33	

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**TEAM WESTERN MUSTANGS****SCORE 220****PLACE: 9**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
20-21	Kevin Blackney		E4	295	26:04	3:16	5:15
25-25	Phil Parrot-Migas		E3	301	26:10	3:17	5:16
36-36	Chris Balestrini		E3	294	26:30	3:19	5:20
69-65	Shane Roberts		E2	302	27:10	3:24	5:28
81-73	Seth Marcaccio		R	298	27:23	3:26	5:31
=====							
88-78	Lewis Kent		E2	297	27:34	3:27	5:33
101-87	Donovan Hacking		E3	296	27:49	3:29	5:36
=====							
103-103	Hunter Andrin		E3	293	27:49	3:29	5:36
109-109	Triphon Moodie		E2	300	27:57	3:30	5:38
133-133	Andrew McColl		R	299	29:36	3:42	5:58
<b>Top 5 Total Time:</b>		133:17			<b>Top 5 Average Time:</b>	26:40	
<b>Top 5 Average per KM:</b>		3:20			<b>Top 5 Average Per MILE:</b>	5:22	
<b>1 - 5 Split:</b>		1:19			<b>1 - 7 Split:</b>	1:45	
<b>Top 7 Total Time:</b>		188:40			<b>Top 7 Average Time:</b>	26:58	

**TEAM WAYNE STATE WARRIORS SCORE 272****PLACE: 10**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
37-37	Irvin Wyche		SO	280	26:33	3:20	5:21
50-49	Eddie Komph		SO	275	26:44	3:21	5:23
59-57	Nicholas Jackson		SR	274	26:56	3:22	5:26
60-58	Ruben Cardenas		SO	271	26:59	3:23	5:26
79-71	Kevin Salter		FR	279	27:20	3:25	5:30
=====							
89-79	Andrew Nelson		FR	276	27:34	3:27	5:33
95-83	Kory Lohrmann			356	27:40	3:28	5:34
=====							
110-110	Joey Gerow		SO	273	27:59	3:30	5:38
123-123	Sawyer Smith			357	28:34	3:35	5:45
<b>Top 5 Total Time:</b>		134:32			<b>Top 5 Average Time:</b>	26:55	
<b>Top 5 Average per KM:</b>		3:22			<b>Top 5 Average Per MILE:</b>	5:25	
<b>1 - 5 Split:</b>		:47			<b>1 - 7 Split:</b>	1:07	
<b>Top 7 Total Time:</b>		189:46			<b>Top 7 Average Time:</b>	27:07	

**TEAM TORONTO VARSITY BLUE SCORE 273****PLACE: 11**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
24-24	Sacha Smart		E2	235	26:08	3:16	5:16
52-51	Jake Woloshyn		E5	238	26:48	3:21	5:24
62-60	Chris Moyer		E2	232	27:02	3:23	5:27
66-64	Alexey Strokach		E5	236	27:06	3:24	5:28
82-74	Zain Ahmed		E4	228	27:25	3:26	5:31
=====							
85-77	Devonte Cummings		R	229	27:31	3:27	5:33
126-99	Scott Peever		E1	234	28:48	3:36	5:48
=====							
127-127	Brendan Hynes		E3	231	28:55	3:37	5:50
130-130	Connor Outhit		E4	233	29:20	3:40	5:55
136-136	Galan Yousuf		E1	239	29:49	3:44	6:00
<b>Top 5 Total Time:</b>		134:29			<b>Top 5 Average Time:</b>	26:54	
<b>Top 5 Average per KM:</b>		3:22			<b>Top 5 Average Per MILE:</b>	5:25	
<b>1 - 5 Split:</b>		1:17			<b>1 - 7 Split:</b>	2:40	
<b>Top 7 Total Time:</b>		190:48			<b>Top 7 Average Time:</b>	27:16	



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**TEAM LAURIER GOLDEN HAWKS SCORE 314 PLACE: 12**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
10-10	Adam Cornwall		E3	99	25:47	3:14	5:12
64-62	Elliot De Lange		E2	100	27:03	3:23	5:27
72-67	Abdhu Zaghlol		E3	103	27:11	3:24	5:29
98-85	Ian Turnbull		E2	102	27:45	3:29	5:35
105-90	Brett Cameron		E4	97	27:54	3:30	5:37
=====							
114-92	Sean Patterson		E3	101	28:12	3:32	5:41
139-107	Zack Caverson		2	98	29:53	3:45	6:01
=====							
<b>Top 5 Total Time:</b>		135:40	<b>Top 5 Average Time:</b>		27:08		
<b>Top 5 Average per KM:</b>		3:24	<b>Top 5 Average Per MILE:</b>		5:28		
<b>1 - 5 Split:</b>		2:07	<b>1 - 7 Split:</b>		4:06		
<b>Top 7 Total Time:</b>		193:45	<b>Top 7 Average Time:</b>		27:41		

**TEAM WATERLOO WARRIORS SCORE 415 PLACE: 13**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
48-47	Michael Stewart		E3	257	26:42	3:21	5:23
77-70	Daniel Fournier		R	250	27:18	3:25	5:30
119-94	Jason Laporta		E2	252	28:31	3:34	5:45
121-95	Ryan Santos		E2	256	28:32	3:34	5:45
141-109	Spencer Leckie		E1	253	30:08	3:46	6:04
=====							
144-111	Jesse Burt		R	248	30:33	3:50	6:09
145-112	John-Paul Violante		R	258	30:40	3:50	6:11
=====							
149-149	Derek Ramos		R	255	31:48	3:59	6:24
151-151	Tianshi Ning		R	254	31:53	4:00	6:25
153-153	Hadi El-Shuyeb		E2	249	33:40	4:13	6:47
155-155	Spencer Kelly		E1	251	34:43	4:21	7:00
156-156	Andrew Wong		E1	259	35:31	4:27	7:09
<b>Top 5 Total Time:</b>		141:11	<b>Top 5 Average Time:</b>		28:15		
<b>Top 5 Average per KM:</b>		3:32	<b>Top 5 Average Per MILE:</b>		5:41		
<b>1 - 5 Split:</b>		3:26	<b>1 - 7 Split:</b>		3:58		
<b>Top 7 Total Time:</b>		202:24	<b>Top 7 Average Time:</b>		28:55		

**TEAM YORK LIONS SCORE 417 PLACE: 14**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
40-40	Suraj Sharma		E2	342	26:35	3:20	5:21
102-88	Harishan Karunenthiran		E2	337	27:49	3:29	5:36
111-91	James Tarling		E2	343	28:01	3:31	5:39
124-97	Sam Neal		E2	340	28:37	3:35	5:46
131-101	Brandon Belan		R	334	29:28	3:41	5:56
=====							
<b>Top 5 Total Time:</b>		140:30	<b>Top 5 Average Time:</b>		28:06		
<b>Top 5 Average per KM:</b>		3:31	<b>Top 5 Average Per MILE:</b>		5:40		
<b>1 - 5 Split:</b>		2:53	<b>1 - 7 Split:</b>				
<b>Top 7 Total Time:</b>			<b>Top 7 Average Time:</b>				

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**TEAM MCGILL****SCORE 445****PLACE: 15**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
83-75	Vincent Parent-Pichette		E2	126	27:27	3:26	5:32
90-80	Ben Forestell		R	124	27:37	3:28	5:34
97-84	Ian Richardson		E1	128	27:45	3:29	5:35
132-102	Christian Favreau		R	123	29:31	3:42	5:57
135-104	Tsuby Kaneko		R	125	29:40	3:43	5:59
=====							
140-108	Cody Rountree		R	129	29:58	3:45	6:02
<b>Top 5 Total Time:</b>		142:00			<b>Top 5 Average Time:</b>	28:24	
<b>Top 5 Average per KM:</b>		3:33			<b>Top 5 Average Per MILE:</b>	5:43	
<b>1 - 5 Split:</b>		2:13			<b>1 - 7 Split:</b>		
<b>Top 7 Total Time:</b>					<b>Top 7 Average Time:</b>		

**TEAM BROCK BADGERS****SCORE 453****PLACE: 16**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
58-56	Mike Van Bakel		E4	13	26:55	3:22	5:25
84-76	Sven Perleth		E1	10	27:29	3:27	5:32
128-100	Kelly Saul		E1	11	29:01	3:38	5:51
137-105	Alastair Thompson		E3	12	29:49	3:44	6:00
150-116	Bryan Cole		E4	8	31:49	3:59	6:25
=====							
<b>Top 5 Total Time:</b>		145:03			<b>Top 5 Average Time:</b>	29:01	
<b>Top 5 Average per KM:</b>		3:38			<b>Top 5 Average Per MILE:</b>	5:51	
<b>1 - 5 Split:</b>		4:54			<b>1 - 7 Split:</b>		
<b>Top 7 Total Time:</b>					<b>Top 7 Average Time:</b>		

**TEAM NIPISSING LAKERS****SCORE 508****PLACE: 17**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
99-86	Terry Doiron		E3	164	27:47	3:29	5:36
117-93	Jordan Cascagnette		R	161	28:22	3:33	5:43
138-106	Matt Chalmers		E2	162	29:51	3:44	6:01
142-110	Jordan Scott		E3	166	30:14	3:47	6:05
146-113	Kevin Durkee		E3	165	31:12	3:54	6:17
=====							
147-114	Bryan Stone		R	167	31:27	3:56	6:20
154-118	Gabriel Doiron		R	163	33:57	4:15	6:50
=====							
<b>Top 5 Total Time:</b>		147:26			<b>Top 5 Average Time:</b>	29:30	
<b>Top 5 Average per KM:</b>		3:42			<b>Top 5 Average Per MILE:</b>	5:56	
<b>1 - 5 Split:</b>		3:25			<b>1 - 7 Split:</b>	6:10	
<b>Top 7 Total Time:</b>		212:50			<b>Top 7 Average Time:</b>	30:25	

**TEAM CONCORDIA STINGERS****SCORE 529****PLACE: 18**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
122-96	Francis Dumoulin		E2	20	28:33	3:35	5:45
125-98	Nicholas Pevato		R	23	28:45	3:36	5:48
134-103	Jameel Greenidge		1	21	29:38	3:43	5:58
148-115	Alexandre Candau		E1	19	31:28	3:56	6:20
152-117	Haile Kostin		R	22	32:52	4:07	6:37
=====							
<b>Top 5 Total Time:</b>		151:16			<b>Top 5 Average Time:</b>	30:16	
<b>Top 5 Average per KM:</b>		3:47			<b>Top 5 Average Per MILE:</b>	6:06	
<b>1 - 5 Split:</b>		4:19			<b>1 - 7 Split:</b>		
<b>Top 7 Total Time:</b>					<b>Top 7 Average Time:</b>		