

**Nishna Valley Family YMCA Sprint Triathlon Results**  
**Saturday, July 21st**

<b>1st Place Male</b>	<b>Rich Pross</b>	<b>55:08</b>
<b>2nd Place Male</b>	<b>Jim Brabbs</b>	<b>56:15</b>
<b>3rd Place male</b>	<b>Daniel Lukehart</b>	<b>1:00:47</b>

<b>1st Place Female</b>	<b>Jamie VanKley</b>	<b>57:24</b>
<b>2nd Place Female</b>	<b>April McAfee</b>	<b>1:13:50</b>
<b>3rd Place Female</b>	<b>Allison Berryhill</b>	<b>1:18:48</b>

**1st Place Team “YMCA” overall time—58:04**

**Melanie Dunphy—swimmer**

**Dan Haynes — Biker**

**Jared Hoffman — Runner**

**2nd Place Team Griswold overall time— 59:56**

**Chase Wallace — swimmer**

**Brad Martenson —biker**

**Ashley Drogo — runner**