

Step By Step Run & Walk

Age Group Results

5K

Race Date
September 21, 2013

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Sandy McDonough		45	756	4	19:30.2

Step By Step Run & Walk

Age Group Results

5K

Female 6 to 9

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Brooke Bashawaty		9	621	129	42:53.2
2	Bridget Murray		9	772	130	42:53.7

Female 10 to 13

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Carolyn Luddy		12	738	23	22:52.7
2	Evelyn Sorgenfrei		12	898	27	23:26.0
3	Bessie Mikula		13	762	35	24:44.6
4	Katie Sullivan		12	844	48	25:55.9
5	Anne Marie Franklin		13	680	50	26:00.8
6	Clare Winter		12	875	70	28:10.0
7	Ellie Fromm		11	685	79	29:46.5
8	Grace Murray		12	771	90	30:47.0
9	Elizabeth Kemp		10	721	100	31:22.2
10	Elizabeth Lyons		12	741	104	31:51.9
11	Julia Gallagher		12	687	105	31:52.9
12	Clare Adams		12	604	114	32:40.0
13	Carmen Carpenter		11	652	115	34:01.7

Female 14 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Rebecca Sorgenfrei		16	897	17	22:03.3
2	Grace Cutler		14	665	18	22:03.3
3	Clara Lichtenberg		15	734	26	22:55.8
4	Vanessa Gappy		15	690	67	27:59.5
5	Sydney Howard		15	708	91	31:00.7
6	Brigid Flynn		15	677	92	31:01.1
7	Rebecca Kruliski		14	724	96	31:11.2
8	Julia Burbidge		15	640	97	31:14.3
9	Bella Wang		17	867	116	34:04.6
10	Adriana Prakken		14	803	122	38:01.2
11	Emma Beaudoin		14	625	123	38:01.5

Female 19 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Nicole Provident		22	806	37	24:50.7

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5K

Female 19 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
2	Laura Hall	Royal Oak	28	884	45	25:32.3
3	Melissa Pelky		24	793	60	27:11.4
4	Ashley Watkins		29	871	93	31:01.7
5	Molly Peterson		26	794	98	31:19.1
6	Katy Jones		26	717	132	43:38.2

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Hillary Bultoma		32	901	32	24:16.1
2	Katie Tillman		36	849	38	24:53.6
3	Marian Plymale		37	802	47	25:39.3
4	Courtney Scher		38	825	49	25:58.6
5	Kate Stuart		31	843	72	28:46.5
6	Kate Strada		35	841	80	29:51.3
7	Lora Graentzdoerffer		32	693	81	29:54.7
8	Michele Groth		39	696	86	30:10.7
9	Michelle McLaughlin		30	757	94	31:06.4
10	Cindy Maybee		32	752	111	32:32.5

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Christine Buchanan		41	639	51	26:08.2
2	Rhonda Lavelle		41	732	61	27:17.9
3	Mary Murray		41	770	62	27:18.6
4	Debra Golda		47	691	84	30:05.9
5	Jana Riutta		43	814	85	30:10.3
6	Michelle Carpenter		46	651	102	31:25.9
7	Jeannette Allen		40	607	108	32:08.4
8	Mira Timmis		45	850	109	32:11.7
9	Cathy Tovarez		44	856	112	32:34.7
10	Amy Colligan		40	660	119	35:01.3
11	Kathy Bashawaty		41	620	131	42:53.7
12	Lori Horton		49	707	134	45:12.2

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
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Age Group Results

5K

Race Date
September 21, 2013

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Judith Kalpin		53	718	42	25:15.0
2	Joan Collier		53	659	52	26:27.5
3	Tami Morris		55	765	110	32:27.6
4	Shari Matkin		51	749	118	34:56.4
5	Jonna Hudson		50	710	127	42:28.2
6	Nancy Munaco		58	767	133	43:57.9

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Mary Peterson		64	893	124	38:56.2

Female 70 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	N McMull		99	880	128	42:28.7

Step By Step Run & Walk

Age Group Results

5K

Race Date
September 21, 2013

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Bogdan Mircea		31	913	1	17:25.9

Step By Step Run & Walk

Age Group Results

5K

Male 6 to 9

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Joseph Bontrager		9	632	16	21:58.9
2	Jonah Cerone		9	656	34	24:41.4
3	Jack Laidlaw		9	726	57	26:50.0

Male 10 to 13

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Brett Fitzpatrick		11	675	14	21:54.8
2	Anthony Campana		13	647	15	21:58.0
3	Collin Cutler		12	666	19	22:10.3
4	Trevor Piazzon		13	799	24	22:52.9
5	John Patton		12	789	28	23:32.0
6	Brendan Bontrager		12	631	43	25:18.3
7	Joshua Ilkka		12	713	56	26:49.5
8	Grant Fogle		12	678	59	27:07.8
9	Alexander Sobeck		13	837	66	27:53.6
10	Henry True		12	861	69	28:06.1
11	Ethan Warren		11	869	77	29:42.7
12	Joseph Brueckman		12	638	95	31:09.0
13	Brian Timmis		13	853	117	34:53.5
14	Luke Adamo		13	890	125	39:29.0

Male 14 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Ethan Groth		14	698	11	21:38.9
2	Greg Golias		14	692	20	22:23.9
3	Tom Peaslee		15	792	21	22:24.9
4	Brendan Battle		15	622	29	24:00.3
5	Declan Looney		15	900	30	24:08.0
6	Jacob Warren		15	868	36	24:48.8
7	Daniel Carlin		16	650	40	25:00.9
8	Casper Padilla		14	783	68	28:04.2
9	Josh Horton		15	706	120	36:24.4

Male 19 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Noah Peters		28	911	55	26:40.3

Step By Step Run & Walk

Age Group Results

5K

Male 19 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
2	Nick Rozanski		23	823	89	30:35.0

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Tim Kolanowski		32	722	3	18:59.0
2	Neil Sobeck		34	836	6	19:57.0
3	Patrick Gonyeau		33	879	9	20:48.9
4	Mark Ritter		37	908	25	22:54.6
5	Michael Huff		30	902	33	24:24.5
6	Jd Armstrong		38	610	63	27:21.3
7	Kevin Parkila		38	787	73	29:07.0
8	Timothy Stuart		34	842	78	29:45.3
9	Brian Lewis		33	733	87	30:15.4
10	Andre Graentzdoerffer		36	694	88	30:26.2
11	Harry Kemp		38	720	99	31:21.8

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Tom Preiss		44	881	2	17:52.7
2	Antonio Nombela		43	906	5	19:39.0
3	Allen Sorgenfrei		49	899	10	20:53.5
4	Walt Romano		49	822	12	21:45.5
5	Robert Almon		42	885	31	24:15.4
6	Chris Allen		41	606	44	25:28.8
7	John Ilkka		49	712	53	26:28.3
8	Tony Pinho		41	801	64	27:26.6
9	Jim Padilla		43	782	71	28:19.1
10	Dan Hudson		45	709	82	29:55.3
11	Brian Peaslee		49	791	106	31:54.9
12	Will Owens		47	781	107	31:55.7
13	David Tovarez		40	857	113	32:35.0

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Dave Mann	Detroit	52	745	7	20:01.8
2	Timothy Emmett		58	883	8	20:20.5

Step By Step Run & Walk

Age Group Results

5K

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
3	Duane Stewart		55	839	13	21:52.4
4	Mick North		50	777	41	25:02.1
5	Tim McVean		53	760	54	26:30.3
6	Bruce Berndt		54	626	58	26:55.1
7	Lary Barnett		58	1072	65	27:49.4
8	Mark Adamo		51	888	74	29:18.1
9	John O'Brien		52	886	76	29:23.4
10	Nils Lundberg		59	896	101	31:22.3
11	Richard Matkin		53	750	103	31:42.5
12	Ted Timmis		52	851	121	37:37.7
13	Anthony Munaco		59	766	126	40:10.7

Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Monte Piliawsky		69	800	22	22:33.5
2	Gary Bahlman		60	612	39	24:56.2
3	Donald Theodore		60	912	46	25:37.0
4	Paul Hall		65	703	75	29:22.5
5	Bill Waterhouse		65	870	83	30:00.0

Step By Step Run & Walk

Age Group Results

1.5 Mile

Race Date
September 21, 2013

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Rose Rzepecki		12	824	3	10:33.2

Step By Step Run & Walk

Age Group Results

1.5 Mile

Female 0-99

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Anna Murphy		11	768	4	10:59.0
2	Mia Ciarlone		12	657	6	11:27.5
3	Julia Bock		7	628	7	11:41.2
4	Lauren Carey		14	649	10	11:52.6
5	Claire Cerone		11	654	13	12:25.3
6	Mary Tracy		9	858	14	12:28.6
7	Mikaeyla Connolly		12	661	19	13:58.1
8	Jeanne Lampertius		15	728	21	14:16.3
9	Kim Robinson		35	816	22	14:27.0
10	Ana Lampertius		8	731	23	14:35.0
11	Ella Proctor		9	804	26	15:05.0
12	Mia Lynch		7	740	28	15:14.7
13	Caroline Sharbaugh		12	827	31	15:52.0
14	Betsy Beaudoin		6	624	32	16:00.3
15	Olivia Brook		5	635	33	16:02.7
16	Eleanor Brook		6	634	34	16:04.1
17	Olivia Palm		10	784	35	16:21.0
18	Samantha Diaz		10	667	36	16:23.0
19	Caitlin McDonough		6	755	37	16:24.7
20	Madeline Smith		9	830	39	17:01.1
21	Marnie Pinho		40	887	40	17:06.7
22	Rose Losey		7	735	41	17:41.6
23	Alicia Bas		35	618	44	18:04.1
24	Katherine Kemp		9	719	45	18:24.3
25	Grace Krzeminski		5	725	46	18:32.7
26	Jenna Guenther		8	700	47	19:14.7
27	Debera Guenther		48	909	48	19:14.9
28	Lily Fromm		6	682	49	19:19.6
29	Georgia True		8	859	51	19:32.8
30	Katherine Sobeck		4	835	52	20:15.3
31	Margaret Beaudoin		13	623	53	21:42.7
32	Emily Sobeck		9	833	54	22:42.0
33	Elena Gallagher		7	686	55	22:44.1
34	Naomi Alba		8	605	56	24:04.4
35	Natalie True		48	860	57	25:19.0
36	Julie Lumberg		51	895	59	25:46.8
37	Lily Robinson		5	818	60	28:29.9
38	Kennedy Patton		14	788	62	29:33.0

Step By Step Run & Walk

Age Group Results

1.5 Mile

Race Date
September 21, 2013

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Lucas MacEroni		10	742	1	7:48.7

Step By Step Run & Walk

Age Group Results

1.5 Mile

Race Date
September 21, 2013

Male 0-99

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Ben Abell		9	603	2	10:29.0
2	Beck Peaslee		9	790	5	11:00.0
3	Peter Murphy		9	769	8	11:52.2
4	Carlos Lampertius		14	729	9	11:52.2
5	Shane Bontrager		7	629	11	12:02.7
6	Perry Lampertius		11	730	12	12:05.8
7	Dominic MacEroni		6	743	15	12:55.3
8	Connor McDonough		8	754	16	13:11.0
9	Anthony Sobeck		7	834	17	13:14.1
10	Michael Selman		9	826	18	13:46.7
11	Sam Robinson		7	817	20	14:15.4
12	Owen Groth		12	695	24	14:44.2
13	Adam Crowe		9	664	25	14:56.2
14	Charles Velthoven		7	863	27	15:06.4
15	Joseph Mio		9	764	29	15:22.3
16	Chase Proctor		7	805	30	15:25.8
17	Joshua Crowe		8	663	38	16:38.3
18	Maximiliano Diaz		7	669	42	17:49.0
19	Brian Diaz		37	668	43	17:49.3
20	Stephen Hughes		7	711	50	19:25.7
21	Msr Easton		69	904	58	25:34.0
22	Jim Robinson		41	815	61	28:30.8
23	Nathan Brown		9	636	63	37:14.2

Step By Step Run & Walk

Age Group Results

bandits & unknowns

Race Date
September 21, 2013

Male 0-99

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Unknown Partic.	889		889	1	17:51.4