

Aquinas College MITS Meet - 1/14/2017

Cook Track Alksnis Fieldhouse

Results

Event 1 Boys 4x200 Meter Relay

School	Finals
Section 1	
1 Nanfeld 'A'	1:40.36
1) Nannfeldt, Nathaniel	2) Autry, Jaylon
3) Eising, Timmy	4) Boone, Brennen
2 Sempsrott 'A'	1:41.77
1) Sempsrott, Dominic	2) Frisbie, Riley
3) Luginbuhl, Robert	4) Luginbuhl, Sam
3 Miniver 'A'	1:43.27
1) Minier, Tim	2) Yacovoni, Alex
3) Obey, Grayson	4) Snyder, Jordan
4 kubasiak 'A'	1:46.83
1) Kubasiak, Chris	2) Rutherford, Benjamin
3) Downey, John	4) Kersten, Nolan
5 Burns 'A'	1:48.46
1) Burns, Zarin	2) Jackson, Aaron
3) Hicks, Jordan	4) Gray, Christian

Event 2 Girls 4x200 Meter Relay

School	Finals
1 Clark 'A'	1:54.30
1) Clark, Kayla	2) Tease, Mady
3) Russo, Rose	4) Clark, Kylie
2 Hemgesberg 'A'	1:56.64
1) Hemgesberg, Mary	2) Moseley-simpson, India
3) Simpson, Tamia	4) Ross, London Ross
3 Davis 'A'	1:58.52
1) Davis, Anjolena	2) Foldenauer, Helen
3) Eklund, Kayla	4) Wakley, Jessica
4 Lavery 'A'	2:00.60
1) Lavery, Kalie	2) Stoin, Kierstyn
3) Howard, Hannah	4) Pantelleria, Emily
5 Casterline 'A'	2:04.08
1) Casterline, Meagan	2) Kersten, Alex
3) Stoner, Dylonn	4) Minier, Gabby
-- Williams 'A'	DQ
1) Williams, Payten	2) Benton, Brenea
3) Greene, Brianna	4) Greene, Asia

Event 3 Boys 1600 Meter Run

Name	Year School	Finals
1 Morse, Robbie	Traverse Cit	4:35.29
2 Foley, Gannon	Portage Unat	4:36.36
3 Vanderkooi, Micah	Byron Center	4:41.66
4 Walter, Erik	Middleville	4:48.34
5 Ashbaugh, Andrew	Stanwood Una	5:00.22
6 Walker, Ashton	Portland Una	5:00.25

7 Enns, Abram	Hart Unat	5:00.77
8 Enns, Alex	Hart Unat	5:01.12
9 Mathis, Austin	Remus Unat	5:02.87
10 Wojcik, Kenny	Battle Creek	5:09.78
11 Jannette, River	Holly Unat	5:14.32
12 Griffiths, Evan	Berrien Spri	5:15.91
13 Pemberton, Jared	Yale Unat	5:20.40
14 Bowers, Corey	Cedar Spring	5:22.51
15 Enns, Austin	Hart Unat	5:22.52
16 Costa, Jaden	Battle Creek	5:25.10
17 Coyne, Tyler	Portland Una	5:27.16
18 Smith, Austin	Jackson Unat	5:28.02
19 Wood, Seth	Scottville U	5:47.71

Section 2

1 Hylen, Andrew	Nunica Unat	4:44.73
2 Fair, Jake	Coldwater Un	5:02.00
3 D'Ambrosi, Nicolas	Highland Una	5:19.40
4 Klein, Max	Grand Rapids	5:22.05
5 Krawczyk, Nate	Richland Una	5:22.17
6 Pruim, Owen	Byron Center	5:23.51
7 Warners, Tyler	Wayland Unat	5:23.76
8 Delaney, Brendan	Gaylord Unat	5:24.51
9 Sheline, Carter	Berrien Cent	5:25.65
10 Sheline, Ashton	Berrien Cent	5:25.71
11 Ammerman, Brandon	Jenison Unat	5:25.77
12 Becker, Elijah	Grand Rapids	5:27.49
13 Nykamp, Anthony	Kentwood Una	5:27.53
14 Heil, Jax	Kalamazoo Un	5:28.24
15 Zuber, Max	Hudsonville	5:28.77
16 Spees, Matthew	Caledonia Un	5:33.33
17 Racalla, Samuel	Costock Park	5:35.97
18 Slager, Andrew	Kalamazoo U	5:45.38
19 Funk, Billy	Battle Creek	5:56.38
20 Zuber, Sam	Hudsonville	6:50.36
21 Keifer, Tyler	Homer Unat	7:27.41

Event 4 Girls 1600 Meter Run

Name	Year School	Finals
------	-------------	--------

Section 1

1 Schroder, Olivia	Caledonia Un	5:33.87
2 Lark, Colette	Tecumseh Una	5:42.86
3 Smith, Jenna	Caledonia Un	5:43.75
4 Maddox, Sydney	Grandville U	5:45.46
5 Ackley, Lynae	Mears Unat	5:47.83
6 Whiteside, Audrey	East Grand R	5:49.36
7 Brandonisio, Gabby	Hanover Unat	5:51.19
8 Kanack, Julia	Wyandotte U	5:52.34
9 Chmielewski, Eva	Columbiavill	5:52.99
10 Goodman, Jordan	Fountain Una	5:54.85
11 Mango, Amber	Allendale U	5:55.65
12 Lake, Caroline	Grand Rapids	6:00.84
13 Cannon, Sarah	Grand Rapids	6:14.01

Section 2

1 Becker, Kiah	Grand Rapids	5:49.98
2 Hamilton, Hannah	Fremont Una	5:58.91
3 Postma, Carly	Caledonia Un	6:01.80
4 Moore, Erin	Niles Unat	6:08.71
5 Luke, Isabelle	Grand Rapids	6:08.88
6 Bodine, Hannah	Grand Rapids	6:10.15

7	Howell, Landyn	Ada Unat	6:17.24
8	Cannon, Claire	Grand Rapids	6:23.48
9	Vanderhelm, Bekah	Allendale Un	6:23.50
10	Witt, Avary	Yale Unat	6:35.49
11	Hubert, Vanessa	Sparta Unat	6:39.27
12	Hays, Abigail	Niles Unat	6:41.49
13	Dickinson, Nicole	Yale Unat	6:49.27
14	Frailing, Kaela	Lawton Unat	6:57.03
15	Overbeek, Sarena	Jenison Unat	7:10.25
16	Beeler, Gabriella	Bad Axe Unat	7:20.26

Event 5 Boys 60 Meter Hurdles

Name	Year School	Finals
------	-------------	--------

Section 1

1	Hoskins, Craig	Hudsonville	8.81
2	Kilgore, Jimmie	Kentwood Una	8.85
3	Autry, Jaylon	Benton Harbo	9.26
4	Joy, Hunter	Novi Unat	9.60
5	Opphile, Benjamin	Bath Unat	9.80
6	Obey, Grayson	Battle Creek	9.88
7	Kersten, Nolan	Bellevue Una	10.08
8	Sempsrott, Dominic	Ovid Unat	10.30

Event 6 Girls 60 Meter Hurdles

Name	Year School	Finals
------	-------------	--------

1	Bracey, Sarinity	Grand Rapids	9.74
2	Collier, Daijah	Grand Rapids	9.74
3	Tarsa, Emmalyne	Traverse Cit	10.23
4	Mchugh, Bridget	Whitehall Un	10.60
5	Hunt, Layla	Kentwood Una	10.70
6	Rathwell, Haley	Commerce Tow	10.71
7	Stone, Taylor	Novi Unat	10.72
8	Pantelleria, Emily	Fennville Un	11.48

Event 7 Boys 400 Meter Dash

Name	Year School	Finals
------	-------------	--------

1	Wollney, Brayden	Byron Center	53.56
2	Lozano, Luke	Clio Unat	56.10
3	Kubasiak, Chris	Dowling Unat	56.62
4	Jaime, Zach	Allendale U	57.58
5	Joy, Hunter	Novi Unat	57.65
6	Milarch, Tristan	Jenison Unat	58.24

Section 2

1	Simot, Aaron	Fruitport Un	56.78
2	Johnson, Mitch	Muskegon Una	57.66
3	Yepez, David	East Grand R	58.52
4	Haddad, Lile	Rockford Una	1:01.60
5	Sharlow, Peyton	Muskegon Una	1:01.98
6	Luginbuhl, Robert	Ionia Unat	1:06.08

Section 3

1	Hantz, Archie	Battle Creek	56.89
2	Frisbie, Riley	Ionia Unat	58.35
3	Opphile, Benjamin	Bath Unat	58.47
4	Luginbuhl, Sam	Ionia Unat	59.86
5	Rutherford, Benjamin	Bellevue Una	1:01.55

6 Yacovoni, Alex	Unat	1:02.01
Section 4		
1 Burns, Zarin	Saginaw Una	55.37
2 Doster, Darquese	Saginaw Unat	55.89
3 Schmittling, Jacob	Kalamazoo Un	1:00.04
4 Heil, Jax	Kalamazoo Un	1:00.67
5 Toney, Cole	St. Joseph	1:01.72
6 Slager, Andrew	Kalamazoo U	1:02.73

Section 5		
1 Gordon Jr., Armund	North Muskeg	55.60
2 Lozano, Nicolas	Clio Unat	1:01.81
3 Garcia, Carlos	Yale Unat	1:03.24
4 Pemberton, Jared	Yale Unat	1:05.48
5 Russo, Robby	Jenison Unat	1:29.25

Event 8 Girls 400 Meter Dash

Name	Year School	Finals
------	-------------	--------

Section 1		
1 Sailus, Marisa	Commerce Tow	1:02.81
2 Beeler, Mikayla	Bad Axe Unat	1:03.05
3 Hemgesberg, Mary	Freeland Una	1:03.73
4 Mikolay, Mary Claire	Ada Unat	1:04.98
5 Gill, Avery	Grand Rapids	1:06.21
6 Rathwell, Haley	Commerce Tow	1:08.92

Section 2		
1 Korytkowski, Taylor	Rockford Una	1:04.31
2 Schott, Taylor	Holland Unat	1:04.76
3 Benedict, Claire	Grand Rapids	1:05.45
4 Stone, Taylor	Novi Unat	1:05.76
5 Greene, Asia	Saginaw Unat	1:06.07
6 Stapleton, Sarah	Kentwood Una	1:06.30

Section 3		
1 Shomsky, Martha	Grand Rapids	1:03.64
2 Casterline, Meagan	Battle Creek	1:06.83
3 Smith, Amari	Kentwood Una	1:06.90
4 Lavery, Kalie	Fennville Un	1:07.25
5 Fox, Joslyn	Grand Rapids	1:13.88
6 Coyle, Grace	Ada Unat	1:16.87

Section 4		
1 Bracey, Trinity	Grand Rapids	1:01.47
2 Tarsa, Emmalyne	Traverse Cit	1:04.32
3 Bodine, Paige	Grand Rapids	1:09.89
4 Faulk, Gabrielle	Saginaw Una	1:12.76
5 Iwata, Keika	Grand Rapids	1:16.41
6 Moseley-simpson, Ivory	Saginaw Unat	1:16.77

Section 5		
1 Beale, Devon	Highland Una	1:07.13
2 Todd, Hannah	Chip Hills Una	1:07.71
3 Greene, Brenasiaha	Saginaw Unat	1:12.82
4 Shomsky, Grace	Grand Rapids	1:13.55
5 Kersten, Alex	Bellevue Una	1:17.53

Section 6		
1 Mcfarland, Mara	Berrien Spri	1:06.38
2 Cashier, Mel'lani	Berrien Spri	1:06.46
3 Daniely, Katana	Muskegon Una	1:07.11
4 Battle, Emma	Grand Rapids	1:10.87

Event 9 Boys 60 Meter Dash

Name	Year School	Finals
------	-------------	--------

Name	Year School	Finals
Section 1		
1 Mccrary, Nathan	Muskegon Una	7.15
2 Burton, Qway	Holland Una	7.35
3 Minier, Tim	Battle Creek	7.38
4 Boone, Brennen	Berrien Cent	7.56
5 Nannfeldt, Nathaniel	Berrien Spri	7.58
6 Eising, Timmy	Berrien Cent	7.65
7 Dailey, Nicholas	Muskegon Una	7.70
8 Karns, Ezra	Lowell Unat	8.35
Section 2		
1 Sempsrott, Dominic	Ovid Unat	7.91
2 Obey, Grayson	Battle Creek	7.95
3 Jackson, Aaron	Saginaw Unat	8.01
4 Hicks, Jordan	Saginaw Una	8.01
5 Snyder, Jordan	Battle Creek	8.13
6 Tompkins, Logan	Homer Unat	8.30
7 Russo, Robby	Jenison Unat	11.26
8 Russo, Roman	Jenison Unat	11.80
Section 3		
1 Lozano, Luke	Clio Unat	7.62
2 Frisbie, Riley	Ionia Unat	7.78
3 Luginbuhl, Sam	Ionia Unat	7.86
4 Luginbuhl, Robert	Ionia Unat	7.91
5 Hantz, Archie	Battle Creek	8.25
6 Lozano, Nicolas	Clio Unat	8.38
7 Toney, Cole	St. Joseph	8.75

Event 10 Girls 60 Meter Dash

Name	Year School	Finals
Section 1		
1 Korytkowski, Taylor	Rockford Una	8.63
2 Todd, Hannah	Chip Hills Una	8.78
3 Stoin, Kierstyn	Holland Unat	8.81
4 Howard, Hannah	Fennville Un	8.98
5 Tolan, Madelynn	Emmett Unat	9.02
6 Greene, Brenasiaha	Saginaw Unat	9.23
7 Moseley-simpson, Ivory	Saginaw Unat	10.07
8 Iwata, Keika	Grand Rapids	10.35
Section 2		
1 Sailus, Marisa	Commerce Tow	8.30
2 Hemgesberg, Mary	Freeland Una	8.57
3 Johns, Payton	Kingsley Una	8.80
4 Sherbonda, Destiny	Lewiston Un	8.81
5 Moseley-simpson, India	Saginaw Unat	8.94
6 Repesh, Katie	Holland Unat	9.00
7 Jacobs, Riley	Whitehall Un	9.02
8 Strunk, Katelyn	Wales Unat	11.42
Section 3		
1 Russo, Rose	Jenison Unat	8.16
2 Tease, Mady	Jenison Unat	8.63
3 Russo, Rachel	Jenison Unat	8.84
4 Clark, Kylie	Jenison Unat	8.89
5 Clark, Kayla	Jenison Unat	8.89
Section 4		
1 Williams, Payten	Saginaw Una	8.10
2 Benton, Brenea	Saginaw Unat	8.24
3 Greene, Brianna	Saginaw Unat	8.40

4	Ross, London	Ross	Saginaw Una	8.65
5	Simpson, Tamia		Heritage Unattac	9.51

Event 11 Boys 800 Meter Run

Name	Year	School	Finals
------	------	--------	--------

Section 1

1	Momeyer, Josh		Livonia Unat	2:04.57
2	Simot, Aaron		Fruitport Un	2:11.29
3	Nykamp, James		Kentwood Una	2:14.59
4	Diederich, Matt		Novi Unat	2:14.64
5	Fair, Jake		Coldwater Un	2:15.01
6	Yepez, Jonathan		East Grand R	2:16.52
7	Wojcik, Kenny		Battle Creek	2:17.89
8	D'Ambrosi, Nicolas		Highland Una	2:21.82
9	Jannette, River		Holly Unat	2:21.88
10	Walker, Ashton		Portland Una	2:22.58
11	Pemberton, Jared		Yale Unat	2:26.51
12	Krawczyk, Nate		Richland Una	2:26.87

Section 2

1	Johnson, Mitch		Muskegon Una	2:15.58
2	Debruin, Jonathan		Kentwood Un	2:17.17
3	Hoban, Alejandro		Grand Rapids	2:19.31
4	Doster, Darquese		Saginaw Unat	2:23.49
5	Griffiths, Evan		Berrien Spri	2:23.81
6	Toney, Cole		St. Joseph	2:28.28
7	Klein, Max		Grand Rapids	2:29.85
8	Spees, Matthew		Caledonia Un	2:30.00
9	Sharlow, Peyton		Muskegon Una	2:30.06
10	Bowers, Corey		Cedar Spring	2:32.01
11	Smith, Austin		Jackson Unat	2:32.99
12	Simot, Michael		Fruitport Un	2:33.25
13	Sheline, Carter		Berrien Cent	2:33.39
14	Sheline, Ashton		Berrien Cent	2:34.31
15	Coyne, Tyler		Portland Una	2:37.12
16	Costa, Jaden		Battle Creek	2:37.30
17	Johnson, Simon		Fruitport Un	2:38.25

Event 12 Girls 800 Meter Run

Name	Year	School	Finals
------	------	--------	--------

Section 1

1	Eckenroth, Cayla		Novi Unat	2:27.51
2	Adams, Julia		Rockford Un	2:27.73
3	Becker, Kiah		Grand Rapids	2:39.28
4	Goodman, Jordan		Fountain Una	2:39.72
5	Schroder, Olivia		Caledonia Un	2:40.56
6	Maddox, Sydney		Grandville U	2:43.58
7	Schott, Taylor		Holland Unat	2:44.54
8	Shomsky, Martha		Grand Rapids	2:46.64
9	Lark, Colette		Tecumseh Una	2:48.45
10	Ackley, Lynae		Mears Unat	2:49.57

Section 2

1	Beeler, Mikayla		Bad Axe Unat	2:41.98
2	Helmer, Ashley		Grand Rapids	2:42.32
3	Smith, Jenna		Caledonia Un	2:44.67
4	Lake, Caroline		Grand Rapids	2:45.11
5	Moore, Erin		Niles Unat	2:48.83
6	Postma, Carly		Caledonia Un	2:52.09

7	Bodine, Hannah	Grand Rapids	2:53.85
8	Mcfarland, Mara	Berrien Spri	2:53.97
9	Hays, Abigail	Niles Unat	3:06.40
10	Overbeek, Sarena	Jenison Unat	3:10.25
11	Wofford, Sydney	Yale Unat	3:11.06

Event 13 Boys 4x400 Meter Relay

School		Finals
Section 1		
1	Milarch 'A'	3:56.12
	1) Milarch, Tristan	2) Strout, Seth
	3) Brisbin, Zachary	4) Ammerman, Brandon
2	Simot 'A'	4:16.80
	1) Simot, Aaron	2) Johnson, Mitch
	3) Simot, Michael	4) Johnson, Simon
3	Enns 'A'	4:17.64
	1) Enns, Abram	2) Enns, Austin
	3) Wood, Seth	4) Enns, Alex

Event 14 Girls 4x400 Meter Relay

School		Finals
1	Gill 'A'	4:34.81
	1) Gill, Avery	2) Russo, Rachel
	3) Fox, Joslyn	4) Mikolay, Mary Claire
2	Hemgesberg 'A'	4:38.25
	1) Hemgesberg, Mary	2) Greene, Asia
	3) Greene, Brianna	4) Faulk, Gabrielle
3	Lavery 'A'	4:43.50
	1) Lavery, Kalie	2) Stoin, Kierstyn
	3) Howard, Hannah	4) Pantelleria, Emily

Event 19 Girls High Jump

Name	Year School	Finals
Flight 1		
1	Robinson, Alexandria	Novi Unat 5-04.00
2	Westers, Emily	Hastings Una 5-02.00
3	Metzger, Elizabeth	Cadillac Una 5-00.00
4	Coulter, Alea	Homer Unat 4-08.00
--	Stantz, Olivia	Saginaw Unat NH

Event 20 Boys High Jump

Name	Year School	Finals
1	Kersten, Nolan	Bellevue Una J5-06.00
1	Debruin, Jonathan	Kentwood Un 5-06.00

Event 21 Girls Long Jump

Name	Year School	Finals
1	Robinson, Alexandria	Novi Unat 17-09.00
2	Benedict, Claire	Grand Rapids 15-11.00
3	Wong, Anne	Adrain Unat J15-10.00
3	Beeler, Mikayla	Bad Axe Unat 15-10.00

5	Sherbonda, Destiny	Lewiston Un	15-08.00
6	Tolan, Madelynn	Emmett Unat	15-00.00
7	Russo, Rose	Jenison Unat	14-11.00
8	Tease, Mady	Jenison Unat	14-02.00
9	Minier, Gabby	Battle Creek	13-07.00

Event 22 Boys Long Jump

Name	Year School	Finals
1	Nannfeldt, Nathaniel	Berrien Spri 20-00.00
2	Autry, Jaylon	Benton Harbo 19-07.00
3	Sempsrott, Dominic	Ovid Unat 19-00.00
4	Yacovoni, Alex	Unat 17-00.00
5	Downey, John	Battle Creek 15-10.00

Event 23 Girls Pole Vault

Name	Year School	Finals
1	Staley, Kasey	Farwell Unat 11-00.00
2	Ostapowicz, Calli	Jenison Unat 10-06.00
3	Bredeweg, Brianna	Allendale Un 9-06.00
4	Wong, Anne	Adrain Unat 9-00.00
5	Bolhuis, Avery	Hudsonville J8-00.00
5	Clifford, Katie	Walker Unat 8-00.00
5	Johns, Payton	Kingsley Una 8-00.00
8	Repush, Katie	Holland Unat 7-00.00
8	Glowe, Erika	Caledonia Un 7-00.00
8	Dombrowski, Mckenna	Kent City U 7-00.00
8	Beyer, Eden	Middleville 7-00.00
8	Bowen, Mckenna	Sheridan Una 7-00.00

Event 24 Boys Pole Vault

Name	Year School	Finals
1	Rhea, Jack	Calhoun Unat 14-09.00
2	Nemeth, Rees	Hillsdale Un 14-03.00
3	Grysen, Nate	Hudsonville 12-00.00
4	Misner, Reid	Grand Rapids 11-00.00
4	Bright, Justice	Kentwood Un J11-00.00

Event 25 Girls Weight Throw

Name	Year School	Finals
1	Reppert, Abby	Reading Unat 34-00.00
	27-09.50 FOUL FOUL 31-02.50 FOUL 34-00	
2	Sheppard, Emily	Canton Unat 25-11.50
	23-04.50 25-11.50 23-03.50 25-10 23-01.50 23-09.50	

Event 26 Boys Shot Put

Name	Year School	Finals
1	Forche, Andy	Battle Creek 41-05.00
2	Jaime, Zach	Allendale U 31-10.50
3	Tompkins, Logan	Homer Unat 31-09.00
4	Keifer, Tyler	Homer Unat 29-02.00
5	Wofford, Dylan	Yale Unat 29-01.50

6 Pemberton, Jacob	Yale Unat	21-06.00
7 White, Owen	Brockway Una	13-08.00

Event 27 Girls Shot Put

=====		
Name	Year School	Finals
=====		
1 Albaugh, Lillian	Shepherd Un	35-08.50
2 Metzger, Elizabeth	Cadillac Una	34-07.00
3 Glowe, Erika	Caledonia Un	32-02.00
4 Coulter, Aleea	Homer Unat	29-08.00
5 Sims, Kirstin	Cadillac Una	29-06.00
6 Foreman, Kenzie	Cadillac Una	26-00.50
7 Beeler, Gabriella	Bad Axe Unat	22-10.00
8 Sheppard, Emily	Canton Unat	19-10.00