

Spirit of Winter - 5K Run & Walk, 2/20/2010

Category

Name	Town	Age	Time	Place
Division - Run				
Overall Male				
1. Sprunger, Joshua	Clarkston, MI	24	17:13.17	1
2. LaFave, Jason	Sanford, MI	35	17:32.00	2
Overall Female				
1. Phillips, Francie	Bay City, MI	17	21:04.69	15
2. Taylor, Tamara	Bay City, MI	41	21:23.22	16
1-14 Male				
1. Gould, Patrick	Bay City, MI	14	22:23.73	25
1-14 Female				
1. Llewelyn, Olivia	Saginaw, MI	13	25:29.34	46
2. Irwin, Haley	Reese, MI	14	26:27.61	63
3. Gorski, Haley	Essexville, MI	12	29:11.08	77
4. Zvara, Alexis	Bay City, MI	8	48:01.07	114
15-19 Male				
1. Gould, David	Bay City, MI	16	18:40.09	6
2. Stanley, Austen	Bay City, MI	16	20:46.05	14
3. Wascher, Travis	Bently, MI	15	21:33.05	18
4. Mahoney, Sean	Bay City, MI	16	25:46.89	54
15-19 Female				
1. Podgorniak, Emily	Pinconning, MI	18	23:20.20	29
20-29 Male				
1. VanDusen, Jeff	Bay City, MI	28	18:15.17	3
2. Lynch, Nick	Bay City, MI	20	19:33.26	8
3. Cantley, Justin	Midland, MI	26	24:57.81	41
4. Klosowski, Mike	Pigeon, MI	29	24:59.92	43
5. Sprunger, Nathan	Berne, IN	24	33:30.25	92
20-29 Female				
1. Arnes, Ashley	Mt Pleasant, MI	23	26:01.39	57
2. Sprunger, Jessica	Clarkston, MI	22	26:07.34	58
3. Lutz, Ellen	Essexville, MI	24	29:23.67	79
4. Rang, Josette	Standish, MI	26	30:29.67	82
5. Claybaugh, Amy	Bay City, MI	25	35:23.81	93
6. McCracken, Mallory	Bad Axe, MI	24	36:25.48	100
7. Swalya, Danielle	Sterling Heights, MI	21	39:01.05	107
30-39 Male				
1. Felton, James	Saginaw, MI	33	18:26.30	5
2. Munoz, Jose	Bay City, MI	34	19:36.19	9
3. Swerdan, Clark	Midland, MI	37	22:03.34	22
4. Gill, Dale	Bay City, MI	38	25:43.53	51
5. Laux, Mark	Saginaw, MI	30	26:12.09	60
6. Rowde, Mike	Auburn, MI	38	26:17.67	62
7. Charlebois, Chris	Freeland, MI	39	26:38.98	64
8. Dimmitt, Nicholls	Bay City, MI	32	28:01.73	70
9. Krueger, Rick	Mt Pleasant, MI	36	28:18.41	73
10. Holm, Chris	Saginaw, MI	35	45:03.94	113
30-39 Female				
1. Notter, Heather	Saginaw, MI	33	22:32.14	27
2. Ayers-Gould, Jennifer	Bay City, MI	38	23:40.20	31
3. Dimmitt, Brandy	Bay City, MI	32	25:40.06	50
4. Gromaski, Lori	Bay City, MI	37	25:44.44	52
5. Frazier, Tiwana	Saginaw, MI	33	27:10.22	67

6. Renshaw, Evelyn	Freeland, MI	31	28:20.31	74
7. Dehner, Amy	Owosso, MI	35	28:59.83	76
8. Camp, Traci	Bay City, MI	38	30:50.52	85
9. Silver, Tiffany	Bay City, MI	38	32:55.34	91
10. Huneck, Elizabeth	Saginaw, MI	32	44:49.64	110

40-49 Male

1. Strachan, Ron	Bay City, MI	45	19:19.28	7
2. Suski, Michael	Grand Blanc, MI	48	19:57.98	11
3. Peterson, Scott	Bay City, MI	41	20:35.33	12
4. Thomas, Greg	Clio, MI	41	20:41.34	13
5. Gorski, Russ	Essexville, MI	42	21:41.81	19
6. Dehner, Michael	Owosso, MI	49	21:45.20	20
7. Wagner, Mike	Caro, MI	49	23:20.26	30
8. Bernard, Daryl	Midland, MI	46	23:58.94	32
9. Schadd, Phil	Bad Axe, MI	40	24:12.08	35
10. Arnold, Chris	Midland, MI	49	25:36.38	49
11. Pingatore, Tony	Bay City, MI	41	25:45.80	53
12. Trudell, Tom	Bay City, MI	46	28:13.20	71
13. Satowiak, Mark	Pinconning, MI	49	28:45.55	75
14. Claybaugh, John	Bay City, MI	46	35:24.16	94

40-49 Female

1. Lara, Ruth	Grand Blanc, MI	48	21:56.52	21
2. Gasta, Ann	Bay City, MI	45	24:06.88	34
3. White, Mike	Unknown, NA	43	24:58.25	42
4. Irwin, Christina	Reese, MI	40	25:07.30	45
5. Heska, Donna	Kawkawlin, MI	47	26:15.28	61
6. Shink, Jill	Bay City, MI	43	39:00.34	106

50-59 Male

1. Lara, Roger	Grand Blanc, MI	51	18:23.26	4
2. Senkowski, Jeff	Auburn, MI	50	19:36.81	10
3. Swanson, Reed	Clarkston, MI	50	21:28.84	17
4. Haertel, Charles	Bay City, MI	55	22:13.22	23
5. Underhill, Jeff	Essexville, MI	50	22:17.95	24
6. Restifo, Mike	Saginaw, MI	54	22:57.56	28
7. Davenport, Ted	Bay City, MI	57	24:27.20	36
8. Maxfield, Gregory	Oxford, MI	59	24:48.95	39
9. Mahoney, Bryan	Bay City, MI	51	24:51.17	40
10. Sollner, Paul	Bay City, MI	51	25:34.78	48
11. Evans, Joe	Ypsilanti, MI	55	26:08.25	59
12. Larive, Brian	Kawkawlin, MI	52	27:46.88	69
13. DeCarlo, Jerry	Kawkawlin, MI	54	30:12.66	80
14. Madaj, Michael	Linwood, MI	52	31:16.26	87
15. Meier, Ron	Mt Pleasant, MI	52	37:28.98	103

50-59 Female

1. Tews, Cindy	Kawkawlin, MI	51	22:27.30	26
2. Date, Debra	Midland, MI	50	24:06.86	33
3. Handlin, Wanda	Flint, MI	53	24:39.67	37
4. Martin, Teresa	Freeland, MI	50	24:42.36	38
5. Shortt, Cherilyn	Lennon, MI	54	31:19.31	88
6. Daly, Valerie	Bay City, MI	51	31:47.50	89
7. Schwedler, Liz	Bay City, MI	59	32:28.91	90
8. Brunk, Sherry	Mt Pleasant, MI	52	35:52.97	97
9. Thiel, Mona	Saginaw, MI	53	36:03.98	98
10. Joynt, Kristin	Mt Pleasant, MI	58	37:28.92	102

60-69 Female

1. Zidar, Maggy	Pontiac, MI	60	25:05.26	44
2. Maxfield, Melodie	Oxford, MI	61	27:25.22	68
3. Wallen, Jan	Flushing, MI	69	29:19.34	78
4. Flues, Linda	Munger, MI	60	30:45.03	84

60-69 Male

1. Hart, Norman	Davison, MI	68	25:30.30	47
2. Stevenson, Richard	Freeland, MI	60	25:54.98	56

3. Block, Leonard	Bay City, MI	67	26:42.89	65
4. Selby, Tom	Kingston, MI	66	26:43.72	66
5. Rohn, Gerald	Freeland, MI	64	30:27.59	81
6. Mich, Jim	Bay City, MI	60	30:33.31	83
70-99 Male				
1. Agresta, Bill	Hemlock, MI	70	36:04.66	99

Category

Name	Town	Age	Time	Place
Division - Walk				
Overall Male				
1. Tomlinson, Thomas	Mackinaw, MI	60	25:50.58	55
2. Huber, Rick	Montrose, MI	53	28:17.98	72
3. Stefaniak, Jason	Bay City, MI	29	35:35.23	95
4. Shortt, James	Lennon, MI	56	37:01.08	101
5. Cable, David	Saginaw, MI	62	41:15.83	108
6. La Pan, Morgan	Ann Arbor, MI	50	48:39.85	115
7. Sroufe, Larry	Beaverton, MI	78	53:25.73	117
Overall Female				
1. Heinlein, Lynette	Vassar, MI	53	30:51.52	86
2. Huber, Shelly	Montrose, MI	50	35:40.19	96
3. Morand, Christy	Pinconning, MI	38	37:37.72	104
4. Zvara, Connie	Bay City, MI	33	38:19.36	105
5. Matthews, Jane	Grand Blanc, MI	64	42:03.14	109
6. Taglauer, Jan	Auburn, MI	71	44:52.52	111
7. Klopff, Joan	Bay City, MI	66	44:53.47	112
8. Stefaniak, Katie	Bay City, MI	27	50:14.75	116