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## Race Results for 2015

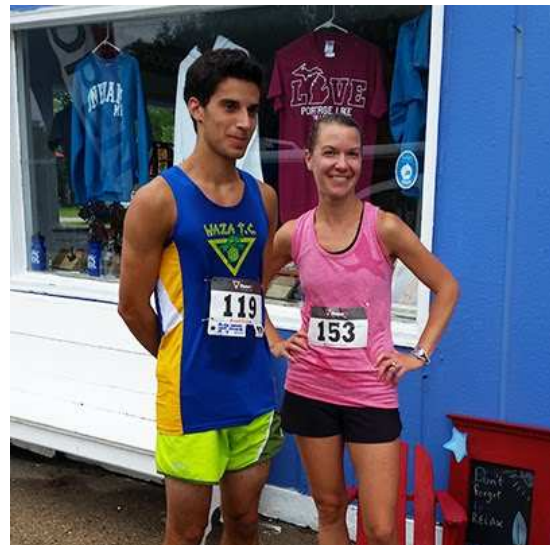
### Onekama Days 5-K Race

**OVERALL CHAMPION:** Jeannie Sullivan,  
Age: 34 Time: 19:04 (photo)

**OVERALL CHAMPION:** Cameron Misko,  
Age: 18 Time: 16:57 (photo)

**Female Masters Champion:** Kim Poma,  
age 43, Time: 22:07

**Male Masters Champion:** Frank DeBonis,  
Age: 44, Time 18:06



#### FEMALE 5K WALK

**OVERALL Walk CHAMPION:** Allison Stapleton age: 17 time = 42:20

##### 0-19

45: 53 Peyton Campbell  
49:10 Taler Bohannon

##### 20-29

43:37 Katherine (Katy) Frailing  
49:09 Sara Van Auken  
52:17 Lisa Berglund

##### 30-39

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##### 40-49

42:28 Brooke McIsaac  
48:18 Shari Noble

##### 50-59

43:41 Evie McNiel  
43:42 Jeri Lee  
44:37 Cherie McMullin  
47:41 Angie LaRosa  
50:36 Joan Eaton  
50:37 Nancy Swanson  
50:38 Laura Groenke  
52:14 Lynn Chambers  
52:20 Deanna LaRosie  
53:08 Lauralee Ryan

##### 60-69

43:43 Karin McIntire  
45:55 Carol Hansen  
47:57 Barb Anderson  
48:56 Lorraine Stickel  
52:18 Dianne Holman

#### FEMALE 5K RUN

**OVERALL Run CHAMPION:** Jeannie Sullivan Age: 34 Time = 19:04



#### MALE 5K WALK

**OVERALL Walk CHAMPION:** Phil Sedlar age:68 Time = 37:04

##### 0-19

42:30 Nick Gawel

##### 20-29

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##### 30-39

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##### 40-49

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##### 50-59

42:31 John Cain  
47:20 Paul Bradford  
53:09 Eric Showalter

##### 60-69

38:47 Wayne McIntire  
38:56 Ed Zimmerman  
40:19 Jack Stickel  
47:51 Gary Anderson

##### 70 PLUS

#### MALE 5K RUN

**OVERALL Run CHAMPION:** Cameron Misko Age: 18 Time: 16:57  
**MASTERS CHAMPION:** Frank DeBonis Age: 44 Time: 18:06

##### 7 and Under

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##### 8-9

29:11 Drew McIsaac  
29:12 Fletcher Anderson

**MASTERS CHAMPION: Kim Poma**  
Age: 43 Time = 22:07

**7 and Under**

38:31 Teddy Ervin

**8-9**

24:34 Lauren Quinn  
27:57 Annika Haag

**10-11**

31:13 Ellie McIsaac

**12-13**

24:23 Mikayla Radek  
26:55 Leah Nelson

**14-16**

22:03 Faith Corey  
25:57 Ellie Magnan  
27:27 Zoe Morley  
29:28 Sam Geedman  
31:09 Hana Knowlton

**17-19**

22:10 Lily Roudebush  
22:54 Jordan Goodman  
27:02 Sydney Hughes  
28:20 Emma Putney  
29:25 Olivia Bradford  
33:30 Maddie Mesaros  
38:10 Ruby Sturdevant

**20-24**

28:55 Sarah Eipperle  
28:50 Kelly Aschauer  
32:31 Dorah Fitch  
33:31 Kaylan Fitch  
38:09 Paige Rutowski

**25-29**

26:26 Samantha Williams

**30-34**

23:04 Kelli Swiatlowski  
24:04 Anne Uible  
26:29 Jenny Howes  
29:54 Jesse Keson  
31:34 Emily Wentworth

**35-39**

23:48 Amy Cruice  
24:32 Kim Barr  
28:05 Shannon McMorro  
28:44 Amy Brown  
29:45 Jill Anderson  
34:08 Amy Dykhouse  
34:33 Katie Short  
37:37 Soni ?  
39:40 Bethany Knowlton

**40-44**

26:04 Christie Overgaard  
29:31 Jen Farah  
35:58 Meghan Steinmeyer  
38:32 Donna Ervin  
39:41 Cassy Brown  
41:45 JoAnn Stewart

**45-49**

23:12 Tina Hughes  
25:22 Ann Smith



30:19 Griffin Gier

**10-11**

21:09 Ben Farah  
28:13 Sawyer Christensen  
32:00 Griffen Anderson

**12-13**

22:27 Jarrett Buckner  
24:13 Taylor Bennett  
25:47 Max Schryer  
28:19 Ben Skibo  
31:08 Colin Balnave  
31:39 Druv Menon

**14-16**

19:22 Cole Nelson  
19:23 Elliott Kamaloski  
27:05 Tighe Pepera

**17-19**

26:34 Alex Dutton

**20-24**

19:27 Brandon Morrill

**25-29**

18:24 Thomas Noonor  
25:17 Daniel Debano

**30-34**

23:27 Brandon McCann  
25:48 Cory Williams  
27:06 Joe Cobb

**35-39**

17:24 Eric Quinn  
20:13 Justin Neel  
20:45 Matt Keson  
22:22 Albert Miller  
23:33 Chris Boyd  
35:19 Rudi Thornburgh

**40-44**

20:40 James Fink  
21:30 Kevin Williamson  
22:25 Noah Joseph  
22:38 Kevin Tabaczka  
26:03 No Name Ticket  
26:09 Jeff Greaves  
30:20 Doug Gier

**45-49**

21:20.2 Scott Landman  
21:20.9 Dan Michel  
21:47 Bryan Keller  
22:10 Ed Johannesen  
23:16 Jim Williams  
25:53 Cliff LaRose  
28:03 Eric Rose  
31:45 Derek Roudebush  
34:32 Chris Short

**50-54**

18:56 Denny Hughes  
21:17 Peter Turner  
21:39 Andrew Farah  
24:44 Dick Thomas  
32:32 Jason Fitch

**55-59**

25:43 Sara Mey  
35:59 Lizabeth Zack  
43:08 Tracy Greave

**50-54**

22:14 Julie Modjeski  
29:37 Lynne Calais  
46:23 Lisa Fragoneli

**55-59**

25:04 Jan Hopwood  
25:27 LouAnn Churchill  
29:24 Lynne Wood  
29:36 Debi Stewart  
30:24 Carol Dogley

**60-64**

27:30 Libby Holzgen  
30:37 Betsy Tyson



photos provided by  
Tracy Bennett and David Misko

send photos to  
[beldridg@manistee.org](mailto:beldridg@manistee.org)

24:45 Bernie Misko  
26:20 Jeff Eaton  
27:45 Kenton La Rose  
27:58 David Deedrick  
28:21 Steve Skibo  
29:44 Gary Wood  
35:50 David Kehrer

**60-64**

22:00 Paul Erhard  
28:37 Gary Sielski  
30:03 David Pritchard

**65-69**

23:22 Bob Spink  
28:50 Martin Aschauer  
34:08 Bruce Brooks

**70-75**

27:12 Dave Van Eerden  
31:26 Whitey Carpenter

(The downloadable pdf file also  
located at the bottom of this page)



📄 OnekamaDays5KRaceResults2015.pdf (79k) Barbara Eldridge, Aug 19, 2015, 9:28 AM v.1 ↓

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