

2010 MHSAA Region 7-1

"SQ" = State Qualifier

"NR" = New Record

Women's Results for: High Hurdles Prelims

Meet Record: 2001 Lela Nelson - Mumford 0:14.4

Extra State Qualifying Mark: 0:15.5

Heet: 1

Place	Athlete / School	Mark
1	Monique Nguyen (11) - Troy	0:17.1
2	Laura Fett (11) - Dakota	0:18.2
3	Sasha Rudow (11) - Sterling Heights	0:18.3
4	Kristin Dara (12) - Stevenson	0:18.5
5	Michelle Lepore (11) - Anchor Bay	0:22.0
6	Katie Bova (10) - Fraser	0:22.1
7	Erin Williams (12) - Warren	0:23.1

Heet: 2

Place	Athlete / School	Mark
1	Kierra Crews (11) - Warren Cousino	0:16.6
2	Amanda Stuckey (09) - Warren	0:17.4
3	Beka Stork (12) - Troy	0:18.0
4	Leslie Yu (10) - Fraser	0:18.1
5	Ashley Tabb (12) - LAnse Creuse North	0:19.1
6	Daniela Venegoni (09) - Chippewa Valley	0:19.2
7	Whitney Vann (12) - LAnse Creuse	0:19.4

Heet: 3

Place	Athlete / School	Mark
1	Erin Rajter (11) - Stevenson	0:16.5
2	Grace Battista (10) - Chippewa Valley	0:17.9
3	Emily Herbon (11) - Troy	0:17.9
4	Sara Baguzis (11) - Dakota	0:18.0
5	Amanda Arsenault (10) - LAnse Creuse North	0:18.3
6	Danielle Noble (09) - Utica	0:19.1
7	Jazzalyn Ballard (09) - Anchor Bay	0:20.3

Women's Results for: 100m Dash Prelims

Meet Record: 2007 Shayla Mahan - Mumford 0:11.3

Extra State Qualifying Mark: 0:12.5

Heet: 1

Place	Athlete / School	Mark
1	Gabbi Ellis (10) - Troy	0:13.4
2	India Turner (11) - Anchor Bay	0:13.5
3	Tesia Graham (10) - Warren Cousino	0:13.5
4	Ashley Thomas (12) - Dakota	0:13.6
5	Ana Stojanovska (09) - Chippewa Valley	0:14.0
6	Katelyn Mueller (09) - Ford II	0:14.3
7	Mary Flees (12) - Warren Mott	0:14.6

Heet: 2

Place	Athlete / School	Mark
1	Jessica Doherty (10) - Chippewa Valley	0:13.4
2	Shayla France (11) - LAnse Creuse	0:13.7
3	Mikkala Smith (10) - Troy	0:13.8
4	Allyssa Kopec (11) - Stevenson	0:13.9
5	Angelina Coletti (12) - Utica	0:14.2
6	erica oneal (11) - Troy Athens	0:14.3
7	Julie Mahieu (12) - Fraser	0:14.4

Heet: 3

Place	Athlete / School	Mark
1	Cadeisha Browning-Watter (10) - LAnse Creuse	0:13.4
2	Kiana Bailey (09) - Warren Mott	0:13.9
3	Dani Drayton (12) - Troy	0:14.0
4	Taylor Cyphers (10) - Utica	0:14.2
5	Ashley Haney (12) - Fraser	0:14.3
6	JenNise Charles (9) - Warren Cousino	0:14.7

Heet: 4

Place	Athlete / School	Mark
1	Jocelyn Jenkins (11) - LAnse Creuse	0:13.4
2	Josi Terrell (11) - LAnse Creuse North	0:13.5
3	Kelly Niemiec (09) - Troy	0:13.5
4	Natalia Kumar (11) - Sterling Heights	0:13.8
5	Miranda Bates (09) - Dakota	0:14.4
6	Christina Smith (11) - Anchor Bay	0:14.7

Women's Results for: 200m Dash Prelims

Meet Record: 2007 Shayla Mahan - Mumford 0:23.8

Extra State Qualifying Mark: 0:26.1

Heet: 1

Place	Athlete / School	Mark
1	Shayla France (11) - LAnse Creuse	0:28.1
2	India Turner (11) - Anchor Bay	0:28.2
3	Khey Carter-Berry (09) - Dakota	0:28.4
4	Ana Stojanovska (09) - Chippewa Valley	0:28.5
5	Mikkala Smith (10) - Troy	0:29.0
6	Kijima Harris (11) - Warren	0:29.2
7	Danielle Misch (12) - Ford II	0:29.4
8	Lalynda Cobb (09) - Warren Mott	0:30.6

Heet: 2

Place	Athlete / School	Mark
1	Cadeisha Browning-Watter (10) - LAnse Creuse	0:27.2
2	Natalia Kumar (11) - Sterling Heights	0:28.3
3	Taylor Cyphers (10) - Utica	0:28.3
4	Gabbi Ellis (10) - Troy	0:28.4
5	Megann Wallace (10) - Warren Cousino	0:28.7
6	Katelyn Mueller (09) - Ford II	0:29.1
7	Samiea Snorton (09) - Anchor Bay	0:29.6
8	Lauren Doherty (12) - Dakota	0:29.7

Heet: 3

Place	Athlete / School	Mark
1	Katilyne Zopf-Ellis (10) - LAnse Creuse North	0:27.5
2	Jessica Doherty (10) - Chippewa Valley	0:28.2
3	Sarah Chmielewski (09) - Troy	0:28.3
4	Emily Fisher (12) - Troy	0:28.6
5	erica oneal (11) - Troy Athens	0:28.7
6	Allyssa Kopec (11) - Stevenson	0:29.3
7	Ashley Haney (12) - Fraser	0:29.6
8	Kim Vincente (09) - Utica	0:29.7

Women's Results for: High Hurdles Semi-

Meet Record: 2001 Lela Nelson - Mumford 0:14.4

Extra State Qualifying Mark: 0:15.5

Heet: 1

Place	Athlete / School	Mark
1	Erin Rajter (11) - Stevenson	0:16.2
2	Amanda Stuckey (09) - Warren	0:16.7
3	Beka Stork (12) - Troy	0:17.0
4	Sasha Rudow (11) - Sterling Heights	0:17.1
5	Grace Battista (10) - Chippewa Valley	0:17.4
6	Kristin Dara (12) - Stevenson	0:17.7
7	Amanda Arsenault (10) - LAnse Creuse North	0:18.6
8	Danielle Noble (09) - Utica	0:18.8

Heet: 2

Place	Athlete / School	Mark
1	Kierra Crews (11) - Warren Cousino	0:15.7
2	Monique Nguyen (11) - Troy	0:16.5
3	Emily Herbon (11) - Troy	0:17.3
4	Sara Baguzis (11) - Dakota	0:17.4
5	Leslie Yu (10) - Fraser	0:17.7
6	Laura Fett (11) - Dakota	0:18.1
7	Michelle Lepore (11) - Anchor Bay	0:18.7
8	Ashley Tabb (12) - LAnse Creuse North	0:18.8

Women's Results for: 100m Dash Semi-Finals

Meet Record: 2007 Shayla Mahan - Mumford 0:11.3

Extra State Qualifying Mark: 0:12.5

Heet: 1

Place	Athlete / School	Mark
1	India Turner (11) - Anchor Bay	0:12.9
2	Gabbi Ellis (10) - Troy	0:13.1
3	Dani Drayton (12) - Troy	0:13.1
4	Jocelyn Jenkins (11) - LAnse Creuse	0:13.2
5	Tesia Graham (10) - Warren Cousino	0:13.3
6	Kiana Bailey (09) - Warren Mott	0:13.4
7	Ashley Thomas (12) - Dakota	0:13.5
8	Taylor Cyphers (10) - Utica	0:13.9

Heet: 2

Place	Athlete / School	Mark
1	Josi Terrell (11) - LAnse Creuse North	0:13.1
2	Cadeisha Browning-Watter (10) - LAnse Creuse	0:13.2
3	Shayla France (11) - LAnse Creuse	0:13.2
4	Jessica Doherty (10) - Chippewa Valley	0:13.3
5	Allyssa Kopec (11) - Stevenson	0:13.3
6	Kelly Niemiec (09) - Troy	0:13.6
7	Mikkala Smith (10) - Troy	0:13.8

Women's Results for: 200m Dash Semi-Finals

Meet Record: 2007 Shayla Mahan - Mumford 0:23.8

Extra State Qualifying Mark: 0:26.1

Heet: 1

Place	Athlete / School	Mark
1	Cadeisha Browning-Watter (10) - LAnse Creuse	0:27.3
2	India Turner (11) - Anchor Bay	0:27.4
3	Jessica Doherty (10) - Chippewa Valley	0:27.6
4	Sarah Chmielewski (09) - Troy	0:28.1
5	Emily Fisher (12) - Troy	0:28.2
6	Khey Carter-Berry (09) - Dakota	0:28.3
7	Megann Wallace (10) - Warren Cousino	0:28.7
8	Katelyn Mueller (09) - Ford II	0:28.9

Heet: 2

Place	Athlete / School	Mark
1	Katilyne Zopf-Ellis (10) - LAnse Creuse North	0:27.0
2	Shayla France (11) - LAnse Creuse	0:27.5
3	Gabbi Ellis (10) - Troy	0:27.6
4	Natalia Kumar (11) - Sterling Heights	0:27.7
5	Taylor Cyphers (10) - Utica	0:28.7
6	erica oneal (11) - Troy Athens	0:29.0
7	Ana Stojanovska (09) - Chippewa Valley	0:29.1

2010 MHSAA Region 7-1

"SQ" = State Qualifier "NR" = New Record

Women's Results for: Pole Vault

Meet Record: 2009 Kelsey Hinz - Dakota 11'02.00

Qualifying Standard for State 9'09.00

	Place	Athlete / School	Mark
SQ	1	Jennifer Schornak (11) - Dakota	9'08.00"
SQ	2	Hannah Scruggs (10) - Dakota	8'08.00"
	3	Ashley Jackovich (12) - Sterling Heights	8'02.00"
	4	Patricia Pasque (11) - Warren Cousino	8'02.00"
	5	Jenny Pysh (09) - Warren Mott	7'08.00"
	5	Kate Meyer (10) - Anchor Bay	7'08.00"

Women's Results for: High Jump

Meet Record: 2002 Katie Price - Fraser 5'05.00

Qualifying Standard for State 5'02.00

	Place	Athlete / School	Mark
NR SQ	1	Makenzie Frodle (11) - Fraser	5'07.00"
SQ	2	Stephanie Cuniberti (12) - Dakota	5'02.00"
SQ	3	Monique Nguyen (11) - Troy	5'02.00"
	4	Ashley Novak (12) - Warren	5'00.00"
	5	Danielle Vallier (12) - Fraser	5'00.00"
	5	Erin Rajter (11) - Stevenson	5'00.00"
	7	Olivia Feldpausch (11) - Utica	4'09.00"
	7	Leeza Donald (09) - LAnse Creuse	4'09.00"
	7	Rachel Bootka (11) - Utica	4'09.00"
	10	Ashley Thomas (12) - Dakota	4'09.00"

Women's Results for: Long Jump

Meet Record: 2006 Tanish Johnson - Dakota 17'08.00

Qualifying Standard for State 16'09.00

	Place	Athlete / School	Mark
SQ	1	Ashley Thomas (12) - Dakota	16'04.50"
SQ	2	Makenzie Frodle (11) - Fraser	16'04.50"
	3	Erin Rajter (11) - Stevenson	16'03.50"
	4	Dominique Perrone (10) - LAnse Creuse	16'03.00"
	5	Morgan Byrge (09) - Anchor Bay	15'06.50"
	6	Rachael Messina (12) - Troy	15'06.00"
	7	Olivia Feldpausch (11) - Utica	15'05.00"
	8	Sara Lin (10) - Troy	15'04.50"
	9	Katie Shaheen (10) - Troy	14'08.00"
	10	Danielle Vallier (12) - Fraser	14'07.00"
	11	Sara Webber (12) - Warren Mott	13'08.00"
	12	Bella Apone (09) - Chippewa Valley	12'11.50"
	13	Erin Kupps (10) - Chippewa Valley	12'11.50"
	14	Tesia Graham (10) - Warren Cousino	12'10.00"
	15	Kristin Dara (12) - Stevenson	12'06.00"
	16	Katherine Dekeyser (12) - Warren Cousino	12'05.50"
	17	Aviana Vasko (09) - Ford II	12'02.00"
	18	Mary Flees (12) - Warren Mott	11'05.50"

Women's Results for: Discus

Meet Record: 2007 Joy Rolfe - Fraser 130'08.00

Qualifying Standard for State 112'06.00

	Place	Athlete / School	Mark
SQ	1	Emily Kujawski (12) - Dakota	112'09.00"
SQ	2	Devereaux Beauchaine (11) - Fraser	110'01.00"
	3	Anna Brunzman (10) - Fraser	108'00.00"
	4	Anne Press (12) - LAnse Creuse	104'11.00"
	5	Emily Caretti (9) - Warren Cousino	101'08.00"
	6	kathy ruta (12) - Troy Athens	99'09.00"
	7	Marci Bratkowski (12) - Anchor Bay	99'07.00"
	8	Adrienne Thomas (12) - Dakota	99'06.00"
	9	Emily McKay (12) - Ford II	98'07.00"
	10	Megan Roberts (12) - Utica	87'06.00"
	11	Lexi Pullen (09) - Troy	85'04.00"
	12	Takla Kamel (11) - Ford II	83'05.00"
	13	kotomi obayashi (10) - Troy Athens	83'03.00"
	14	Diana Otero (10) - Troy	82'09.00"
	15	Ashley Henry (12) - Chippewa Valley	82'04.00"
	16	Amanda Carmack (12) - LAnse Creuse	81'08.00"
	17	Lauren Williams (09) - Anchor Bay	76'11.00"
	18	Rachel Tate (12) - Warren Mott	74'04.00"
	19	Kaela Franklin (9) - Warren Cousino	74'02.00"
	20	Marie Cantrell (12) - Warren Mott	66'10.00"
	21	Laruen Talbot (09) - Sterling Heights	61'06.00"
	22	Ashley Herfi (11) - Sterling Heights	58'10.00"

Women's Results for: Shot Put

Meet Record: 2008 Joy Rolfe - Fraser 44'01.00

Qualifying Standard for State 36'07.00

	Place	Athlete / School	Mark
SQ	1	Emily Kujawski (12) - Dakota	36'10.00"
SQ	2	Takla Kamel (11) - Ford II	35'08.50"
	3	Devereaux Beauchaine (11) - Fraser	34'04.50"
	4	Marci Bratkowski (12) - Anchor Bay	32'04.00"
	5	Adrienne Thomas (12) - Dakota	32'02.75"
	6	kathy ruta (12) - Troy Athens	32'00.50"
	7	Tori Balzer (12) - Utica	30'10.00"
	8	Lauren Williams (09) - Anchor Bay	30'03.00"
	9	Kaela Franklin (9) - Warren Cousino	30'02.50"
	10	Marie Cantrell (12) - Warren Mott	29'10.00"
	11	Alexandra Michayluk (11) - LAnse Creuse North	29'09.00"
	12	Emily Caretti (9) - Warren Cousino	29'05.00"
	13	kotomi obayashi (10) - Troy Athens	29'01.00"
	14	Tupper Bigelow (10) - Troy	29'00.50"
	15	Emily McKay (12) - Ford II	28'10.75"
	16	Amanda Carmack (12) - LAnse Creuse	28'09.00"
	17	Anna Brunzman (10) - Fraser	28'09.00"
	18	Shay Petterson (11) - Troy	28'06.00"
	19	Ashley Henry (12) - Chippewa Valley	28'05.50"
	20	Kristin Dara (12) - Stevenson	26'10.75"
	21	Kristen Johns (09) - Chippewa Valley	26'09.50"
	22	Rachel Tate (12) - Warren Mott	26'03.75"
	23	Laruen Talbot (09) - Sterling Heights	26'00.00"
	24	Ashley Herfi (11) - Sterling Heights	24'10.25"

Women's Results for: 3200m Relay

Meet Record: 2009 Troy: Theresa Hencsie, Sammy Johnson, Grace Green, Michelle Moriset 9:37.9

Extra State Qualifying Mark: 9:50.0

NR	SQ	Place	School	Mark	H/P
		1	Troy Franki Adamski, Sammy Johnson Lindsey Miller, Michelle Moriset	9:35.1	1/1
	SQ	2	Anchor Bay	9:54.1	1/2
		3	Dakota	10:08.1	1/3
		4	LAnse Creuse	10:40.8	1/4
		5	LAnse Creuse North	10:53.3	1/5
		6	Warren Mott	10:56.7	1/6
		7	Ford II	10:59.0	1/7
		8	Utica	11:03.1	1/8
		9	Fraser	11:11.7	1/9
		10	Troy Athens	11:18.6	1/10

Women's Results for: High Hurdles

Meet Record: 2001 Lela Nelson - Mumford 0:14.4

Extra State Qualifying Mark: 0:15.5

	SQ	Place	Athlete/School	Mark	H/P
		1	Kierra Crews (11) - Warren Cousino	0:15.4	1/1
	SQ	2	Erin Rajter (11) - Stevenson	0:15.9	1/2
		3	Monique Nguyen (11) - Troy	0:16.2	1/3
		4	Amanda Stuckey (09) - Warren Mott	0:16.6	1/4
		5	Sara Baguzis (11) - Dakota	0:17.0	1/5
		6	Beka Stork (12) - Troy	0:17.2	1/6
		7	Emily Herbon (11) - Troy	0:17.5	1/7
		8	Sasha Rudow (11) - Sterling Heights	0:17.6	1/8

Women's Results for: 100m Dash

Meet Record: 2007 Shayla Mahan - Mumford 0:11.3

Extra State Qualifying Mark: 0:12.5

	SQ	Place	Athlete/School	Mark	H/P
		1	Gabbi Ellis (10) - Troy	0:12.9	1/1
	SQ	2	Josi Terrell (11) - LAnse Creuse North	0:13.1	1/2
		3	Shayla France (11) - LAnse Creuse	0:13.1	1/3
		4	Dani Drayton (12) - Troy	0:13.2	1/4
		5	Cadeisha Browning-Watter (10) - LAnse Creuse	0:13.2	1/5
		6	India Turner (11) - Anchor	0:13.3	1/6
		7	Jessica Doherty (10) - Chippewa Valley	0:13.3	1/7
		8	Jocelyn Jenkins (11) - LAnse Creuse	0:13.4	1/8

Women's Results for: 800m Relay

Meet Record: 2005 Mumford: Shayla Mahn, Jasmin Webb, Chanell Wright, Jessica Jones 1:40.4

Extra State Qualifying Mark: 1:45.3

	SQ	Place	School	Mark	H/P
		1	LAnse Creuse North Shawntes Gayden, Josi Terrell Emily Sharpe, Katilyne Zopf-Ellis	1:46.9	2/1
	SQ	2	LAnse Creuse	1:49.1	2/2
		3	Dakota	1:49.3	2/3
		4	Troy	1:50.0	2/4
		5	Utica	1:54.0	2/5
		6	Anchor Bay	1:54.7	2/6
		7	Warren Mott	1:54.9	1/1
		8	Warren Cousino	1:55.0	2/7
		9	Troy Athens	1:55.3	2/8
		10	Sterling Heights	1:56.3	1/2
		11	Ford II	1:58.0	1/3
		12	Fraser	1:59.0	1/4

Women's Results for: 1600m Run

Meet Record: 2007 Grace Green - Troy 5:08.3

Extra State Qualifying Mark: 5:15.0

	SQ	Place	Athlete/School	Mark	H/P
		1	Michelle Moriset (12) - Troy	5:10.5	1/1
	SQ	2	Kelley Miko (12) - LAnse Creuse	5:12.6	1/2
	SQ	3	Lindsey Miller (11) - Troy	5:14.4	1/3
		4	Julia Dinverno (11) - Troy	5:25.0	1/4
		5	Abby Schudlich (11) - Stevenson	5:31.2	1/5
		6	Taylor Knoll (12) - Warren Mott	5:33.0	1/6
		7	Hannah Pugh (11) - Dakota	5:38.1	1/7
		8	sarah van noord (12) - Troy Athens	5:38.3	1/8
		9	Danielle Miller (12) - Fraser	5:39.8	1/9
		10	Nikki Leonard (11) - Troy	5:43.2	1/10
		11	Sarah Ball (12) - Dakota	5:47.1	1/11
		12	Brooke Owens (09) - Fraser	5:48.3	1/12
		13	Nicole Elkhoury (10) - Stevenson	5:51.2	1/13
		14	Kortney DePriest (10) - Utica	5:51.8	1/14
		15	Kayla Myers (12) - Anchor	5:54.4	1/15
		16	Nicole Hranchook (10) - LAnse Creuse	5:55.3	1/16
		17	Asia Cogiel (11) - Utica	5:56.7	1/17
		18	Courtney Gilbert (09) - LAnse Creuse North	5:58.4	1/18
		19	brooke madzia (12) - Troy Athens	5:59.8	1/19
		20	Sabrina Knepper (09) - Warren Mott	6:03.9	1/20
		21	Jennifer Karns (11) - Anchor Bay	6:04.6	1/21
		22	Rebecca Gilbert (12) - LAnse Creuse North	6:10.6	1/22
		23	Miriam Keith (10) - Ford II	6:14.0	1/23
		24	Shania Kulczycki (11) - Chippewa Valley	6:17.4	1/24
		25	Lindsay Luzod (11) - Ford II	6:30.7	1/25

2010 MHSAA Region 7-1

"SQ" = State Qualifier

"NR" = New Record

Women's Results for: 400m Relay

Meet Record: 2005 Mumford: Stephanie Porter, Channel Wright, Dana Hill, Shayla Mahan 0:47.9

Extra State Qualifying Mark: 0:50.9

	Place	School	Mark	H/P
SQ	1	Troy	0:50.8	2/1
		Kelly Niemiec, Ashley Dauphine Rachael Messina, Gabbi Ellis		
SQ	2	LAnse Creuse	0:50.8	2/2
SQ	3	LAnse Creuse North	0:50.9	2/3
	4	Warren Cousino	0:52.5	2/4
	5	Dakota	0:52.8	2/5
	6	Anchor Bay	0:55.0	2/6
	7	Warren Mott	0:55.1	2/7
	8	Utica	0:55.2	2/8
	9	Fraser	0:56.2	1/1
	10	Ford II	0:59.3	1/2

Women's Results for: 400m Dash

Meet Record: 2007 Aisha Osborne - Mumford 0:56.3

Extra State Qualifying Mark: 1:00.0

	Place	Athlete/School	Mark	H/P
SQ	1	Ashley Dauphine (11) - Troy	1:00.8	3/1
SQ	2	Kathryn Ugorowski (10) - Dakota	1:01.3	3/2
	3	Lauren Burnett (09) - Dakota	1:01.5	3/3
	4	Katie Shaheen (10) - Troy	1:03.2	3/4
	5	Laura Huth (12) - Utica	1:03.4	3/5
	6	Megan Belcher (10) - Sterling Heights	1:03.5	3/6
	7	Antionette Plair (10) - Fraser	1:04.4	3/7
	8	Morgan Byrge (09) - Anchor Bay	1:04.8	2/1
	9	zakiya aniapam (11) - Troy Athens	1:05.3	2/2
	10	Sarah Stanczak (11) - Troy	1:05.7	3/8
	11	Brooke Will (12) - LAnse Creuse	1:06.3	2/3
	12	Ashley Manzella (11) - Warren Cousino	1:08.0	2/4
	13	Shelby Parkes (10) - Ford II	1:09.0	2/5
	14	Kelly Ferguson (12) - Utica	1:09.5	2/6
	15	JenNise Charles (9) - Warren Cousino	1:10.2	1/1
	16	Meris Fry (12) - LAnse Creuse	1:12.0	2/7
	17	Alexis Duncan (09) - Ford II	1:13.0	1/2

Women's Results for: 300m Hurdles

Meet Record: 2004 Tiarra Brooks - Mumford 0:45.4

Extra State Qualifying Mark: 0:47.3

	Place	Athlete/School	Mark	H/P
SQ	1	Christina Micale (09) - Dakota	0:48.7	3/1
SQ	2	Laura Fett (11) - Dakota	0:50.5	3/2
	3	Emily Herbon (11) - Troy	0:50.5	3/3
	4	Amanda Stuckey (09) - Warren Mott	0:50.6	3/4
	5	kristy villarosa (10) - Troy Athens	0:51.5	3/5
	6	Amanda Arsenaault (10) - LAnse Creuse North	0:52.4	2/1
	7	Beka Stork (12) - Troy	0:52.5	3/6
	8	Sasha Rudow (11) - Sterling Heights	0:53.4	2/2
	9	Leslie Yu (10) - Fraser	0:53.5	2/3
	10	Danielle Noble (09) - Utica	0:54.3	2/4
	11	Kristin Dara (12) - Stevenson	0:54.7	3/7
	12	Marisa Lambert (10) - Fraser	0:54.9	1/1
	13	Michelle Lepore (11) - Anchor Bay	0:55.0	2/5
	14	Paislei Gordon (11) - Anchor Bay	0:55.8	2/6
	15	Whitney Vann (12) - LAnse Creuse	0:56.3	2/7
	16	Ashley Tabb (12) - LAnse Creuse North	0:57.4	1/2

Women's Results for: 800m Run

Meet Record: 2009 Autumn Cleverly - Anchor Bay 2:16.5

Extra State Qualifying Mark: 2:21.0

	Place	Athlete/School	Mark	H/P
SQ	1	Sammy Johnson (12) - Troy	2:21.7	2/1
SQ	2	Franki Adamski (12) - Troy	2:23.3	2/2
	3	Lindsey Miller (11) - Troy	2:24.4	2/3
	4	Taylor Knoll (12) - Warren Mott	2:24.8	2/4
	5	Danielle Vallier (12) - Fraser	2:25.2	2/5
	6	Michelle Moriset (12) - Troy	2:26.5	2/6
	7	Cecilia Pope (12) - Anchor	2:28.9	2/7
	8	Shawna Maeder (11) - Dakota	2:29.5	2/8
	9	Julia Dinverno (11) - Troy	2:30.0	2/9
	10	Hunter Dolan (10) - Anchor Bay	2:30.2	1/1
	11	Theresa Hencsie (11) - Troy	2:30.4	2/10
	12	Kortney DePriest (10) - Utica	2:34.4	1/2
	13	Jessica Gaines (09) - Stevenson	2:35.3	1/3
	14	Jillian White (10) - Dakota	2:36.4	2/11
	15	Asia Cogiel (11) - Utica	2:38.8	1/4
	15	Danielle Miller (12) - Fraser	2:38.8	2/12
	17	Lienna LaBarge (09) - LAnse Creuse	2:39.5	2/13
	18	Megan Belcher (10) - Sterling Heights	2:42.2	2/14
	19	Nicole Hranchook (10) - LAnse Creuse	2:42.9	2/15
	20	Kelly Batzloff (10) - Ford II	2:43.2	2/16
	21	Lisa Cocco (12) - Stevenson	2:43.3	1/5
	22	lindsey ransone (09) - Troy Athens	2:43.7	1/6
	23	Jenna Kotula (10) - Warren Mott	2:47.8	1/7
	24	emily orlando (11) - Troy Athens	2:49.0	1/8
	25	Miranda Bauer (12) - LAnse Creuse North	2:50.0	1/9
	26	Alayna Leduc (12) - LAnse Creuse North	2:50.8	1/10
	27	Fallon Bierkamp (11) - Warren Cousino	3:09.0	1/11

Women's Results for: 200m Dash

Meet Record: 2007 Shayla Mahan - Mumford 0:23.8

Extra State Qualifying Mark: 0:26.1

	Place	Athlete/School	Mark	H/P
SQ	1	Cadeisha Browning-Watter (10) - LAnse Creuse	0:26.5	1/1
SQ	2	Gabbi Ellis (10) - Troy	0:26.6	1/2
	3	Katilyne Zopf-Ellis (10) - LAnse Creuse North	0:26.6	1/3
	4	Jessica Doherty (10) - Chippewa Valley	0:27.0	1/4
	5	Natalia Kumar (11) - Sterling Heights	0:27.9	1/5
	6	India Turner (11) - Anchor	0:28.0	1/6
	7	Sarah Chmielewski (09) - Troy	0:28.7	1/7
	8	Shayla France (11) - LAnse Creuse	0:30.3	1/8

Women's Results for: 3200m Run

Meet Record: 1999 Michelle Ruggero - Utica Ford 11:07.4

Extra State Qualifying Mark: 11:35.0

	Place	Athlete/School	Mark	H/P
SQ	1	Michelle Moriset (12) - Troy	11:23.3	1/1
SQ	2	Melanie Brender (12) - Stevenson	11:27.5	1/2
	3	Kelley Miko (12) - LAnse Creuse	11:43.7	1/3
	4	Brooke Heins (11) - Warren Cousino	12:11.0	1/4
	5	Cassie Jenema (09) - Ford II	12:11.4	1/5
	6	sarah van noord (12) - Troy Athens	12:28.7	1/6
	7	Laura Moriset (10) - Troy	12:29.8	1/7
	8	Nikki Leonard (11) - Troy	12:31.6	1/8
	9	Krista Holka (10) - LAnse Creuse	12:35.6	1/9
	10	Olivia Haskins (10) - Anchor Bay	12:35.8	1/10
	11	Brooke Owens (09) - Fraser	12:37.7	1/11
	12	Amanda Simon (09) - Anchor Bay	12:41.7	1/12
	13	Jennifer Farrar (10) - LAnse Creuse North	12:49.5	1/13
	14	Olivia Kwiatkowski (12) - Utica	12:56.9	1/14
	15	Noelle Savage (11) - Stevenson	13:01.3	1/15
	16	Sarah Ball (12) - Dakota	13:06.5	1/16
	17	Ciera Markiewicz (11) - Warren Cousino	13:57.0	1/18
	18	Kayla Lalik (09) - Warren	14:09.1	1/19
	19	Lisa Matuszak (12) - Warren Mott	14:34.3	1/20

Women's Results for: 1600m Relay

Meet Record: 2004 Mumford: Sarda Grace, Shana Vinson, Ladonna

Carey, Jessica Jones 3:56.2

Extra State Qualifying Mark: 4:08.6

	Place	School	Mark	H/P
SQ	1	Troy Sammy Johnson, Franki Adamski Ashley Dauphine, Katie Shaheen	4:05.9	1/1
SQ	2	Dakota	4:08.8	1/2
	3	Anchor Bay	4:18.4	1/3
	4	Utica	4:24.5	1/4
	5	Warren Mott	4:26.7	1/5
	6	Fraser	4:35.0	1/6
	7	Ford II	4:43.2	1/7
	8	Warren Cousino	4:47.1	1/8

Rank	School	Total
1	Troy (T)	165
2	Dakota (D)	124
3	LAnse Creuse (LC)	68
4	Fraser (F)	50.5
5	Anchor Bay (AB)	44.5
6	LAnse Creuse North (LCN)	37
7	Warren Cousino (WC)	36
8	Warren Mott (WM)	32.5
9	Stevenson (S)	29.5
10	Utica (U)	21
11	Ford II (UF)	16
12	Sterling Heights (SH)	15
13	Troy Athens (TA)	14
14	Chippewa Valley (CV)	7