

NORTHERNCHALLENGE2016

Marquette,
SuperiorDome
January 30, 2016



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RESULTS

#107 Men's 55 Meters

Final			Wind: (NW)
PI Name	Team	Time	
1 MONTCASTLE,	Lake Superior State	6.85	
2 PALOMAKI, Jake	Northern Michigan	7.18	
3 BENDER, Max	Northern Michigan	7.68	
4 HALLMAN, Steven	Northern Michigan	7.84	

Prelim

PI Name	Team	Time	H (PI)
1 MONTCASTLE,	Lake Superior State	6.74	q 2 (1)
2 BROWN, Chad	Michigan Tech	6.93	q 2 (2)
3 EVANS, John	Unattached	6.96	q 2 (3)
4 PALOMAKI, Jake	Northern Michigan	7.18	q 1 (1)
5 BENDER, Max	Northern Michigan	7.77	q 1 (2)
6 HALLMAN, Steven	Northern Michigan	7.80	q 1 (3)

HEAT RESULTS

Prelim

PI Name	Team	Time	Wind: (NW)
Heat 1 of 2			
1 PALOMAKI, Jake	Northern Michigan	7.18q	
2 BENDER, Max	Northern Michigan	7.77q	
3 HALLMAN, Steven	Northern Michigan	7.80q	
Heat 2 of 2			
1 MONTCASTLE,	Lake Superior State	6.74q	
2 BROWN, Chad	Michigan Tech	6.93q	
3 EVANS, John	Unattached	6.96q	

#115 Men's 200 Meters

PI Name	Team	Time	H (PI)
1 THOMAS, Oshane	Lake Superior State	22.29	2 (1)
2 MADDOX, Jevon	Michigan Tech	22.70	2 (2)
3 PRINGLE, Isaac	Michigan Tech	23.65	2 (3)
4 BAILEY, John	Michigan Tech	23.99	1 (1)
5 BELL, Jason	Unattached	24.44	1 (2)
6 PALOMAKI, Jake	Northern Michigan	26.43	1 (3)

SECTION RESULTS

PI Name	Team	Time	Wind: (NW)
Section 1 of 2			
1 BAILEY, John	Michigan Tech	23.99	
2 BELL, Jason	Unattached	24.44	
3 PALOMAKI, Jake	Northern Michigan	26.43	
Section 2 of 2			
1 THOMAS, Oshane	Lake Superior State	22.29	
2 MADDOX, Jevon	Michigan Tech	22.70	
3 PRINGLE, Isaac	Michigan Tech	23.65	

#111 Men's 400 Meters

PI Name	Team	Time	H (PI)
1 MADDOX, Jevon	Michigan Tech	50.39	3 (1)
2 THOMAS, Oshane	Lake Superior State	50.56	3 (2)
3 PRINGLE, Isaac	Michigan Tech	51.83	3 (3)
4 BAILEY, John	Michigan Tech	52.43	1 (1)
5 JOSEPH, Yazin	Lake Superior State	52.54	2 (1)
6 EVANS, John	Unattached	53.08	1 (2)
7 MONTCASTLE,	Lake Superior State	53.75	3 (4)
8 HILDEBRANDT, Dalton	Michigan Tech	56.46	1 (3)
9 PRELL, Zach	Michigan Tech	57.34	2 (2)

SECTION RESULTS

PI Name	Team	Time
Section 1 of 3		
1 BAILEY, John	Michigan Tech	52.43
2 EVANS, John	Unattached	53.08
3 HILDEBRANDT, Dalton	Michigan Tech	56.46
Section 2 of 3		
1 JOSEPH, Yazin	Lake Superior State	52.54
2 PRELL, Zach	Michigan Tech	57.34
Section 3 of 3		
1 MADDOX, Jevon	Michigan Tech	50.39
2 THOMAS, Oshane	Lake Superior State	50.56
3 PRINGLE, Isaac	Michigan Tech	51.83
4 MONTCASTLE,	Lake Superior State	53.75

#113 Men's 800 Meters

PI Name	Team	Time
1 WESTPHAL, Zach	Unattached	2:01.57
2 SUEHR, Sean	Lake Superior State	2:02.66
3 TUSKI, Michael	Michigan Tech	2:04.38
4 KRAMKA, Benjamin	Michigan Tech	2:04.81
5 SUTTON, Travis	Lake Superior State	2:05.09
6 RIGLING, Benjamin	Michigan Tech	2:06.35
7 MEIER, Jon	Lake Superior State	2:08.36
8 WYSOCKI, Steven	Lake Superior State	2:10.10
9 KASPERIAK, Quinn	Michigan Tech	2:10.14
10 KOLB, Tristan	Michigan Tech	2:14.28
11 BELL, Daniel	Unattached	2:23.74

#109 Men's 1 Mile Run

PI Name	Team	Time
1 SALIGA, Jason	Michigan Tech	4:26.66
2 POLLOCK, Chad	Michigan Tech	4:28.38
3 PELON, Peter	Michigan Tech	4:47.46
4 MILLER, Chancelor	Michigan Tech	4:47.64
5 MILES, Jack	Lake Superior State	4:50.45
6 WYNGAARD, Parker	Lake Superior State	4:53.87

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#109 Men's 1 Mile Run (cont'd)

PI Name	Team	Time
7 CLAERBAUT, Alex	Michigan Tech	4:54.82
8 SHOVE, Shawn	Michigan Tech	5:06.72
9 VETTER, Dylan	Lake Superior State	5:10.56
10 WINKLER, Jake	Unattached	5:12.44

#117 Men's 3000 Meters

PI Name	Team	Time
1 KULAS, Daniel	Michigan Tech	8:58.68
2 BROWN, Grant	Michigan Tech	9:01.10
3 PAHL, Matthew	Michigan Tech	9:13.72
4 PARSELL, Eric	Michigan Tech	9:26.24
5 HALLMAN, Mark	Michigan Tech	9:30.17
6 NORSTOG, Ethan	Michigan Tech	9:30.30
7 SHAMBERG, Marcus	Michigan Tech	9:34.92
8 WINSLOW, Christopher	Michigan Tech	9:36.75
9 KAMPSTRA, Bradon	Michigan Tech	9:43.93
10 MCGOWAN, Sean	Michigan Tech	9:50.46
11 RICHARDS, Dylan	Lake Superior State	9:52.08

#103 Men's 5000 Meters

PI Name	Team	Time
1 SMITH, Garrett	Lake Superior State	16:16.02
2 BURKE, Paul	Lake Superior State	16:22.05
3 ROGERS, Ryan	Lake Superior State	16:27.12
4 BAKER, Jacob	Lake Superior State	16:29.08
5 WORKMAN, Zachary	Lake Superior State	16:30.52
6 WINKLER, Jake	Unattached	16:44.89
7 MEYERS, Alex	Lake Superior State	16:50.16
8 WEICH, Christian	Unattached	18:17.56

#105 Men's 55m Hurdle

Final			Wind: (NW)
PI Name	Team	Time	H (PI)
1 MCGRATH, Shane	Michigan Tech	8.11	1 (1)
2 JARVIS, Jacob	Michigan Tech	8.32	1 (2)
3 BELL, Jason	Unattached	8.38	1 (3)
4 CARLSON, Vincente	Northern Michigan	8.45	1 (4)
5 ALBERS, Christian	Michigan Tech	8.53	2 (1)
6 ARMSTRONG, Gage	Michigan Tech	8.86	2 (2)
7 CHAPPELL, Jeremiah	Northern Michigan	8.93	2 (3)

SECTION RESULTS

Final		
PI Name	Team	Time
Section 1 of 2 Wind: (NW)		
1 MCGRATH, Shane	Michigan Tech	8.11

#105 Men's 55m Hurdle (cont'd)

SECTION RESULTS

Final			
PI Name	Team	Time	
Section 1 of 2 Wind: (NW)			
2 JARVIS, Jacob	Michigan Tech	8.32	
3 BELL, Jason	Unattached	8.38	
4 CARLSON, Vincente	Northern Michigan	8.45	
Prelim			
PI Name	Team	Time	H (PI)
1 MCGRATH, Shane	Michigan Tech	8.30	q 1 (1)
2 JARVIS, Jacob	Michigan Tech	8.32	q 1 (2)
3 BELL, Jason	Unattached	8.38	q 2 (1)
4 CARLSON, Vincente	Northern Michigan	8.42	q 2 (2)
5 CHAPPELL, Jeremiah	Northern Michigan	8.83	q 2 (3)
6 ALBERS, Christian	Michigan Tech	8.87	q 1 (3)
7 ARMSTRONG, Gage	Michigan Tech	9.26	1 (4)

HEAT RESULTS

Prelim		
PI Name	Team	Time
Heat 1 of 2 Wind: (NW)		
1 MCGRATH, Shane	Michigan Tech	8.30q
2 JARVIS, Jacob	Michigan Tech	8.32q
3 ALBERS, Christian	Michigan Tech	8.87q
4 ARMSTRONG, Gage	Michigan Tech	9.26
Heat 2 of 2 Wind: (NW)		
1 BELL, Jason	Unattached	8.38q
2 CARLSON, Vincente	Northern Michigan	8.42q
3 CHAPPELL, Jeremiah	Northern Michigan	8.83q

#119 Men's 4 x 400m Relay

PI Team	Time
1 Michigan Tech (A)	3:40.19
2 Michigan Tech (D)	3:43.47
3 Michigan Tech (C)	3:48.19
4 Michigan Tech (B)	3:49.23
5 Northern Michigan (A)	4:13.05

#129 Men's High Jump

PI Name	Team	Mark
1 VALDEZ, Robert	Unattached	1.94m
2 EVANS, John	Unattached	1.94m

#123 Men's Long Jump

PI Name	Team	Mark
1 HOOD, Nate	Michigan Tech	6.75m (NW)
2 BROWN, Chad	Michigan Tech	5.85m (NW)
3 WYSOCKI, Steven	Lake Superior State	5.20m (NW)

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#125 Men's Shot Put

PI Name	Team	Mark
1 VANOOSTEN, Cole	Lake Superior State	14.61m
2 FRAHM, Michael	Michigan Tech	14.46m
3 HALLMAN, Steven	Northern Michigan	11.82m
4 MESSINA, Kenneth	Michigan Tech	11.54m
5 DOBRZELEWSKI,	Michigan Tech	11.44m
6 GERWIG, Bryan	Michigan Tech	11.42m
7 EVILSIZER, Jacob	Michigan Tech	10.87m

#121 Men's Weight Throw

PI Name	Team	Mark
1 LIVINGSTON, Nolin	Lake Superior State	17.32m
2 VANOOSTEN, Cole	Lake Superior State	15.70m
3 FRAHM, Michael	Michigan Tech	13.58m
4 CAMERON, Zachary	Lake Superior State	13.53m
5 VINCENT, Jonathan	Michigan Tech	12.86m

#106 Women's 55 Meters

Final Wind: (NW)

PI Name	Team	Time
1 JELASSI, Yasmin	Northern Michigan	7.31
2 JAMES, Avadon	Northern Michigan	7.32
3 DOMPIER, Jamie	Michigan Tech	7.42
4 THOMAS, Nassi	Unattached	7.53
4 MATA, Jasmine	Lake Superior State	7.53
6 HUMMEL, Gabriel	Michigan Tech	7.90

Prelim Wind: (NW)

PI Name	Team	Time
1 JAMES, Avadon	Northern Michigan	7.32q
2 JELASSI, Yasmin	Northern Michigan	7.37q
3 DOMPIER, Jamie	Michigan Tech	7.50q
4 MATA, Jasmine	Lake Superior State	7.55q
5 THOMAS, Nassi	Unattached	7.58q
6 HUMMEL, Gabriel	Michigan Tech	7.82q

#114 Women's 200 Meters

PI Name	Team	Time	H (PI)
1 DOMPIER, Jamie	Michigan Tech	26.00	3 (1)
2 LONG, Jenna	Northern Michigan	26.33	2 (1)
3 JAMES, Avadon	Northern Michigan	26.38	3 (2)
4 VEALE, Ashley	Michigan Tech	26.41	2 (2)
5 BRZEZINSKI, Danielle	Northern Michigan	26.75	3 (3)
6 DUTCHER, Paige	Northern Michigan	26.87	2 (3)
7 SCHNACK, Hannah	Michigan Tech	27.32	1 (1)
8 MATA, Jasmine	Lake Superior State	27.55	3 (4)
9 THOMAS, Nassi	Unattached	27.73	1 (2)
10 HUMMEL, Gabriel	Michigan Tech	28.21	2 (4)

#114 Women's 200 Meters (cont'd)

PI Name	Team	Time	H (PI)
11 COOK, Ellaina	Michigan Tech	30.54	1 (3)

SECTION RESULTS

PI Name	Team	Time	Wind: (NW)
Section 1 of 3			
1 SCHNACK, Hannah	Michigan Tech	27.32	
2 THOMAS, Nassi	Unattached	27.73	
3 COOK, Ellaina	Michigan Tech	30.54	
Section 2 of 3			
1 LONG, Jenna	Northern Michigan	26.33	
2 VEALE, Ashley	Michigan Tech	26.41	
3 DUTCHER, Paige	Northern Michigan	26.87	
4 HUMMEL, Gabriel	Michigan Tech	28.21	
Section 3 of 3			
1 DOMPIER, Jamie	Michigan Tech	26.00	
2 JAMES, Avadon	Northern Michigan	26.38	
3 BRZEZINSKI, Danielle	Northern Michigan	26.75	
4 MATA, Jasmine	Lake Superior State	27.55	

#110 Women's 400 Meters

PI Name	Team	Time
1 TETZLOFF, Lauren	Michigan Tech	1:02.41
2 WATSON, Taylor	Lake Superior State	1:15.04

#112 Women's 800 Meters

PI Name	Team	Time
1 BECKER, Kieren	Northern Michigan	2:20.54
2 HUEBNER, Shayla	Northern Michigan	2:20.71
3 BLOCH, Liz	Michigan Tech	2:21.52
4 WALTERS, Maddie	Northern Michigan	2:29.12
5 CHURCHILL, Clara	Northern Michigan	2:30.38
6 PIETRZAK, Kelly	Northern Michigan	2:32.41
7 BROWN, Jaylee	Northern Michigan	2:33.82
8 NIESKES, Abby	Michigan Tech	2:36.97
9 KUBEK, Anna	Michigan Tech	2:40.22
10 WEHNER, Nichole	Michigan Tech	2:44.02

#108 Women's 1 Mile Run

PI Name	Team	Time
1 HEIMONEN, Lydia	Lake Superior State	5:24.39
2 FLYNN, Shannon	Northern Michigan	5:30.56
3 SHAFER, Casey	Lake Superior State	5:32.40
4 LONERGAN, Hannah	Northern Michigan	5:43.97
5 PFANNENSTIEL,	Northern Michigan	5:57.89
6 SWIDERSKI, Catherine	Northern Michigan	6:00.66
7 WAIT, Maria	Michigan Tech	6:04.91
8 LEGGETT, Rachel	Lake Superior State	6:06.29
9 BRADFORD, Claire	Michigan Tech	6:09.21

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#116 Women's 3000 Meters

PI Name	Team	Time
1 FIFAREK, Abby	Northern Michigan	10:55.75
2 FLYNN, Shannon	Northern Michigan	11:08.64
3 GIETEK, Cassie	Michigan Tech	11:38.58
4 FOSTER, Hailey	Lake Superior State	11:40.34
5 JACKSON, Robin	Michigan Tech	11:40.79
6 HOLMES, Robyn	Michigan Tech	11:55.51
7 PEABODY, Rachael	Lake Superior State	12:08.92
8 PEABODY, Amber	Michigan Tech	12:19.78

#102 Women's 5000 Meters

PI Name	Team	Time
1 BURMEISTER,	Northern Michigan	17:54.53
2 PASSINO, Hannah	Lake Superior State	19:59.48
3 SWIDERSKI, Catherine	Northern Michigan	20:00.27
4 KELLY, MacKenzie	Lake Superior State	20:04.43
5 RICHARDSON,	Lake Superior State	20:22.55
6 MULVILLE, Trudie	Lake Superior State	20:30.08

#104 Women's 55m Hurdle

Final

PI Name	Team	Time	H (PI)
1 KING, Jasmine	Northern Michigan	8.58	2 (1)
2 MYLLE, Ine	Northern Michigan	8.86	2 (2)
3 VEALE, Ashley	Michigan Tech	9.01	2 (3)
4 CHANG, Jenny	Northern Michigan	9.09	2 (4)
5 THURSTON, Audra	Michigan Tech	10.00	1 (1)
6 TYO, Ariana	Michigan Tech	10.87	1 (2)
7 COOK, Ellaina	Michigan Tech	11.16	1 (3)

SECTION RESULTS

Final

PI Name	Team	Time
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Section 1 of 2

PI Name	Team	Time	Wind: (NW)
1 THURSTON, Audra	Michigan Tech	10.00	
2 TYO, Ariana	Michigan Tech	10.87	
3 COOK, Ellaina	Michigan Tech	11.16	

Section 2 of 2

PI Name	Team	Time	Wind: (NW)
1 KING, Jasmine	Northern Michigan	8.58	
2 MYLLE, Ine	Northern Michigan	8.86	
3 VEALE, Ashley	Michigan Tech	9.01	
4 CHANG, Jenny	Northern Michigan	9.09	

Prelim

PI Name	Team	Time	H (PI)
1 MYLLE, Ine	Northern Michigan	8.69	q 2 (1)
2 KING, Jasmine	Northern Michigan	8.71	q 2 (2)
3 CHANG, Jenny	Northern Michigan	8.97	q 1 (1)

#104 Women's 55m Hurdle (cont'd)

Prelim

PI Name	Team	Time	H (PI)
4 VEALE, Ashley	Michigan Tech	9.13	q 2 (3)
5 THURSTON, Audra	Michigan Tech	10.00	q 1 (2)
6 TYO, Ariana	Michigan Tech	10.82	q 1 (3)
7 COOK, Ellaina	Michigan Tech	11.24	q 2 (4)

HEAT RESULTS

Prelim

PI Name	Team	Time
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Heat 1 of 2

PI Name	Team	Time	Wind: (NW)
1 CHANG, Jenny	Northern Michigan	8.97q	
2 THURSTON, Audra	Michigan Tech	10.00q	
3 TYO, Ariana	Michigan Tech	10.82q	

Heat 2 of 2

PI Name	Team	Time	Wind: (NW)
1 MYLLE, Ine	Northern Michigan	8.69q	
2 KING, Jasmine	Northern Michigan	8.71q	
3 VEALE, Ashley	Michigan Tech	9.13q	
4 COOK, Ellaina	Michigan Tech	11.24q	

#118 Women's 4 x 400m Relay

PI Team	Time
1 Michigan Tech (A)	4:09.56
2 Michigan Tech (C)	4:43.13
3 Michigan Tech (B)	4:43.60

#101 Women's 4000m DMR

PI Team	Time
1 Northern Michigan (A)	12:38.11
2 Northern Michigan (B)	12:55.53

#128 Women's High Jump

PI Name	Team	Mark
1 JUERGEN, Michelle	Northern Michigan	1.67m
2 SWIDER, Sarah	Lake Superior State	1.55m
3 WEIR, Julianna	Lake Superior State	1.52m

#122 Women's Long Jump

PI Name	Team	Mark
1 JUERGEN, Michelle	Northern Michigan	5.38m (NW)
2 ALLEN, Aimee	Michigan Tech	5.37m (NW)
3 DUTCHER, Paige	Northern Michigan	5.29m (NW)
4 JELASSI, Yasmin	Northern Michigan	4.97m (NW)
5 RIEVERT, Sarah	Northern Michigan	4.92m (NW)
6 SCHNACK, Hannah	Michigan Tech	4.86m (NW)
7 SWIDER, Sarah	Lake Superior State	4.69m (NW)
8 LONG, Jenna	Northern Michigan	4.56m (NW)
9 WEIR, Julianna	Lake Superior State	4.51m (NW)

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RESULTS**#126 Women's Triple Jump**

Pl	Name	Team	Mark
1	MYLLE, Ine	Northern Michigan	11.74m (NW)
2	SCHNACK, Hannah	Michigan Tech	10.59m (NW)
3	BREI, Kayla	Michigan Tech	9.03m (NW)

#124 Women's Shot Put

Pl	Name	Team	Mark	F (Pl)
1	BURNS, Jenna	Michigan Tech	12.91m	2 (1)
2	WILLIAMS, Jasmine	Northern Michigan	12.82m	2 (2)
3	SHOVE, Dana	Northern Michigan	11.21m	2 (3)
4	JOHNSON, Samantha	Northern Michigan	10.80m	2 (4)
5	SMITH, Alyssa	Michigan Tech	10.06m	1 (1)
6	MACLEAN, Kristine	Michigan Tech	10.05m	2 (5)
7	EMAUS, Miranda	Lake Superior State	8.88m	1 (2)
8	PATE, Carla	Northern Michigan	8.87m	2 (6)
9	MYLLE, Ine	Northern Michigan	8.82m	1 (3)
10	FYKE, Kayli	Lake Superior State	8.07m	1 (4)
11	WARSECKE, Mary	Lake Superior State	7.19m	1 (5)
12	CHANG, Jenny	Northern Michigan	5.90m	1 (6)

FLIGHT RESULTS

Pl	Name	Team	Mark
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Flight 1 of 2

1	SMITH, Alyssa	Michigan Tech	10.06m
2	EMAUS, Miranda	Lake Superior State	8.88m
3	MYLLE, Ine	Northern Michigan	8.82m
4	FYKE, Kayli	Lake Superior State	8.07m
5	WARSECKE, Mary	Lake Superior State	7.19m
6	CHANG, Jenny	Northern Michigan	5.90m

Flight 2 of 2

1	BURNS, Jenna	Michigan Tech	12.91m
2	WILLIAMS, Jasmine	Northern Michigan	12.82m
3	SHOVE, Dana	Northern Michigan	11.21m
4	JOHNSON, Samantha	Northern Michigan	10.80m
5	MACLEAN, Kristine	Michigan Tech	10.05m
6	PATE, Carla	Northern Michigan	8.87m

#120 Women's Weight Throw

Pl	Name	Team	Mark
1	WILLIAMS, Jasmine	Northern Michigan	17.78m
2	EMAUS, Miranda	Lake Superior State	13.37m
3	JOHNSON, Samantha	Northern Michigan	13.19m
4	PATE, Carla	Northern Michigan	9.22m
5	FYKE, Kayli	Lake Superior State	8.05m