

Race Date  
October 29, 2016

First Generation Crossfit 5k  
Age Group Results

Male 17 and Under Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ian Feldman		10	732	2	24:26.0	7:53/M

Female 17 and Under Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Isabella Medley		10	735	10	35:14.0	11:22/M

Male 18 and Over Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rob Fox		54	705	1	21:29.0	6:56/M

Female 18 and Over Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jessica Jones		37	709	4	27:36.0	8:54/M

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### Female 17 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nora Yarbrough		7	725	12	36:16.0	11:42/M
2	Sydney Zarkis		12	727	15	38:50.0	12:32/M
3	Paige Cherry		10	703	17	39:00.0	12:35/M

### Male 18 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tony Newton		59	729	3	24:47.0	8:00/M
2	Karen Sivwright		35	719	8	34:39.0	11:11/M
3	Brian Kohler		36	711	9	34:40.0	11:11/M
4	Gary Malburg		49	715	11	35:28.0	11:26/M
5	Jeremy Yarbrough		38	724	14	36:28.0	11:46/M
6	Jeff Jones		37	708	19	39:07.0	12:37/M
7	Peter Feldman		43	730	24	41:51.0	13:30/M

### Female 18 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Angela Medley		46	728	5	28:26.0	9:10/M
2	Lori Hill		51	707	6	28:27.0	9:11/M
3	Andrea Kruse		42	712	7	31:46.0	10:15/M
4	Christy Yarbrough		35	723	13	36:17.0	11:42/M
5	Penny Bergmann		49	701	16	38:58.0	12:34/M
6	Jeanne Cherry		44	702	18	39:01.0	12:35/M
7	Kathy Sleboda		42	734	20	39:31.0	12:45/M
8	Brooke Liebler		25	714	21	39:33.0	12:45/M
9	Tricia Feldman		45	731	22	39:34.0	12:46/M
10	Shelly Randolph		38	717	23	39:35.0	12:46/M
11	Jordan Wichman		20	722	25	42:00.0	13:33/M
12	Kathy Wichman		54	721	26	42:08.0	13:35/M
13	Vicky Yarbrough		60	733	27	49:42.0	16:02/M
14	Debra Ruhstorfer		52	718	28	50:06.0	16:10/M
15	Mary Zarkis		48	726	29	50:38.0	16:20/M
16	Pilar Navarre		35	716	30	51:06.0	16:29/M
17	Rose Valentine		38	720	31	51:08.0	16:30/M
18	Brenna Medley		37	736	32	53:03.0	17:07/M