



Ethan Shaw

Hansons-Brooks Athlete

PERSONAL BEST

- ↻ 3,000 – 8:15 (01/12)
- ↻ 5,000 – 14:06 (4/19)
- ↻ 5,000 Road — 14:11
- ↻ 10,000 – 29:17 (04/12)
- ↻ Half Marathon – 1:05:56 (9/12)

CAREER HIGHLIGHTS

Hansons-Brooks ODP (Rochester, MI) – August 2012

- 16<sup>th</sup> Philadelphia Rock ‘N Roll Half: 1:05:56
- 16<sup>th</sup> Club Cross Country Championships
- 33<sup>rd</sup> US Cross Country Championship
- 1<sup>st</sup> Armagh International Road Race (5k): 14:11

Dartmouth College (Hanover, NH)

- All-Northeast Region in Cross Country; 2009, 2010, 2011
- First Team All-Ivy; 2010, 2011
- Cross Country Heptagonal Champion; 2011
- 54<sup>th</sup> D1 NCAA Cross Country Championship
- Cross Country/Track Captain

Falmouth High School (Falmouth, ME)

- Class B State Cross Country Champion (2006)
- All New England XC; 2005, 2006, 2007

**Hansons 2013**

Ethan Shaw

**Focus:** Half-Marathon  
10k Track  
Cross Country

**Age:** 22

**D.O.B:** 03/12/90

**Height:** 6’1”

**Years Run:** 9

**Hometown:** Falmouth, ME

**USATF #:**

**Address:** 638 Bloomer Road  
Rochester, MI 48307

[For more information log onto [www.Hansons-Running.com](http://www.Hansons-Running.com)]

An environment for the long run!