

Spring Forward 5k Overall Results, 2014

1. Mark Smith	17-18 M	16:06	Overall Winner
2. Lee Kanitz	40-44 M	16:55	Masters Winner
3. Tom VanSlembrouck	17-18 M	17:34	
4. Andy Frampus	15-16 M	18:49	
5. Scout Hester	45-49 M	19:48	
6. Mason Norton	17-18 M	19:51	
7. Clifton Maginity	13-14 M	20:29	
8. Jacob Kromm	15-16 M	20:37	
9. Adam Pall	15-16 M	20:49	
10. Emily Sterling	11-12 F	20:53	Overall Winner
11. Kevin Cranson	45-49 M	21:06	
12. Bill Bath	40-44 M	21:16	
13. Tom Harbaugh	60-64 M	21:19	
14. Ron Edwards	40-44 M	21:41	
15. Erika Schwartzfisher	30-34 F	21:50	
16. Dan Myers	25-29 M	21:51	
17. Greg Mills	50-54 M	22:12	
18. Christopher Erno	35-39 M	22:16	
22. Kristen Smith	45-49 F	22:28	Masters Winner
23. Ken A.	55-59 M	22:31	
24. Patrick Howard	40-44 M	22:32	
25. No-Bib Runner	M	22:34	
26. Hannah Smith	10&U F	22:39	
27. Michelle Sysko	40-44 F	23:17	
28. Sara Slack	19-24 F	23:39	
29. Chandler Howard	15-16 M	23:45	
30. Jessica Barnadyn	30-34 F	23:58	
31. Scott VanHuis	40-44 M	24:06	
32. Jen Winnell	40-44 F	24:09	
33. Randy Keys	30-34 M	24:17	
34. Kathy Slack	40-44 F	24:27	
35. Steve Haughton	50-54 M	24:41	
36. Drew Styma	25-29 M	24:43	
37. Paul Schemanski	50-54 M	24:57	
38. Brian Oliver	45-45 M	25:00	
39. Chris Marsh	15-16 M	25:23	
40. Josh Pemberton	15-16 M	25:24	
41. Jerry Kitter	30-34 M	25:24	
42. Carrie Saunders	35-39 F	25:45	
43. Mikkie Schemanski	50-54 F	26:00	
44. Ken Turk	40-44 M	27:15	
45. Lindsey Cass	25-29 F	27:25	
46. Jennifer Stuhan	25-29 F	27:27	

47. Lauren Collins	13-14 F	27:28
48. Rebecca LaLonde	17-18 F	27:29
49. Katie Gray	15-16 F	27:29
50. Patrick Ray	30-34 M	27:41
51. John Johnson	65-69 M	28:11
52. Emily Hoekstra	30-34 F	28:27
53. Jason Hoekstra	35-39 M	28:27
54. Lisa Turk	45-49 F	28:42
55. Brandy Crick	30-34 F	28:58
56. Emily Fowler	10&U F	29:08
57. Mark Fowler	50-54 M	29:08
58. Emily Winnell	17-18 F	29:23
59. Alyssa Daly	17-18 F	29:44
60. Melissa Myers	15-16 F	29:44
61. Tom Henderson	65-69 M	30:15
62. Katya LaLonde	15-16 F	30:27
63. Courtney Coveyou	15-16 F	30:34
64. Haley Hall	15-16 F	30:35
65. Kyle Fowler	11-12 M	30:38
66. Scott Smith	40-44 M	30:40
67. Cooper Smith	13-14 M	30:40
68. Keri Scheaffer	40-44 F	31:33
69. Jacy McFarland	35-39 F	31:34
70. Dorothy Johnson	65-69 F	32:59
71. Jim Elzinga	75-79 M	33:50
72. Rachel LaLonde	15-16 F	33:51
73. Theresa Fowler	50-54 F	35:43
74. Ashley Heyboer	25-29 F	38:40
75. Linda Halford	55-59 F	40:36
76. Erin Eckerle	13-14 F	46:33
77. Leeza LaLonde	15-16 F	46:33
78. Morgan Block	15-16 F	46:48
79. Lily Cesario	13-14 F	46:48
80. Pat Shock	55-59 F	48:53
81. Enga Bashore	70-74 F	51:29
82. Roger Bashore	40-74 M	51:43