

**Red Flannel Festival 5k  
Cedar Springs, MI  
9/24/2011**

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**Overall Male Winner**

<u>Place</u>	<u>Overall</u>	<u>Gender</u>	<u>Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	1	1		622	Brandon Smith	31	17:16.46	5:34.34

**Overall Female Winner**

<u>Place</u>	<u>Overall</u>	<u>Gender</u>	<u>Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	13	1		183	Cindy Kikkert-Penning	45	20:42.09	6:40.67

**Male 12 and under**

<u>Place</u>	<u>Overall</u>	<u>Gender</u>	<u>Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	11		11	604	Christian Holloway	12	20:40.25	6:40.08
2	39		29	131	Jarred Reyers	11	25:40.54	8:16.95
3	103		42	104	Matthew Tucker	10	42:30.67	13:42.80

**Female 12 and under**

<u>Place</u>	<u>Overall</u>	<u>Gender</u>	<u>Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	56		24	144	Leah Kuzma	11	28:35.57	9:13.41
2	104		62	105	Kaitlyn Tucker	8	43:10.54	13:55.66
3	111		68	145	Myah Nyeboer	12	46:19.29	14:56.55

**Male 13 - 15**

<u>Place</u>	<u>Overall</u>	<u>Gender</u>	<u>Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	117		46	615	Trevor Benham	13	53:36.80	17:17.68

**Male 16 - 19**

<u>Place</u>	<u>Overall</u>	<u>Gender</u>	<u>Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	12		12	160	Decker Richmond	17	20:40.99	6:40.32

**Female 16 - 19**

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	59	26	638	Sarah Sorensen	19	28:57.39	9:20.45

**Male 20 - 24**

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	15	14	625	Andrew Feravich	22	21:27.19	6:55.22
2	83	40	132	Damian Mahlich	23	33:30.30	10:48.48
3	116	45	616	Mike Marshall	21	53:36.56	17:17.60

**Female 20 - 24**

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	23	5	175	Sarah Stout	21	23:08.92	7:28.04
2	34	7	138	Andrea Towns	24	24:54.44	8:02.08
3	45	15	645	Shannon Potter	24	26:38.82	8:35.75
4	95	54	164	Radine MacDonald	24	37:35.64	12:07.63
5	105	63	165	Amanda Wilder	24	43:52.96	14:09.34

**Male 25 - 29**

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	5	5	619	Craig Potter	29	19:05.82	6:09.62
2	19	17	641	Scott Young	26	22:29.55	7:15.34
3	28	22	117	Jeff Gdowski	28	23:36.52	7:36.94
4	32	26	627	Scott Pawluyirwicz	28	24:37.01	7:56.45
5	33	27	139	Scott McClure	26	24:53.78	8:01.86
6	67	35	179	Steve Young	28	29:48.20	9:36.84
7	81	39	163	Kent MacDonald	27	33:21.47	10:45.64
8	113	44	166	Casey Conley	27	46:26.46	14:58.86

**Female 25 - 29**

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	16	2	137	Tiffany Ohman	25	21:37.85	6:58.66
2	20	3	176	Lindsey Olson	25	22:43.19	7:19.74
3	24	6	157	Salem Morin	28	23:09.28	7:28.15
4	37	9	633	Shawna Echebelem	28	25:30.38	8:13.67
5	38	10	626	Tanya Andryscik	26	25:31.00	8:13.87
6	48	18	142	Hanna Schwab	25	27:16.37	8:47.86
7	50	19	620	Heather Secor	27	27:45.18	8:57.15
8	55	23	155	Chav Wilkinson	27	28:18.45	9:07.89

8	55	23	155	Gray Wilkinson	27	28:16.15	9:17.85
9	58	25	115	Stephanie Brown	26	28:51.79	9:18.64
10	62	28	609	Megan Rich	27	29:31.73	9:31.53
11	65	31	168	Mallory Montbriand	25	29:39.36	9:33.99
12	66	32	180	Cassie Young	29	29:48.03	9:36.78
13	92	52	140	Amanda Brinks	27	37:12.44	12:00.14
14	97	56	118	Nicole Gdowski	26	37:54.03	12:13.56
15	110	67	136	Beth Wolf	25	44:11.27	14:15.25

#### Male 30 - 34

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	2	2	630	Ryan Watson	33	17:56.34	5:47.21
2	35	28	182	Nick Vanderhyde	32	25:02.47	8:04.67
3	72	36	648	Bob Robinson	33	31:29.90	10:09.65
4	93	41	141	Aaron Brinks	30	37:13.01	12:00.33

#### Female 30 - 34

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	42	12	124	Abby Green	30	26:15.00	8:28.06
2	43	13	621	Sandra Vanderhyde	30	26:21.02	8:30.01
3	46	16	156	Janette Boyd	31	26:41.17	8:36.51
4	47	17	181	Stacey Martin	33	26:41.75	8:36.69
5	63	29	134	Marissa Huizen	33	29:38.89	9:33.84
6	68	33	636	Amanda Gerhardt	33	29:56.30	9:39.45
7	73	37	649	Julie Robinson	31	31:30.13	10:09.72
8	74	38	151	Carrie Ripple	32	32:03.06	10:20.34
9	76	39	135	Lisa Jackson	32	32:24.30	10:27.19
10	80	42	602	Torie Sherburn	33	33:10.22	10:42.01
11	85	45	159	Aleece Yancey	34	34:15.41	11:03.04
12	98	57	101	April Powell	32	38:23.07	12:22.93
13	112	69	146	Julie Tompkins	30	46:25.37	14:58.51
14	114	70	147	Elizabeth Tracy	31	49:15.75	15:53.47

#### Male 35 - 39

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	4	4	640	Kevin Elliott	36	18:48.52	6:04.04
2	9	9	635	Gus Saito	36	20:37.77	6:39.28
3	54	32	618	Adam Kenyan	39	28:12.39	9:05.93
4	57	33	177	Scot Middlebrook	39	28:41.82	9:15.43

5	78	38	152	Nate Steed	35	32:54.70	10:37.00
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### Female 35 - 39

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	41	11	184	Heather Imbault	36	25:54.62	8:21.49
2	52	21	127	Erika Lake	35	28:03.18	9:02.96
3	71	36	161	Marlou Collins	38	31:13.22	10:04.26
4	77	40	153	Sandrine Steed	36	32:54.53	10:36.95
5	79	41	143	Beth Kuzma	39	32:56.82	10:37.68
6	82	43	603	Heather Mallory	36	33:24.43	10:46.59
7	96	55	149	Angela Bolt	37	37:43.89	12:10.29
8	99	58	200	Connie Kilts	39	38:23.36	12:23.02
9	109	66	103	Heidi Tucker	36	44:09.42	14:14.65
10	118	72	170	Jennifer Wilson	38	56:02.82	18:04.78
11	119	73	169	Jennifer Zachow	39	56:03.29	18:04.93

### Male 40 - 44

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	3	3	133	Jay Bowers	41	18:29.02	5:57.75
2	10	10	126	Rick Green	43	20:39.80	6:39.94
3	21	18	647	Todd Watson	41	22:49.12	7:21.65
4	31	25	624	Doug Burns	42	24:32.43	7:54.98
5	40	30	605	Tom Holloway	43	25:47.96	8:19.34

### Female 40 - 44

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	53	22	128	Jacinda Reyers	42	28:04.93	9:03.53
2	60	27	186	Kimberly Magoon	43	29:15.78	9:26.38
3	64	30	606	Kim Holloway	40	29:39.09	9:33.90
4	69	34	116	Linda Lehman	42	30:02.23	9:41.36
5	86	46	130	Sandy Kinzinger	41	34:58.78	11:17.03
6	87	47	154	Robin Shotko	40	36:00.96	11:37.08
7	100	59	607	Michelle Benham	40	39:18.40	12:40.77
8	101	60	112	Jennifer Lewis	40	40:17.16	12:59.73
9	106	64	617	Bonnie Silvernail	43	43:57.67	14:10.86
10	108	65	106	Heather Barnard	42	44:09.20	14:14.58
11	115	71	613	Kristin Aungst	42	49:36.50	16:00.16
12	120	74	171	Carleen Foley	44	56:04.72	18:05.39

**Male 45 - 49**

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	6	6	608	Tony Sorensen	49	19:38.53	6:20.17
2	8	8	631	Patrick Feravich	47	20:33.45	6:37.89
3	25	19	632	Greg Olson	49	23:17.86	7:30.92
4	30	24	629	Timothy Penning	47	23:58.23	7:43.95
5	61	34	185	Scott Saboo	48	29:16.10	9:26.48
6	107	43	187	Gary Markosky	45	43:58.04	14:10.98

**Female 45 - 49**

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	22	4	639	Terri Sorensen	45	22:53.66	7:23.12
2	36	8	637	Chris Mabie	48	25:05.17	8:05.54
3	51	20	120	Lynn Wilson	47	27:54.48	9:00.15
4	89	49	150	Sarah Richmond	46	36:34.66	11:47.95
5	91	51	174	Katherine Hoseth	45	36:38.50	11:49.19
6	121	75	108	Lori Ostrom	45	1:11:15.67	22:59.25

**Male 50 - 54**

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	18	16	634	Tim Lunger	53	21:47.12	7:01.65
2	26	20	646	Torrey Ohman	50	23:19.17	7:31.35

**Female 50 - 54**

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	44	14	158	Lesley Jones	53	26:32.56	8:33.73
2	70	35	122	Lori Maess	52	30:44.85	9:55.11
3	88	48	107	Teri Kukla	54	36:08.70	11:39.58
4	90	50	102	Paty Huzel	54	36:38.12	11:49.07
5	94	53	114	Cynthia Brown	50	37:25.56	12:04.37
6	102	61	611	Cheryl Young	51	40:48.96	13:09.99

**Male 55 - 59**

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	7	7	178	Mike Weingate	56	20:30.13	6:36.82
2	14	13	643	Bob Shaffer	59	20:54.92	6:44.81
3	17	15	113	Maurice Hicks	58	21:42.19	7:00.06
4	75	37	644	Kaplin Jones	57	32:23.28	10:26.86

### Female 55 - 59

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	84	44	111	Jeanne Bird	59	33:54.76	10:56.37

### Male 60 - 69

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	27	21	642	Glenn Stout	62	23:24.94	7:33.21
2	29	23	614	Phil Bird	65	23:55.80	7:43.16
3	49	31	623	Rick Hutchinson	61	27:38.61	8:55.04

### Female 60 - 69

<u>Place</u>	<u>Overall</u>	<u>Gender Place</u>	<u>Race #</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>PPM</u>
1	122	76	119	Beverly Hale	64	1:11:16.03	22:59.36

### Red Flannel Festival 5K Cedar Springs, MI 9/24/2011

#### Team Name: Things 1

Team Place: 1

Team Score: 8

Total Team Time: 1:37:04.00

<u>Score</u>	<u>Overall</u>	<u>Race #</u>	<u>Name</u>	<u>Time</u>	<u>PPM</u>
1	12	160	Decker Richmond	20:40.99	6:40.32
1	44	158	Lesley Jones	26:32.56	8:33.73
3	24	157	Salem Morin	23:09.28	7:28.15
3	46	156	Janette Boyd	26:41.17	8:36.51
8	55	155	Chay Wilkinson	28:18.45	9:07.89
11	85	159	Aleece Yancey	34:15.41	11:03.04

#### Team Name: Variety Pak

Team Place: 2

Team Score: 10

Total Team Time: 2:02:14.55

<u>Score</u>	<u>Overall</u>	<u>Race #</u>	<u>Name</u>	<u>Time</u>	<u>PPM</u>
1	53	128	Jacinda Reyers	28:04.93	9:03.53
2	39	131	Jarred Reyers	25:40.54	8:16.95
2	83	132	Damian Mahlich	33:30.30	10:48.48
5	86	130	Sandy Kinzinger	34:58.78	11:17.03

**Team Name: Things 2**

**Team Place: 3**

**Team Score: 22**

**Total Team Time: 2:14:26.95**

<u>Score</u>	<u>Overall</u>	<u>Race #</u>	<u>Name</u>	<u>Time</u>	<u>PPM</u>
4	77	153	Sandrine Steed	32:54.53	10:36.95
5	78	152	Nate Steed	32:54.70	10:37.00
5	89	150	Sarah Richmond	36:34.66	11:47.95
8	74	151	Carrie Ripple	32:03.06	10:20.34

**Team Name: Lightning Bugs**

**Team Place: 4**

**Team Score: 24**

**Total Team Time: 2:53:59.83**

<u>Score</u>	<u>Overall</u>	<u>Race #</u>	<u>Name</u>	<u>Time</u>	<u>PPM</u>
2	104	105	Kaitlyn Tucker	43:10.54	13:55.66
3	103	104	Matthew Tucker	42:30.67	13:42.80
9	109	103	Heidi Tucker	44:09.42	14:14.65
10	108	106	Heather Barnard	44:09.20	14:14.58

**Team Name: Fantastic 5**

**Team Place: 4**

**Team Score: 24**

**Total Team Time: 2:41:16.53**

<u>Score</u>	<u>Overall</u>	<u>Race #</u>	<u>Name</u>	<u>Time</u>	<u>PPM</u>
4	95	164	Radine MacDonald	37:35.64	12:07.63
5	105	165	Amanda Wilder	43:52.96	14:09.34
7	81	163	Kent MacDonald	33:21.47	10:45.64
8	113	166	Casey Conley	46:26.46	14:58.86