



## Brooksie Way 1/2 Marathon Competitive Walk NEW in 2009

Learn more about Competitive Walking!

Now you can WALK the Crim 10-Mile & Brooksie Way Half Marathon!



Last year more than 1,000 people completed the 10-Mile Competitive Walk during the 2008 Crim Festival of Races! Now walkers in both the Brooksie and the Crim can complete the race and be timed separately. While they do NOT follow the strict Race-Walk rules, NO running or jogging is allowed. Walk participants are provided with both front and back bibs, which identify them as walkers.

Monitors from GLOW (Genesee League of Walkers) are stationed along the Crim course to check for anyone cheating (ie running) even one step. If three monitors catch a person running, they are disqualified from the results. Competitive walkers in the Crim and the Brooksie qualify for awards just like the runners do!

### Volunteers Needed!



Did you know it takes more than 3,000 volunteers to make the Crim a success each year! Would you or someone you know like to help?

We are pleased to announce that the Crim has a new and exciting way to sign up to help at the 2009 events. Go to [www.crim.org](http://www.crim.org) and click on volunteers for information or [CLICK HERE](#) to go directly to the sign up form.

If you have a group that is willing to help with food and beverage distribution or start/finish line area assistance please email Janell High at [jhigh@crim.org](mailto:jhigh@crim.org) to find out what exciting group jobs are available.



We all know and love the Crim! Now let's share it with the world!  
Vote for the best Amateur Sporting Event

Best Single Sport Event - The Crim 10 Mile  
Best Sports Event Series or Circuit-The Crim Festival of Races  
The Best New Sporting Event - The Brooksie Way

**[Click to vote!](#)**

## Save 30%

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AVAILABLE ONLY AT THE FLINT FARMERS' MARKET TUES - THURS - SATURDAY**  
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Offer Expires: September 5, 2009