

Cool Cruise for Safety at Stony Creek

(Washing Twp 2/13) – A hearty, determined band of athletic brothers and sisters descended upon Stony Creek MetroPark February 13th for an evening of camaraderie and competition, to battle each other and the race course for 6 miles of challenging terrain, and to support the cause of pedestrian safety at the 19th annual Bumper Run. This event was started by local runner Don Richmond who somehow managed to escape serious injury when he was hit by a Jeep Cherokee while running along a back country road near his home on the evening of February 7th, 1994. Every year since that accident, he has hosted this race as a reminder to walkers and runners of the importance of pedestrian safety and caution, and to educate athletes on the rights and wrongs of sharing the roads during exercise.

As strong as that message is at this event, the competition – and sometimes the weather - has always been just as daunting, and this year, although the weather was relatively mild and the running path was clear, the competition was hot. Rochester Hills resident Tim Rowland came into the race with the most impressive resume in the field, and he didn't disappoint on this day. Rowland's orientation to the sport of running began on the track and cross-country trails of Oxford High School, and continued on to Oakland University, where he enjoyed a solid college athletic career. On this night, his fitness and his experience was able to overcome a strong challenge by top master's runner Guy Holmes of Armada, as Rowland gradually pulled away to an 18-second win in 35:57.

For the women, a familiar face was at the front, as Cassie Williams prevailed by nearly a minute over top masters runner Heather "Cookie" Hall in 46:35. Williams, along with her running partner and husband Alex Williams who finished 4th overall, ran well over 100 races in 2012, and has become a constant at local area races traveling from their home in Caro, and they have no intention of slowing down either their race pace or frequency of racing any time soon.

The Bumper Run has always received excellent community support, not only from the area's runners, but also from loyal local businesses. Fuddruckers, National Coney Island, Hooters, and Red Hot & Blue have provided gift certificates and merchandise for many years, and they are a large part of enabling this race to continue.

2013 Bumper Run Results

February 13, 2013 – 6:15pm

Stony Creek MetroPark

6 Mile Run Results- Overall

Name	Age	City	Time

1. Tim Rowland	26	Rochester Hills, MI	35:57

2.	Guy Holmes	47	Armada, MI	36:15 *
3.	Matt Smiarawski	25	Ypsilanti, MI	39:10
4.	Alex Williams	28	Caro, MI	39:15
5.	Sebastian Tochowicz	39	Ira Twp, MI	40:13
6.	Rick Straughen	32	Rochester Hills,MI	41:10
7.	Ken White	25	Eastpointe,MI	42:12
8.	Bill Spurrier	46	Macomb Twp,MI	42:22
9.	Art Ibarra	46	Oxford,MI	43:25
10.	Jim Oleksinski	45	Grosse Pt Woods, MI	44:26
11.	Francisco Rivera	41	Oxford, MI	45:58
12.	Mark VanDevelde	53	Shelby Twp, MI	46:08
13.	Jim Laurie	52	Washington Twp,MI	46:32
14.	Cassie Williams	27	Caro,MI	46:35**
15.	Heather Hall	43	Romeo, MI	47:33
16.	Rob Almon	41	Clinton Twp,MI	50:20
17.	Russell Milne	38	Shelby Twp, MI	50:25
18.	Brandy Grutter	25	Mt. Clemens, MI	51:09
19.	Bill McEvoy	43	Macomb Twp, MI	51:11
20.	Laura Ibarra	39	Oxford, MI	51:53
21.	Joe Baldwin	41	Shelby Twp, MI	52:53
22.	Mark Harbour	34	Sterling Heights, MI	53:22
23.	Martha Childs	58	Troy, MI	54:09
24.	Kathleen Clark	56	Fraser, MI	55:25
25.	Jon Hayes	58	Richmond, MI	55:24
26.	Jim Zittel	49	Waterford, MI	55:26
27.	Tom Cameron	64	Rochester Hills, MI	1:00:21

28. Len Constantine	59	Chesterfield, MI	1:18:45
29. Norm Killop	74	Shelby Twp, MI	1:20:00

*First Master

**First Female