

CROSS COUNTRY INVITATIONAL RESULTS

VOL: XXXII No. 9

for invitationals ending 10/20/07

THE RATINGS::: This is the sixth set of regular season rankings, the fifth for the girls and a repeat publication of the final Superior 10 rankings. The UP season ended last Saturday. The rankings are based on invitationals only! We had a typo error in Lake Orion's point total last week, it should have been 151. They were correctly listed in 4th place. There will be a final set of rankings next week.

The boy's rankings, points are awarded according to a teams finish in the invitational, 10 points for first, 9 for second and so on. Some invitationals are weighted because of the large field or a team is running out of their division and there is a minimum number of teams required. The numbers in parentheses indicates the first place coach's votes/first place(s) in invitationals- The final number is the total number of points for the school, including coaches votes and invitational points- The invitational points are cumulative over the entire season, to a maximum of eight- The coaches vote each week.

DIVISION 1

1. PINCKNEY(13/5)	190	6. Ann Arbor Huron(0/1)	88
2. Saline(0/1)	177	7. Northville(0/1)	87
3. Ann Arbor Pioneer(0/3)	156	8. Warren DeLaSalle(0/2)	83
4. Lake Orion(0/4)	144	9. Novi Detroit Catholic Central(0/1)	80
5. Milford	97	10. Saginaw Heritage(0/3)	68

others::: Detroit University of Detroit Jesuit, Novi(0/1), Canton Salem(0/2), Grand Ledge, Hartland(0/1), Howell, Detroit Mumford(0/1), Brownstown Woodhaven(0/2), Midland, Portage Northern(0/1), Rockford,

DIVISION 2

1. FREMONT(10/6)	199	6. St. Clair(0/5)	103
2. Dexter(3/2)	182	7. Petoskey(0/2)	100
3. Linden(0/5)	165	8. Bloomfield Hills Lahser(0/3)	75
4. Ada Forest Hills Eastern(0/2)	141	9. Sparta(0/1)	61
5. Caledonia(0/3)	125	10. Wayland(0/3) & Alma(0/1)	60

others::: Flint Powers(0/1), Grand Rapids Christian, Chelsea, Ionia, Crosswell-Lexington(0/1), Dearborn Divine Child(0/1), St. Joseph, Fenton, Grand Rapids South Christian(0/1), Vicksburg(01).....

DIVISION 3

1. WILLIAMSTON(13/3)	204	6. Hanover-Horton(0/2)	128
2. Grand Rapids West Catholic(0/4)	171	7. Benzonia Benzi Central(0/4)	96
3. Bangor(0/5)	166	8. Shepherd(0/1),	90
4. Kalamazoo Hackett((0/3)	153	9. Hillsdale(0/1)	58
5. Jackson Lumen Christi(0/3)	148	10. Saginaw Swan Valley(0/4)	58

others::: Kent City(0/2), Elk Rapids, Birch Run, Caro, Napoleon, Macomb Lutheran North(0/2), Whitmore Lake(0/1), Albion(0/2), Riverview Richard(0/1), Harrison

DIVISION 4

1. HESPERIA(13/4)	201	5. Harbor Springs(0/1)	104
2. Pottersville(0/3)	182	7. Ellsworth(0/4)	104
3. Saranac(0/1)	133	8. Hudson(0/2)	75
4. St. Louis(0/2)	133	9. Bear Lake(0/2)	66
5. Saugatuck	128	10. Concord	61

others::: Fowler(0/1), Adrian Lenawee Christian, Waldron, Mendon(0/2), Brown City, Ann Arbor Greenhills(0/1), Saginaw Valley Lutheran, Mackinaw City, Reese(0/3), Pewamo-Westphalia

If you local paper would like a copy of the rankings send a name of an individual and email for us send them to.

.....As season winds down send conference jamboree results to CCIR- We will publish scores & individual winners.

FAX RESULTS TO: (269) 687-8316 email results to: jmurray1@nd.edu

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2007 GIRLS CROSS-COUNTRY & SUPERIOR 10 RANKINGS 10/22/07 (number in parentheses is first place votes)

DIVISION 1		DIVISION 2		DIVISION 3	
1-ROCHESTER(3)	59	1-GAYLORD(4)	60	1-JACKSON LUMEN CHRISTI(2)	57
2-Saline(1)	57	2-Ada Forest Hills Eastern	53	2-LeRoy Pine River(2)	56
3-Brighton	52	3-Grand Rapids Christian	45	3-Schoolcraft	50
4-Grand Haven	48	4-Flint Powers Catholic	44	4-Williamston	46
5-Traverse City Central	44	5-Bloomfield Hills Lahser	36	5-Allendale	45
6-Rockford	38	6-East Lansing	34	6-Benzonia Benzie Central	38
7-Troy	32	7-Dexter	33	7-Grand Rapids West Catholic	36
8-Rochester Adams	31	8-Goodrich	31	8-Whitehall	31
9-Livonia Churchill	23	9-East Grand Rapids	29	9-Monroe St. Mary	29
10-Grand Ledge	20	10-Fremont	26	10-Macomb Lutheran North	24
others::: Ann Arbor Huron, Grand Blanc, Pinckney, Milford, Northville...		others:, Grand Rapids Forest Hills Northern, Petoskey, Otsego.....		others::: Freeland, Hanover-Horton, Leslie, Elk Rapids.....	
DIVISION 4		THE FINAL SUPERIOR 10: BOYS:		THE FINAL SUPERIOR 10: GIRLS:	
1-GRAND RAPIDS NORTHPONTE (4)60		1-HOUGHTON(3)	30	1-MARQUETTE(3)	30
2-Harbor Springs	54	2-Stephenson	27	2-Houghton	27
3-Battle Creek St. Philip	48	3-Marquette	21	3-Calumet	24
4-Ann Arbor Greenhills	45	EsCANABA	21	4-Ironwood	20
5-Harbor Beach	44	5-Sault Ste-Marie	20	5-Sault Ste. Marie	19
6-Manton	40	6-Ironwood	16	6-Gladstone	11
7-Fowler	39	7-Munising	11	7-Kingsford	10
8-Saginaw Valley Lutheran	35	8-Menominee	5	8-Munising	9
9-Pottsville	30	Rudyard	5	9-Escanaba	7
10-Southfield Christian	20	10-Kingsford	4	10-Newberry	5
others::: Unionville-Sebewaing Area, Royal Oak Shrine, Uby.....		Gladstone	4	others::: Negaunee.....	

Nothing like an old fool continued..... Last week we tried to track- give information on the top runners in each of the boy's divisions. This week we are attempting to do the same thing with the girl's. Think tracking the top teams is a problem... try tracking the top runners. I am sure we have left some out but I though I would give it a try. Several D2 & D3 runners have elected to "run up" in the invitaitonals creating some interesting races. Running out of time again, so excuse the "quick writing." The place to start is with the returning all-state runners, which are listed by place. After their name is info on if they scored in the track finals last spring. "*" are individual runners, "@" is previous all-state performances.

RETURNING DIV. 1 2006 GIRLS ALL-STATE RUNNERS: 3-Katie Haines -s/Rockford@@-1/1600, 4-Nicole Hammer -s/Troy Athens@@, 5-Tiffany Abrahamian -s/Rochester-1/3200, 8-Alex Leptich -so/Saline-3/1600-6/3200 9-Christina Capriccioso -j/Orchard Lake West Bloomfield*, 10-Cally Macumber -j/Rochester Adams, 11-Alyssa Mira -j/Livonia Churchill, 12-Audrey Huth -j/Utica@, 14-Rachel McFarlane -s/Livonia Churchill@, 15-Krista Parks -so/Kentwood East Kentwood, 16-Jennifer Snelgrove -so/Grand Ledge, 17-Sara Kroll -so/Livonia Churchill, 18-Taylor Mattarella -j/Traverse City Central, 19-Kim Secord -s/Rochester, 20-Kristen Smith -j/Clarkston-3/3200, 21-Emily Morgridge -s/Highland Milford, 22-Kate Carter -so/Saline-5/800, 23-Alison White -so/Midland Dow*, 24-Becca Addison -j/Grand Haven@, 25-Allie Hock -s/Lake Orion*, 26-Courtney Calka -j/Livonia Stevenson@, 27-Michaela Crew -s/White Lake Lakeland*, 29-Grace Green -j/Troy-8/1600-4/3200. * individual runners 8 seniors, 9 juniors, 6 sophomores.

There are 6 of last year's top 10 runners that returned for the 2007 season but none of them has showed they are the runner to beat this year. The best showing from last year's top 10 runners has been by Alex Leptich/Saline-8th and Callie Macumber/Rochester Adams-10th. While not winning both are always right there in the mix. Leptich was 2nd to Haines at Bath, 4-Spartan Elite, 2-Jackson and 5-Portage. Macumber won Adams, 2-West Bloomfield, 3-Spartan Elite, 1-Detroit Cath Cent, 3-Oakland County and 2-Oxford.

The top returning runner, Katie Haines/Rockford started strong with an impressive win at Spartan Elite following previous wins at Rockford and Bath but then was 6-Carson City and 27-Portage. Nicole Hammer/Troy Athens-4th, was 3-Charlevoix and not much since. Fifth place Tiffany Abrahamian/Rochester best showing was 4-Oakland County. Christina Capriccioso/West Bloomfield-9th, did not show much in the early part of the season but was 2-Mott, 9-Oakland County and won at Brandywine.

Several other returning all-state runners have had a solid fall. Jennifer Snelgrove/Grand Ledge-16 has shown signs she can run in front with a pair of seconds, Spartan Elite & Greater Lansing and was 4-West Bloomfield. Kirstina Parks/East Kentwood-15 has had several strong races, winning at Pioneer, 3-Jackson, 2-Carson City and 8-Portage. Audrey Huth/Utica won Macomb County and was 5-Holly. Grace Green/Troy has come on late in the season with wins at Old Skool and Schoenscee, with 2-Oakland County. Taylor Matteredella/Traverse City Central's best finish was 4-Portage following and 8-Spartan Elite. Kristen Smith/Clarkston has been 3-Bath, 3-Holly, 4-Jackson, 2-Midland and 6-Oakland County.

Several runners look ready to challenge for individual honors this year. Shannon Osika/Waterford Mott looks like she is the runner to beat. She won at W Bloomfield, Holly, Mott and Oxford. Gabriella Anzalone/Grand Blanc was 2nd to Osika at Holly and has won at Jackson, Carson City and Bloomer. She beat Leptich at Jackson and Parks at Carson City. Allison Radamacher/Grand Ledge was 6-Spartan Elite, was the first Michigan runner, finishing 2nd at Portage and was 3-Greater Lansing. Lindsey Gakenheimer/Monroe won at NB Huron and Jefferson, with 3rds at Schonesee and Portage. Neither of these girls ran in the Finals last year.

RETURNING DIV. 2 GIRLS 2006 ALL-STATE RUNNERS: 1-Meggan Freeland -so/Parma Western@-1600/2-3200/2, 2-Erin LaFave -s/Bloomfield Hills Lahser@@, 4- Alyssa Penning -j/Grand Rapids Christian@, 5-Ales Matthews -so/Birmingham Seaholm, Samantha Hunt -j/Gaylord, 8-Sloan Secord -s/Gaylord, 9-India Peek Jensen -so/Spring Lake, 11-Maddi Reeves -j/East Lansing, 13-Brooke Eilers -s/Holland Christian@*-1600/3, 17-Beka Bentle -s/Parma Western, 18-Gina Valgol -j/Harper Woods Regina@, 19-Molly Waterhouse -s/Vicksburg*-3200/1, 20-Erin Fedewa -s/St. Johns*, 23-Kelsey Burgess -j/Grand Rapids South Christian-3200/4, 24-Amber Kassuba -j/Gaylord, 26-Danielle Hicks -j/Marshall, 27-Andrea Hoffmana -s/Monroe Jefferson*, 29-Amanda Putt -s/Tecumseh* 8 * individuals, 22 team runners. 8 seniors, 8 juniors, 2 sophomores

Four of the top 5 from last year's D2 Final race return for this year. Meggan Freeland is the defending champion as she won last year defeating Bekah Smeltzer the defending champion from 2005. The sophomore now will have everyone pointing at her trying to return the favor and take the title from her. She started the season on top with wins at Bath, Jackson and Haslett, losing in her last major meet as she finished 3-Portage, 13 seconds behind Sloan Secord and 6 behind Alyssa Dyer. Sloan was 8th last year and has also won at Charlevoix and Delta. She was 13-Spartan Elite the 3rd D2 runner in the race. Dyer is a freshman won at Portage and was 3-Lowell to go with her 2nd at Portage.

Erin LaFave has been runner-up for 2 straight years in D2. In 2005 she lost to Smeltzer in one of the closest, best finishes I have ever seen in a cross country final and then last year beat Smeltzer but finished second to Freeland. This is the senior's final run for the title. She won Corunna EB, West Bloomfield, Spartan Green and Anchor Bay. She was 7-Oakland and 3-Oxford, the top D2 runner in each. Her Spartan Green time was beaten by the 3 D2 runners that ran in Elite. Alyssa Penning/GR Christian-4th, won at Pioneer was the 2nd D2 runner in Spartan Elite, 3-CCC and 6-Portage.

Several other all-state runners from last year that have had a good fall. Beka Bentle, teammate of Freeland at Parma Western, is always near the winner with 3-Bath, 2nds at Jackson and Haslett and a 4-Portage. Mandi Reeves/East Lansing-11th, won at Harper Creek and Greater Lansing and was the top D2 runner in the Spartan Elite. Molly Waterhouse/Vicksburg won at Holly to go with wins at Kalamazoo and Otsego but was only 8-Portage.

There are 3 freshmen and a senior that look like they could be in the front of the D2 race. Ramzee Fondren/Renaissance was 53rd last Fall and then won the 800 & 1600 in the Spring. She won at Det Cath Cent and was second to a D1 runner at Wayne County. The freshmen are Ann Arseneau/Sturgis, Alyssa Dyer/Forest Hills Eastern and Mora McKenzie/Flint Powers. Arseneau had 2 strong thirds, Holly & Jackson. Dyer I talked about earlier. While McKenzie won at Linden & Gabriel Richard and was 2-Bloomer.

RETURNING DIV. 3 GIRLS 2006 ALL-STATE RUNNERS: 1-Devyn Ramsey -j/Benzonia Benzi Central@-3200/3, 3-Hillary Snyder -s/Jackson Lumen Christi-1600/1-3200/5, 4-Amanda Hammer -j/Elk Rapids@-3200/2, 5-Camille Borst-so/Allendale, 6-Aubree Danielson -j/Whitehall@, 7-Devan John -so/Allendale, 8-Emma Drenth -so/Williamston, 10-Lauren Halm -so/Williamston, 12-Alissa Ott-s/Beverly Hills Detroit Country Day*, 13-Chelsea Fuller -s/Freeland@, 16-Lindsay Sandeers -j/Schoolcraft-1600/7, 17- Audrey Pastula -s/Hillsdale, 18-Amber Hutson -s/Hanover-Horton*, 20-Alina Dhuseleer -s/Charlevoix*, 22-Shannon Morehouse -j/Clawson*, 23-Amaya Ayers -so/Lainsbuyrq*, 25-Betsey Hudson -j/Schoolcraft, 26-Megan Rodgers -j/Clare@-3200/7, 27-Meghan Thomas -s/East Jackson@*, 28-Victoria Eger -so/Buchanan, 29-Nissa Looper -s/Sanford-Meridian*, 30-Lia Jones -s/Leroy Piine River 9* individual runners. 7 seniors, 6 juniors, 6 sophomores

Defending champion Devyn Ramsey/Benzi looks ready to make another run at the individual title. She won Buckley & Briggs, losing to a teammate at Pine River. She lost to D1 runners at Benzie and Traverse City. Hillary Snyder/Lumen Christi-3rd has had a stronger schedule winning at Holly, Mich Cath and Haslett while losing to LaFave/D2 at W Bloomfield with an off day at 10-Jackson 2. Amanda Hammer/Elk Rapids-4th has only 1 win, Rau, but was in the money at Holly-5th and CCC-7th but way back at Portage. Devon John/Allendale-7 won at Portage with a couple of 4th place finishes elsewhere. Teammate Camille Borst-4th 14-Portage. She won at Rocket & is usually in the top 10. Emma Drenth/Williamston-8 has not won but is near the top in some good meets and usually runs above D3. She was 4-Benzie, 5-Bath, 7-Spartan Green, 8-Jackson-2 and 8-Greater Lansing. Aubrey Danileson/Whitehall-6 had a good Portage race, 5th but was 14-CCC.

Several other all-state runners from last year look capable of making a run for the title or top 10. Alissa Ott/Det Country D-12 was 4-Bath, 3-Haslett and 12-Oakland Cty. Betsey Hudson/Schoolcraft-25 has done well in the power meets. She was 7-Holly, 3-CCC and 3-Portage, with 2-G Kzoo and 12-Jackson 2. Audfrey Pastula/Hillsdale-17 won KFC was 2-Holly, 4-Jackson-2 and 12-Portage. Emma Rodgers/Clare-26 won at Lancer & Bly Jay with good races in 6-Holly, 6-CCC and 2-Heritage

There are several other runners that have shown they could be in the mix at MIS. Hannah Brison/Richmond has a pair of 4ths, Holly and Marysville. She was 109 in D2 last year. Michaela Carnigie has run in the shadow of teammate & defending champion Ramsey beating her at Pine River and is usually near the top. The same is true for Cara Cremens/Lumen Christi, running in the shadow of Snyder. She was 2-Portage & Mich Cath, 3-Holly & W Blmbld, 4-Haslett and 5-Jackson 2. Emily Wrozek/Hanover-Horton won Gabriel Richard and was 8-Holly & 4-CCC

I APOLOGIZE TO D4 COACHES..... I RAN OUT OF TIME..... WILL HAVE SOMETHING ON D4 NEXT WEEK.. sorry jgm