

**ISLAND LAKE TRIATHLON, SPRING  
MAY 30, 2011  
BRIGHTON, MICHIGAN  
RESULTS BY: RACE SERVICES COMPANY**

**SPRINT MALE OVERALL WINNER**

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	1	130	Brian Francis	44	3	11:44	1:00	1	30:55	0:40	2	19:06	1:03:22

*5/28/2011 12:03PM*

**SPRINT FEMALE OVERALL WINNER**

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	15	111	Stephanie Egan	33	21	17:05	1:24	1	36:06	1:12	1	20:20	1:16:06

*5/28/2011 12:03PM*

**SPRINT MALE MASTERS**

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	4	348	Greg Seaman	52	1	12:19	1:25	2	34:12	0:55	1	19:46	1:08:35

**SPRINT FEMALE MASTERS**

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
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1	27	435	Julie Bedford	46	5	15:46	1:32	2	36:56	1:15	1	23:58	1:19:25
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### SPRINT MALE AGE GROUP: 1 - 19

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	33	50	Brent Christensen	19	1	17:35	1:21	1	37:52	0:59	1	22:37	1:20:21
2	183	412	Ryan Wummel	18	2	19:27	2:50	2	46:40	0:56	2	31:51	1:41:42

### SPRINT FEMALE AGE GROUP: 1 - 19

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	104	340	Larissa Sambel	17	1	12:46	3:20	1	44:43	0:42	1	27:54	1:29:23
2	147	219	Sara Krebs	18	2	13:01	4:23	2	47:41	1:12	2	30:23	1:36:39
3	266	437	Caroline Green	16	3	38:13	3:26	3	1:04:38	0:57	3	47:18	2:34:29

### SPRINT MALE AGE GROUP: 20 - 24

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	6	275	William Navas	24	2	12:07	2:07	1	34:30	1:01	2	20:41	1:10:23
2	8	198	Kyle Johnson	20	3	12:29	1:06	3	37:18	0:53	1	19:43	1:11:27
3	14	421	Jared Miller	22	1	10:55	2:04	5	38:48	1:01	5	23:16	1:16:02
4	47	285	Rich Otto	22	4	13:34	2:18	6	39:28	1:20	7	25:15	1:21:52
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5	73	36	Alex Bross	23	6	22:15	2:50	2	36:26	1:33	4	22:39	1:25:41
6	100	203	Alex Juwong	23	8	25:39	2:16	4	37:36	0:46	3	22:37	1:28:53
7	139	269	Brandon Movitz	23	7	25:00	3:19	7	41:25	1:56	6	23:57	1:35:35
8	154	252	Anthony Maxwell	20	5	16:15	2:10	8	49:52	0:42	8	28:53	1:37:50
9	241	182	Mark Howes	22	9	25:53	4:10	10	57:12	0:46	9	29:16	1:57:15
10	263	42	Luis Calderon	24	10	49:23	4:52	9	50:55	1:12	10	34:56	2:21:16

### SPRINT FEMALE AGE GROUP: 20 - 24

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	31	274	Kristina Navas	23	1	13:14	1:21	2	40:19	1:04	2	24:05	1:20:00
2	78	247	Allison Malenfant	20	3	20:48	2:25	1	39:12	1:26	1	22:17	1:26:06
3	129	319	Theresa Raiche	24	2	14:15	1:53	4	47:15	1:05	4	29:03	1:33:29
4	186	212	Megan Kilber	22				3	45:53	1:30	3	27:31	1:42:08

### SPRINT MALE AGE GROUP: 25 - 29

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	5	118	Jeff Fabischek	29	1	13:43	1:07	1	33:08	0:42	5	21:45	1:10:23
2	11	168	David Hawkins	25	3	14:30	2:35	2	34:58	0:48	3	21:24	1:14:13
3	13	343	David Schwartz	28	10	16:10	1:56	3	36:10	1:13	1	20:29	1:15:56
.	..	---	James	--	-	----	----	-	-----	----	-	-----	-----

4	17	295	Payne	25	9	16:08	1:32	5	36:33	0:56	2	21:09	1:16:16
5	20	160	Bryan Gurczynski	28	4	14:31	1:51	8	37:38	1:01	4	21:39	1:16:39
6	24	124	Brandon Fisk	29	11	16:15	1:28	6	37:19	1:10	6	22:42	1:18:52
7	32	427	Randall Faust	28	2	13:48	1:17	14	40:55	0:58	9	23:07	1:20:03
8	38	128	Michael Folk	29	7	15:42	2:38	9	37:57	0:57	11	24:00	1:21:12
9	41	287	Joseph Pak	25	5	14:42	2:10	11	38:58	1:04	12	24:31	1:21:24
10	66	388	Jonathon Vibbart	26	17	19:05	3:28	7	37:25	2:09	7	22:48	1:24:52
11	72	109	Robert Easterday	27	13	17:22	1:00	13	40:36	0:54	15	25:45	1:25:35
12	92	397	Angelo Warnock	29	15	18:21	2:36	12	40:04	1:08	16	25:52	1:27:59
13	93	301	Sean Pientak	25	6	15:09	2:32	17	42:47	1:58	14	25:35	1:27:59
14	101	9	Joseph Banish	26	18	20:14	3:41	15	41:20	0:48	8	22:56	1:28:56
15	102	131	Robert Franco	28	14	17:50	3:10	10	38:25	2:14	19	27:19	1:28:56
16	126	137	Nate Furlong	26	16	18:48	3:21	16	42:01	1:45	17	26:41	1:32:35
17	143	391	Sam Walker	28	21	30:59	1:48	4	36:21	1:34	13	25:29	1:36:09
18	159	192	Mrinal Iyer	25	12	16:57	2:27	20	49:14	0:47	20	28:57	1:38:21
19	178	39	Catalin Bugan	28	20	23:49	5:45	19	46:29	1:46	10	23:09	1:40:56
20	187	122	Matthew Federico	25	8	16:02	3:06	18	45:26	1:15	21	36:38	1:42:25
21	195	44	Vincent Calimazzo	26	19	21:01	4:44	21	49:36	2:19	18	26:50	1:44:28

### SPRINT FEMALE AGE GROUP: 25 - 29

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	51	233	Mary Lee	29	1	12:46	1:55	1	40:17	1:09	1	26:09	1:22:15
2	128	66	Marianne Coppens	29	3	17:28	2:41	5	44:10	1:28	2	27:29	1:33:14
3	136	293	Erin Parris	29	2	15:50	5:04	3	42:51	1:31	5	29:42	1:34:55
4	141	384	Kristen Ulin	29	7	20:16	3:01	2	42:00	1:21	4	29:19	1:35:55
5	174	402	Meredith West	29	6	19:43	1:54	4	43:06	1:12	6	34:29	1:40:22
6	207	361	Amber Smith	26	5	19:32	4:18	9	53:42	1:27	3	28:15	1:47:13
7	208	58	Kira Collins	29	4	18:50	3:32	6	44:15	1:34	9	39:27	1:47:35
8	213	393	Amanda Walsh	26	8	23:05	3:32	7	46:30	1:09	8	34:32	1:48:46
9	242	144	Meghan Giersdorf	29	9	23:33	3:41	8	53:11	3:04	7	34:32	1:57:59

### SPRINT MALE AGE GROUP: 30 - 34

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	10	425	Douglas Herriman Jr	34	3	14:35	1:11	1	35:46	0:52	2	21:21	1:13:43
2	21	289	Rodolfo Palma	34	1	11:58	1:07	4	37:46	0:54	14	25:44	1:17:26
3	36	135	Mickey Fryer	32	16	18:05	2:19	6	37:50	1:40	1	21:15	1:21:06
4	37	157	Matthew Grimes	34	8	17:06	2:44	2	37:24	1:52	3	22:06	1:21:11
5	43	17	Andrew Berdasono	33	5	15:18	3:10	3	37:35	1:27	7	24:01	1:21:29
6	45	231	Christopher Lee	30	4	14:41	2:06	12	39:39	1:01	9	24:25	1:21:50
7	60	310	Robert Poulin	32	18	18:16	1:52	10	39:01	1:07	4	23:03	1:23:18

8	62	67	Steve Coppins	30	20	19:34	1:32	5	37:49	1:33	5	23:19	1:23:46
9	65	100	Benjamin Doerr	30	19	18:40	2:34	7	37:55	1:16	8	24:14	1:24:37
10	74	382	Craig Turner	30	14	17:58	2:55	8	38:13	1:45	11	24:56	1:25:45
11	80	52	Robert Chubb	31	10	17:40	3:35	9	38:58	1:41	10	24:38	1:26:31
12	82	266	Kevin Morgan	30	2	14:22	2:26	14	40:03	0:52	20	28:57	1:26:37
13	91	61	Brian Concannon	34	7	16:47	3:11	19	41:20	1:30	12	25:02	1:27:48
14	94	181	Matthew Horning	31	6	15:58	1:29	17	41:00	0:37	21	28:58	1:28:00
15	96	380	Craig Trierweiler	33	22	20:42	4:07	11	39:02	0:48	6	23:28	1:28:05
16	103	436	Angelo Lapiana	31	9	17:38	3:34	13	39:48	1:51	16	26:34	1:29:23
17	107	33	Thomas Bridges	31	17	18:15	3:04	20	41:27	1:15	15	25:48	1:29:47
18	112	408	Dan Wilson	32	11	17:48	1:55	18	41:16	1:20	19	28:47	1:31:03
19	113	154	Michael Grezlik	30	13	17:56	3:49	21	43:19	0:45	13	25:32	1:31:19
20	116	316	Brent Pulido	31	12	17:51	3:30	16	40:53	1:43	17	27:31	1:31:25
21	120	385	Phil Ulin	32	15	18:02	2:19	15	40:14	1:43	22	29:41	1:31:58
22	182	290	Suhas Parekh	34	21	20:07	6:25	22	44:08	3:26	18	27:32	1:41:36
23	214	392	Michael Wallen	33	23	21:16	5:03	23	48:40	1:14	23	32:35	1:48:47

### SPRINT FEMALE AGE GROUP: 30 - 34

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
			Kristin										

1	22	302	Christina Pillon	32	3	15:50	1:48	1	37:55	0:48	1	21:38	1:17:57
2	67	389	Amanda Vogler	34	4	16:20	1:41	3	39:32	1:04	4	26:36	1:25:10
3	81	410	Kristin Woodbury	32	5	17:47	2:39	2	38:15	1:32	3	26:24	1:26:35
4	83	405	Hilary White	34	1	14:13	1:59	7	41:55	1:35	7	27:02	1:26:41
5	88	68	Jessica Courtney	34	9	19:22	2:48	4	39:56	1:31	2	23:35	1:27:10
6	106	62	Susan Concannon	33	2	15:29	2:50	8	42:48	1:29	5	26:59	1:29:33
7	132	34	Heather Briggs	31	7	18:50	2:54	6	41:26	0:44	14	30:06	1:33:58
8	145	249	Kristina Martin	32	6	18:34	2:48	12	44:12	2:35	12	28:21	1:36:28
9	156	424	Leah DUBY	31	19	27:03	2:02	5	41:07	0:51	6	27:01	1:38:03
10	167	77	Anjanette Curry	34	16	23:42	2:26	11	44:09	1:24	11	28:06	1:39:46
11	175	270	Jennifer Myrick	34	13	22:35	5:09	10	43:41	2:04	8	27:12	1:40:40
12	180	346	Sarah Scott	34	15	23:30	3:42	13	45:31	1:17	9	27:29	1:41:27
13	194	267	Andrea Morris	33	8	19:13	3:40	18	48:57	2:13	16	30:23	1:44:24
14	197	317	Nicole Pulido	32	22	29:47	3:00	9	42:59	1:53	10	27:42	1:45:19
15	198	133	Heather Freeling	31	10	20:41	4:14	16	47:42	1:37	18	31:08	1:45:21
16	199	72	Rachel Cox	34	12	21:14	3:43	14	46:48	3:29	15	30:12	1:45:25
17	218	299	Elizabeth Pettie	32	17	24:40	3:35	17	48:57	2:35	13	29:17	1:49:02
18	221	321	Evelyn Roseberry	33	14	22:50	3:53	15	47:42	2:15	19	33:11	1:49:49

			Kenshaw										
19	230	101	Michelle Doerr	30	20	27:10	3:01	19	49:43	2:02	17	30:49	1:52:43
20	244	194	Pamela Jacobs	33	11	20:53	4:27	20	52:22	1:57	21	38:42	1:58:19
21	249	368	Katherine Stefanakis	31	18	25:18	4:16	21	54:34	1:37	20	35:20	2:01:03
22	262	320	Sabrina Redman	34	21	29:36	3:25	22	1:00:04	1:23	22	45:39	2:20:06

### SPRINT MALE AGE GROUP: 35 - 39

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	2	401	Matthew West	36	1	10:57	0:57	2	32:12	0:35	1	18:51	1:03:31
2	3	159	Thierry Guertin	38	2	13:24	0:52	1	31:56	0:41	4	20:57	1:07:49
3	7	8	Denny Baker	37	4	14:35	1:39	3	34:15	1:13	2	19:44	1:11:24
4	16	250	Sebastian Martini	35	10	16:42	1:05	5	36:31	0:52	5	20:59	1:16:08
5	18	69	Kevin Courtney	35	3	14:25	2:33	6	37:38	0:49	3	20:54	1:16:17
6	39	88	David Deguzman	37	11	16:45	2:59	8	38:10	1:36	6	21:50	1:21:19
7	49	298	Kirby Perrault	39	8	16:33	1:04	13	40:11	0:48	10	23:28	1:22:02
8	54	417	Lowell Zuckerman	36							8	22:17	1:22:30
9	61	78	Jonathan Curry	37	14	18:21	3:36	7	37:49	1:54	7	21:53	1:23:31
10	70	351	Sean Seyferth	35	17	19:38	3:45	4	36:26	2:02	11	23:31	1:25:21
11	75	48	Keith	37	6	15:29	2:40	19	42:00	0:51	14	24:48	1:25:46



11	79	70	Cavallini	37	8	15:29	2:40	19	42:00	0:51	17	27:40	1:20:40
12	85	381	Curt Trierweiler	37	13	17:40	2:23	14	40:16	0:56	17	25:34	1:26:47
13	86	71	Matthew Cox	35	9	16:37	3:19	23	43:04	1:41	9	22:17	1:26:56
14	90	164	Aaron Hammers	37	12	16:51	3:10	21	42:14	0:35	13	24:42	1:27:31
15	95	103	Corey Dunham	35	15	19:09	2:45	9	39:10	2:27	12	24:32	1:28:02
16	109	423	Travis Scott	37	16	19:11	3:02	11	39:50	2:01	19	26:16	1:30:18
17	110	93	Chris Deperro	37	18	19:50	3:25	10	39:28	1:05	20	26:38	1:30:24
18	127	47	Thad Carroll	36	22	22:36	2:08	16	41:20	1:17	16	25:34	1:32:53
19	130	146	Matthew Glowacki	35	7	16:19	2:51	22	42:31	2:00	23	30:00	1:33:40
20	133	56	Mark Coburn	39	20	20:21	2:44	27	44:20	1:20	18	25:35	1:34:17
21	149	305	Shawn Planko	36	21	21:48	2:42	15	40:59	1:03	24	30:51	1:37:20
22	160	81	Kenneth Dallia	35	19	19:54	5:18	20	42:11	2:07	22	28:58	1:38:26
23	170	90	Russ Dekock	37	29	28:11	2:38	26	43:43	0:45	15	24:52	1:40:07
24	176	418	Christopher Warren	38	23	23:28	3:32	25	43:28	2:20	21	27:56	1:40:42
25	205	280	Don Nurkala	39	27	27:23	3:13	17	41:35	1:38	26	32:49	1:46:36
26	209	60	Ken Compton	36	28	28:03	3:23	24	43:08	1:22	25	31:59	1:47:53
27	227	59	Matthew Colvig	39	5	15:26	2:17	30	58:19	1:56	27	34:01	1:51:57
28	231	35	Kenneth Briggs	38	30	29:24	3:38	18	41:56	3:37	29	35:13	1:53:46
29	237	179	Dan Holmquist	36	24	23:40	4:45	29	51:39	1:09	30	35:23	1:56:34
30	260	204	Talal Kakiash	37	26	26:42	6:25	24	50:10	4:22	28	34:42	2:11:04

30	200	204	Talal Nakishi	37	20	20:43	0:25	31	59:10	4:32	20	34:12	2:11:01
31	261	433	Gjon Thaqi	37	31	37:53	4:11	28	50:08	2:36	31	36:15	2:11:01
32		3	David Adler	39	25	24:21	9:59	12	39:59	3:02			

### SPRINT FEMALE AGE GROUP: 35 - 39

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	59	25	Julie Bockey	36	2	16:54	1:53	2	39:02	1:08	1	24:04	1:22:59
2	76	342	Angela Schmorrow	36	1	16:39	1:57	1	38:32	1:12	5	27:40	1:25:58
3	108	206	Tara Kane	39	3	17:18	2:54	3	40:51	1:35	4	27:29	1:30:04
4	119	406	Katherine Widmark	37	4	17:32	1:56	4	41:27	1:43	6	29:07	1:31:44
5	146	141	Kristen Gajda	39	6	20:39	3:57	7	43:51	1:18	2	26:47	1:36:30
6	162	390	Sara Vogler	37	7	21:27	4:43	5	41:59	3:15	3	27:14	1:38:36
7	201	142	Laura Gardner	36	8	21:44	4:21	6	43:45	2:39	7	33:24	1:45:52
8	210	277	Angie Niedzinski	35	5	20:15	4:50	10	46:42	2:51	8	33:36	1:48:12
9	211	121	Lisa Farabi	39	9	22:17	5:13	8	43:55	1:39	10	35:33	1:48:34
10	228	387	Amy Vann	37	10	25:17	3:11	9	44:34	1:50	12	37:12	1:52:02
11	256	4	Deidre Alford	38	11	25:40	5:42	12	55:42	1:34	11	36:57	2:05:34
12	257	364	Rebecca Smith	37	12	36:50	4:20	11	48:24	2:22	9	34:02	2:05:56

### SPRINT MALE AGE GROUP: 40 - 44

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	9	107	Matt Durflinger	40	1	12:38	0:54	3	36:30	0:57	1	21:41	1:12:39

			Duninger										
2	12	276	Kevin Newman	42	9	15:41	1:45	1	34:07	1:22	2	21:47	1:14:39
3	23	190	Thomas Idzikowski	40	3	14:20	2:49	6	37:14	0:36	4	23:16	1:18:13
4	35	324	Thomas Rieth	42	4	14:21	1:21	8	37:57	1:09	9	25:47	1:20:33
5	40	6	Kurt Bachmaier	40	13	17:29	2:20	7	37:25	0:55	3	23:16	1:21:23
6	52	366	Greg Spangler	41	5	15:15	2:41	5	37:05	1:19	10	26:05	1:22:23
7	53	430	Chad Buehler	44	12	17:16	2:06	2	34:43	1:18	15	27:07	1:22:27
8	55	369	Jeffery Stephens	41	7	15:27	2:27	4	37:04	1:17	11	26:22	1:22:34
9	58	215	Ted Kolp	43	8	15:34	1:11	17	41:13	0:37	7	24:26	1:22:58
10	64	27	Jeffrey Boyd	41	2	13:49	2:38	11	39:16	1:40	16	27:13	1:24:32
11	69	175	Scott Hiipakka	41	15	17:48	2:49	10	39:11	1:29	5	24:03	1:25:17
12	77	171	Steven Hermann	44	18	18:57	1:49	9	38:56	1:40	8	24:39	1:25:58
13	79	228	Curt Lawson	40	6	15:19	3:09	12	39:43	1:27	14	26:52	1:26:28
14	118	273	Howard Nathan	42	21	20:03	2:51	13	40:05	1:16	17	27:23	1:31:36
15	124	54	Anthony Cicchelli	41	23	21:49	3:53	16	41:04	1:22	6	24:15	1:32:21
16	125	76	Robert Csontos	43	22	20:55	3:07	14	40:13	1:36	12	26:39	1:32:27
17	131	300	Peter Pfeifer	42	16	17:50	2:48	15	40:40	1:51	20	30:35	1:33:40
18	137	335	Mark Rushbrook	44	14	17:44	2:59	19	43:27	1:37	18	29:15	1:35:01
19	150	172	Jason Heth	42	19	19:41	1:54	25	48:17	0:48	13	26:49	1:37:27
20	169	98	Robert Dittmar	41	11	16:28	3:28	20	45:14	2:40	22	32:05	1:39:54

21	172	416	Gregory Zeisler	41	26	23:05	3:58	18	41:47	1:46	19	29:44	1:40:19
22	191	367	Robert Spennachio	40	17	18:13	4:26	23	47:41	1:19	21	31:33	1:43:11
23	202	291	Michael Parks	44	20	19:54	4:35	21	45:45	1:15	25	34:29	1:45:55
24	212	236	Brian Lezotte	41	25	22:49	4:53	22	46:06	1:40	24	33:14	1:48:39
25	219	329	Jimmy Roberts	40	10	16:00	4:08	26	53:13	1:35	26	34:29	1:49:23
26	233	156	John Griffith	43	24	22:47	7:47	24	48:16	3:39	23	32:33	1:55:00

### SPRINT FEMALE AGE GROUP: 40 - 44

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	46	123	Barbara Figurski	40	3	16:18	1:40	2	38:22	1:07	1	24:26	1:21:51
2	87	429	Michelle Gilman	40	8	20:25	1:01	1	37:22	0:55	4	27:27	1:27:08
3	97	323	Rachelle Rettell	42	1	14:38	2:28	4	40:25	1:34	6	29:23	1:28:26
4	105	37	Ellen Bruce	44	5	16:42	2:10	3	40:11	1:32	5	28:50	1:29:24
5	155	327	Laura Rinna	42	2	15:18	1:57	11	48:12	0:42	7	31:48	1:37:56
6	157	237	Julie Lezotte	43	7	19:23	4:46	6	44:04	2:42	2	27:11	1:38:05
7	163	183	Kristin Hoy	44	6	18:37	1:56	14	50:41	0:31	3	27:26	1:39:09
8	189	377	Tracey Toth	40	10	21:53	3:37	5	41:48	2:01	9	33:14	1:42:31
9	203	104	Margaret Dunham	42	4	16:24	4:07	10	47:09	2:44	13	35:41	1:46:02

10	216	296	Kristen Pearless Healey	41	12	25:08	3:45	7	44:52	1:40	10	33:37	1:49:01
11	220	399	Lauralyn Welland Taylor	41	9	20:42	3:44	13	49:40	1:22	12	33:59	1:49:26
12	223	264	Diana Milne	42	11	22:32	3:24	12	49:16	2:28	11	33:43	1:51:22
13	235	82	June Dangel	42	16	30:41	3:16	9	45:50	2:12	8	33:09	1:55:06
14	248	438	Stephanie Linden	44	15	28:08	7:40	8	45:17	3:45	14	35:58	2:00:45
15	252	99	Laura Dodge	42	13	26:16	4:54	15	53:42	2:56	15	36:25	2:04:12
16	264	331	Stephanie Rose	42	14	28:08	3:45	16	1:05:16	1:08	16	44:04	2:22:19

### SPRINT MALE AGE GROUP: 45 - 49

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	26	41	Leo Burns Burns	48	4	15:16	2:33	1	34:24	1:51	4	25:14	1:19:17
2	28	353	Yongmin Sheng	49	12	18:07	2:33	2	35:28	1:31	1	22:02	1:19:40
3	29	322	David Rettell	45	2	14:03	1:22	7	37:29	1:10	6	25:49	1:19:50
4	30	115	Mark Emerick	48	1	13:57	1:50	10	37:57	0:49	5	25:23	1:19:54
5	42	32	Shane Brezee	46	7	16:12	2:03	12	38:51	1:04	3	23:17	1:21:26
6	44	362	Craig Smith	47	6	15:30	1:59	6	36:48	1:33	7	25:52	1:21:41
7	48	235	Kenneth Lenneman	46	16	18:53	2:38	4	36:10	1:34	2	22:43	1:21:56

Lenneman													
8	56	315	Gerard Przekop	48	3	15:01	2:40	5	36:41	2:10	10	26:12	1:22:43
9	84	213	Alan Kirby	49	18	19:36	2:00	8	37:38	1:33	9	26:00	1:26:45
10	99	318	Doug Queener	47	25	22:57	3:02	3	35:32	1:28	8	25:56	1:28:53
11	115	234	Jeffrey Leighton	49	9	16:35	4:00	13	39:14	2:29	18	29:09	1:31:24
12	117	332	Gary Rosteck	48	22	21:43	2:23	9	37:50	1:31	16	28:07	1:31:33
13	123	153	Glenn Green	47	19	19:49	2:56	19	42:01	1:03	12	26:21	1:32:09
14	134	383	Michael Turner	47	27	26:02	2:21	11	38:26	1:35	11	26:15	1:34:37
15	135	75	John Crum	45	20	20:35	3:45	18	41:56	1:49	15	26:41	1:34:44
16	138	10	Gary Barrett	48	10	16:48	5:31	21	43:01	1:51	17	28:08	1:35:17
17	144	413	John Wyatt	46	21	21:03	2:06	16	41:34	1:42	19	30:04	1:36:26
18	151	420	Robert Takla	45	15	18:37	2:31	22	44:28	1:32	20	30:22	1:37:29
19	152	262	Steve Miller	45	14	18:30	3:10	17	41:44	2:58	25	31:09	1:37:29
20	164	257	Michael McGhee	45	17	19:19	3:15	20	42:11	1:04	27	33:32	1:39:18
21	165	330	Rick Rodriguez	45	5	15:18	3:43	23	44:37	1:52	28	34:06	1:39:34
22	181	288	Durai Palanivelu	47	23	22:33	5:37	15	40:46	2:06	21	30:30	1:41:30
23	185	120	Hicham Farabi	45	11	17:00	5:48	24	46:36	1:36	24	31:08	1:42:06
24	206	7	Russ Badamo	49	13	18:24	4:57	26	49:57	2:47	23	30:56	1:46:58
25	224	119	Jeff Fadler	47	32	34:43	3:26	14	39:47	2:00	26	31:35	1:51:28
26	232	23	Earl Bloom	46	24	22:52	4:02	25	47:39	2:50	29	36:31	1:53:52

27	240	217	Christopher Krebs	45	30	30:45	6:24	28	50:33	2:52	14	26:40	1:57:13
28	243	63	Jonathan Conrad	49	8	16:15	1:58	32	1:12:35	0:45	13	26:29	1:58:00
29	246	218	James Krebs	48	26	24:56	4:37	27	50:09	2:58	30	36:53	1:59:31
30	247	143	Mark Gatesman	48	28	27:57	6:08	30	53:35	1:55	22	30:33	2:00:07
31	258	138	John Gaggin	45	29	28:53	4:17	29	52:25	1:33	31	42:33	2:09:39
32	265	117	Raffi Eurdekian	45	31	30:57	6:08	31	56:21	2:54	32	47:03	2:23:21

### SPRINT FEMALE AGE GROUP: 45 - 49

Place	Overall Place	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	34	411	Robin Wooldridge	46	1	14:38	2:16	1	36:46	1:12	1	25:42	1:20:32
2	161	180	Lonnie Holmquist	48	4	21:19	3:03	2	42:23	1:51	4	29:56	1:38:30
3	179	80	Nancy Cutler	48	3	17:30	5:15	4	43:48	2:33	6	32:17	1:41:22
4	184	49	Stacey Cerroni	47	5	22:04	6:26	5	44:09	1:59	2	27:12	1:41:48
5	196	116	Marie Enright	47	7	23:06	3:22	7	46:26	2:36	3	29:04	1:44:31
6	200	284	Ann Ottenhoff	49	11	26:51	2:26	3	43:26	1:34	5	31:24	1:45:39
7	215	184	Dee Anne Hudak	48	2	15:21	5:59	12	52:06	2:48	7	32:40	1:48:53
8	229	199	Marianne Johnson	48	9	25:31	2:42	8	46:54	1:49	9	35:15	1:52:07
9	236	254	Nancy McCloud	47	6	22:41	4:17	11	51:49	2:12	8	34:57	1:55:53

			McClellan										
10	245	313	Jennifer Price	45	10	25:53	4:47	6	45:23	3:19	11	39:58	1:59:18
11	251	65	Julie Cook	45	8	24:52	4:56	10	51:41	2:22	12	40:16	2:04:05
12	253	18	Denise Berez	48	12	28:36	5:32	9	47:00	3:58	10	39:11	2:04:15

### SPRINT MALE AGE GROUP: 50 - 54

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	19	434	Matt Bedford	51	4	16:45	2:20	1	35:05	1:02	1	21:20	1:16:29
2	25	21	Jeff Bielak	50	1	14:24	1:53	2	36:24	1:31	4	24:46	1:18:56
3	63	84	Thomas Davids	50	10	19:11	2:02	3	36:43	1:52	3	24:32	1:24:19
4	71	352	David Shears	51	6	17:49	2:37	4	38:20	1:42	5	25:03	1:25:29
5	89	97	Richard Digia	54	3	16:08	2:11	6	39:27	2:05	11	27:27	1:27:16
6	98	12	Mark Baudendistel	50	11	20:43	2:26	5	38:38	1:12	6	25:53	1:28:50
7	114	307	Marcelo Ponti	52	8	19:01	2:02	9	42:07	1:55	8	26:17	1:31:21
8	122	365	John Sotir	52	2	15:30	1:48	17	50:39	0:51	2	23:24	1:32:08
9	140	188	Henry Hutchinson	50	12	20:55	4:03	8	41:15	2:32	9	27:03	1:35:46
10	168	306	Craig Pomish	54	9	19:06	2:24	7	40:44	1:55	15	35:40	1:39:47
11	173	326	Karl Ring	51	7	18:53	3:49	10	43:23	2:18	13	32:00	1:40:21
12	192	14	Robert Behm	52	14	23:20	5:17	12	44:58	1:53	12	27:59	1:43:24
13	193	51	Mark Christensen	50	5	17:36	1:12	11	44:40	1:25	17	39:29	1:44:20
...	...	..	Daniel	..	..	..	..	..	..	..	..	..	..



14	204	95	James Desmond	50	13	22:23	6:47	16	48:31	2:50	7	25:59	1:46:27
15	226	409	David Wolfe	51	15	25:10	3:38	15	48:01	1:35	14	33:32	1:51:54
16	239	191	Steven Iskenderian	52	18	35:02	6:30	13	46:17	2:01	10	27:12	1:57:00
17	250	129	Mark Ford	51	17	31:27	2:28	14	47:08	2:02	16	39:29	2:02:32
18	259	139	Stephen Gaggin	51	16	27:12	5:40	18	52:25	3:46	18	40:38	2:09:40

### SPRINT FEMALE AGE GROUP: 50 - 54

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	177	186	Janet Hunnius	50	4	25:12	3:15	1	43:10	1:30	1	27:50	1:40:55
2	190	166	Cheryl Hannigan	51	2	18:59	2:49	5	47:38	2:07	2	31:31	1:43:02
3	217	341	Debra Sarosy	53	3	20:33	5:37	3	46:19	3:09	3	33:26	1:49:02
4	222	173	Katherine Heumann	51	1	17:15	2:38	4	46:36	2:40	5	41:07	1:50:13
5	225	245	Jan Mack	51	5	25:53	4:09	2	44:16	3:24	4	33:58	1:51:38

### SPRINT MALE AGE GROUP: 55 - 59

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	50	311	Thomas Pratt	56	1	14:55	1:39	4	40:15	1:12	1	24:07	1:22:06
2	57	113	Donald Elder	56	2	17:09	2:09	2	37:55	1:23	2	24:20	1:22:53
3	111	155	Scott Griffen	57	7	23:57	2:54	1	37:25	1:31	3	25:14	1:30:59
4	121	40	Harold Burns	57	3	17:40	2:30	3	39:11	1:45	7	30:55	1:31:59
5	142	240	Thomas	57	4	20:45	2:42	7	42:26	1:27	4	28:24	1:36:07

5	142	349	Segasser	57	4	20:49	2:40	7	42:50	1:57	4	20:24	1:50:07
6	171	211	Marc Keshishian	59	6	22:37	4:37	5	41:19	2:47	5	29:00	1:40:18
7	188	161	Jay Guttman	55	5	22:17	5:19	6	42:33	1:53	6	30:27	1:42:28
8	238	70	Donald Cowan	56	8	27:16	4:13	8	45:05	2:11	8	38:10	1:56:53

### SPRINT FEMALE AGE GROUP: 55 - 59

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	153	92	Denise Dennehy	56	2	19:54	5:54	2	41:41	2:08	1	27:56	1:37:32
2	158	398	Diane Weiss	55	4	23:29	2:04	1	40:19	1:05	2	31:25	1:38:21
3	166	259	Cathy McKibbon	58	1	19:15	2:01	3	44:26	1:16	3	32:43	1:39:39
4	255	395	Sheryl Walsh	58	3	22:08	4:07	4	53:13	2:40	4	43:07	2:05:14

### SPRINT MALE AGE GROUP: 60 - 99

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	68	57	Kevin Collins	60	1	18:03	2:39	2	38:44	1:19	1	24:34	1:25:17
2	148	205	William Kaltz	64	2	24:13	4:30	1	37:35	2:21	2	28:30	1:37:07
3	254	244	David Mack	60	3	24:50	3:52	3	57:36	2:30	3	35:49	2:04:34

### SPRINT FEMALE AGE GROUP: 60 - 99

Place	Oallplace	No.	Name	Age	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
1	234	86	Karen Day	61	1	26:24	3:58	1	49:07	2:22	1	33:16	1:55:05

**SPRINT RELAY RESULTS**

<b>Place</b>	<b>No.</b>	<b>Teamname</b>	<b>Rank</b>	<b>Swim</b>	<b>Tran1</b>	<b>Rank</b>	<b>Bike</b>	<b>Tran2</b>	<b>Rank</b>	<b>Run</b>	<b>Final</b>
1	110	Edington, Stuber, Woodruff	1	22:35	0:43	1	55:17	1:26	1	26:08	1:46:07