

## **Trail Runners Unite!**

And Give Back to the trails we love iK

Join Running Fit and the Dirt Crew as we do some running and week whacking!

The Dirt Crew is teaming up with the stewardship folks at the DNR to rid Pinckney Recreation Area of Garlic Mustard, a nasty vermin' weed and we need yer help. Join us for a weed pickin' festival of mustard slaughter, and a pre slaughter run!

This was a huge success in 2006! We had more than 100 volunteers on a cold and rainy day who had a great run through the muck and kicked some garlic mustard butt. We are planning another big volunteer event for 2007!

## Weed Whacker DETAILS!

■ WHERE: <u>Half Moon Lake Beach</u>

■ DATE: Sunday April 22, 2007 - Earth Day!

■ TIME: 1 PM iV 4 PM

■ WAIVER: Everyone Must Sign the Waiver Click Here to Download, Print and Sign Waiver

■ REGISTER: Everyone Must Register - whether or not you plan to run the park wants to know who will be there. <u>Click Here</u> to Register FREE

■ We offer a pre whacker 5 mile run at 11:30 AM. There will also be a 13 mile run group starting at 10 AM if you want to get in a longer run.

The first 100 volunteers get the coveted Volunteer Weed Whacker T-shirt ... and a huge thank you from the Dirt Crew! Show up with your garden gloves ready to do battle at Half Moon Lake Beach, Pinckney Rec! The run is your reward for volunteering - no charge. Email us at <a href="mailto:events@runningfit.com">events@runningfit.com</a> if you have any questions!

## **Garlic Mustard Sucks!**

You can read all about this nasty weed at Garlic Mustard Sucks!