

# Labor Day – 10K Run and 5K Run & Walk, 9/7/2009

## Category

Name	Town	Age	Time	Place
<b>Division - 10K Run</b>				
<b>Overall Male</b>				
1. Whitman, Joe	Alma, MI	26	36:15.45	117
<b>Overall Female</b>				
1. Zidar, Maggy	Pontiac, MI	59	47:08.67	162
<b>Masters Male</b>				
1. Chovanec, Matt	St. Louis, MI	40	37:42.42	123
<b>Masters Female</b>				
1. McCray, Lisa	Shepherd, MI	41	48:04.19	169
<b>20-24 Male</b>				
1. Payne, James	Midland, MI	23	44:04.88	147
2. Kowalski, Thomas	Midland, MI	20	51:23.09	184
<b>20-24 Female</b>				
1. Woods, Leslie	Midland, MI	21	47:16.38	165
2. Kulling, Renee	Midland, MI	23	53:51.38	196
<b>25-29 Male</b>				
1. VanDusen, Jeff	Bay City, MI	27	39:24.22	131
2. Klosowski, Mike	Pigeon, MI	28	53:54.55	197
3. Diffendal, Michael	Midland, MI	29	54:15.80	199
4. Peck, Andrew	Saginaw, MI	26	54:47.97	202
<b>25-29 Female</b>				
1. Cronkright, Wesley	Midland, MI	29	50:01.95	178
2. Fleming, Lisa	Bay City, MI	26	52:20.11	187
3. Welch, Susan	Freeland, MI	27	56:24.86	208
4. Mwathi , Delani	Midland, MI	27	56:48.70	210
<b>30-34 Male</b>				
1. Mwathi, Michael	Midland, MI	30	43:33.48	144
2. Laundra, Jonathon	Essexville, MI	32	49:48.66	176
3. Leder, David	Essexville, MI	34	51:49.39	186
4. Mathew, Jicku	Midland, MI	33	55:42.39	206
<b>30-34 Female</b>				
1. Notter, Heather	Saginaw, MI	33	51:13.84	182
2. Ludlum, Kelley	Hemlock, MI	31	53:41.56	195
<b>35-39 Male</b>				
1. Gabalis, Alan	Caro, MI	39	39:02.66	129
2. Skulley, Tom	Saginaw, MI	37	52:46.64	189
3. Ieuter, Kurt	Midland, MI	39	53:05.80	190
<b>35-39 Female</b>				
1. Rousseau, Michelle	Freeland, MI	36	47:32.17	166
2. LaFave, Jennifer	Sanford, MI	38	53:17.31	191
3. Whalen, Cherie	Auburn, MI	38	54:58.47	204
4. Suarez, Jennifer	Midland, MI	39	1:02:37.24	218
5. Winter, Dawn	Midland, MI	38	1:06:55.92	223
<b>40-44 Male</b>				
1. Sylvester, Wayne	Midland, MI	42	44:32.78	151
2. Roten, Rodney	Midland, MI	40	44:58.73	154
3. Butch, Greg	Bay City, MI	44	46:12.84	160
4. Witt , Paul	Midland, MI	40	49:30.89	174
5. O'Brien, Diesel	Mt Pleasant, MI	43	51:39.25	185
<b>45-49 Male</b>				
1. Spilman, Gary	Midland, MI	48	39:42.38	133
2. Cook, Robert	Holt, MI	48	41:27.45	141

3. Bickmore, David	Midland, MI	48	46:03.16	158
4. Suarez, Andres	Midland, MI	47	46:03.39	159
5. Roden, David	Midland, MI	45	49:02.09	172
6. Crain, Steven	Midland, MI	49	49:59.59	177
7. Clark, Tom	Freeland, MI	45	53:35.09	193
8. Collins, Al	Midland, MI	49	54:48.44	203
9. Murrell, Mack	Saginaw, MI	49	1:01:57.80	217
<b>45-49 Female</b>				
1. Love, Lynette	Battle Creek, MI	46	51:18.06	183
<b>50-54 Male</b>				
1. Senkowski, Jeff	Auburn, MI	50	39:03.81	130
2. Underhill, Jeff	Essexville, MI	50	44:19.03	149
3. Cronkright, Dave	Midland, MI	52	50:02.27	179
4. Kollig, Thomas	Midland, MI	51	50:54.11	181
5. Rogers, Jeff	Midland, MI	53	58:02.56	214
6. Ludlum, Mike	Midland, MI	52	1:04:21.99	221
<b>50-54 Female</b>				
1. Martin, Teresa	Freeland, MI	50	49:14.67	173
2. Tews, Cindy	Kawkawlin, MI	51	49:41.25	175
3. Heinlein, Lynette	Vassar, MI	53	54:36.31	200
<b>55-59 Male</b>				
1. Buday, John	Essexville, MI	55	47:07.75	161
2. Fraczak, Marian	Saginaw, MI	55	50:35.16	180
3. Hansen, Steve	Unknown, NA	57	53:38.69	194
4. Davenport, Ted	Bay City, MI	56	55:31.64	205
5. Johnson, Frank	Saginaw, MI	57	55:53.84	207
<b>55-59 Female</b>				
1. Kirksey, Marcy	Midland, MI	57	1:11:14.00	224
<b>60-64 Male</b>				
1. Tolton, Tom	Midland, MI	62	57:49.69	213
2. Buda, Nick	Bay City, MI	61	58:23.05	215
<b>65-69 Male</b>				
1. Block, Leonard	Bay City, MI	67	57:35.52	212
2. Hart, Norman	Davison, MI	67	1:01:07.27	216
<b>70-99 Male</b>				
1. Ault, Lawrence	Midland, MI	72	1:06:51.36	222

## Category

Name	Town	Age	Time	Place
<b>Division - 5K Run</b>				
<b>Overall Male</b>				
1. Hickman, Luke	Midland, MI	16	17:37.47	1
<b>Overall Female</b>				
1. Cergnul, Angela	Midland, MI	28	22:30.94	19
<b>Masters Male</b>				
1. Hool, Dale	Jackson, MI	50	18:07.06	3
<b>Masters Female</b>				
1. Gibbs, Char	Mt. Pleasant, MI	42	22:54.98	20
<b>1-9 Male</b>				
1. Farber, Aaron	Essexville, MI	9	28:49.06	83
2. O'Brien, Jack	Mt Pleasant, MI	9	53:20.62	192
3. Clark, Brennan	Holland, MI	6	1:04:20.61	219
<b>1-9 Female</b>				
1. Clark, Mackenzie	Holland, MI	9	56:42.52	209
<b>10-14 Male</b>				
1. Grossmeyer, Sam	Hemlock, MI	13	21:29.84	14
2. Farber, Joey	Essexville, MI	13	22:11.58	18
3. Pack, Paul	Saginaw, MI	13	24:31.53	41
4. Marsh, Greg	Midland, MI	14	24:42.19	43
5. Sauve, Jake	Midland, MI	11	26:44.72	65

6. O'Brien, Jake	Mt Pleasant, MI	11	52:32.22	188
<b>10-14 Female</b>				
1. Nikolai, Andrea	Freeland, MI	13	23:29.86	27
2. Clements, Rachel	Hemlock, MI	13	23:47.67	31
3. Murphy, Shannon	Hope, MI	14	26:48.50	67
4. Murphy, Erin	Hope, MI	11	26:50.98	68
5. Brown, Janna	Freeland, MI	12	31:13.08	103
6. Ballard, Vanessa	Freeland, MI	14	38:01.22	124
<b>15-19 Male</b>				
1. Marsh, Benjamin	Midland, MI	17	17:51.30	2
2. Keck, Jamie	Hemlock, MI	15	19:10.50	5
3. Beaubien, Kelton	Hemlock, MI	18	19:48.33	7
4. Lynch, Nick	Bay City, MI	19	20:22.03	8
5. Berger, Chris	Hemlock, MI	15	21:02.00	11
6. Oldenburg, Evan	Hemlock, MI	15	22:00.73	17
7. Hughes, Kenny	Hemlock, MI	15	23:38.53	28
8. Carter, Christopher	Midland, MI	15	28:40.22	81
<b>15-19 Female</b>				
1. Nikozai, Erica	Freeland, MI	16	23:50.05	33
2. Van Acker, Cassie	Unknown, NA	17	25:08.53	49
3. Quiett, Christina	Midland, MI	19	27:27.58	70
4. Kienitz, Courtney	Hemlock, MI	17	28:05.30	75
<b>20-24 Male</b>				
1. Rieke, Colin	Big Rapids, MI	24	23:27.73	26
2. Kowalski, David	Midland, MI	21	24:22.09	38
3. St. Charles, Seth	Freeland, MI	23	31:06.53	100
<b>20-24 Female</b>				
1. Drown, Mallory	Hemlock, MI	24	24:07.00	35
2. Huang, Jenny	Midland, MI	24	25:42.98	57
3. Cordes, Kristine	Saginaw, MI	24	29:42.56	89
4. McCracken, Mallory	Bad Axe, MI	24	40:49.34	135
<b>25-29 Male</b>				
1. James, Kris	Wheeler, MI	26	18:22.80	4
2. Drown, George	Hemlock, MI	26	23:00.33	21
3. Kowalczyk, Nick	Bay City, MI	25	23:16.36	24
4. May, Mike	Midland, MI	29	29:29.36	87
5. Smerdon, Kevin	Midland, MI	28	31:42.67	105
6. Smerdon, Scott	Midland, MI	28	31:43.09	106
7. Kowalski, James	Midland, MI	26	38:40.70	126
<b>25-29 Female</b>				
1. Pfruender, Lisa	Midland, MI	26	24:57.16	47
2. Bender, Jennifer	Unknown, NA	29	30:10.00	93
3. Keith, Kala	Midland, MI	25	32:04.64	109
4. Scott, Monique	Midland, MI	29	37:16.73	120
5. Laundra, Katie	Essexville, MI	28	37:16.80	121
6. O'Laughlin, Lisa	Hemlock, MI	29	41:18.34	139
<b>30-34 Male</b>				
1. Munoz, Jose	Bay City, MI	34	19:41.61	6
2. Grabill, Keith	Midland, MI	33	21:15.34	12
3. Edick, Rusty	Bay City, MI	32	21:21.30	13
4. Violette, Craig	Auburn, MI	34	24:13.48	36
5. Orłowski, Aaron	Midland, MI	31	26:40.95	64
6. Grimsby, Joseph	Midland, MI	32	30:04.06	91
<b>30-34 Female</b>				
1. Katopol, Crystal	Mt. Pleasant, MI	33	23:44.98	30
2. Thompson, Beth	Sanford, MI	32	27:29.27	72
3. Ordiway, Kathy	Sanford, MI	31	28:23.30	78
4. Orłowski, KorlInne	Midland, MI	31	30:09.00	92
5. Mathew, Naomi	Midland, MI	32	30:18.27	94
6. Marsh, Julie	Midland, MI	34	32:05.98	110

7. Violette, Marci	Auburn, MI	32	34:41.00	114
8. Somasi, Sweta	Midland, MI	34	35:36.03	116
9. May, Kim	Midland, MI	30	42:38.33	143
<b>35-39 Male</b>				
1. Damude, James	Midland, MI	36	23:19.05	25
2. Clark, Rob	Bay City, MI	36	24:15.27	37
3. Landon, Lewis	Sanford, MI	38	30:33.13	96
4. Balch, Robb	Midland, MI	39	33:42.38	113
<b>35-39 Female</b>				
1. Adcock, Chris	Bay City, MI	36	25:35.42	55
2. Sauve, Lynn	Midland, MI	39	26:46.25	66
3. Colberdurf, Amy	Midland, MI	38	28:08.78	76
4. MacGregor, Judy	Midland, MI	38	31:08.09	101
5. Addor, Gretchen	Brighton, MI	39	32:32.36	111
6. Balch, Andrea	Midland, MI	36	37:37.33	122
7. Scheerhoorn, Lynn	Midland, MI	39	42:20.23	142
8. Clark, Ann	Holland, MI	38	1:04:21.74	220
<b>40-44 Male</b>				
1. Kalahar, Dennis	Midland, MI	40	21:42.86	16
2. Farber, Dave	Essexville, MI	42	23:08.28	23
3. Haines, Darren	Gladwin, MI	40	24:49.98	44
4. Terry, James	Midland, MI	41	25:29.94	54
5. Hughes, Kevin	Hemlock, MI	43	26:08.55	61
6. Irwin, Mark	Reese, MI	42	28:10.77	77
7. Piering, Don	Midland, MI	42	28:49.66	84
8. Fish, Timothy	Freeland, MI	44	29:15.48	85
9. Riddle, Kyle	Midland, MI	42	34:48.06	115
10. Baldwin, Kyle	Midland, MI	42	48:07.88	170
<b>40-44 Female</b>				
1. Irwin, Christina	Reese, MI	40	25:27.27	53
2. Meyer, Cheryl	Mt. Pleasant, MI	41	25:44.28	58
3. Gardner, Jodie	Midland, MI	40	31:10.08	102
4. Keck, Eloisa	Hemlock, MI	43	31:14.75	104
5. Baldwin, Candice	Midland, MI	41	33:35.33	112
6. O'Brien, Julie	Mt Pleasant, MI	43	47:50.88	167
<b>45-49 Male</b>				
1. Latlaie, Matt	Midland, MI	49	23:07.23	22
2. Vallazza, Gustav	Midland, MI	45	23:48.36	32
3. Pack, Jeff	Midland, MI	45	24:53.75	45
4. Guettler, John	Midland, MI	49	24:55.98	46
5. Alexander, Eugene	Beaverton, MI	47	25:02.89	48
6. Bunge, David	Midland, MI	47	25:39.06	56
7. McQuinn, Jon	Freeland, MI	46	25:53.41	59
8. Cerny, Glenn	Midland, MI	47	26:14.78	62
9. Murphy, Patrick	Hope, MI	48	26:40.86	63
10. Hahn, Steve	Midland, MI	49	27:13.52	69
<b>45-49 Female</b>				
1. Murphy, Elaine	Hope, MI	46	25:22.05	51
2. Carter, Debra	Midland, MI	48	28:42.67	82
3. Hall, Linda	Reese, MI	46	30:02.42	90
4. Bone, Yolanda	Midland, MI	48	30:27.19	95
5. Martin, Brenda	Midland, MI	48	30:35.34	97
6. Murrell, Stacey	Saginaw, MI	45	38:44.02	127
<b>50-54 Male</b>				
1. Swanson, Reed	Clarkston, MI	50	20:34.07	9
2. Carney, Ed	Midland, MI	50	20:53.55	10
3. Carlson, Steve	Midland, MI	50	21:38.72	15
4. Umphrey, Steve	Midland, MI	50	24:03.20	34
5. Begley, David	Midland, MI	50	25:11.38	50
6. Van Houten, Jacob	Midland, MI	51	28:40.16	80
7. Madaj, Michael	Linwood, MI	52	30:38.02	98

**50-54 Female**

1. Braendle, Steph	Bay City, MI	50	24:24.56	39
2. Froman, Joann	Dearborn, MI	52	26:04.11	60
3. Carney, Nancy	Midland, MI	50	27:34.52	73

**55-59 Male**

1. Foster, Dan	Midland, MI	59	23:42.05	29
2. Gonano, Al	Wyandotte, MI	57	25:24.62	52
3. Moss, Bruce	Alma, MI	56	28:27.61	79
4. Plachta, Tom	Midland, MI	57	29:41.94	88
5. Vick, Mark	St. Helen, MI	57	44:22.20	150

**55-59 Female**

1. Flues, Linda	Munger, MI	59	29:26.05	86
2. Kern, Eileen	Reese, MI	56	38:16.05	125
3. Plas, Janet	Freeland, MI	57	47:15.53	164

**60-64 Female**

1. Gondek, Cathy	Midland, MI	60	44:17.88	148
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**60-64 Male**

1. Haley, John	Sheperd, MI	63	24:30.62	40
2. Gondek, Michael	Midland, MI	60	24:31.73	42
3. Crandell, Gale	Harrison, MI	61	27:39.39	74
4. Hagn, Duane	Kalkaska, MI	64	40:59.45	137

**65-69 Male**

1. Uhlmann, John	Palm Harbor, FL	67	27:28.83	71
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**70-99 Male**

1. Palmer, Ralph	Midland, MI	75	30:53.09	99
2. Finnegan, Thomas	Midland, MI	74	31:51.16	107
3. Liepmann, Carl	Flushing, MI	70	32:03.31	108
4. Dilling, Wendell	Midland, MI	73	36:54.39	118
5. Agresta, Bill	Hemlock, MI	70	41:17.00	138
6. Adelman, Melvyn	Essexville, MI	75	44:35.77	152

**Division - Walk****Overall Male**

1. Cergnul, Frank	Midland, MI	64	40:09.48	134
2. Balch, Albert	Sanford, MI	66	44:45.94	153
3. Plas, Joe	Freeland, MI	57	48:20.14	171
4. McDonnell, Ed	Freeland, MI	60	57:25.77	211

**Overall Female**

1. Bremer, Kathy	Munger, MI	54	37:03.62	119
2. Doyle, Liz	Midland, MI	47	38:57.34	128
3. Plachta, Mary Sue	Midland, MI	56	39:36.23	132
4. Klopf, Joan	Bay City, MI	65	40:57.47	136
5. Hughes, Julie	Hemlock, MI	42	41:18.91	140
6. Taglauer, Jan	Auburn, MI	71	43:42.56	145
7. Wolf, Nancy	Auburn, MI	60	43:55.70	146
8. Leslie, Tracie	Midland, MI	45	45:28.14	155
9. Bejcek, Amy	Midland, MI	53	45:28.78	156
10. Grimsby, Debroah	Midland, MI	30	45:41.22	157
11. Finnegan, Gertrude	Midland, MI	70	47:12.64	163
12. Terry, Kersten	Midland, MI	40	47:54.16	168
13. Quiroz, Margaret	Saginaw, MI	51	54:00.27	198
14. Stacy, Carol	Freeland, MI	58	54:46.95	201