

# 1996 NAIA WOMENS NATIONAL CROSS COUNTRY CHAMPIONSHIPS

## UW-PARKSIDE NATIONAL CROSS COUNTRY COURSE

RACE: WOMENS 5K

11/16/96

### TEAM SCORE SUMMARY

| PLACE | SCHOOL                | TEAM FINISHES |     |     |     |     |      |      |  | TOTAL |
|-------|-----------------------|---------------|-----|-----|-----|-----|------|------|--|-------|
| 1     | SIMON FRASER BC       | 1             | 2   | 20  | 21  | 31  | 37B  |      |  | 75    |
| 2     | UNIV/PUGET SOUND WA   | 11            | 12  | 13  | 24  | 54  | 73B  | 104B |  | 114   |
| 3     | WESTMONT COL CA       | 14            | 15  | 34  | 42  | 67  | 75B  | 177B |  | 172   |
| 4     | PACIFIC LUTHERAN WA   | 5             | 19  | 50  | 65  | 82  | 95B  | 102B |  | 221   |
| 5     | CEDARVILLE COL OH     | 7             | 22  | 55  | 57  | 84  | 101B | 139B |  | 225   |
| 5     | BERRY COL GA          | 3             | 25  | 30  | 48  | 119 | 127B | 187B |  | 225   |
| 7     | HILLSDALE COL MI      | 36            | 38  | 41  | 60  | 71  | 99B  | 194B |  | 246   |
| 8     | UNIV/RIO GRANDE OH    | 4             | 10  | 77  | 86  | 91  | 168B | 233B |  | 268   |
| 9     | OKLAHOMA BAPTIST      | 23            | 27  | 47  | 105 | 145 | 163B | 199B |  | 347   |
| 10    | CONCORDIA COL NE      | 8             | 52  | 70  | 109 | 116 | 133B | 191B |  | 355   |
| 11    | PARK COLLEGE MO       | 17            | 56  | 78  | 83  | 154 | 167B | 193B |  | 388   |
| 12    | AZUSA PACIFIC UN CA   | 26            | 63  | 68  | 72  | 192 | 217B | 227B |  | 421   |
| 13    | SEATTLE UNIV WA       | 43            | 59  | 76  | 108 | 146 | 205B | 239B |  | 432   |
| 14    | HOUGHTON COLLEGE NY   | 6             | 53  | 61  | 142 | 175 | 200B | 210B |  | 437   |
| 15    | SIENA HEIGHTS COL MI  | 45            | 85  | 98  | 100 | 111 | 197B | 208B |  | 439   |
| 16    | WILLAMETTE UNIV OR    | 40            | 58  | 96  | 122 | 124 | 131B | 206B |  | 440   |
| 17    | WESTERN WASHINGTON    | 64            | 69  | 88  | 90  | 130 | 132B | 144B |  | 441   |
| 18    | DOANE COLLEGE NE      | 9             | 51  | 115 | 123 | 147 | 173B | 178B |  | 445   |
| 19    | NEBRASKA WESLEYAN     | 74            | 81  | 89  | 110 | 120 | 125B | 151B |  | 474   |
| 20    | WHITMAN COLLEGE WA    | 29            | 32  | 113 | 149 | 158 | 184B | 190B |  | 481   |
| 21    | OLIVETTE NAZARENE IL  | 33            | 39  | 87  | 140 | 183 | 195B | 236B |  | 482   |
| 22    | MALONE COL OH         | 19            | 79  | 118 | 136 | 138 | 162B | 164B |  | 482   |
| 22    | DORDT COL IA          | 44            | 62  | 106 | 107 | 170 | 186B | 201B |  | 482   |
| 24    | JAMESTOWN COL ND      | 48            | 80  | 121 | 128 | 143 | 209B |      |  | 518   |
| 25    | EASTERN OREGON STATE  | 94            | 114 | 129 | 160 | 171 | 198B | 218B |  | 668   |
| 26    | LINDSEY WILSON COL KY | 16            | 49  | 189 | 207 | 219 | 223B | 226B |  | 680   |
| 27    | LINDENWOOD COL MO     | 35            | 66  | 156 | 220 | 221 | 225B | 230B |  | 698   |
| 28    | CLAYTON STATE GA      | 28            | 117 | 150 | 203 | 215 | 234B | 241B |  | 713   |
| 29    | TAYLOR UNIV IN        | 93            | 135 | 161 | 180 | 182 | 202B | 224B |  | 751   |
| 30    | SOUTHERN NAZARENE OK  | 134           | 137 | 159 | 165 | 166 | 181B | 188B |  | 761   |
| 31    | UNIV/MOBILE AL        | 112           | 153 | 157 | 172 | 185 | 196B | 240B |  | 779   |
| 32    | CUMBERLAND COL KY     | 97            | 155 | 169 | 174 | 204 | 228B | 231B |  | 799   |
| 33    | SOUTHWESTERN COL KS   | 92            | 126 | 179 | 211 | 212 | 214B | 216B |  | 820   |
| 34    | GEORGIAN COURT NJ     | 103           | 141 | 152 | 213 | 222 | 229B | 232B |  | 831   |
| 35    | SOUTHWESTERN OKLAHOMA | 148           | 176 | 235 | 237 | 238 | 242B |      |  | 1034  |

# 222 WOMENS NATIONAL CROSS COUNTRY CHAMPIONSHIPS

## UW-PARKSIDE NATIONAL CROSS COUNTRY COURSE

RACE: WOMENS 5K

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### RUNNER LIST IN ORDER OF FINISH

| PLACE   |      | TIME  | NO. | NAME               | YR | SCHOOL               |
|---------|------|-------|-----|--------------------|----|----------------------|
| OVERALL | TEAM |       |     |                    |    |                      |
| 1       | 1    | 17:14 | 143 | CARI RAMPERSAD     | 3  | SIMON FRASER BC      |
| 2       | 2    | 17:26 | 139 | HEATHER DE GEEST   | 2  | SIMON FRASER BC      |
| 3       | 0    | 17:33 | 545 | JOSPHINE KANDIE    | 1  | LIFE COLLEGE GA      |
| 4       | 0    | 17:35 | 556 | SARAH KORIR        | 1  | MCKENDREE COL IL     |
| 5       | 3    | 17:44 | 160 | MICHELLE ABERNATHY | 2  | BERRY COL GA         |
| 6       | 4    | 17:51 | 383 | ANMARIE HYNES      | 3  | UNIV/RIO GRANDE OH   |
| 7       | 5    | 18:01 | 377 | TANYA ROBINSON     | 3  | PACIFIC LUTHERAN WA  |
| 8       | 0    | 18:05 | 519 | MARIE PARKER       | 2  | DAKOTA STATE SD      |
| 9       | 6    | 18:06 | 274 | KRISTA RUTH        | 2  | HOUGHTON COLLEGE NY  |
| 10      | 7    | 18:07 | 284 | JULIANNE PLETCHER  | 4  | CEDARVILLE COL OH    |
| 11      | 8    | 18:11 | 344 | AMY LUFT           | 3  | CONCORDIA COL NE     |
| 12      | 9    | 18:12 | 260 | CHRISTIN BARBER    | 4  | DOANE COLLEGE NE     |
| 13      | 10   | 18:16 | 384 | DEBBIE LINN        | 2  | UNIV/RIO GRANDE OH   |
| 14      | 0    | 18:16 | 518 | AMY HANSEN         | 4  | DAKOTA STATE SD      |
| 15      | 11   | 18:16 | 319 | MY NGUYEN          | 3  | UNIV/PUGET SOUND WA  |
| 16      | 12   | 18:17 | 320 | BETH ROBBINS       | 3  | UNIV/PUGET SOUND WA  |
| 17      | 13   | 18:18 | 313 | ANDREA BOITANO     | 3  | UNIV/PUGET SOUND WA  |
| 18      | 14   | 18:19 | 328 | JULIE HASSAN       | 2  | WESTMONT COL CA      |
| 19      | 15   | 18:19 | 330 | MIRIAM NIEDNAGEL   | 4  | WESTMONT COL CA      |
| 20      | 0    | 18:20 | 536 | SYLVIA FISHER      | 4  | HAWAII PACIFIC UNIV  |
| 21      | 16   | 18:21 | 298 | EVALYNE ASIBA      | ?  | LINDSEY WILSON COL K |
| 22      | 17   | 18:21 | 230 | MARIA MEDINA       | 4  | PARK COLLEGE MO      |
| 23      | 0    | 18:22 | 551 | KATHERINE CHABOT   | 4  | MAINE/PRESQUE/ISLE   |
| 24      | 18   | 18:24 | 351 | JULIE HARRISON     | 4  | MALONE COL OH        |
| 25      | 19   | 18:28 | 313 | MAREE GEORGE       | 1  | PACIFIC LUTHERAN WA  |
| 26      | 20   | 18:34 | 144 | JILL SAVEGE        | 4  | SIMON FRASER BC      |
| 27      | 21   | 18:35 | 138 | MELISSA CLEMENT    | 1  | SIMON FRASER BC      |
| 28      | 0    | 18:35 | 600 | ERIN CORTWRIGHT    | 1  | CORNERSTONE COL MI   |
| 29      | 22   | 18:36 | 282 | BECKY JORDAN       | 2  | CEDARVILLE COL OH    |
| 30      | 23   | 18:37 | 201 | GABRIELA HNILKOVA  | 2  | OKLAHOMA BAPTIST     |
| 31      | 24   | 18:38 | 318 | DANA MURRAY        | 2  | UNIV/PUGET SOUND WA  |
| 32      | 0    | 18:38 | 537 | JILL CAMPBELL      | 2  | HUNTINGTON COL IN    |
| 33      | 25   | 18:39 | 159 | SUSAN WELLS        | 3  | BERRY COL GA         |
| 34      | 0    | 18:40 | 528 | BROOKE BARTON      | 3  | GEORGE FOX U OR      |
| 35      | 26   | 18:44 | 333 | BETH HAKE          | 3  | AZUSA PACIFIC UN CA  |
| 36      | 0    | 18:46 | 553 | AMY CREWS          | 1  | MARIAN COL IN        |
| 37      | 27   | 18:47 | 198 | MELISSA FLOOD      | 2  | OKLAHOMA BAPTIST     |
| 38      | 28   | 18:47 | 117 | MARY SCHWERDT      | 3  | CLAYTON STATE GA     |
| 39      | 29   | 18:47 | 411 | ONI OGSBURY        | 4  | WHITMAN COLLEGE WA   |
| 40      | 30   | 18:48 | 161 | KATY MOORE         | 2  | BERRY COL GA         |
| 41      | 31   | 18:48 | 145 | LAENA GARRISON     | 2  | SIMON FRASER BC      |
| 42      | 0    | 18:49 | 582 | MELISSA BAKER      | 2  | WESTERN OREGON ST    |
| 43      | 32   | 18:50 | 404 | EMILY ANDERSON     | 4  | WHITMAN COLLEGE WA   |
| 44      | 33   | 18:50 | 257 | TREASURE SCHULTZ   | 3  | OLIVETTE NAZARENE IL |
| 45      | 0    | 18:51 | 591 | TRANECA HICKS      | 2  | POINT LOMA NAZARENE  |
| 46      | 34   | 18:51 | 322 | ABBY BRYNN         | 3  | WESTMONT COL CA      |
| 47      | 35   | 18:52 | 240 | AMY KNOBLOCH       | 1  | LINDENWOOD COL MO    |
| 48      | 0    | 18:52 | 522 | JULIE LUTKE        | 4  | DICKINSON STATE ND   |
| 49      | 36   | 18:53 | 150 | ANNA NEUBAUER      | 2  | HILLSDALE COL MI     |

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| PLACE | OVERALL | TEAM | TIME  | NO. | NAME                 | YR | SCHOOL                 |
|-------|---------|------|-------|-----|----------------------|----|------------------------|
| 148   | 114     |      | 19:53 | 134 | GWEN SIEWELL         | 1  | EASTERN OREGON STATE   |
| 149   | 0       |      | 19:53 | 577 | KELLI KUNKEL         | ?  | TRI-STATE UNIV IN      |
| 150   | 115     |      | 19:53 | 267 | ROBIN WILSON         | 3  | DOANE COLLEGE NE       |
| 151   | 116     |      | 19:53 | 342 | NAOMI GEIDEL         | 3  | CONCORDIA COL NE       |
| 152   | 117     |      | 19:54 | 115 | DAWN PETERSON        | 4  | CLAYTON STATE GA       |
| 153   | 118     |      | 19:54 | 354 | KRIS OWENS           | 1  | MALONE COL OH          |
| 154   | 119     |      | 19:54 | 156 | LISA FUCHS           | 1  | BERRY COL GA           |
| 155   | 120     |      | 19:55 | 363 | AMBERLY DIVIS        | 1  | NEBRASKA WESLEYAN      |
| 156   | 121     |      | 19:56 | 166 | DORIS ADAMS          | 1  | JAMESTOWN COL ND       |
| 157   | 0       |      | 19:56 | 599 | HOPE ABBOTT          | 4  | OKLAHOMA CHRISTIAN     |
| 158   | 122     |      | 19:57 | 420 | TONYA SANDERS        | 2  | WILLAMETTE UNIV OR     |
| 159   | 0       |      | 19:57 | 539 | EMILY SWEET          | 4  | INDIANA WESLEYAN       |
| 160   | 0       |      | 19:57 | 502 | LESLIE ERVIN         | 1  | AQUINAS COL MI         |
| 161   | 123     |      | 19:58 | 263 | JAYNE MULLALLY       | 3  | DOANE COLLEGE NE       |
| 162   | 124     |      | 19:58 | 423 | EMILY WILLIAMS       | 3  | WILLAMETTE UNIV OR     |
| 163   | 0       |      | 19:58 | 514 | STEPHANIE SCHMIDGALL | 3  | COLL/ST SCHOLASTICA MI |
| 164   | 125B    |      | 19:59 | 364 | KARA HEIMANN         | 2  | NEBRASKA WESLEYAN      |
| 165   | 126     |      | 19:59 | 308 | MCWILLIAMS MISTY     | 2  | SOUTHWESTERN COL W     |
| 166   | 127B    |      | 20:01 | 158 | REAGAN MILLS         | 1  | BERRY COL GA           |
| 167   | 128     |      | 20:01 | 167 | ERIN SOZIEL          | 3  | JAMESTOWN COL ND       |
| 168   | 0       |      | 20:02 | 526 | BROOKE PARISE        | 3  | GENEVA COL PA          |
| 169   | 129     |      | 20:02 | 127 | GINGER CONROY        | 3  | EASTERN OREGON STATE   |
| 170   | 130     |      | 20:03 | 394 | SABRINA BECHERINI    | 4  | WESTERN WASHINGTON     |
| 171   | 0       |      | 20:03 | 573 | ANGIE LANDRE         | 2  | SOUTHEASTERN OKLAHOMA  |
| 172   | 131B    |      | 20:04 | 422 | RAYONA WEBER         | 2  | WILLAMETTE UNIV OR     |
| 173   | 132B    |      | 20:04 | 396 | ADRIA COVEY          | 1  | WESTERN WASHINGTON     |
| 174   | 133B    |      | 20:04 | 348 | KIM WILLIAMS         | 4  | CONCORDIA COL NE       |
| 175   | 134     |      | 20:05 | 209 | STEPH MILLER         | 2  | SOUTHERN NAZARENE OK   |
| 176   | 0       |      | 20:06 | 586 | ROBIN KNIGHT         | 1  | WESTMINSTER COL PA     |
| 177   | 135     |      | 20:06 | 221 | KRISTEN HORN         | 3  | TAYLOR UNIV IN         |
| 178   | 136     |      | 20:07 | 352 | CHRISSIE JEREN       | 1  | MALONE COL OH          |
| 179   | 137     |      | 20:08 | 205 | MANDY ARP            | 1  | SOUTHERN NAZARENE OK   |
| 180   | 138     |      | 20:09 | 353 | SUZI JEREN           | 1  | MALONE COL OH          |
| 181   | 0       |      | 20:10 | 532 | JULIE THOMPSON       | 3  | GRACELAND COL IA       |
| 182   | 0       |      | 20:10 | 583 | TYNA FREE            | 2  | WESTERN OREGON ST      |
| 183   | 139B    |      | 20:10 | 283 | KARA MALONE          | 4  | CEDARVILLE COL OH      |
| 184   | 140     |      | 20:10 | 258 | AMY THOMPSON         | 1  | OLIVETTE NAZARENE IL   |
| 185   | 141     |      | 20:11 | 102 | LAURA COMPTON        | 3  | GEORGIAN COURT NJ      |
| 186   | 142     |      | 20:11 | 275 | MELANIE SWANSFEGER   | 2  | HOUGHTON COLLEGE NY    |
| 187   | 143     |      | 20:12 | 175 | MANDI ZIMNEY         | 3  | JAMESTOWN COL ND       |
| 188   | 0       |      | 20:12 | 504 | JAN HAMMOND          | 2  | BAKER UNIV KS          |
| 189   | 0       |      | 20:13 | 527 | BEVERLY HAYWOOD      | 3  | GENEVA COL PA          |
| 190   | 144B    |      | 20:13 | 395 | STEPHANIE COLLINS    | 1  | WESTERN WASHINGTON     |
| 191   | 145     |      | 20:14 | 197 | KIM DAY              | 3  | OKLAHOMA BAPTIST       |
| 192   | 0       |      | 20:15 | 560 | MEGAN SPURGIN        | 3  | MOUNT MERCY COL IA     |
| 193   | 0       |      | 20:16 | 563 | LARRA NEWMAN         | ?  | NORTH GEORGIA COL      |
| 194   | 146     |      | 20:16 | 389 | DANICA HENDRICKSON   | 1  | SEATTLE UNIV WA        |
| 195   | 0       |      | 20:16 | 509 | JAMEY THOMAS         | 4  | BETHANY COL KS         |
| 196   | 147     |      | 20:17 | 264 | CRIS SKILLMAN        | 4  | DOANE COLLEGE NE       |

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RACE: WOMENS 5K

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### RUNNER LIST IN ORDER OF FINISH

| PLACE   |      | TIME  | NO. | NAME                  | YR | SCHOOL               |
|---------|------|-------|-----|-----------------------|----|----------------------|
| OVERALL | TEAM |       |     |                       |    |                      |
| 99      | 76   | 19:30 | 391 | SARAH ULLRICH         | 4  | SEATTLE UNIV WA      |
| 100     | 77   | 19:31 | 380 | LESLIE BALES          | 2  | UNIV/RIO GRANDE OH   |
| 101     | 78   | 19:32 | 231 | BETHANY OYSTER        | 1  | PARK COLLEGE MO      |
| 102     | 79   | 19:33 | 357 | STACY WENGER          | 2  | MALONE COL OH        |
| 103     | 80   | 19:33 | 171 | MANDI GRONOS          | 1  | JAMESTOWN COL ND     |
| 104     | 0    | 19:33 | 534 | KELLY LAUTERBACH      | 1  | HARDING UNIV AR      |
| 105     | 81   | 19:34 | 367 | MEGAN YONKEY          | 2  | NEBRASKA WESLEYAN    |
| 106     | 82   | 19:34 | 375 | CHELSEA MORRIS        | 2  | PACIFIC LUTHERAN WA  |
| 107     | 83   | 19:34 | 225 | KIM CRAWFORD          | 1  | PARK COLLEGE MO      |
| 108     | 0    | 19:34 | 555 | SHEILA KABAT          | 1  | UNIV/MARY ND         |
| 109     | 0    | 19:35 | 574 | HILARY GREEN          | 2  | SPRING ARBOR COL MI  |
| 110     | 84   | 19:35 | 285 | MEGAN STEVENS         | 3  | CEDARVILLE COL OH    |
| 111     | 85   | 19:35 | 189 | DANIELLE RISNER       | 1  | SIENA HEIGHTS COL MI |
| 112     | 86   | 19:36 | 382 | TRICIA CUNNINGHAM     | 3  | UNIV/RIO GRANDE OH   |
| 113     | 0    | 19:36 | 503 | BROOKE VANDERMEULEN   | 1  | AQUINAS COL MI       |
| 114     | 87   | 19:37 | 250 | SHANNON BULT          | 3  | OLIVETTE NAZARENE IL |
| 115     | 88   | 19:37 | 400 | SARAH GAGNIER         | 2  | WESTERN WASHINGTON   |
| 116     | 0    | 19:38 | 557 | RENEE BIRKEL          | 4  | MIDLAND LUTHERAN NE  |
| 117     | 89   | 19:38 | 362 | STEPH DEAN            | 1  | NEBRASKA WESLEYAN    |
| 118     | 90   | 19:38 | 397 | CATHY DELLA-MAGGIORA  | 3  | WESTERN WASHINGTON   |
| 119     | 91   | 19:38 | 381 | TESIA COLE            | 1  | UNIV/RIO GRANDE OH   |
| 120     | 92   | 19:38 | 305 | CARRIE COOK           | 2  | SOUTHWESTERN COL KS  |
| 121     | 93   | 19:39 | 224 | JODY THOMPSON         | 1  | TAYLOR UNIV IN       |
| 122     | 94   | 19:39 | 131 | ERRON HANLEY          | 3  | EASTERN OREGON STATE |
| 123     | 0    | 19:40 | 561 | JESSICA MCLAIN        | 2  | UNIV/NEW ENGLAND     |
| 124     | 0    | 19:40 | 588 | MAUREEN CASEY         | 2  | ST XAVIER UN IL      |
| 125     | 95B  | 19:41 | 376 | SHANNON ROBINSON      | 3  | PACIFIC LUTHERAN WA  |
| 126     | 96   | 19:41 | 416 | MALIA GREENING        | 4  | WILLAMETTE UNIV OR   |
| 127     | 97   | 19:42 | 288 | DANA GILREATH         | 1  | CUMBERLAND COL KY    |
| 128     | 98   | 19:43 | 194 | GINA WATSON           | 1  | SIENA HEIGHTS COL MI |
| 129     | 99B  | 19:43 | 147 | DANA ERGENBRIGHT      | 3  | HILLSDALE COL MI     |
| 130     | 100  | 19:44 | 187 | BRIDGET NESBIT        | 3  | SIENA HEIGHTS COL MI |
| 131     | 101B | 19:44 | 287 | JILL ZENNER           | 4  | CEDARVILLE COL OH    |
| 132     | 0    | 19:44 | 595 | KELLY PLAUTZ          | 3  | PALM BEACH ATLANTIC  |
| 133     | 0    | 19:45 | 530 | CARYN CROCFER         | 4  | GRACELAND COL IA     |
| 134     | 102B | 19:45 | 374 | CHANDRA LONGNECKER    | 3  | PACIFIC LUTHERAN WA  |
| 135     | 0    | 19:45 | 587 | CHRISTINE PAOLINI     | 3  | WESTMINSTER COL PA   |
| 136     | 103  | 19:46 | 106 | JENNIFER NEWMAN       | 1  | GEORGIAN COURT NJ    |
| 137     | 104B | 19:46 | 321 | JESSICA SCHNEIDER     | 1  | UNIV/PUGET SOUND WA  |
| 138     | 105  | 19:47 | 199 | RENEE GAINES          | 2  | OKLAHOMA BAPTIST     |
| 139     | 106  | 19:47 | 183 | REBECCA VAN DE GRIEND | 2  | DORDT COL IA         |
| 140     | 107  | 19:48 | 176 | CARA DEWIT            | 2  | DORDT COL IA         |
| 141     | 108  | 19:48 | 386 | JENNY EGAN            | 3  | SEATTLE UNIV WA      |
| 142     | 109  | 19:49 | 343 | STACY HAIN            | 1  | CONCORDIA COL NE     |
| 143     | 110  | 19:49 | 361 | BETH CHRIST           | 1  | NEBRASKA WESLEYAN    |
| 144     | 111  | 19:50 | 186 | PAULA KANGAS          | 4  | SIENA HEIGHTS COL MI |
| 145     | 0    | 19:51 | 533 | DIANE GRUBBS          | 1  | HARDING UNIV AR      |
| 146     | 112  | 19:52 | 234 | KELLY HUDSON          | 1  | UNIV/MOBILE AL       |
| 147     | 113  | 19:52 | 408 | TAYLOR DALE           | 1  | WHITMAN COLLEGE WA   |