



Melissa Johnson-White

PERSONAL BEST

- ➔ 3k – 9:10 (2/09)
- ➔ 5k – 15:56 (5/09)
- ➔ 10k – 33:15 (11/08)
- ➔ 10k Road – 32:42 (2/09)
- ➔ 15k – 50:45 (3/09)
- ➔ Half Marathon – 1:12:05 (6/12)
- ➔ Marathon – 2:32:55 (10/09)

CAREER HIGHLIGHTS

Post Collegiate

(Hansons-Brooks Member Since 9/03)

- 4th, 2013 US 25k Championships
- 2nd, 2013 Shamrock Shuffle
- 1st, 2013 Livestrong Austin Half Marathon
- 1st, 2013, 2007, 2006 Walt Disney World Half Marathon
- 3rd, 2012 Twin Cities Marathon, 2:34:02
- 4th, 2012 US Half Marathon Championships, 1:12:05
- 3rd, 2012 US 25k Championships, 1:26:22
- 13th, 2012 US Olympic Marathon Trials, 2:34:33
- 8th, 2011 Beach to Beacon 10k, 33:46
- 7th, 1st American, 2011 San Diego Rock n Roll Marathon, 2:33:09
- 8th, 2nd American, 2009 Bank of American Chicago Marathon, 2:32:55
- 4th, 2009 American Milers Club HP Series 5k, 15:56
- 5th, 2009 US 15k Championships, 50:45
- Member of 2009 Yokohama Ekiden Relay, Yokohama, Japan, 32:42 10k
- 2nd, 2009 Grand Valley Indoor Meet 3k, 9:10
- 6th, 2009 US Half Marathon Championships, 1:12:38
- 1st, 2008 Rock n Roll San Antonio Half Marathon, 1:13:05
- 1st, 2008 Indiana 10k, 33:15
- 21st, 2008 World Half Marathon Team, Rio de Janeiro, Brazil, 4th team
- 6th, 2008 New Haven 20k Championship, 1:09:47
- 19th, 2008 Olympic 10k Trials, 33:54
- 14th, 2008 Women's Olympic Marathon Trials, 2:37:53
- Member of the 2007 Chiba Ekiden Relay Team, Chiba, Japan, 4th
- 8th, 2007 Tufts Health 10k for Women, 33:27
- 11th, 2007 US 5k Championship, 16:23
- 14th, 2007 Boston Marathon, 8th US Marathon Championships
- 1st American, 2006 Utica Boilermaker 15k, 51:48
- 1st, 2006 Firecracker Mile, 4:42
- 2nd, 2006 US 25k Championship
- Member of the 2004 US World Half Marathon Team, New Delhi, India, 7th
- Member of the 2004 Chiba Ekiden Relay Team, Chiba, Japan, 10th
- 2004 US Olympic Trials 10k Finisher
- 1st, 2004 Hillsdale Gina College Relays 5k, 16:06
- Member of the 2004 Beijing Ekiden Relay Team, Beijing, China, 3rd

Hansons 2012

Melissa Johnson-White

Focus: 10k -
Marathon

Age: 32

D.O.B: 04.07.81

Height: 5' 4"

Years Run: 14

Hometown:
Naples, NY



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*"Nobody ever said it would be easy,
They only said it would be worth it."*

Hansons-Brooks Athlete

An environment for the long run!